

# **Improving Productivity in Pharmaceutical Research and Development: The Role of Clinical Pharmacology and Experimental Medicine**

Center for Health Policy  
The Brookings Institution

The Embassy Row Hotel • Washington, DC  
July 28, 2015

# Improving Productivity in Pharmaceutical Research & Development

*The role of clinical pharmacology and experimental medicine*

**Mark Rogge, PhD FCP**

**July 28, 2015**

# ***We are at the doorstep of a new era in bringing meaningful new drug treatments to serious unmet needs***

- ✓ *Never before has so much knowledge served as the basis for our work in Development*
- ✓ *Never before has such a core mass of computational skill been brought to the characterization of disease progression as it relates to the patient & experimental therapy.*



*There has never been “big data”. There have only been brief periods of inability to analyze & interpret new data.*



# Improving Productivity in Pharmaceutical Research & Development

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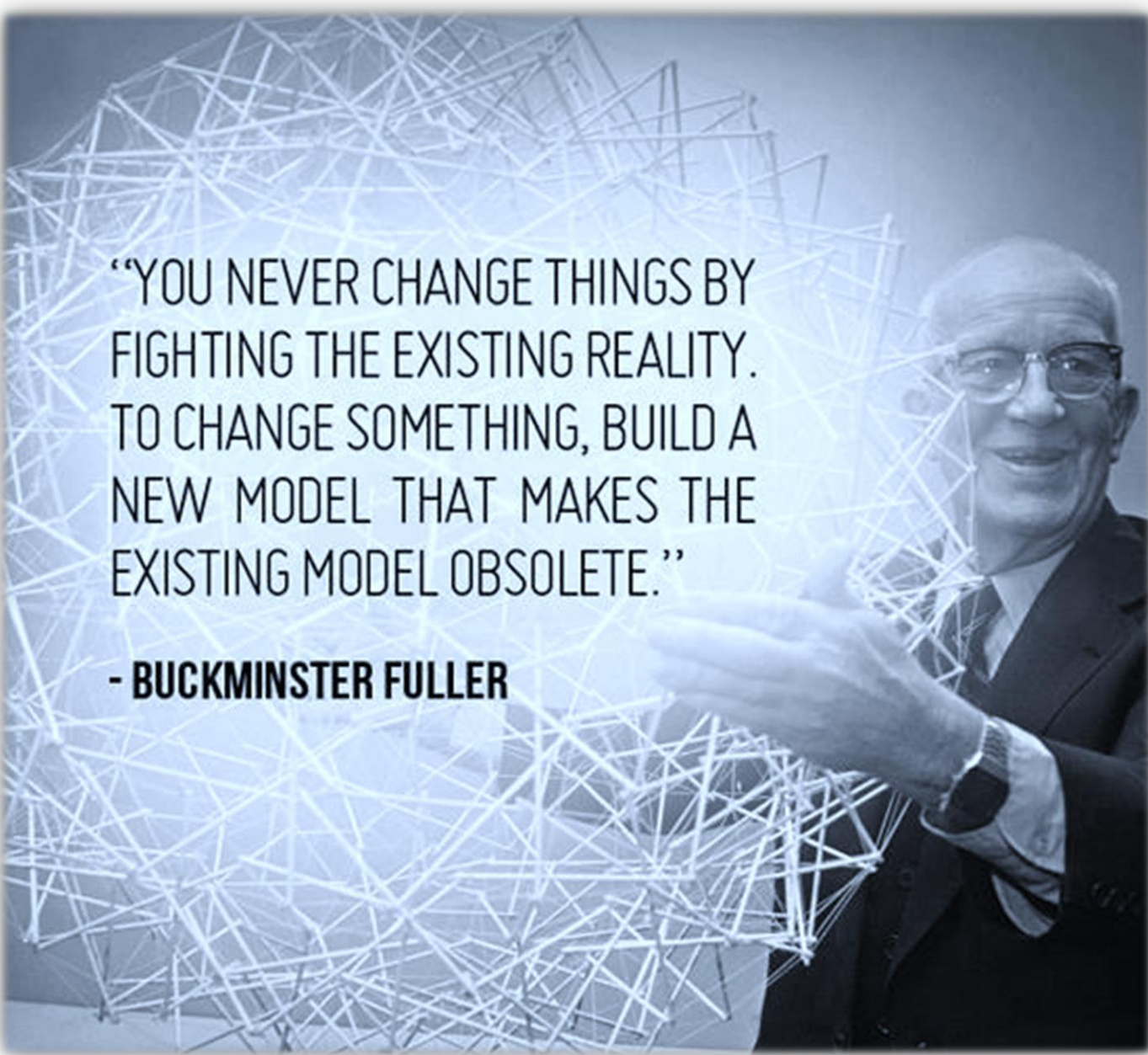
- *Capable Leadership*
- *Target Validation – the extra mile*
- *Sound Dose Regimen Rationale & Appropriate Patient Stratification*

# Value-Based Pharma R&D Productivity: Is There A Scalable Model?

Mark Thunecke, IN VIVO 2014.

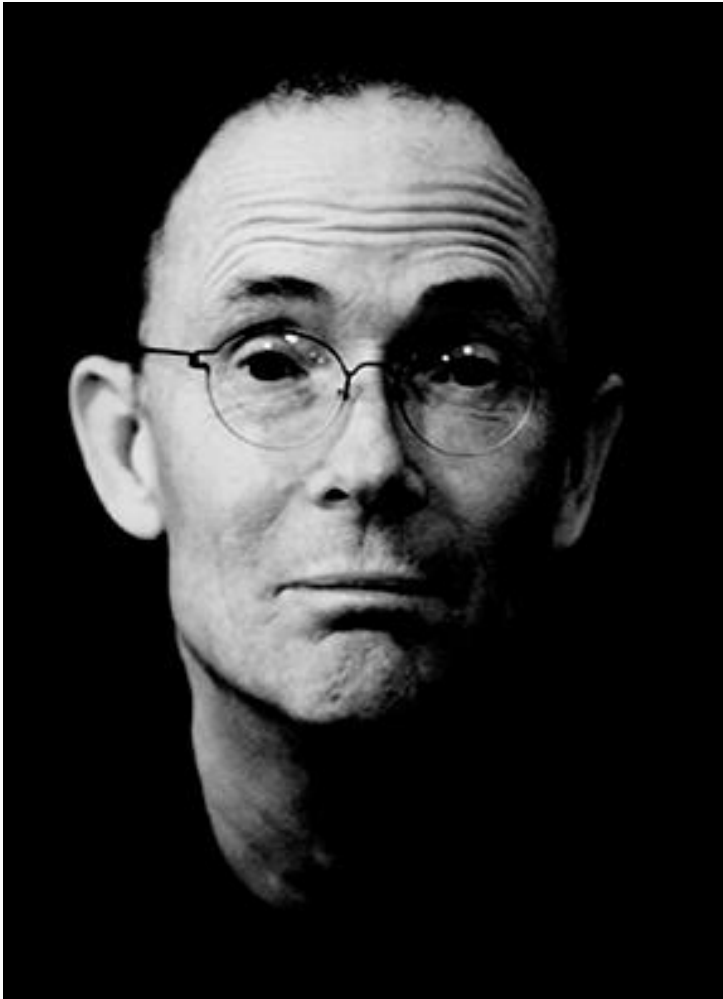
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- 1. Leadership has strong understanding of R&D*
- 2. Great products first, then profits*
- 3. The courage to focus*
- 4. Strategic perseverance*
- 5. Healthy disrespect for the impossible*



“YOU NEVER CHANGE THINGS BY  
FIGHTING THE EXISTING REALITY.  
TO CHANGE SOMETHING, BUILD A  
NEW MODEL THAT MAKES THE  
EXISTING MODEL OBSOLETE.”

**- BUCKMINSTER FULLER**

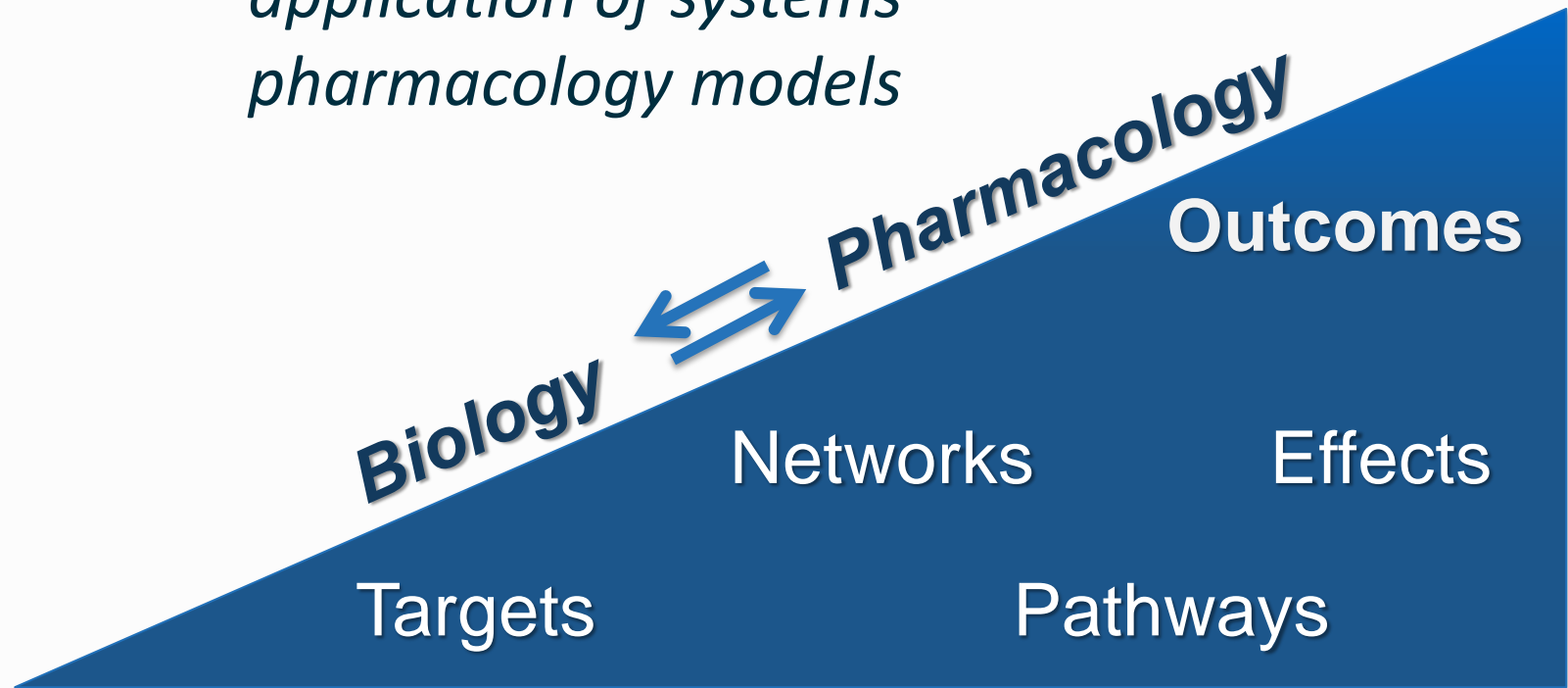


*The future is already  
here — it's just not very  
evenly distributed.*

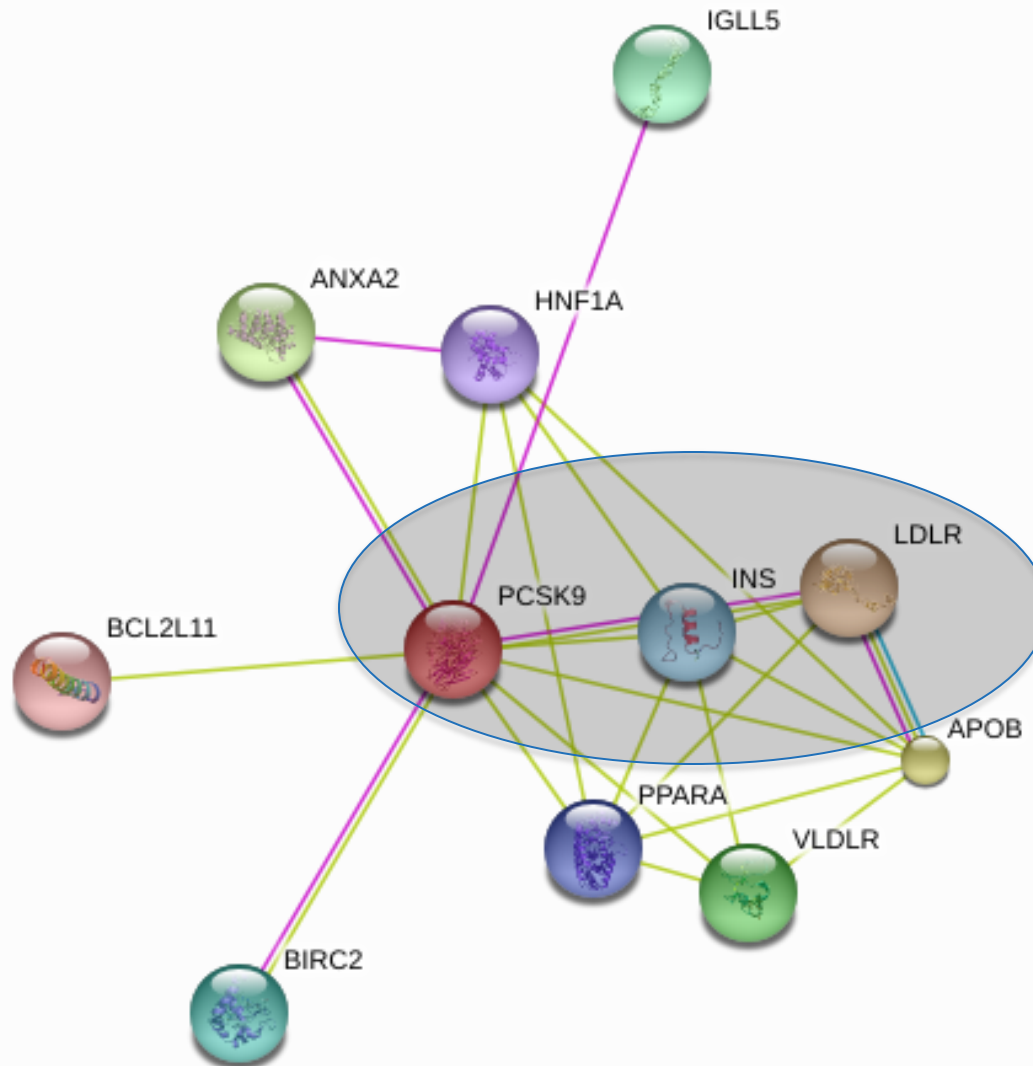
William Ford Gibson  
1993

# Improving Success

- *Characterization of validated targets*
- *Construction, Qualification & application of systems pharmacology models*

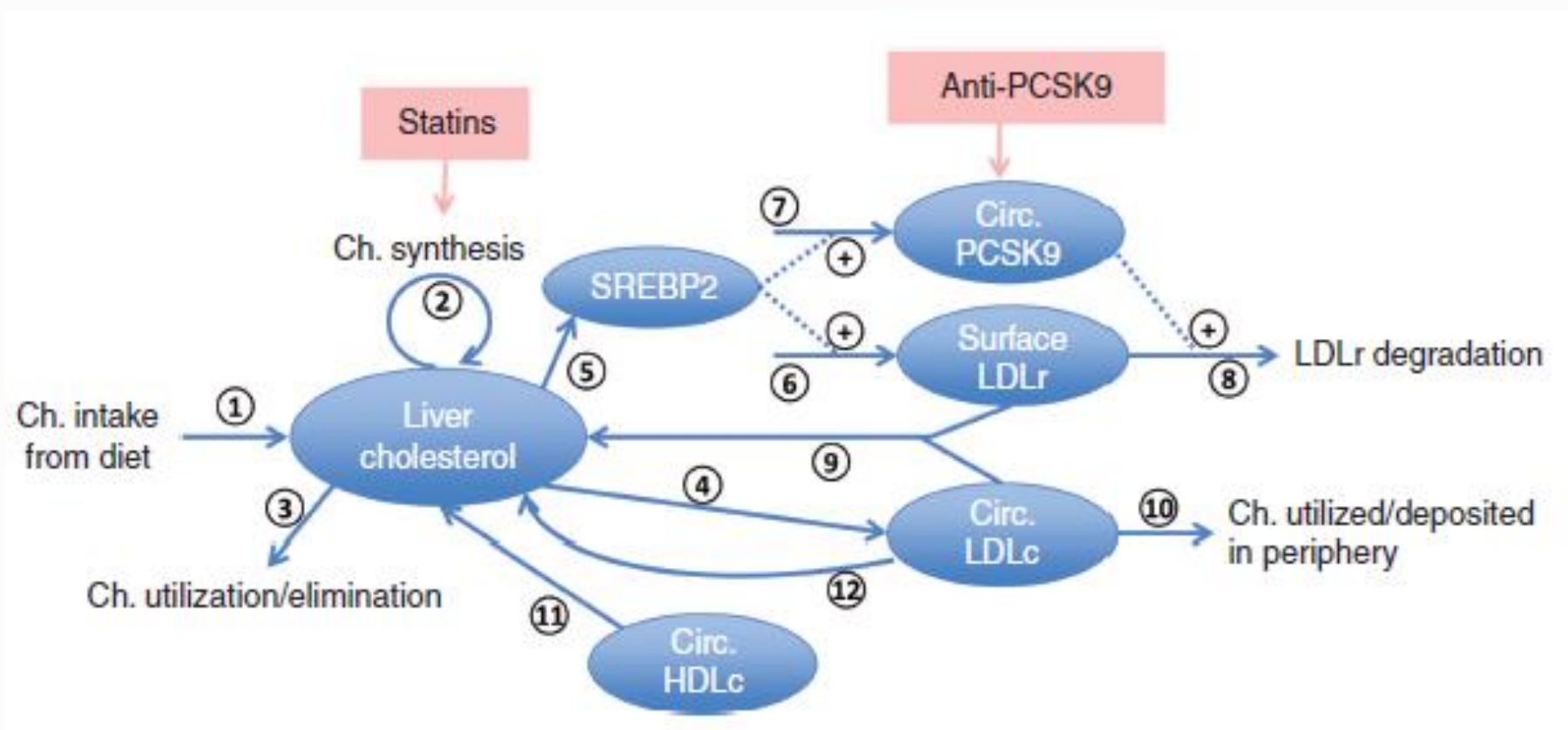


# LDL-R Dependence on PCSK9



String-db.org

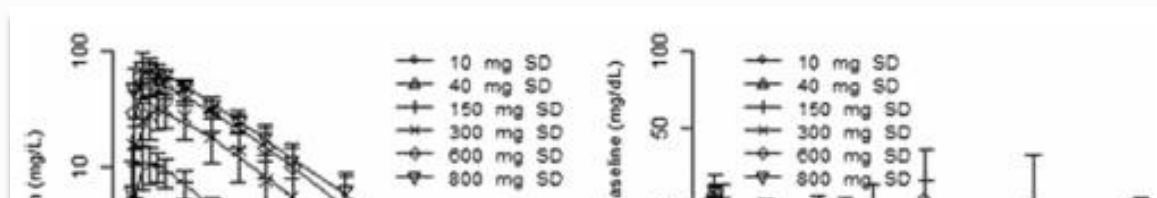
# LDL-Cholesterol Modulation via Down-Regulation of LDL-R Clearance



Gadkar et al., 2014



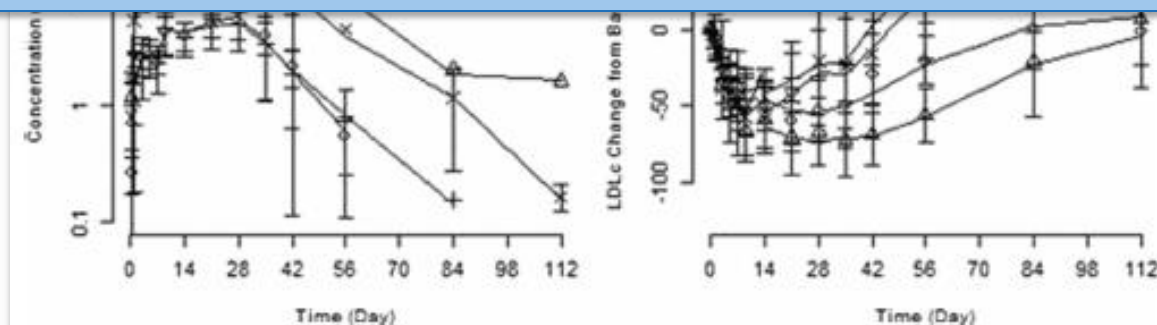
# LDL-Cholesterol Modulation via Down-Regulation of LDL-R Clearance



**AAPS Journal. Vol 17:4. July 2015.**

**Modeling and Simulation to Support Phase 2 Dose Selection for RG7652, a Fully Human Monoclonal Antibody Against Proprotein Convertase Subtilisin/Kexin Type 9**

**Nageshwar R. Budha,<sup>1</sup> Maya Leabman,<sup>2</sup> Jin Y. Jin,<sup>1</sup> D. Russell Wada,<sup>3</sup> Amos Baruch,<sup>2</sup> Kun Peng,<sup>2</sup> Whittemore G. Tingley,<sup>4</sup> and John D. Davis<sup>5,6,7</sup>**



**Budha et al., 2015**

# My Perspective

- Our understanding of this remarkable wealth of new data is growing into a knowledge base that will form the basis for a new generation of therapeutics.
- Fundamental organizational and operational changes will occur – together, Systems Biology and Pharmacology will become a vital knowledge center of every successful R&D organization.

