

**Table 1: AVERAGE ANNUAL NET MIGRATION FOR STATES, 2005-07 AND 2008-10**  
Sorted by Net Migration in 2005-07

RANK	Net Migration		Difference	
	2005-07	2008-10		
1	Texas	138,301	113,187	(25,114)
2	Georgia	107,039	13,782	(93,257)
3	North Carolina	105,224	60,047	(45,177)
4	Arizona	97,492	42,553	(54,939)
5	Florida	67,062	26,586	(40,476)
6	South Carolina	51,332	36,477	(14,855)
7	Washington	39,909	23,039	(16,870)
8	Tennessee	33,844	20,343	(13,501)
9	Oregon	30,798	17,533	(13,265)
10	Nevada	26,868	3,506	(23,362)
11	Virginia	25,470	25,923	453
12	Alabama	24,969	13,164	(11,805)
13	Arkansas	24,146	14,496	(9,650)
14	Colorado	24,021	32,973	8,952
15	Utah	21,048	10,971	(10,077)
16	Oklahoma	20,793	22,854	2,061
17	Idaho	19,826	2,242	(17,584)
18	Kentucky	19,645	21,038	1,393
19	Pennsylvania	16,468	23,266	6,798
20	Iowa	10,174	5,275	(4,899)
21	West Virginia	7,593	651	(6,942)
22	Delaware	7,293	6,516	(777)
23	Missouri	6,691	5,306	(1,385)
24	Montana	6,011	2,316	(3,695)
25	New Mexico	4,165	6,749	2,584
26	South Dakota	1,944	590	(1,354)
27	Kansas	1,924	11,434	9,510
28	New Hampshire	1,626	(1,630)	(3,256)
29	Maine	1,269	(2,948)	(4,217)
30	North Dakota	1,103	5,880	4,777
31	Indiana	420	4,025	3,605
32	Vermont	(148)	(378)	(230)
33	Wyoming	(572)	(710)	(138)
34	Nebraska	(2,581)	5,493	8,074
35	Hawaii	(4,523)	(5,624)	(1,101)
36	Rhode Island	(5,405)	2,191	7,596
37	District of Columbia	(7,934)	(9,705)	(1,771)
38	Minnesota	(10,268)	(16,433)	(6,165)
39	Mississippi	(10,900)	1,454	12,354
40	Wisconsin	(11,425)	(9,269)	2,156
41	Connecticut	(18,579)	(14,307)	4,272
42	Alaska	(24,633)	(40,627)	(15,994)
43	Maryland	(24,750)	1,466	26,216
44	Ohio	(36,010)	(31,199)	4,811
45	Massachusetts	(42,428)	(1,962)	40,466
46	Michigan	(67,350)	(76,993)	(9,643)
47	New Jersey	(72,284)	(67,749)	4,535
48	Illinois	(78,173)	(75,467)	2,706
49	Louisiana	(87,481)	6,444	93,925
50	New York	(213,830)	(117,053)	96,777
51	California	(225,194)	(117,716)	107,478

Source: Author's analysis of U.S. Census Bureau American Community Survey  
3 year data, 2005-07 and 2008-10