Disaggregating the Data for Bisexual People

Shabab Ahmed Mirza, September 26, 2019
Who are bisexual people?

People who identify as bisexual!
Our advocacy work builds off of self-identification

Bi ≠ 2
“attraction to one’s own gender and to other genders”

bisexual | queer | pansexual | +

Source: Buzzfeed and Whitman Insight Strategies
Bi+ women are less likely than lesbians to be currently working

Note: * Indicates a statistically significant difference from bi+ respondents of the same race at the p <.05 level.


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More bi+ women than lesbians were caregivers for minor children

Note: * Indicates a statistically significant difference from bi+ respondents of the same race at the p <.05 level.

Bi+ women report poorer health outcomes than their monosexual peers

<table>
<thead>
<tr>
<th></th>
<th>Women</th>
<th>Men</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>BI+ women</td>
<td>Lesbians</td>
</tr>
<tr>
<td>Number of days of poor physical health in the past 30 days</td>
<td>5.5</td>
<td>4.8</td>
</tr>
<tr>
<td>Poor physical health inhibited usual activities</td>
<td>66%</td>
<td>43%*</td>
</tr>
<tr>
<td>Number of days of poor mental health in the past 30 days</td>
<td>10.0</td>
<td>4.5*</td>
</tr>
<tr>
<td>Postponed or did not get needed medical care to avoid discrimination</td>
<td>10%</td>
<td>4%</td>
</tr>
</tbody>
</table>

Note: * Indicates a statistically significant difference from bi+ respondents of the same race at the p <.05 level.

Statistically significant differences

**Working**
- bi+ women ≠ lesbians

**Children**
- bi+ women ≠ lesbians

**Caregiving**
- bi+ men ≠ gay men

**Chosen Family**
- bi+ ≠ straight

**Mental Health**
- bi+ ≠ straight
Bi+ women are more likely than their monosexual peers to use public benefits

Note: * Indicates a statistically significant difference from bi+ respondents of the same race at the p < .05 level.

Bi+ men experience poverty at a higher rate than straight men

Note: * Indicates a statistically significant difference from bi+ respondents of the same race at the p < .05 level.

Gay and lesbian respondents report higher levels of discrimination based on sexual orientation than the bi+ peers.

Note: * Indicates a statistically significant difference from bi+ respondents of the same race at the p < .05 level.


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Bisexual people may be less likely to experience enacted stigma or unfair treatment... but they can still experience felt stigma such as feelings of shame or isolation.
White bi+ respondents are significantly more likely to be caregivers for minor children than lesbian or gay respondents of the same race, unlike bi+ respondents of color.

Note: * Indicates a statistically significant difference from bi+ respondents of the same race at the p < .05 level.

Bi+ respondents of color did not report significant differences in physical health outcomes compared with their monosexual peers, unlike white bi+ respondents.

Note: * Indicates a statistically significant difference from bi+ respondents of the same race at the p <.05 level.

Do differences disappear for bi+ people of color?

- **Children**: no difference
- **Caregiving**: no difference
- **Chosen Family**: bi+ ≠ straight
- **Physical Health**: no difference
- **Mental Health**: no significant difference
Contact me

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I’m still bisexual.