*All views and opinions presented have been those of the presenter and do not necessarily reflect those of Biogen.*

# **Improving Productivity in Pharmaceutical Research and Development: The Role of Clinical Pharmacology and Experimental Medicine**

Center for Health Policy  
The Brookings Institution

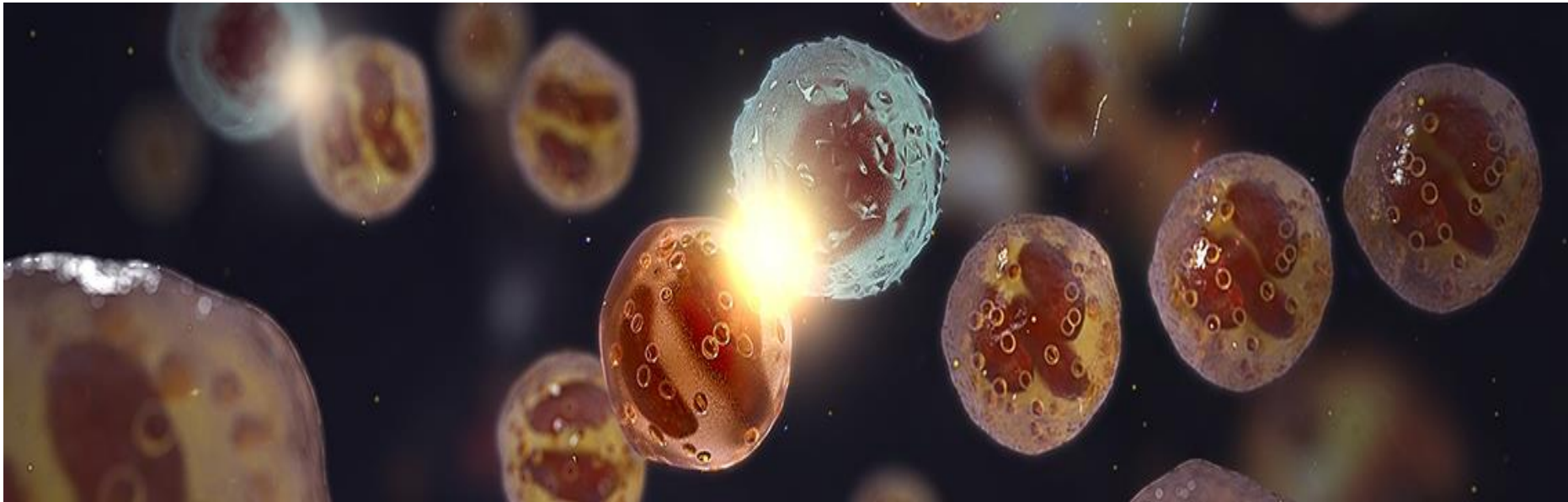
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July 28, 2015

# Optimising target and compound selection to enhance early stage decision-making

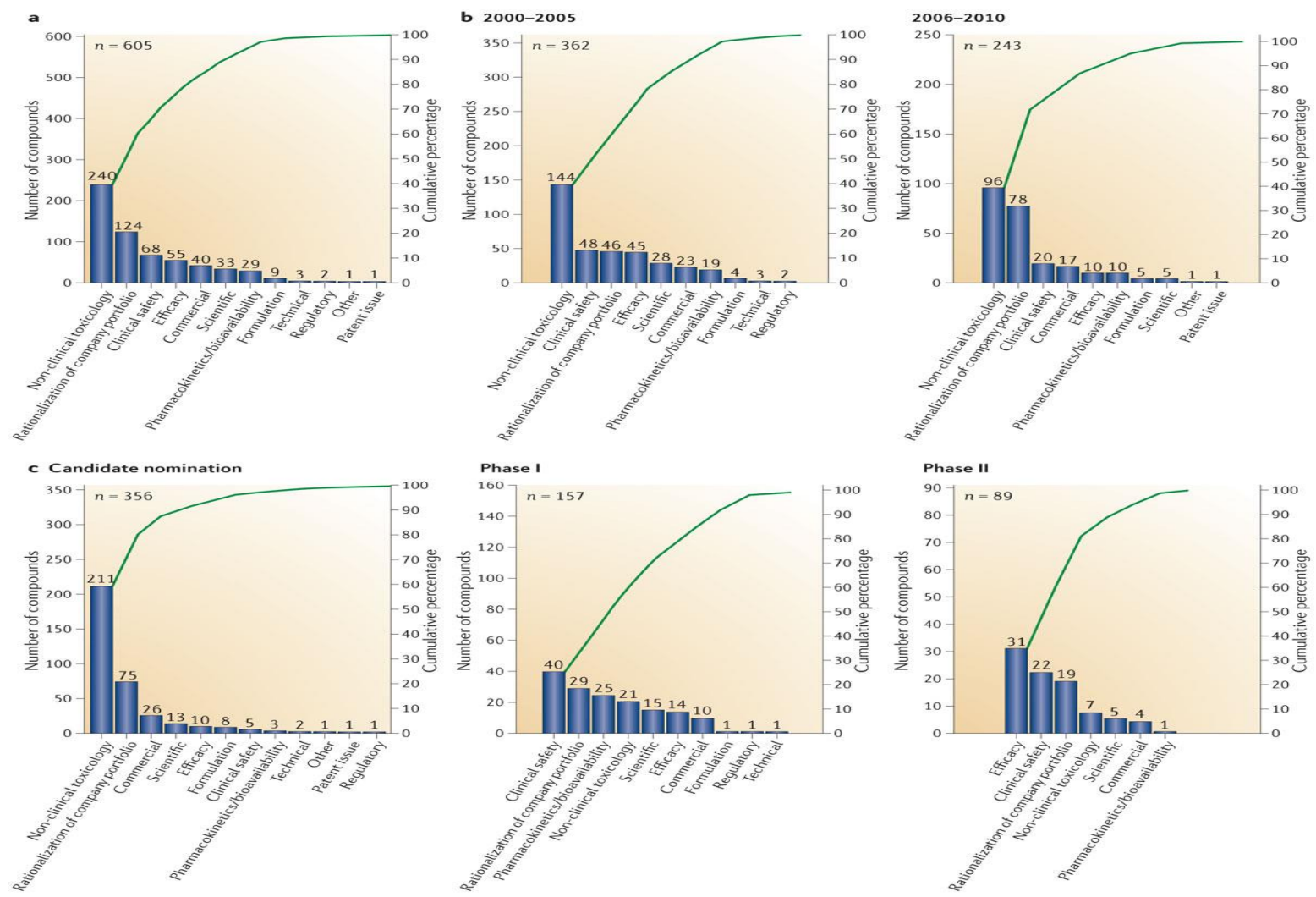
**Paul Morgan, Head of Translational Safety, Drug Safety and Metabolism,  
AstraZeneca, Cambridge, UK**

Conference on Improving R&D Productivity – Brookings Institution, Washington

28<sup>th</sup> July 2015



# Reasons for candidate attrition – across 4 Pharma companies



Nature Reviews | Drug Discovery

**a** | Primary cause of failure for terminated compounds. **b** | Differences in the cause of failure for the first half (2000–2005) and second half (2006–2010) of the decade. **c** | Differences in the cause of failure in preclinical, Phase I and Phase II development.

Waring et al, Nature Reviews Drug Discovery, 14: 475-486, June 2015



# Response from 2 Pharma Companies



## Drug Discovery Today

Volume 17, Issues 9–10, May 2012, Pages 419–424



Perspective

### Can the flow of medicines be improved? Fundamental pharmacokinetic and pharmacological principles toward improving Phase II survival

Paul Morgan<sup>1</sup>, Piet H. Van Der Graaf<sup>1,2</sup>,  , John Arrowsmith<sup>3</sup>, Doug E. Feltner<sup>4</sup>, Kira S. Drummond<sup>5</sup>, Craig D. Wegner<sup>6</sup>, Steve D.A. Street<sup>7</sup>

NATURE REVIEWS | DRUG DISCOVERY

VOLUME 13 | JUNE 2014 | 419

## PERSPECTIVES

### OUTLOOK

### Lessons learned from the fate of AstraZeneca's drug pipeline: a five-dimensional framework

David Cook, Dearg Brown, Robert Alexander, Ruth March, Paul Morgan, Gemma Satterthwaite and Menelas N. Pangalos

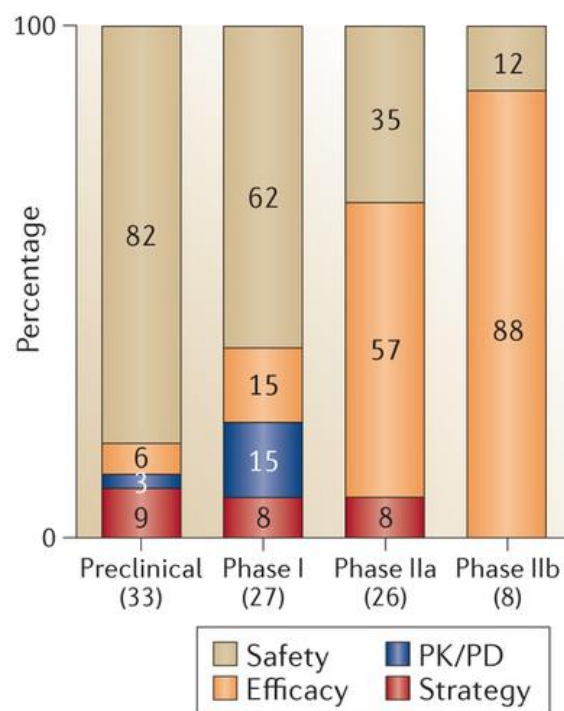
This volume-based approach damaged not only the quality and sustainability of R&D pipelines but, more importantly, also the health of the R&D organizations and their underlying scientific curiosity. This is because the focus of scientists and clinicians moved away from the more demanding goal of thoroughly understanding disease pathophysiology and the therapeutic opportunities, and instead moved towards meeting volume-based goals and identifying an unprecedented level of back-up and 'me too' drug candidates. In such an environment,



# Why is this important?

Improving success by driving improved candidate quality and decision-making

## Drivers of failure



### Right target

- Strong link between target and disease
- Differentiated efficacy
- Available and predictive biomarkers

### Right tissue

- Adequate bioavailability and tissue exposure
- Definition of PD biomarkers
- Clear understanding of preclinical and clinical PK/PD
- Understanding of drug–drug interactions

### Right safety

- Differentiated and clear safety margins
- Understanding of secondary pharmacology risk
- Understanding of reactive metabolites, genotoxicity, drug–drug interactions
- Understanding of target liability

### Right patients

- Identification of the most responsive patient population
- Definition of risk–benefit for given population

### Right commercial potential

- Differentiated value proposition versus future standard of care
- Focus on market access, payer and provider
- Personalized health-care strategy, including diagnostic and biomarkers

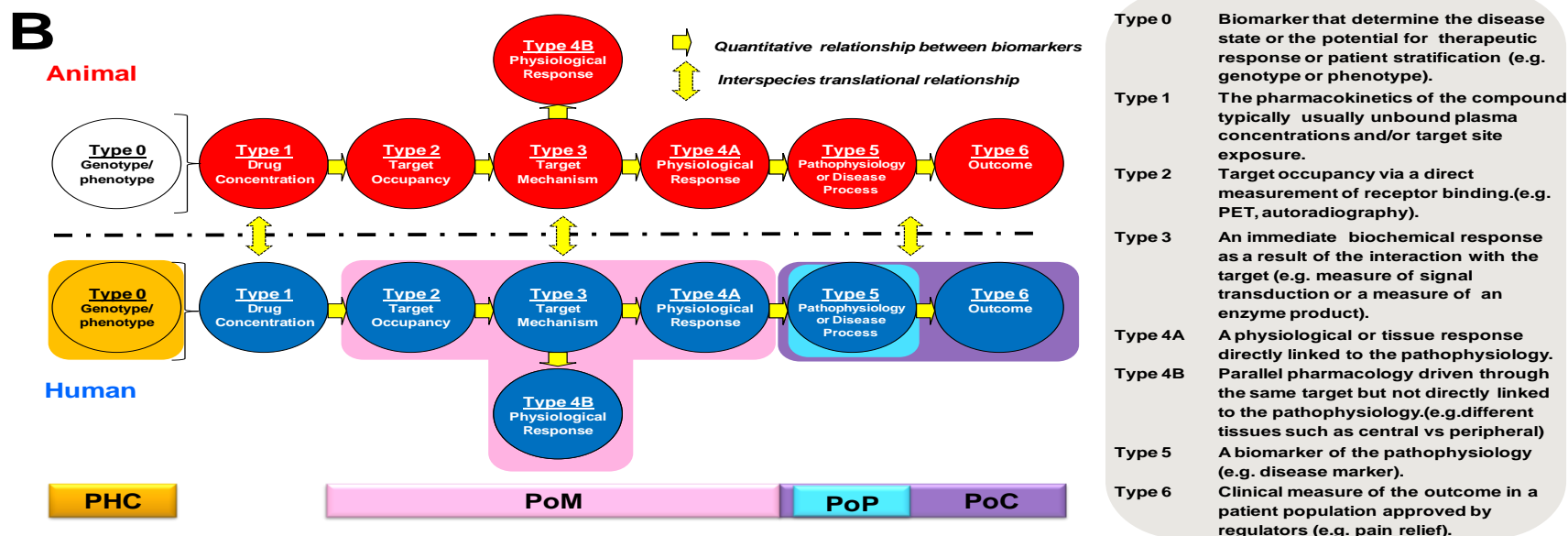
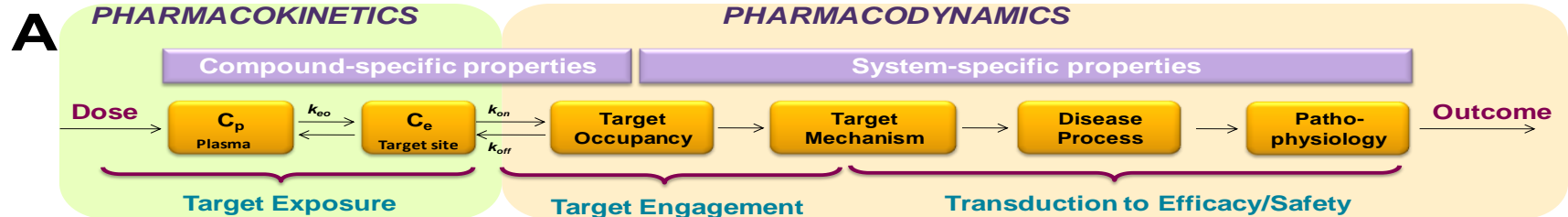
### OUTLOOK

Lessons learned from the fate of AstraZeneca's drug pipeline: a five-dimensional framework

*David Cook, Dearg Brown, Robert Alexander, Ruth March, Paul Morgan, Gemma Satterthwaite and Menelas N. Pangalos*



# Quantitative pharmacology relationships and nomenclature



## **C** Generic MBDDx aspirations and criteria for Drug discovery phases

### Target Validation (TV)

- Translational plan outlining development and evaluation of appropriate biomarkers to build PKPD understanding.
- If *in vivo* target validation model and a reference compound are available, apply PKPD principles to study design and ensure a sufficient duration and level of systemic unbound exposure relative the *in vitro* potency (also considering target class)

### Lead Generation (LG)

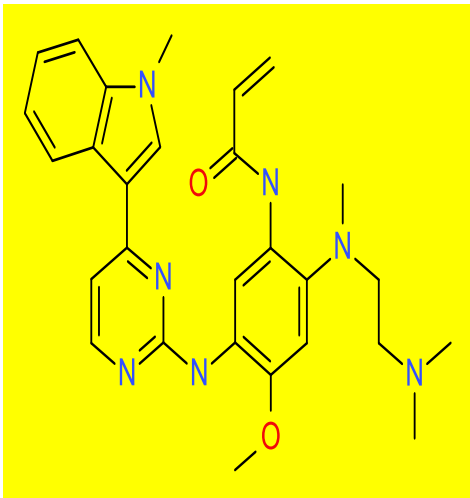
- Evaluation and selection of appropriate target engagement biomarker (Type 2, 3 or 4) and optimization of PKPD study design.
- Use reference or lead compounds and target engagement biomarker to establish relationship between *in vivo* and *in vitro* potency.
- Establish the level of target engagement required for meaningful efficacy on the disease (Type 5) biomarker.

### Lead optimization (LO) and Candidate selection

- Clinical candidate criteria should be defined at start of LO based on quantitative PKPD relationships established during LG.
- Refinement of key relationships with higher quality compounds.
- Target engagement PKPD as a driver for compound optimization.
- For clinical candidate compound: estimate therapeutic concentration time profile based on the PKPD relationship developed in preclinical species, and translation knowledge like differences PK, target potency and system properties
- Integration of PKPD for safety parameters to assess safety margin.

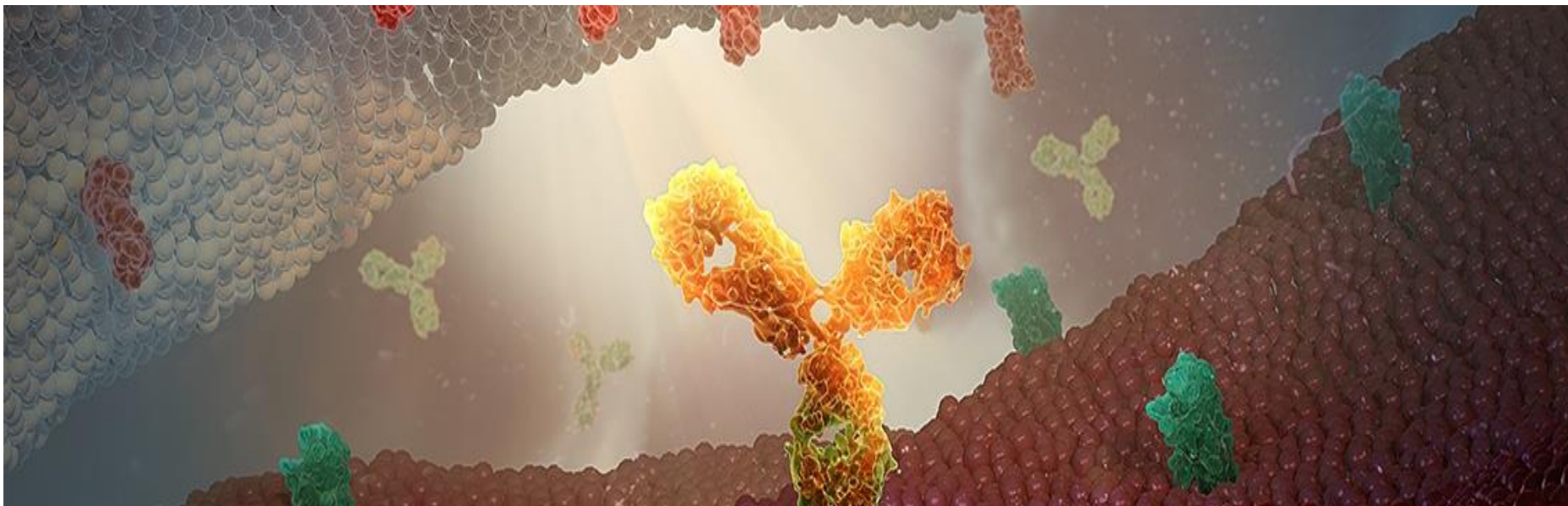


# 5Rs Case Study: AZD9291, an irreversible inhibitor of EGFR selective for sensitising and T790M resistance mutations



- Identified as candidate drug in 2012
- 1<sup>st</sup> patient dosed in 2013
- Designated by FDA as breakthrough therapy in 2014
- NDA/MAA filing by end 2Q 2015

Discovery of a Potent and Selective EGFR Inhibitor (AZD9291) of Both Sensitizing and T790M Resistance Mutations That Spares the Wild Type Form of the Receptor. Finlay et al., J Med Chem. 2014 Oct 23; 57(20): 8249-67



# Right Target: optimal potency for T790M and selectivity over WT-EGFR

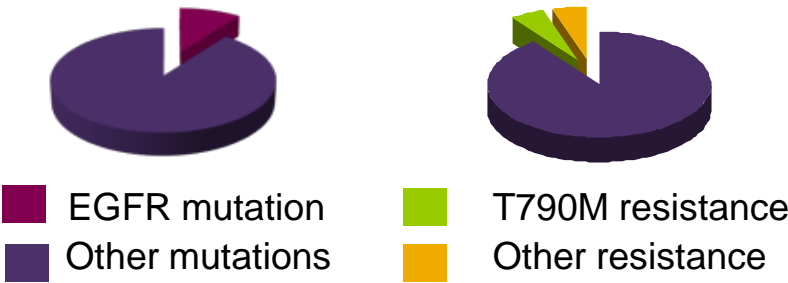
Sensitising mutant-EGFRm represents ~40% and 10% of NSCLC adenocarcinoma tumours in Asian and Western patients, respectively

Asian NSCLC

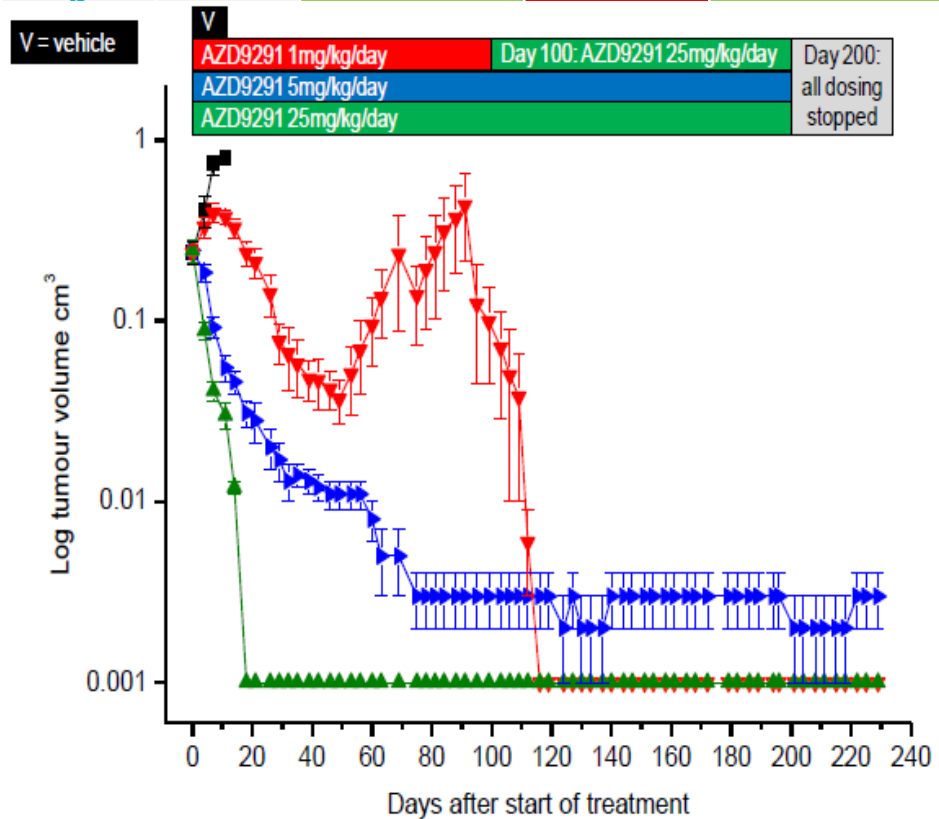


EGFR TKI resistance

Western NSCLC

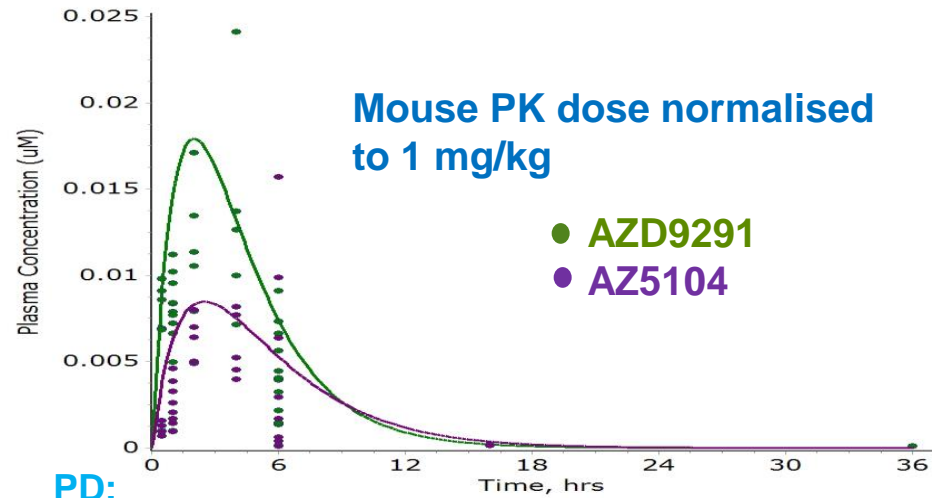
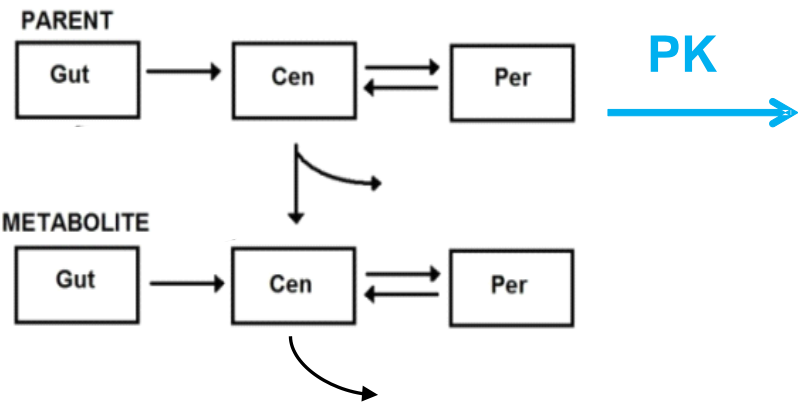


Comp d	Coval. binde r	EGFRm	T790M	Wild-Type (WT)
gefitini b	No	Active	Inactive	Active
erlotini b	No	Active	Inactive	Active



# Right Tissue/Exposure: AZD9291 and metabolite PK incorporating irreversible binding and mechanistic biomarker (pEGFR) describes tumour growth inhibition in H1975 (T790M) mouse xenograft

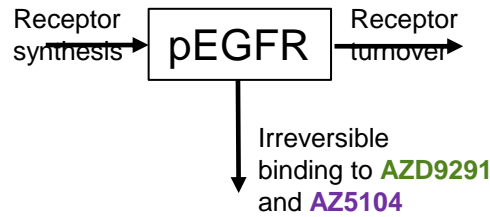
PK model: AZD9291, AZ5104



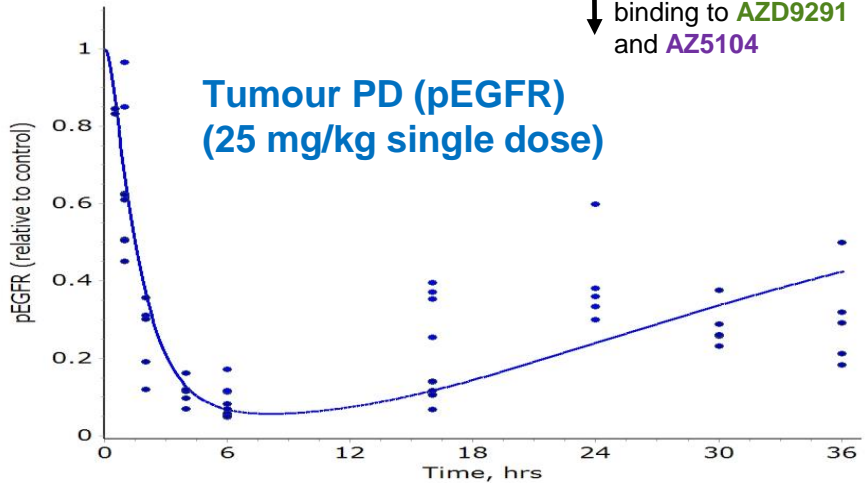
Mouse PK dose normalised to 1 mg/kg

● AZD9291  
● AZ5104

PD:  
Mechanistic Biomarker (pEGFR)

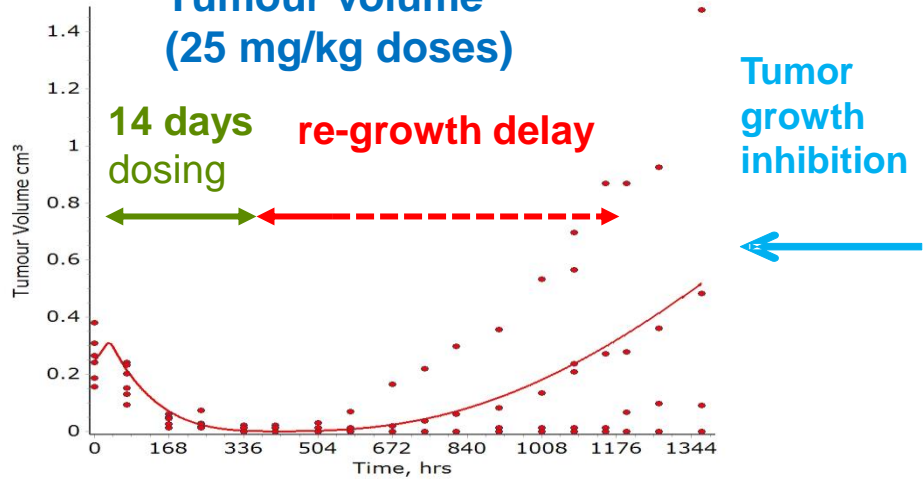


Tumour PD (pEGFR) (25 mg/kg single dose)



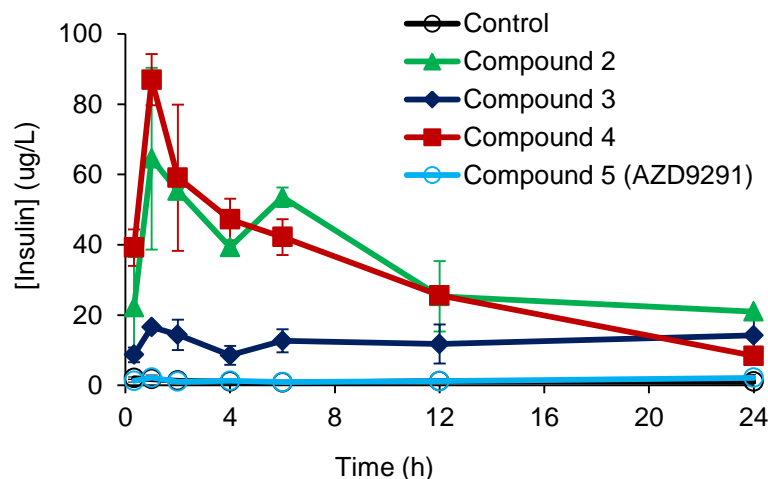
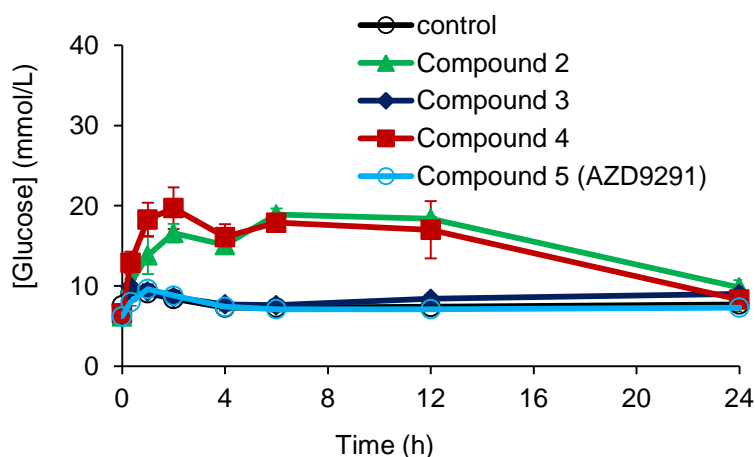
Tumour volume (25 mg/kg doses)

14 days dosing re-growth delay



# Right Safety: Insulin Receptor affinity removed from AZD9291 profile – removes potential hyperglycaemia risk

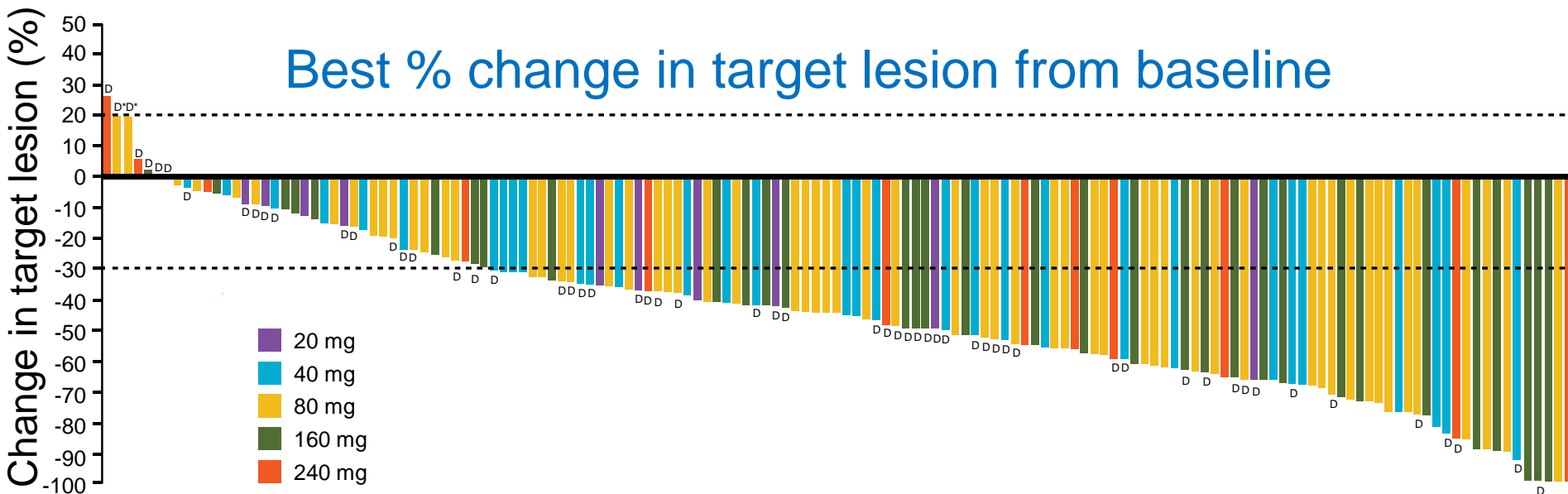
	Compound 1	Compound 2	Compound 3	Compound 4	Compound 5 (AZD9291)
EGFRm+ sensitising mutation cell IC50 (pEGF $\mu$ M)	0.39	0.016	0.021	0.002	0.017
EGFRm+/T790M double mutation cell IC50 (pEGF $\mu$ M)	0.091	0.002	0.004	0.0007	0.015
EGFR wild type cell IC50 (pEGFR $\mu$ M)	23.0	0.36	0.94	0.15	0.48
IR Kinase IC50 ( $\mu$ M)	0.016	0.014	0.022	0.15	0.91
IGFR cell IC50 (pIGFR $\mu$ M)	0.099	0.16	0.49	0.10	3.3
<b>Ratio SM/IGFR cell selectivity</b>	<b>0.25</b>	<b>10</b>	<b>23</b>	<b>48</b>	<b>194</b>



Discovery of a Potent and Selective EGFR Inhibitor (AZD9291) of Both Sensitizing and T790M Resistance Mutations That Spares the Wild Type Form of the Receptor. Finlay et al., J Med Chem. 2014 Oct 23; 57(20): 8249-67



# Right Patient: AZD9291 Clinical activity in patients with advanced NSCLC with T790M positive lesions



DCR (CR+PR+SD) in patients with centrally tested T790M positive tumours was 90% (141 / 157; 95% CI 84, 94)

	20 mg	40 mg	80 mg	160 mg	240 mg	Total
	10	32	61	41	13	157
<b>ORR (95% CI)</b>	<b>50% (19, 81)</b>	<b>59% (41, 76)</b>	<b>66% (52, 77)</b>	<b>51% (35, 67)</b>	<b>54% (25, 81)</b>	<b>59% (51, 66)</b>

\*Imputed values for patients who died within 14 weeks (98 days) of start of treatment and had no evaluable target lesion assessments

Nine patients (seven in the 160 mg cohort) currently have a best overall response of not evaluable, as they have not yet had a 6-week follow-up RECIST assessment

Patients are evaluable for response if they were dosed and had a baseline RECIST assessment. Data cut-off 2 Dec 2014

CI, confidence interval; CR, complete response; D, discontinued; DCR, disease control rate; PR, partial response; RECIST, Response Evaluation Criteria In Solid Tumors; SD, stable disease



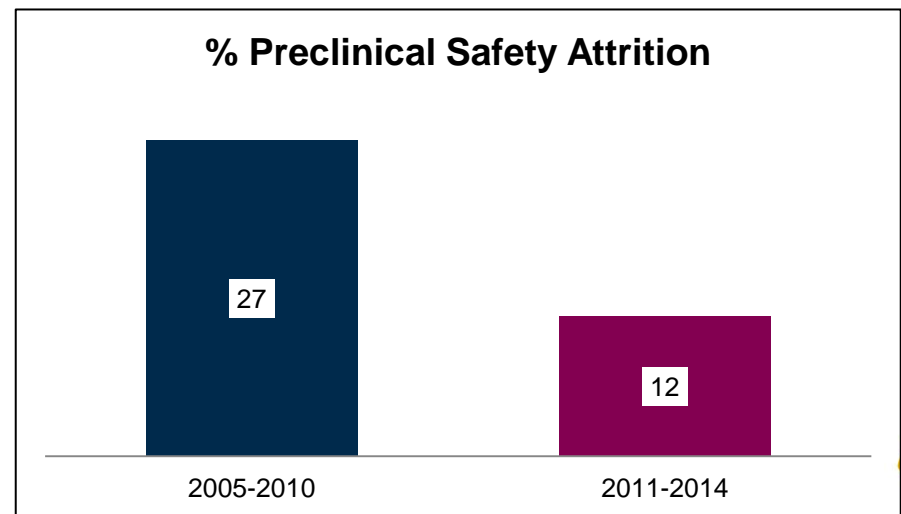
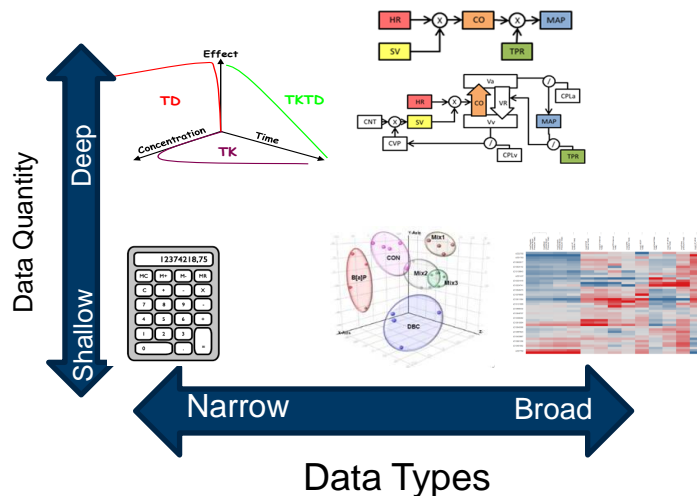


# Improvement in preclinical safety attrition: earlier hazard detection, quantitative & translational risk assessment



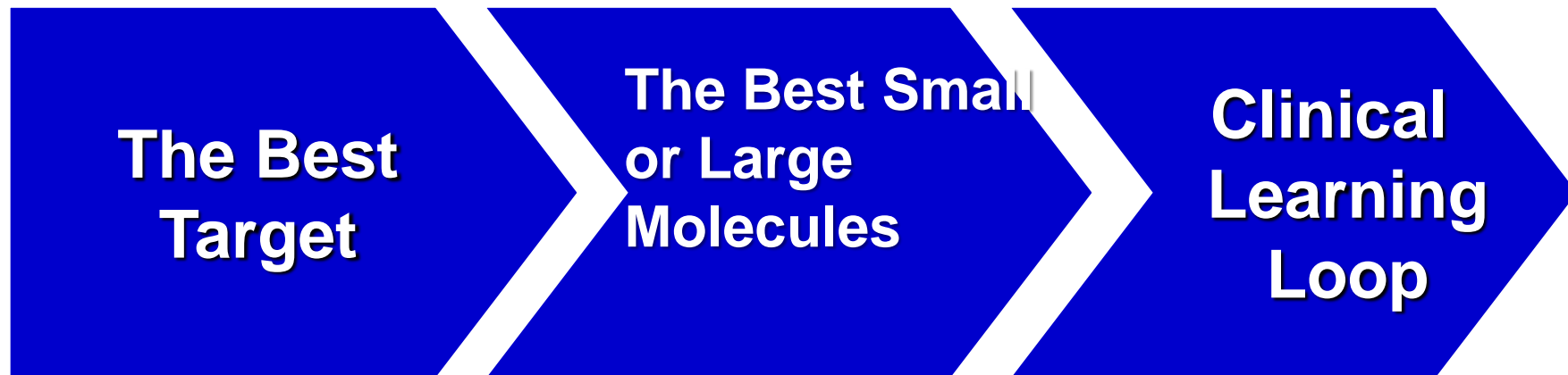
Pre-nom	GLP	Ph1
<p>2 week rodent Control + 3 doses 3M+3F</p> <p>2 week non-rodent Control + 3 doses</p> <p>Non-rodent CV Safety (telemetry)</p>	<p>4 week rodent + recovery. Control + 3 doses</p> <p>4 week non-rodent + recovery Control + 3 doses</p> <p>Safety Pharm package, ie CNS, GI, Resp, Renal</p>	

## PK/PD & Systems Pharm





# Tackling drug survival: systematic and quantitative approach to key translational knowledge



- Apply fundamental pharmacokinetic-pharmacodynamic principles to choose right combination of target, candidate, efficacy and safety profile
- Evidence-based decision making; generate data/knowledge in preclinical and clinical setting
- Make informed decisions early in development



# Acknowledgements

## **AZ 5Rs framework:**

David Cook  
Mene Pangalos  
Dearg Brown  
Will Redfern

## **3 Pillars of Survival:**

Piet van der Graaf  
John Arrowsmith  
Charlotte Allerton  
Tristan Maurer

## **Case Studies:**

AZD9291 Team  
Pete Ballard  
Owen Jones  
James Yates  
Mark Anderton  
Stefan Platz  
Chris Pollard  
Don Stanski

## **IQ Consortium:**

Marcel Hop  
Dermot McGinnity

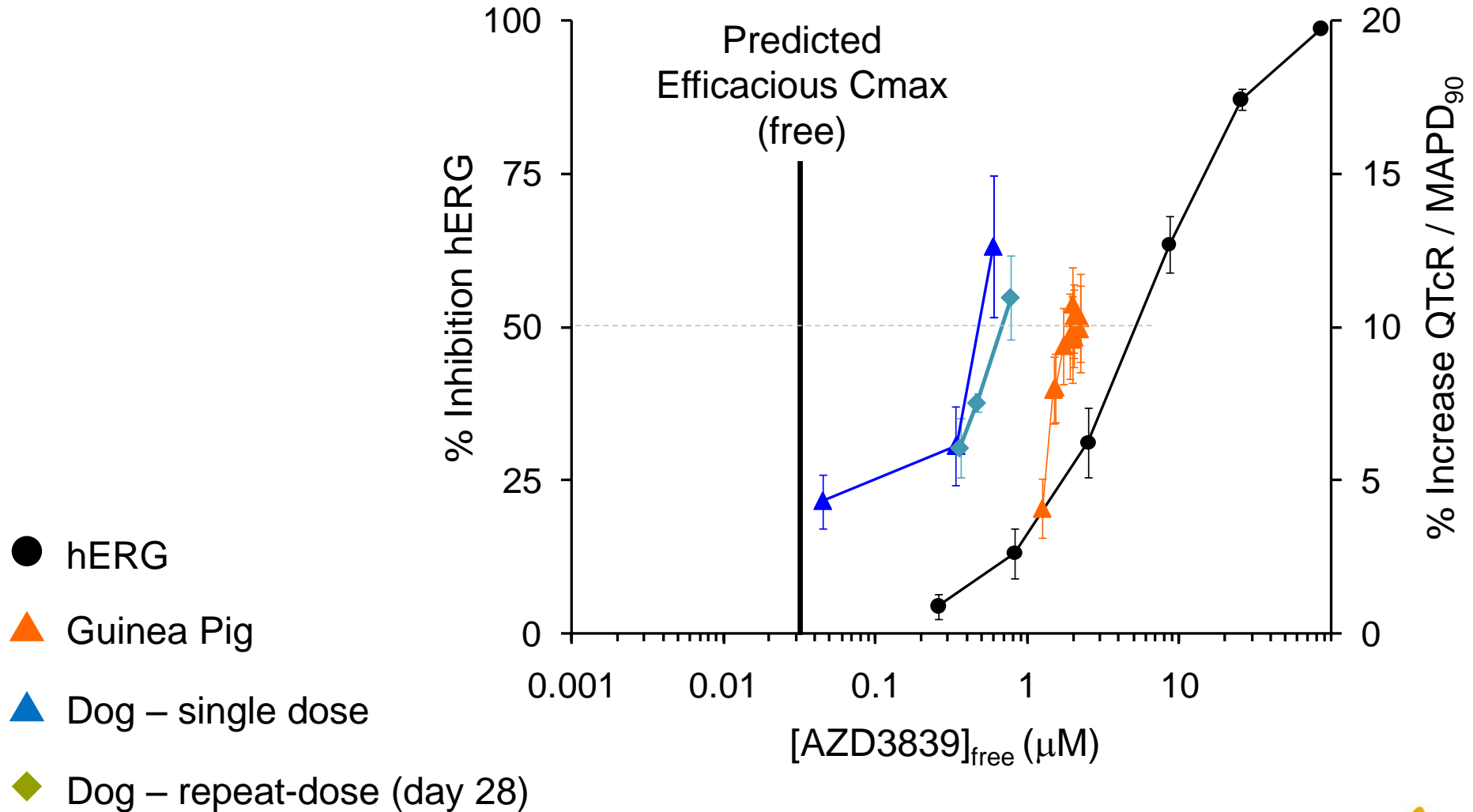


## Confidentiality Notice

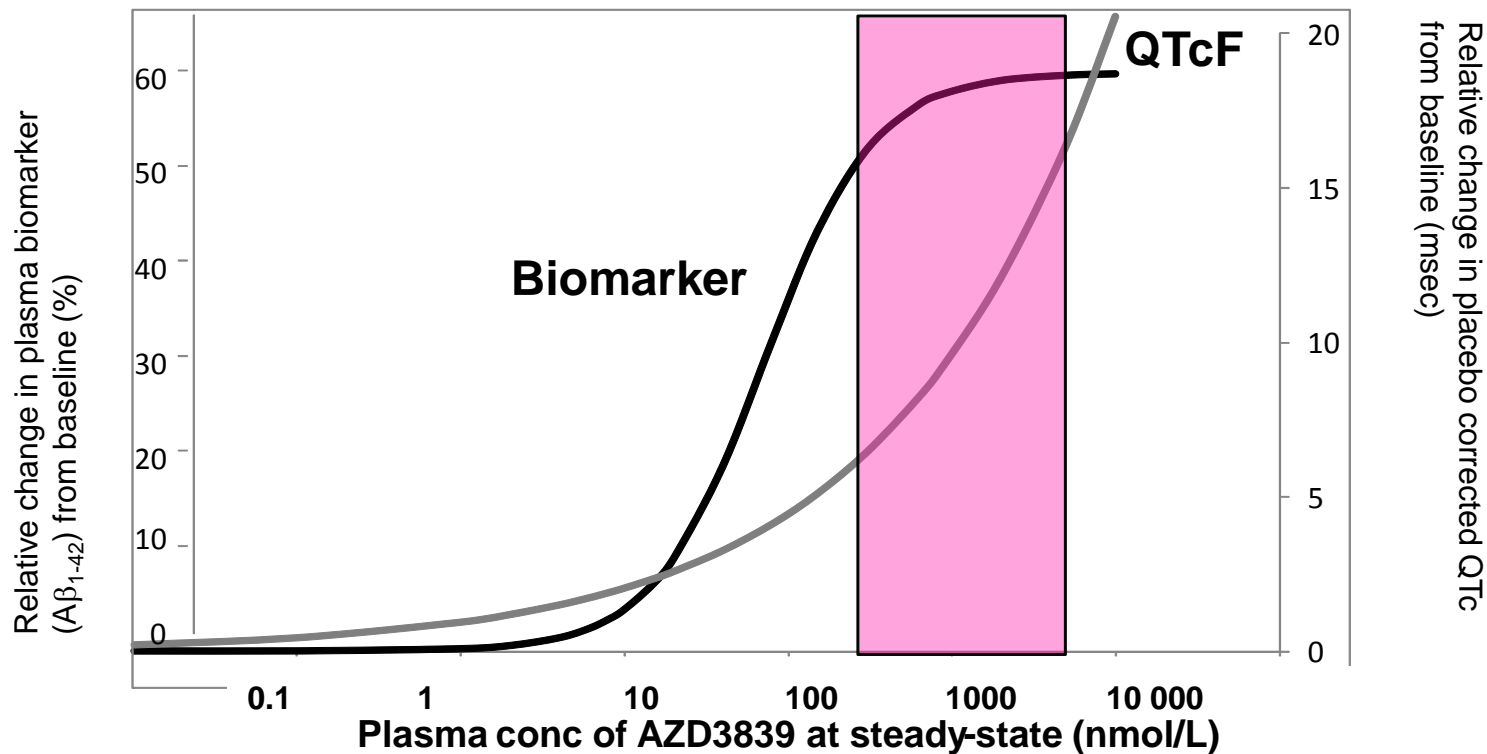
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# Case study: Predictive power of integrated risk assessment based on non-clinical CVS studies



# Clinical outcome of QT study confirmed CV risk and low safety margin to efficacy biomarker



**Pre-clinical data indicated QT risk**

**SAD study ECG monitoring designed accordingly**

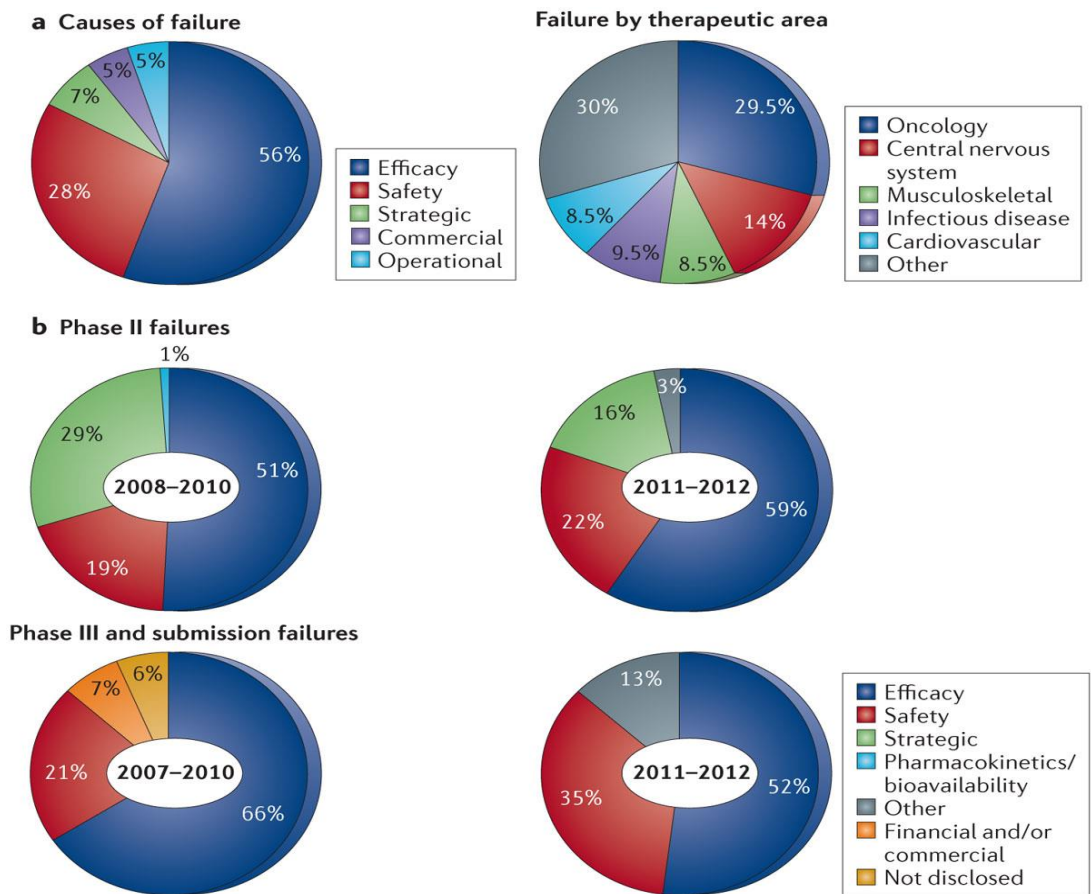
**PK/PD modelling of SAD study QTcF and efficacy biomarker data indicated insufficient safety margin**

**Compound stopped**



# Drug attrition is a major cause of R&D productivity challenge

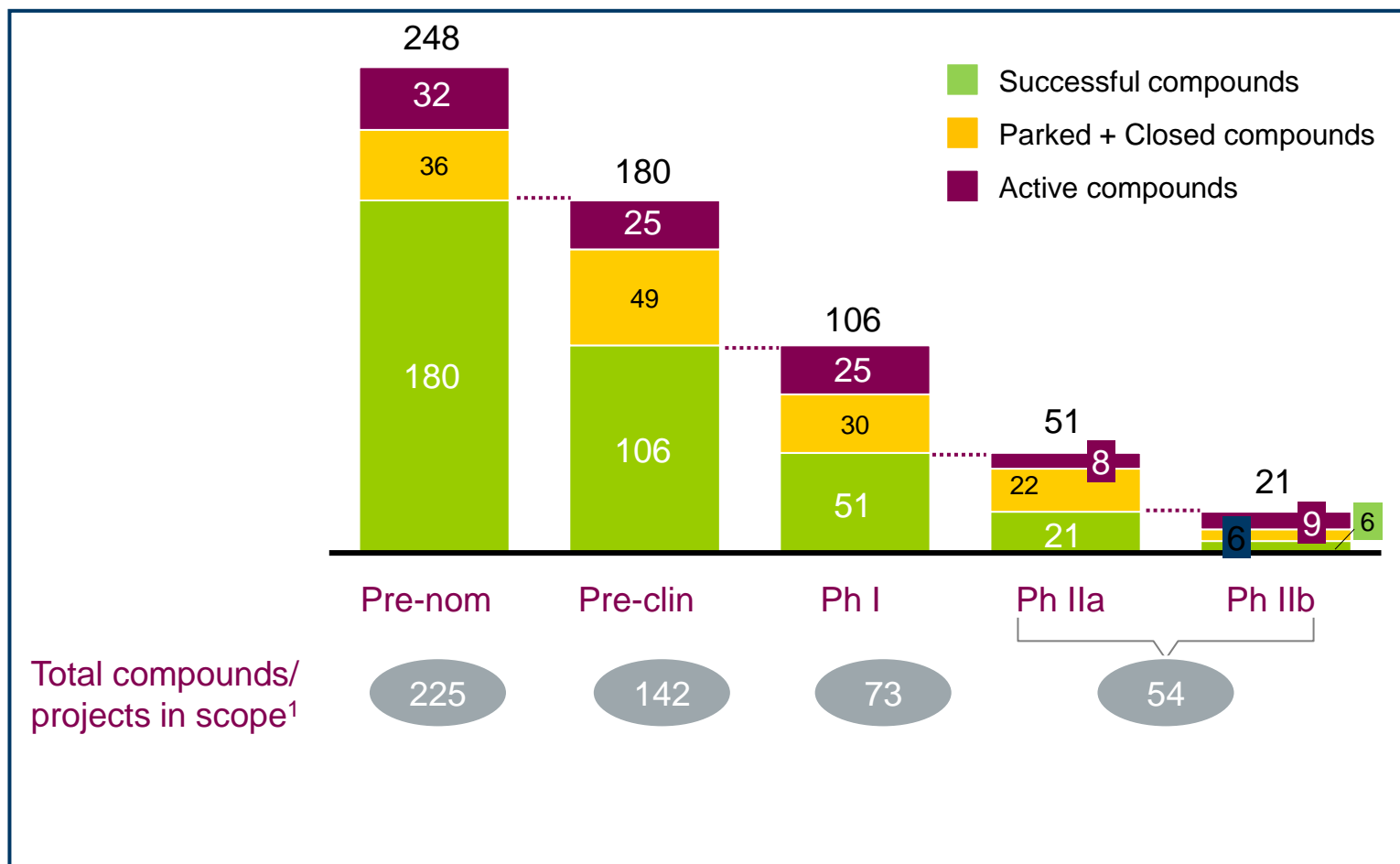
- 148 failures b/n Ph2 and submission in 2011-12



Nature Reviews | Drug Discovery



# Comprehensive approach to assess full 2005-10 AZ iMed portfolio



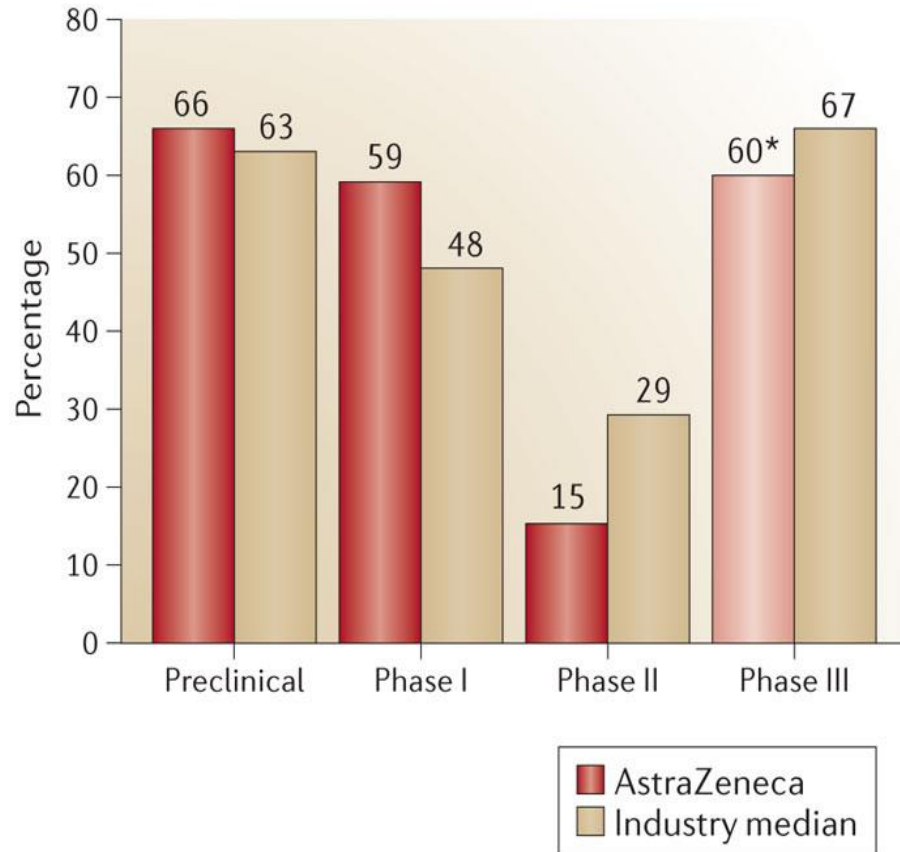
- > 80% of 2005-2010 portfolio compounds assessed
- Compounds assessed in each phase separately



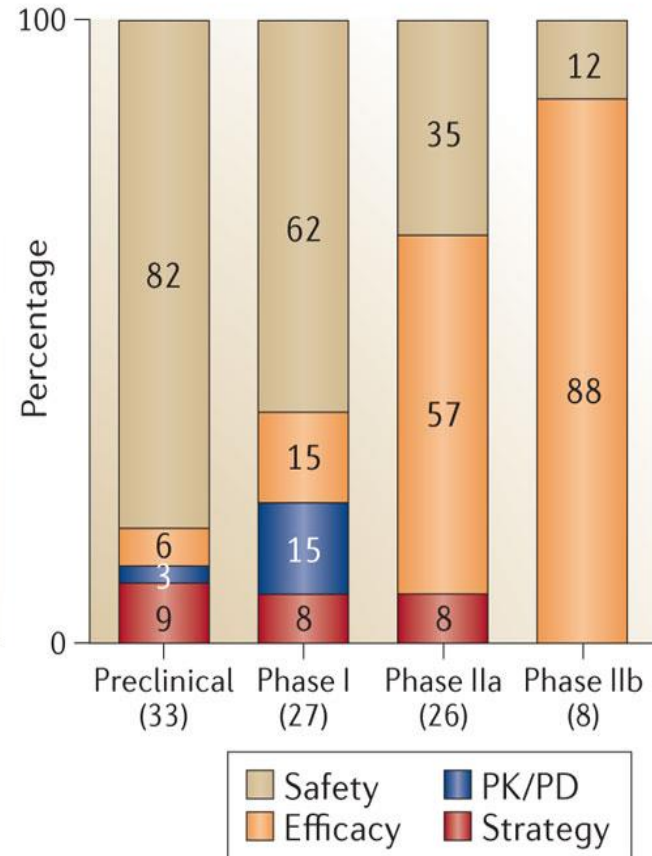


# Overview of AZ project success rate and reasons for closure

**a Project success rates between 2005 and 2010**



**b Project closures**



Nature Reviews | Drug Discovery

Cook et al, Lessons learnt from the fate of AstraZeneca's drug pipeline: a five dimensional framework.  
Nature Reviews Drug Discovery, 13, 419-431, 2014



# Safety-related attrition is a major cause of drug attrition



Type of adverse findings:	Preclinical	Nonclinical	Nonclinical	Nonclinical		Phase I-III	Phase I-III	Phase I-III	Phase I-II
Information:	Causes of attrition	Causes of attrition	Causes of attrition	Causes of attrition		Causes of attrition	Causes of attrition	Causes of attrition	Causes of attrition
Source:	ABPI (2008) Unpublished	BMS (Car, 2006)	GSK (2011) Unpublished	AZ (NRDD 2014)		Olson et al. (2000)	ABPI (2008) Unpublished	DIA Daily Jan-Dec 2010	AZ (NRDD 2014)
Sample size:	156 CDs stopped	88 CDs stopped	UNKNOWN	48 CDs stopped		82 CDs stopped	63 CDs stopped	18 CDs delayed/stopped	33 CDs stopped
Cardiovascular:	24%	27%	40%	17%		21%	35%	22%	24%
Hepatotoxicity:	15%	8%	10%	14%		21%	29%	11%	14%
Nervous system:	12%	14%	8%	7%		21%	2%	22%	38%
Immunotox; photosensitivity:	7%	7%	4%	0%		11%	10%	22%	3%
Renal:	6%	2%	4%	8%		9%	5%	0%	10%
Gastrointestinal:	5%	3%	8%	3%		5%	2%	11%	10%
Haematology/ Bone marrow:	3%	7%	4%	2%		4%	3%	0%	0%
Reprotox:	9%	13%	7%	7%		1%	5%	0%	0%
Musculoskeletal; Connective tissue	8%	4%	6%	12%		1%	5%	6%	3%
Genetic tox:	5%	5%	4%	10%		0%	0%	0%	3%
Respiratory:	1%	2%	0%	8%		0%	2%	6%	3%
Carcinogenicity:	0%	3%	0%	0%		0%	3%	6%	0%
Other:	4%	0%	4%	11%		4%	2%	11%	3%

The various toxicity domains have been ranked first by contribution to attrition due to clinical findings, then by nonclinical findings.

Courtesy of Will Redfern, AZ

0%

1-9%

10-19%

>20%

# 5-Dimensional framework used for project assessment

*Cook et al, Lessons learned from the fate of AstraZeneca drug pipeline: a five-dimensional framework, NRDD, 16 May 2014*

## Right target



- Strong link between target and disease
- Differentiating efficacy
- Available and predictive biomarkers

## Right tissue



- Adequate bioavailability and tissue exposure
- Definition of PD biomarkers
- Clear understanding of preclinical and clinical PK-PD

## Right safety



- Differentiated and clear safety margins
- Understanding secondary pharmacology risk
- Reactive metabolites, Gentox, Drug-drug interactions
- Understanding of target liability

## Right patients



- Identification of most responsive patient population
- Definition of risk/benefit for given population

## Right commercial



- Differentiated value proposition vs. future standard of care
- Market access/payer/provider focus
- Personalised healthcare strategy including diagnostic/biomarkers



# 5Rs Portfolio Review – Project deep dives

## Data collection

**1a** Fill in 'agnostic' survey (200 questions)

AZD-1234				
#	Question	Options		
1.	Was there preclinical evidence of target validation for the anticipated lead indication?	X		
2.	Was there evidence of adequate binding to pharmacological target?		X	
3.	Efficacy biomarkers – what were they measuring?			X
...	...	...	...	...
198.	Efficacy biomarkers – what were they measuring?	X		
199.	Efficacy biomarkers – what were they measuring?			
200.	Efficacy biomarkers – what were they measuring?			

**1b** Interview sessions for additional information

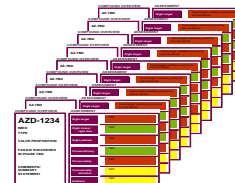


## Data analyses

**2a** Create a draft evaluation of the project

COMPOUND OVERVIEW	ASSESSMENT	
<b>AZD-1234</b>	Right target	TBD
IMED	Right tissue / right time	TBD
TYPE	Right patients	TBD
VALUE PROPOSITION	Proven efficacy	TBD
FAILED/ SUCCEEDED IN PHASE TBD	Proven safety	TBD
COMMENTS/ SUMMARY STATEMENT	Commercially attractive	TBD
	Enablers	TBD

**2b** Finalize project evaluations in working sessions



## End products

**3** Distil end products

Root causes

Predictors

Recommendations

# 3 Basic Principles of Survival in Phase 2

~45 Phase 2 studies, conducted between 2005 & 2009 within Pfizer, were analyzed in depth

Outcome of termination or progression to Phase 3 was compared with confidence in PKPD relationship and confidence in testing the mechanism

***Analysis identified 3 basic principles of survival which, when all three were present, was highly predictive of success in Phase 2 for this cohort***



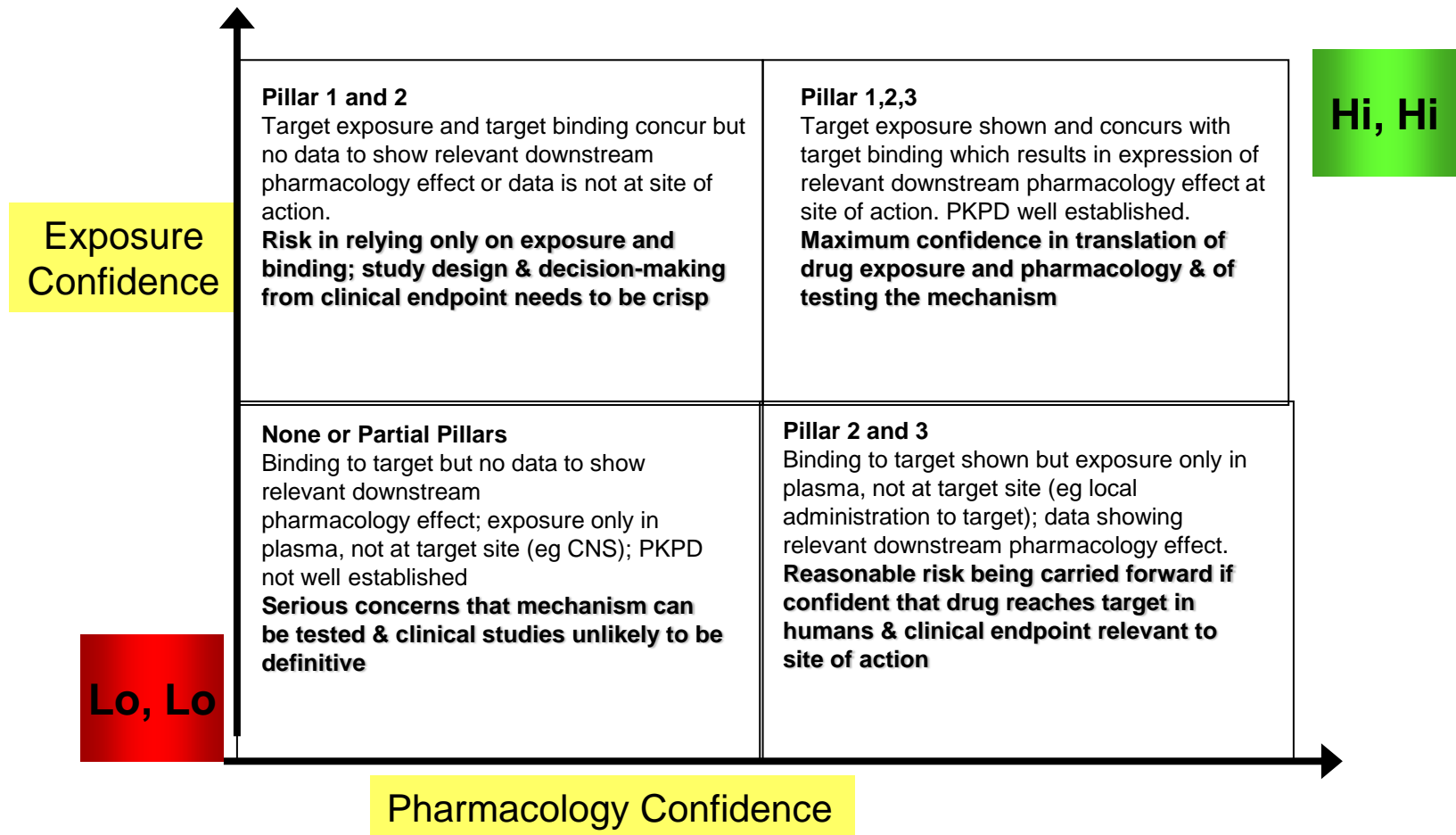
### 3 Basic Principles of Phase 2 Survival

1. Exposure at the target site of action as expected for pharmacological activity.
2. Binding to the pharmacological target as expected for its mode of action.
3. Expression of pharmacological activity commensurate with the demonstrated target exposure and target binding.



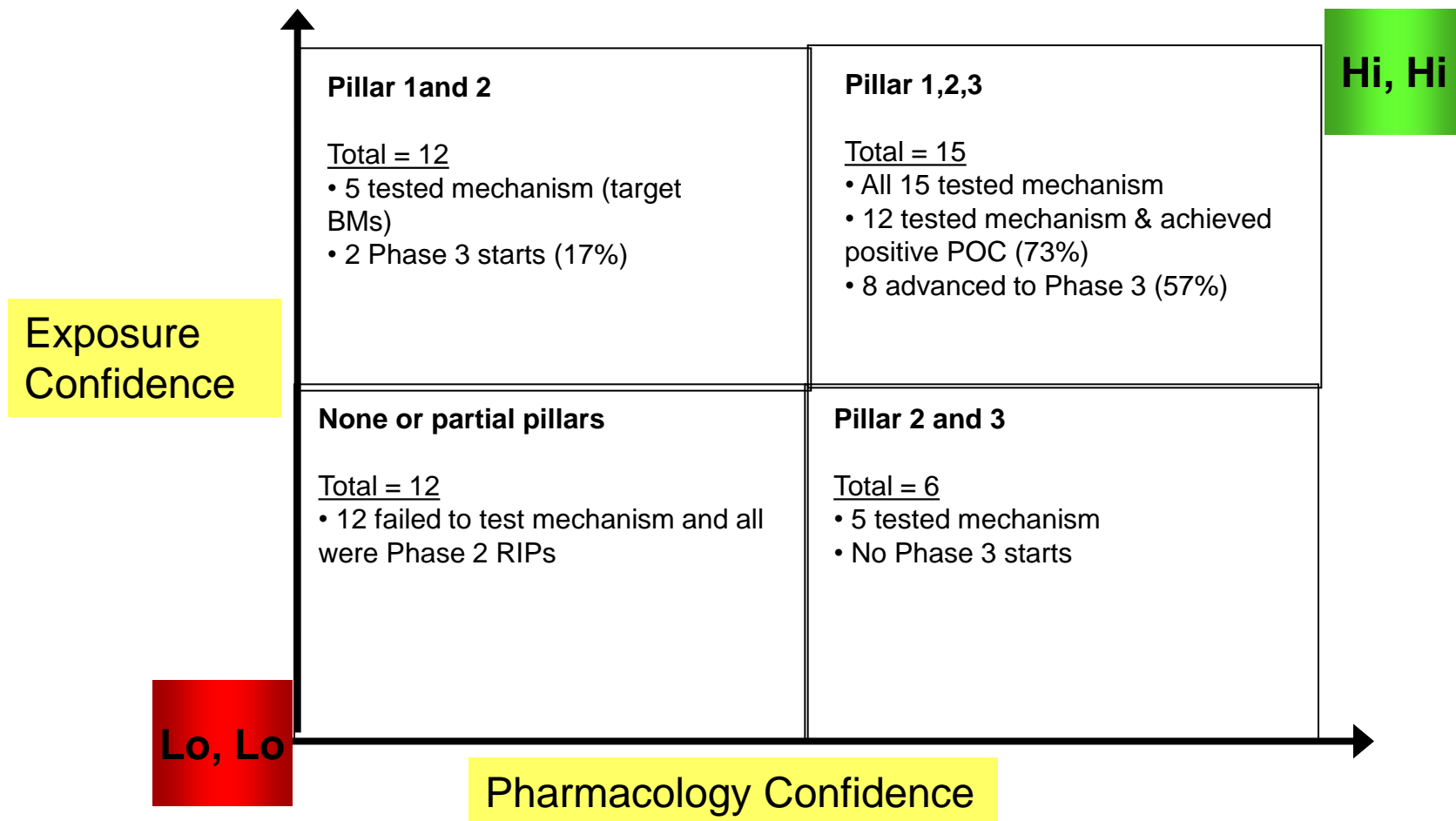
# Risk Management with respect to enabling Proof of Mechanism

Data and knowledge around the 3 principles can be used to assess risk being carried forward and to inform appropriate clinical study design for testing the mechanism

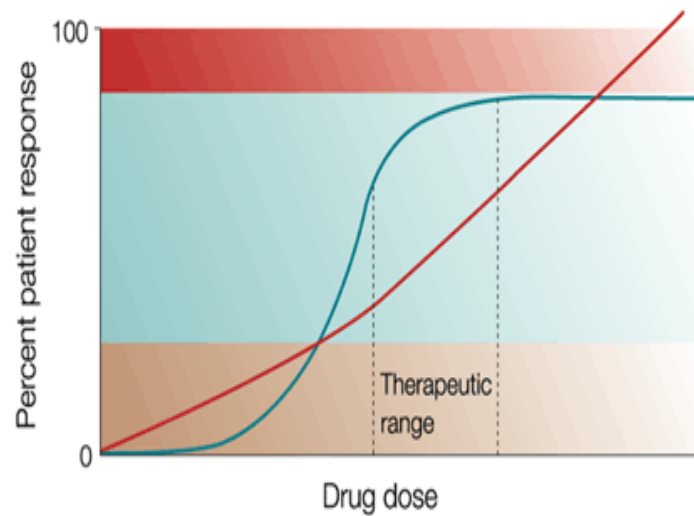




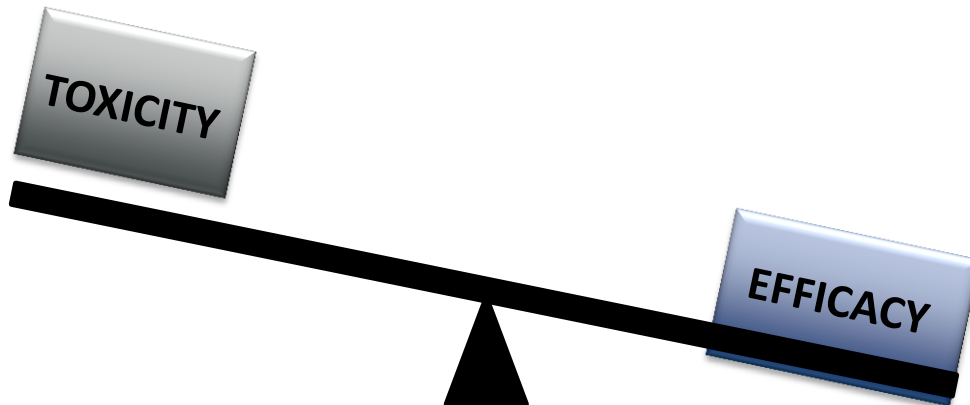
# Alignment with 3 principles for 45 Phase 2 projects



# Oncology agents frequently limited by on target toxicities



Nature Reviews Cancer 1, 99-108 (November 2001)



Drugs in oncology are often inherently cytotoxic

Toxicity (on target) and efficacy closely linked

Narrow therapeutic window

Success depends on maximizing exposure and minimizing toxicity

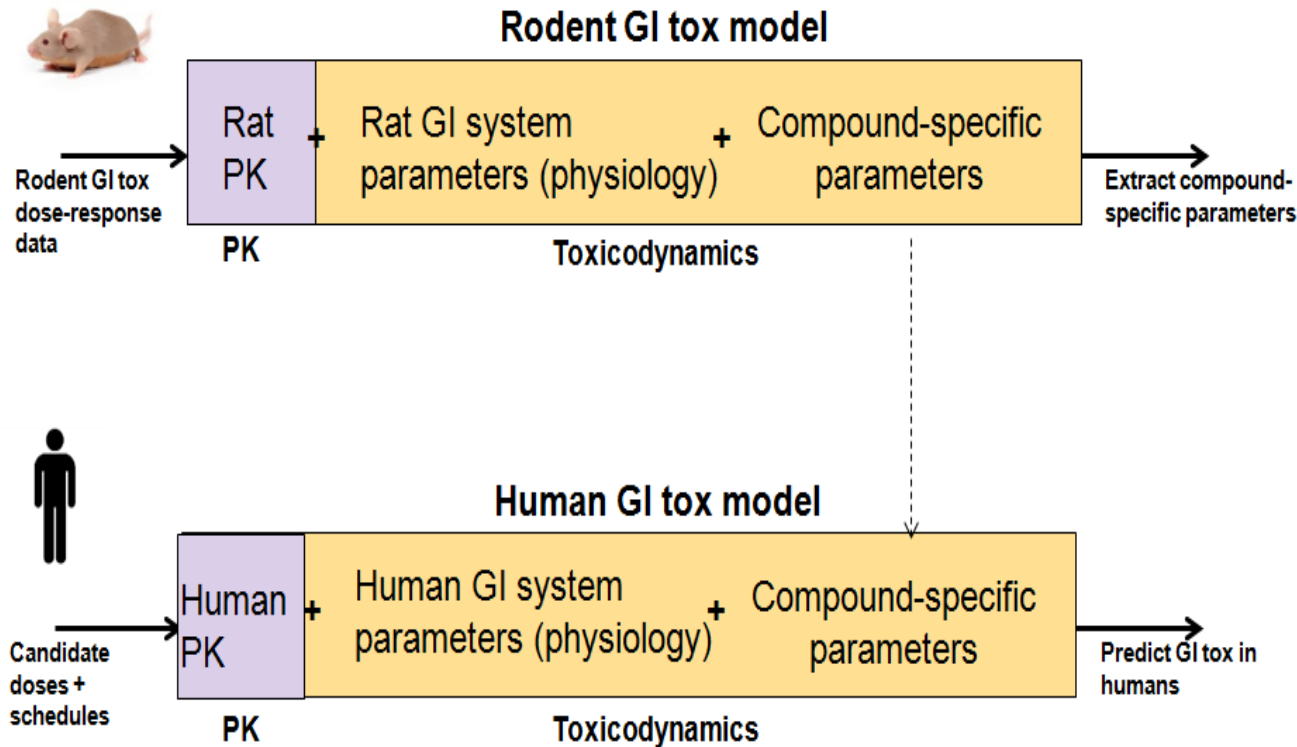
**Table 2** Incidence of drug-induced diarrhea in phase I-III studies of molecular-targeted cancer drugs.

Drug	Incidence of diarrhea (%)	Reference
Erlotinib	55 (6% grade 3-5) 68 (12% grade 3-4) <sup>a</sup>	Shepherd <i>et al.</i> (2005) <sup>2</sup> Herbst <i>et al.</i> (2005) <sup>65</sup>
Gefitinib	40-60 (8% grade 2) 58 (3% grade 3-4) <sup>a</sup>	Fukuoka <i>et al.</i> (2003) <sup>3</sup> Herbst <i>et al.</i> (2004) <sup>66</sup>
Lapatinib	40 (10% grade 3) 60 (13% grade 3-4)	Burrhis <i>et al.</i> (2005) <sup>24</sup> Geyer <i>et al.</i> (2006) <sup>67</sup>
HKI-272	84	Wong <i>et al.</i> (2006) <sup>19</sup>
Sorafenib	33 (24% grade 2-3)	Escudier <i>et al.</i> (2005) <sup>10</sup>
Sunitinib	20 (grade 2-3)	Motzer <i>et al.</i> (2006) <sup>11</sup>
Imatinib	45	Demetri <i>et al.</i> (2002) <sup>14</sup>
Flavopiridol	50	Liu <i>et al.</i> (2004) <sup>15</sup>
Bortezomib	32 (8% grade 3-4) 29 (9% grade 3-4)	Fanucchi <i>et al.</i> (2003) <sup>34</sup>

<sup>a</sup>Drug used in combination with cytotoxic chemotherapy.



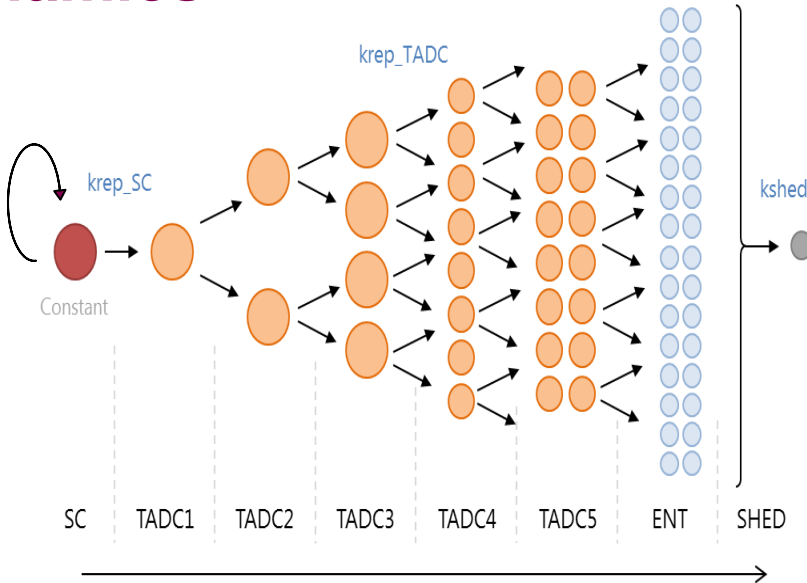
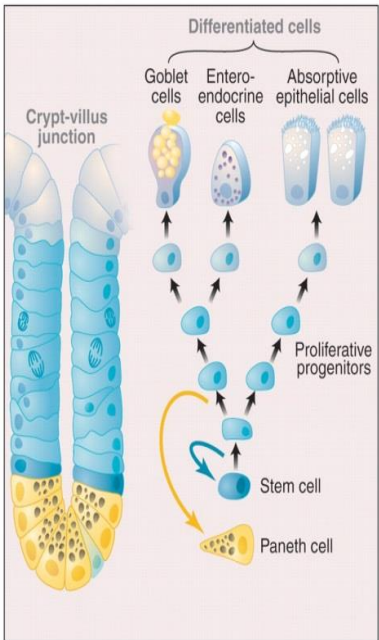
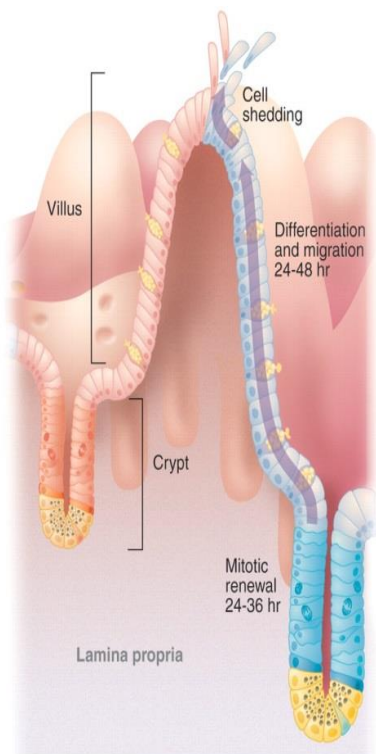
# Right Safety: PBPK – Systems Toxicology approach would address safety related risks early in drug discovery and would inform clinical dose and scheduling options



# Build model of intestinal cell dynamics

## Model Structure

### Biological Understanding

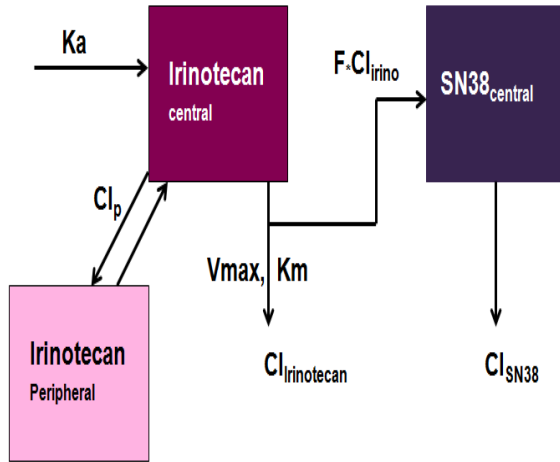


Parameter	Rodent Model	Human Model
Stem Cells/Crypt	10	10
Stem cell doubling time	16 hrs	72 hrs
TADC doubling time	12 hrs	32 hrs
Shedding rate	0.45 /day	0.2 /day
# of Transit compartments	4	5
# of Crypts feeding each	7	7

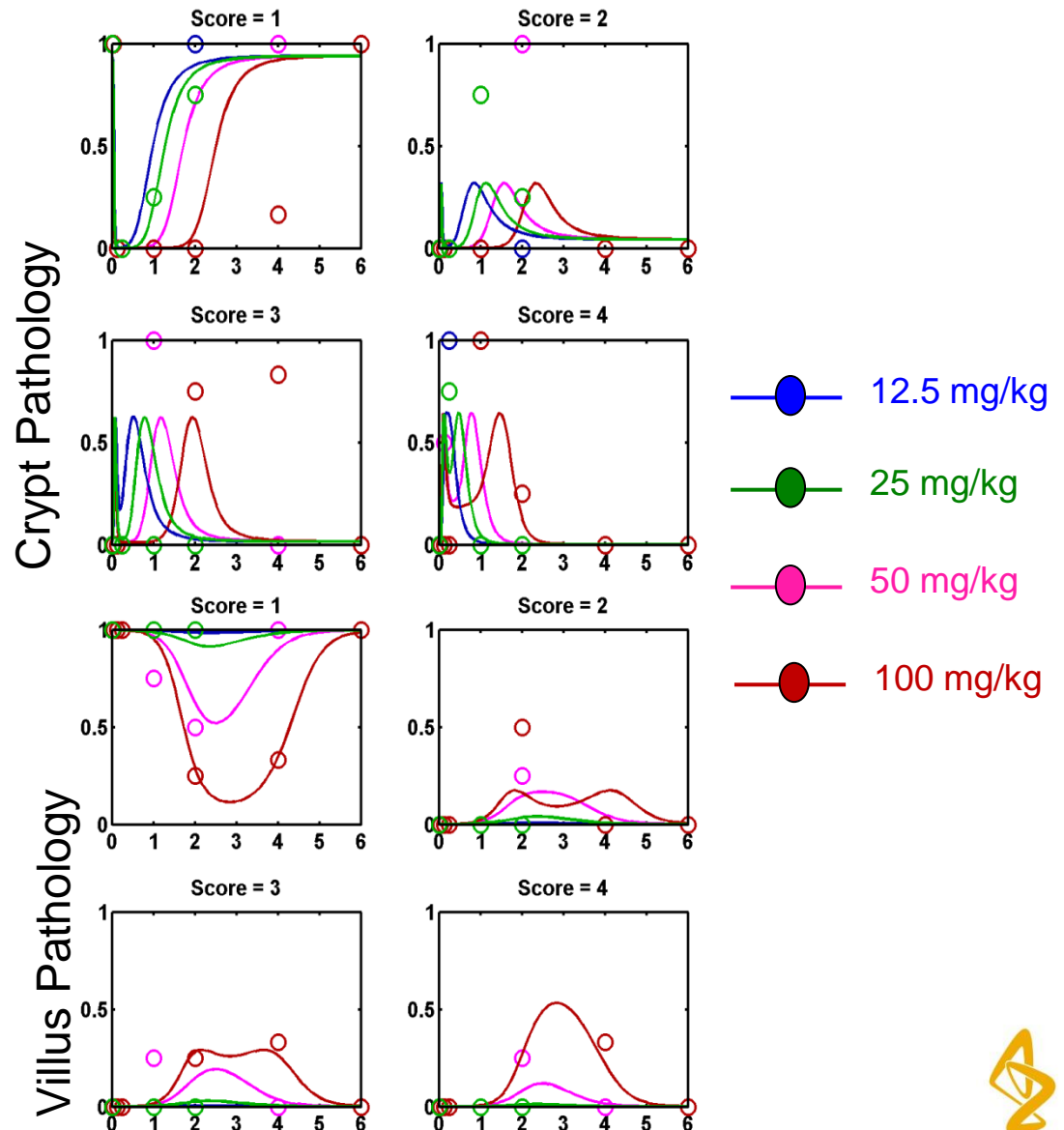
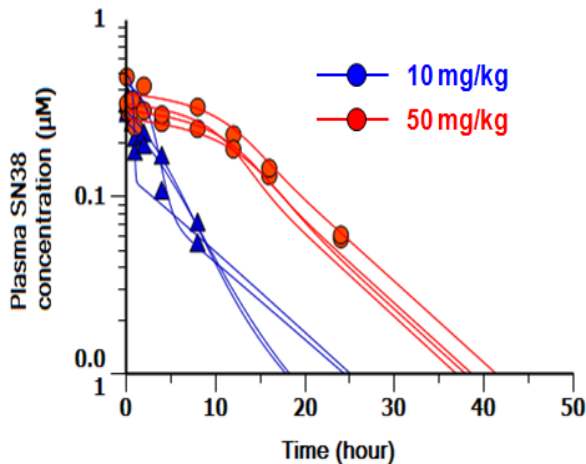


# Testing model in rat: fitting irinotecan PK and g.i. toxicity

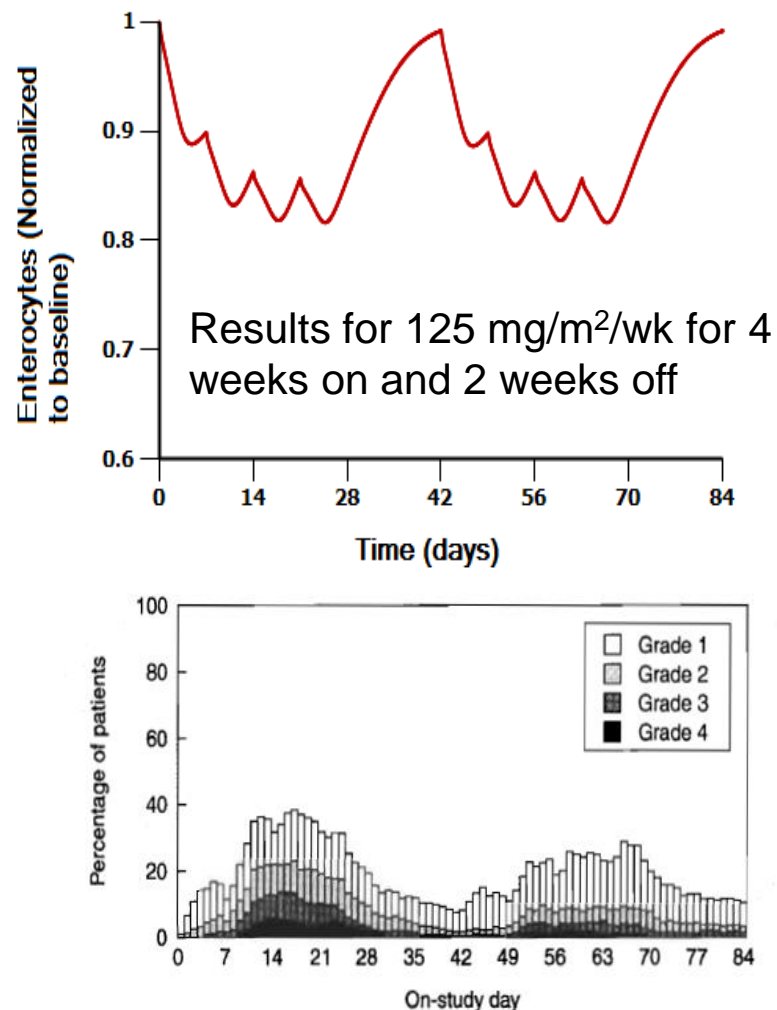
PK model for non-linear Irinotecan /SN38 in rats



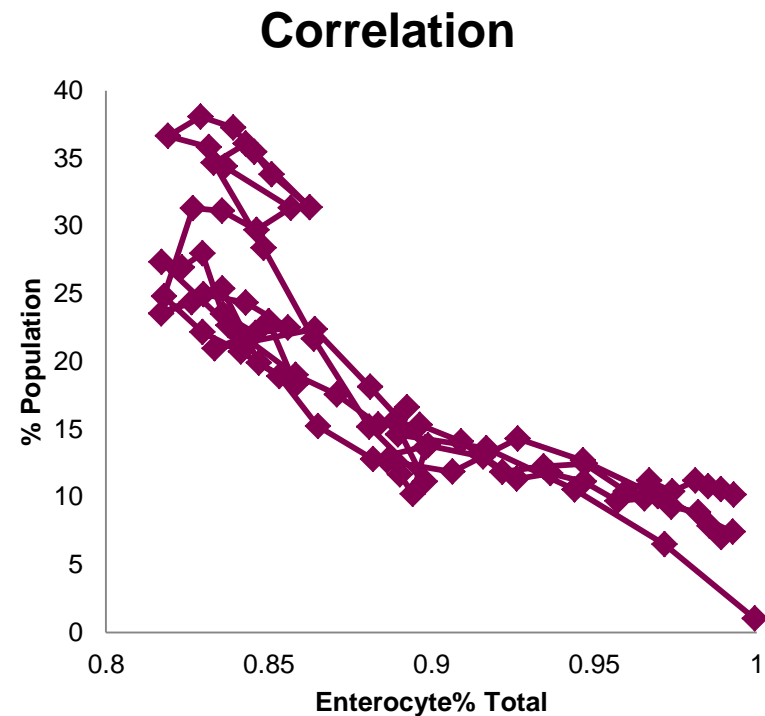
Model fits (lines) to rat PK data (markers)



# Simulation of human GI toxicity



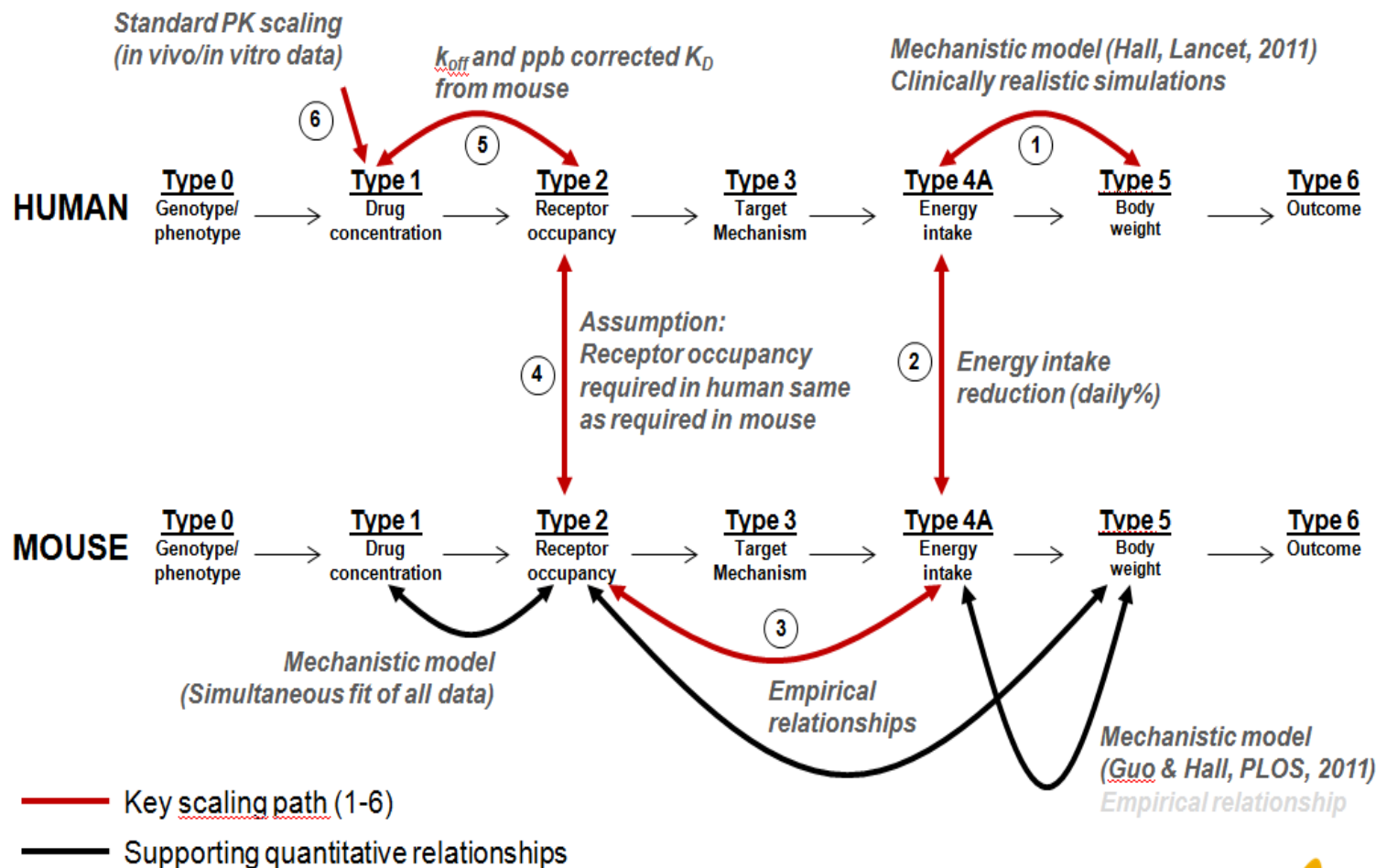
Hecht, Gastrointestinal toxicity of Irinotecan, Oncology, 1998



Courtesy of Harish Shankaran and Jay Mettetal; manuscript in preparation



# Right Target and Right Tissue: Quantitative modelling approach for compounds affecting body composition

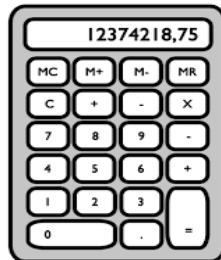
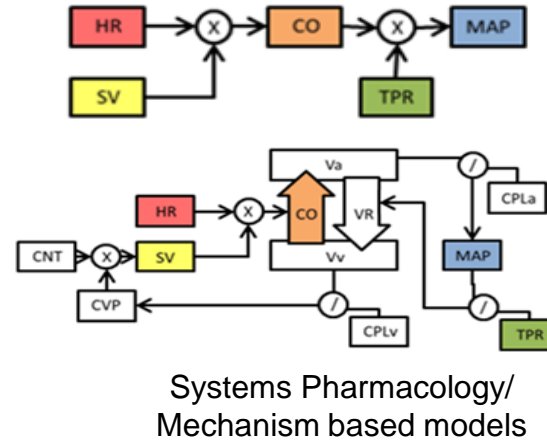
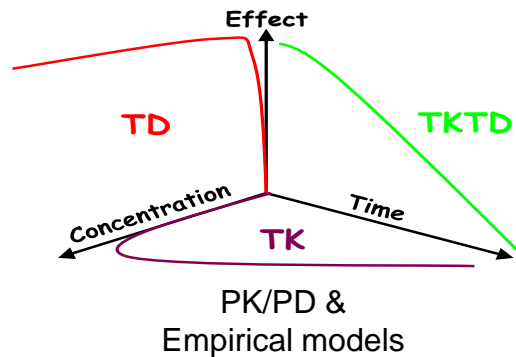




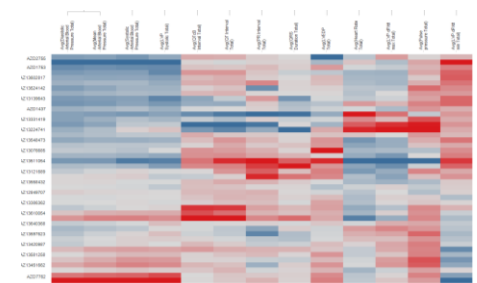
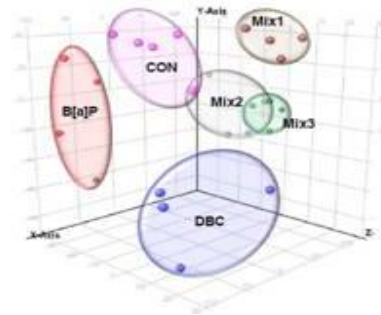
# Modelling and Informatics Approaches in Preclinical Safety

## Fit for purpose

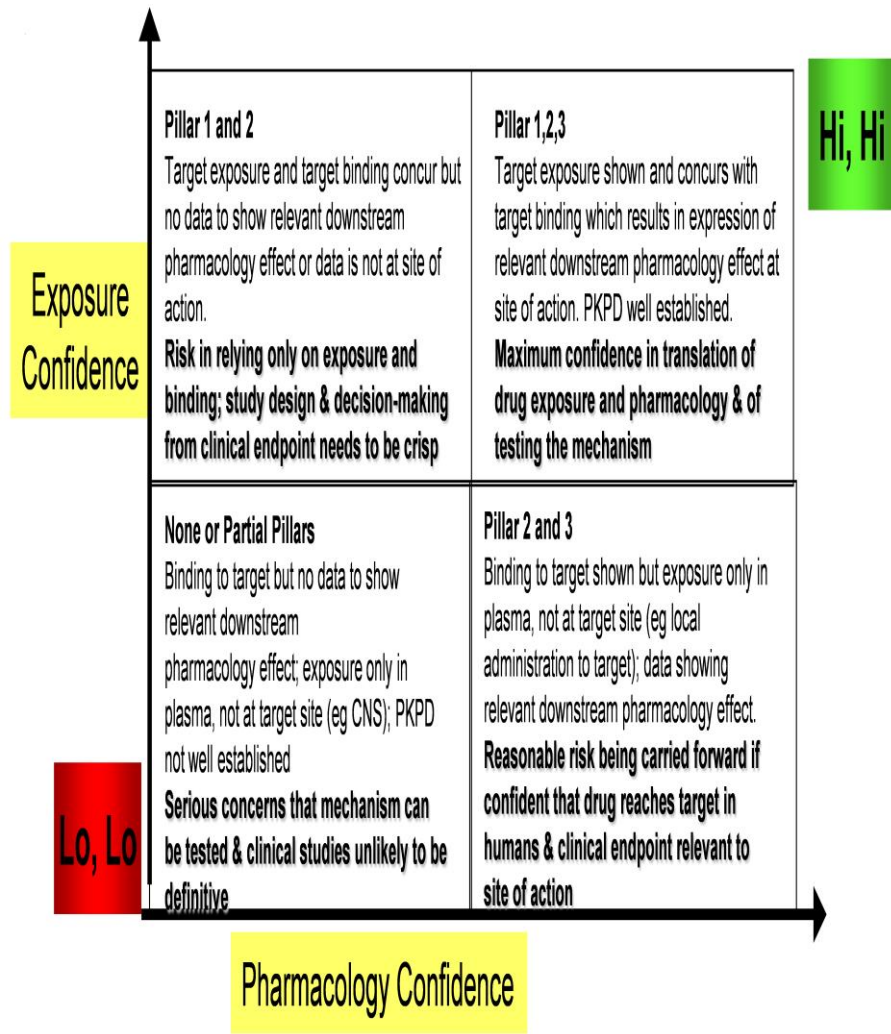
Deep  
Data Quantity  
Shallow



“Old Fashioned Elbow Grease”



# 3 Pillars of Survival and 5Rs framework



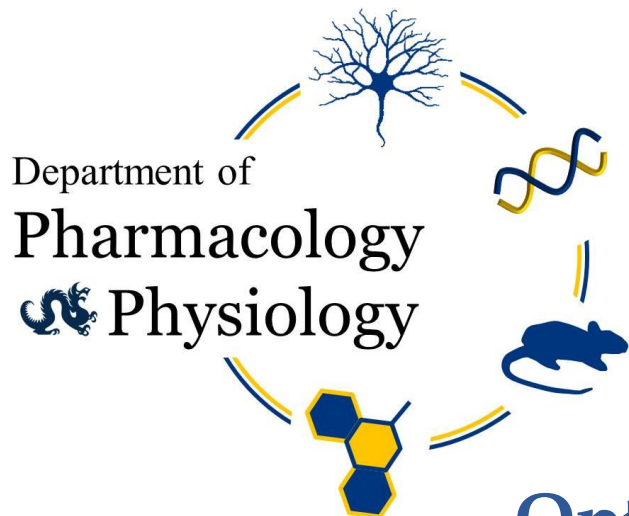
- Right target**
  - Strong link between target and disease
  - Differentiating efficacy
  - Available and predictive biomarkers
- Right tissue**
  - Adequate bioavailability and tissue exposure
  - Definition of PD biomarkers
  - Clear understanding of preclinical and clinical PK-PD
- Right safety**
  - Differentiated and clear safety margins
  - Understanding secondary pharmacology risk
  - Reactive metabolites, Gentox, Drug-drug interactions
  - Understanding of target liability
- Right patients**
  - Identification of most responsive patient population
  - Definition of risk/benefit for given population
- Right commercial**
  - Differentiated value proposition vs. future standard of care
  - Market access/payer/provider focus
  - Personalised healthcare strategy including diagnostic/biomarkers



# **Improving Productivity in Pharmaceutical Research and Development: The Role of Clinical Pharmacology and Experimental Medicine**

Center for Health Policy  
The Brookings Institution

The Embassy Row Hotel • Washington, DC  
July 28, 2015



# Optimizing Target and Compound Selection to Enhance Early Stage Decision-Making

*Brookings Institute Conference on Improving  
Pharmaceutical Research and Development*

*James E. Barrett, Ph.D.*  
*Professor and Chair*



DREXEL UNIVERSITY

**Clinical and Translational**  
Research Institute



DREXEL UNIVERSITY

College of  
**Medicine**

*Department of Pharmacology and Physiology*

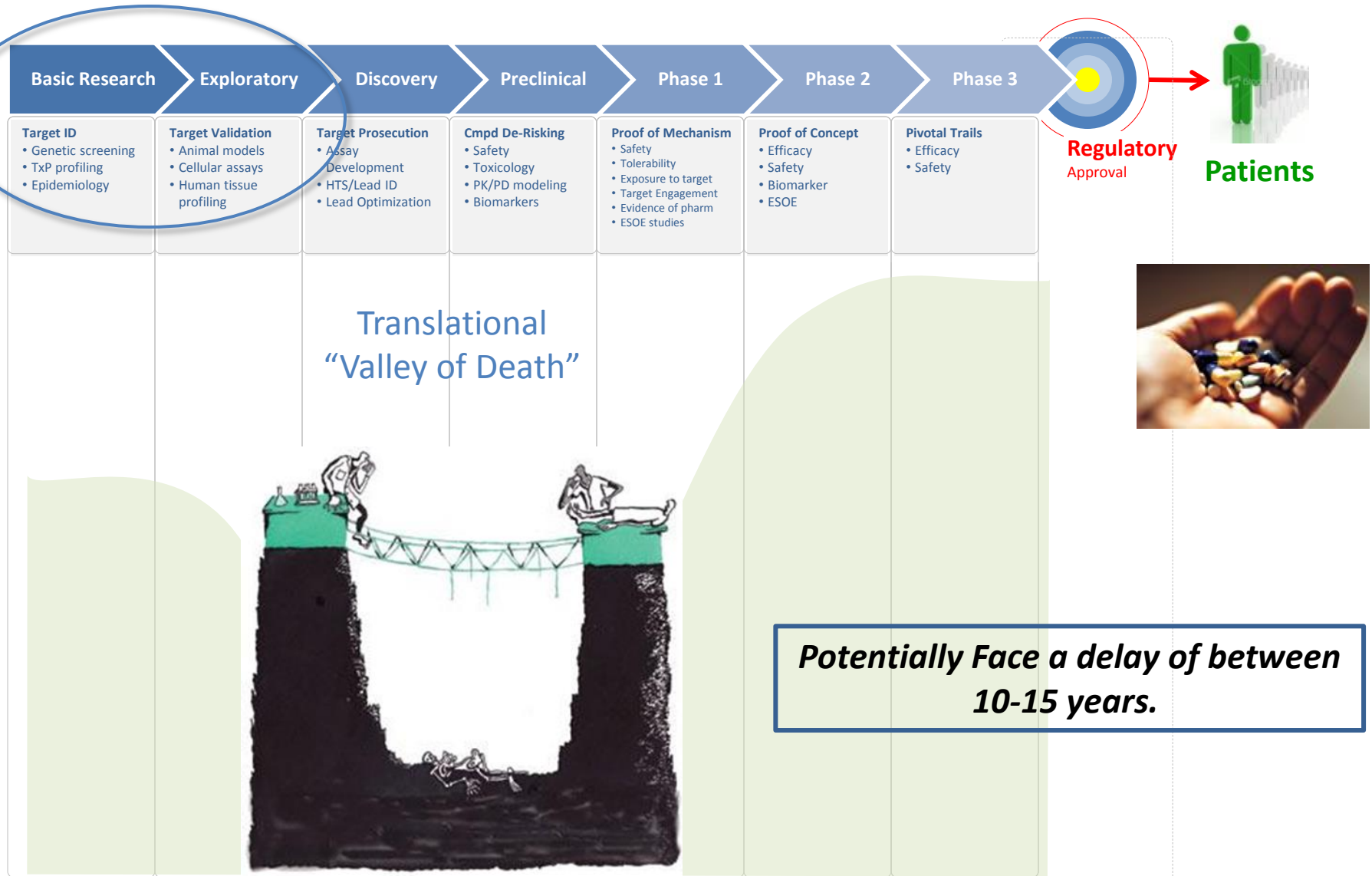


# General Outline

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- Target Identification and Validation
  - Backdrop
  - Challenges
- Optimizing Approaches
- Future Directions
- Conclusions

# Target Identification and Validation on the Translational Continuum



## Is poor research the cause of the declining productivity of the pharmaceutical industry? An industry in need of a paradigm shift

Frank Sams-Dodd<sup>1,2</sup>

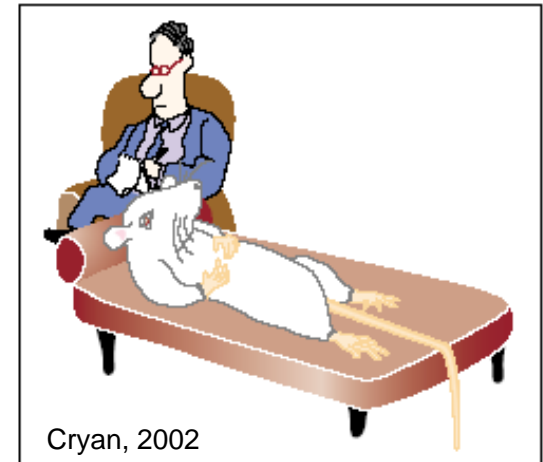
“There is growing acceptance that a ... *fundamental paradigm shift* is required if we are to accept that ***drug discovery is [at present] the art of developing effective treatments against diseases we do not fully understand using drugs we do not fully know how they work.***”

For the past 20 years ***target-based drug discovery*** has been the main research paradigm used by the pharmaceutical industry and billions of dollars have been invested into this approach ... recent industry data strongly indicate that the *target-based approach* is ***not an effective drug discovery paradigm*** and is likely to be the cause of the productivity crisis ... from a theoretical and scientific perspective the target-based approach appears sound, so why is it not more successful?



# Lessons learned from the fate of AZ's Drug Pipeline – Retrospective Analysis

- The five most important determinants of project success and pipeline quality – 5 R's
  - ❑ ***The right target***
  - ❑ The right patient
  - ❑ The right tissue
  - ❑ The right safety
  - ❑ The right commercial potential
- Plus the 6<sup>th</sup> factor – **THE RIGHT CULTURE**



# What is a drug target?

*A native protein in the body whose activity is modified by a drug, resulting in a therapeutically relevant response.*

*The definition of a drug target can be relative as well as elusive:*

- The target may be a drug target in one tissue, but not in another.
- The target may be a drug target in one age group, but not another.
- The target may be a drug target in one gender, but not the other.
- The expression, activity, and structure of target may change over the during the course of a pathological process.
- The structure/function of target may be altered by drug treatment.
- The target may not be involved in the disease process.

## **Some 'myths' about drug targets**

Most disorders can be treated by focusing on a single target

Approaches to target identification and validation are similar across therapeutic areas or diseases

# Evolution of Research Strategy underlying Drug Discovery

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**Trial and error**



**Physiology-based:**



**Biochemistry-based:**



**Phenotype-based**

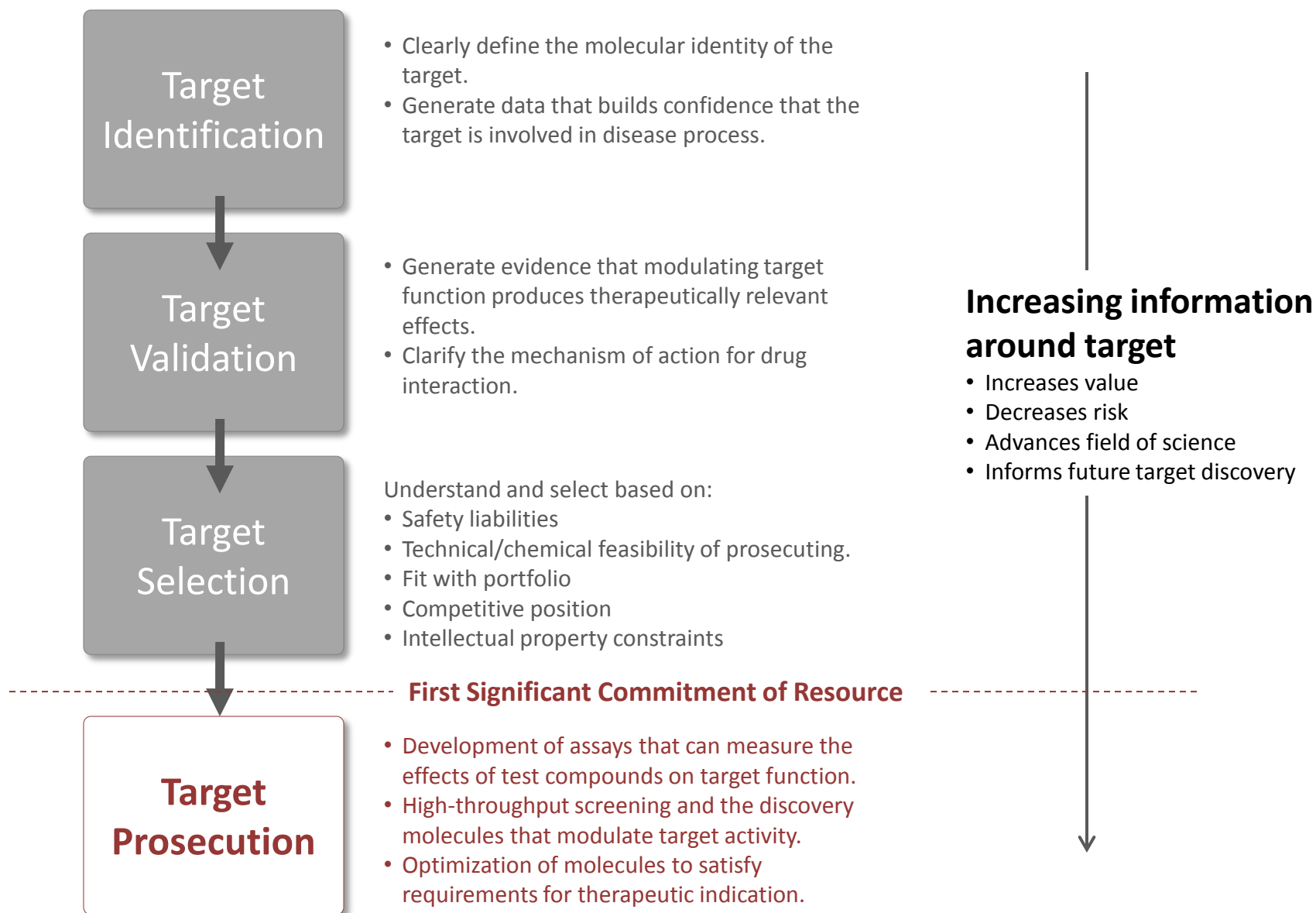


**Target-based**

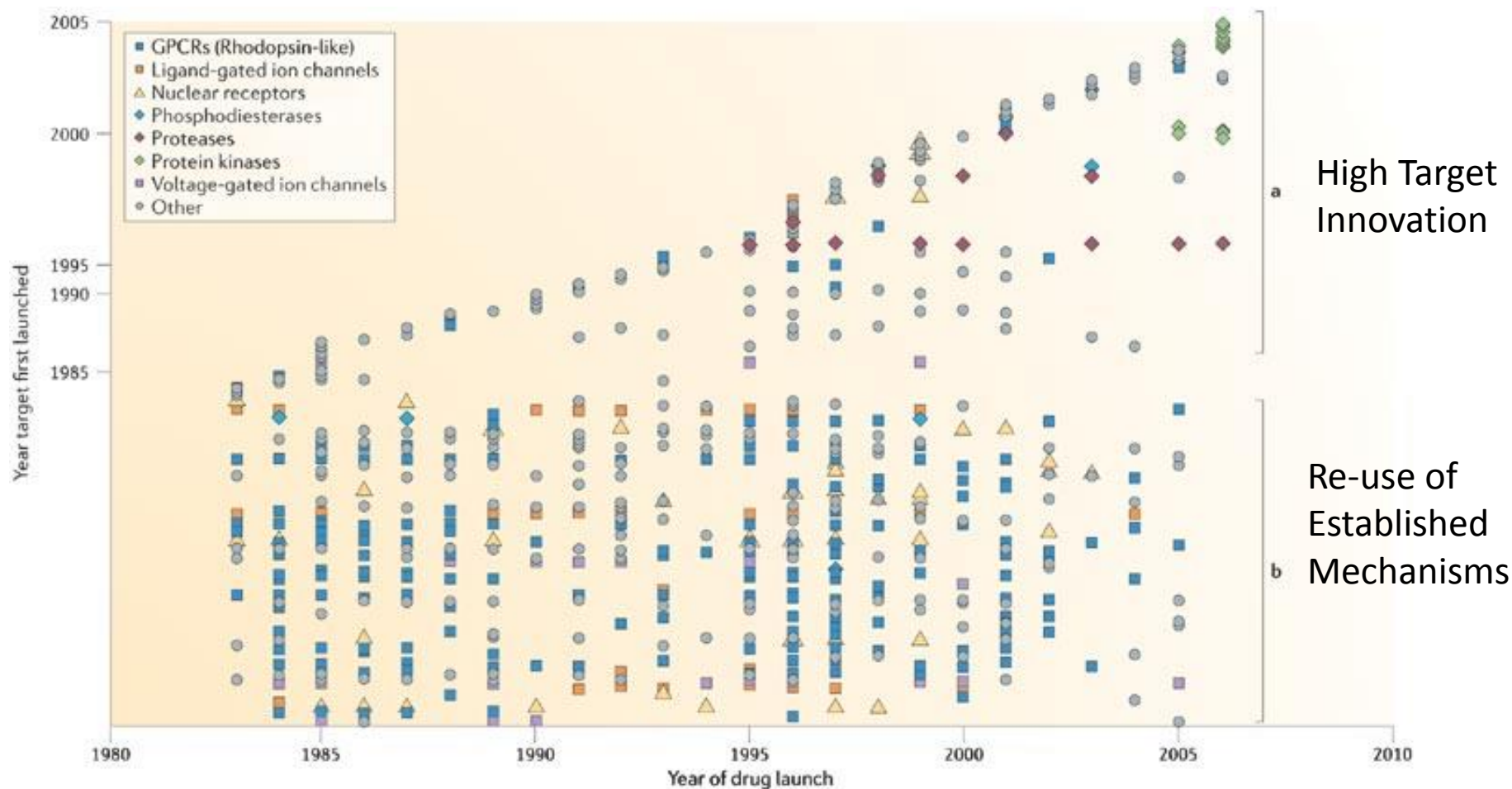


**Target & Phenotype  
Based**

# Basic Logic of Target-based Discovery



# Rate of Target Innovation



Overington et al., 2006

# Novelty in the Pharmaceutical Target Landscape

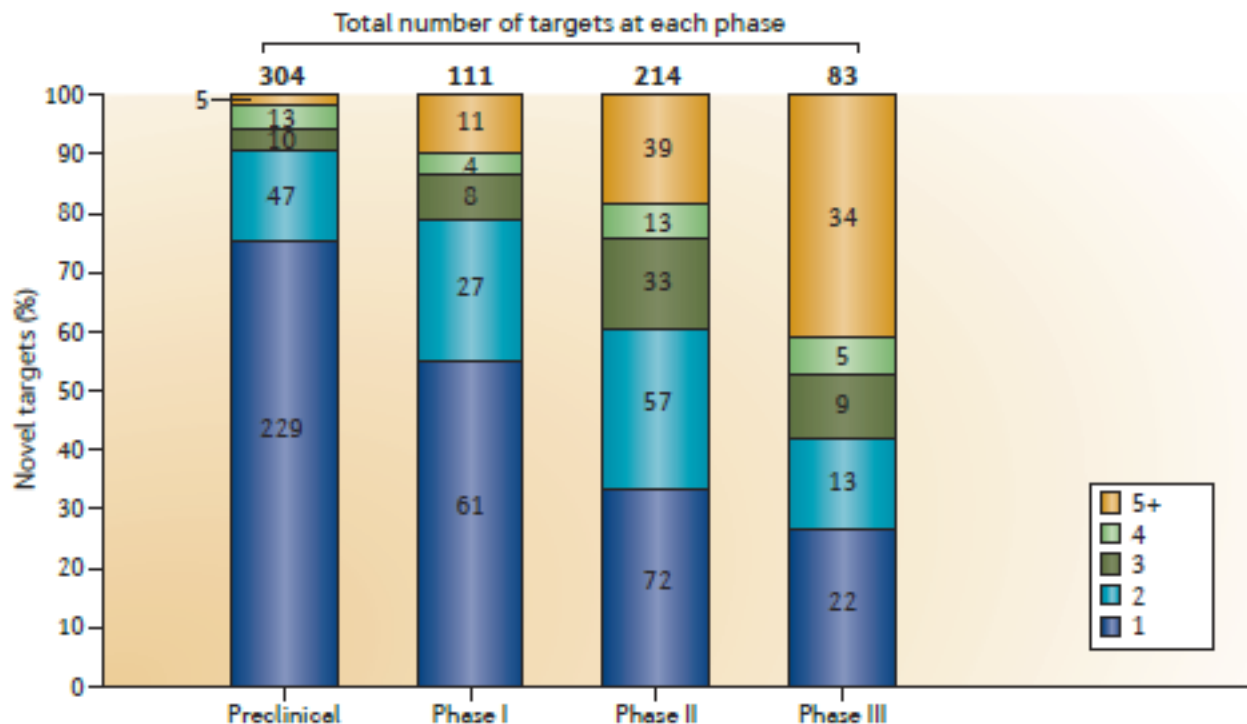
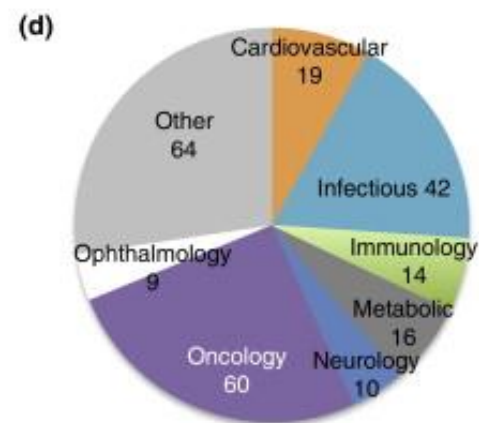
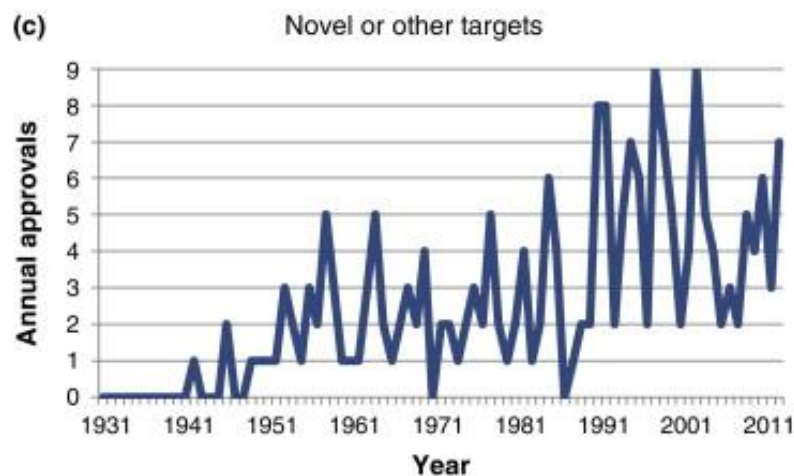
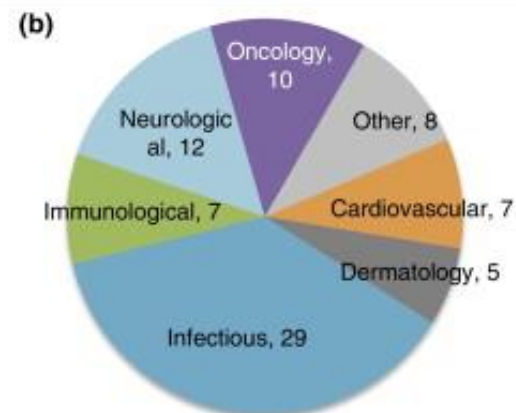
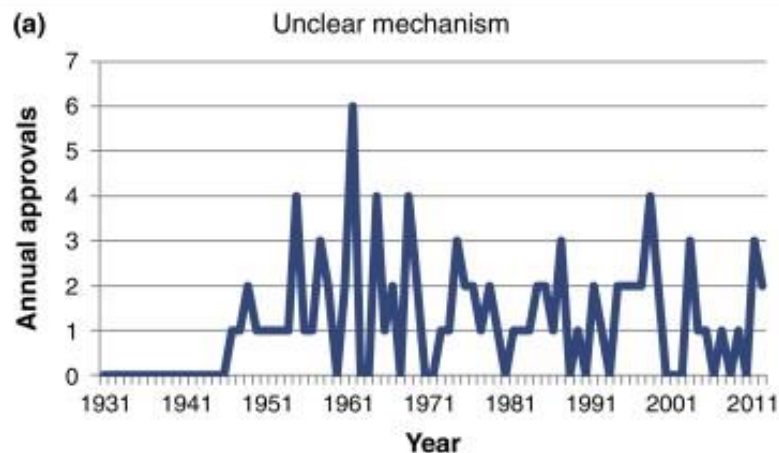


Figure 2 | Competition on novel targets by latest development phase. All of the novel targets are categorized by the latest phase of any project associated with them and tabulated by the amount of competition on each target. Thus, 75% of preclinical targets have no competition, but as evidence around the target increases, so does competition. The actual number of novel targets is shown at the top of the graph. Data are from Citeline's Pharmaprojects, 2013.

# Ambiguity and Novelty in Drug Targeting



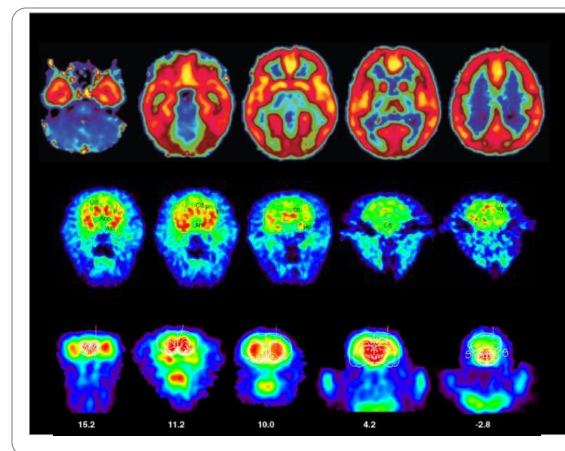
*Drug Discovery Today*



# Target Identification:

## Additional information gathered during target identification phase:

- **Distribution of target in tissues, cell types, and/or biological fluids.**
    - Identify possible side effect liabilities.
    - Understand the safety concerns up front and plan for mitigation.
  - **Understanding of homologies with other targets.**
    - Define the goals for selectivity when entering drug discovery and design.
    - Basic understanding of the side effect liabilities with nearest neighbors.
  - **Understanding of species differences in target.**
    - Confirm and understand expression in species used for validation studies and program prosecution (tissues, cell types, fluids).
    - Understand species homologies (sequence, function, pharmacology).
- *Information used to understand risk of pursuing target.*
  - *Aids in selecting relevant validation models.*
  - *Defines early de-risking strategies for target prosecution.*
  - *Increases value.*



# New Target Validation:

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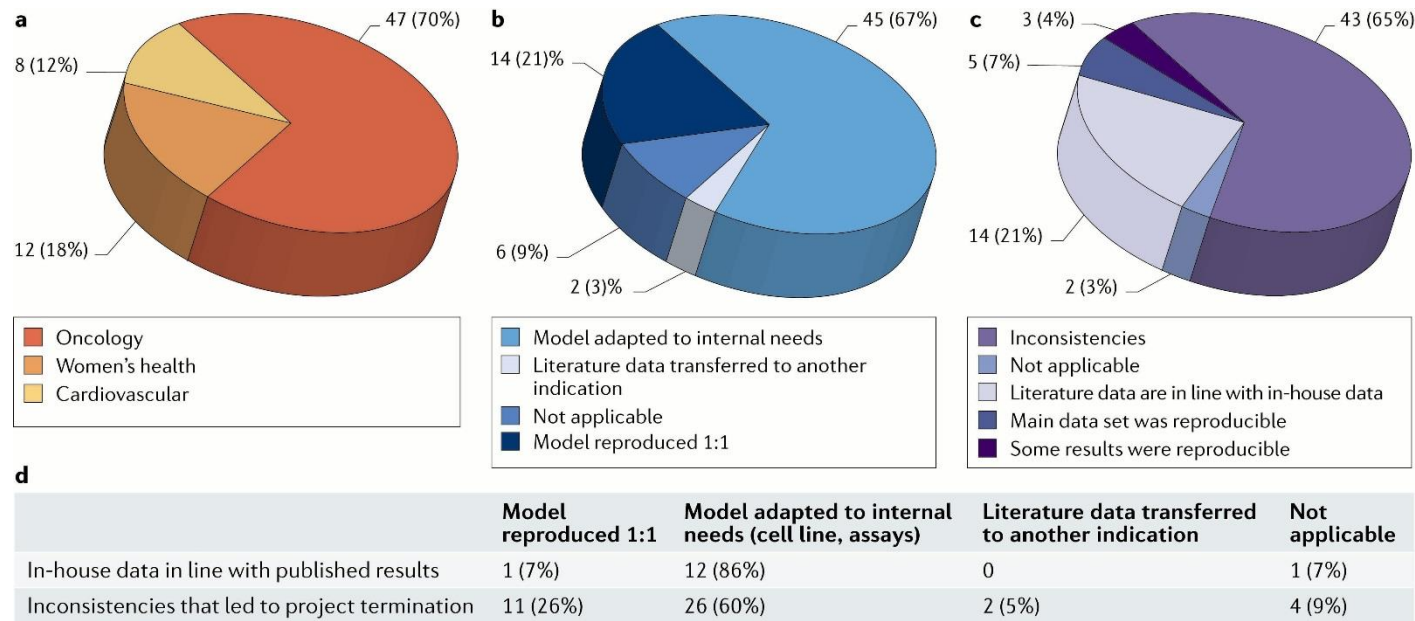
**The majority of target validation efforts are focused on demonstrating that the modulation of target function produces a biologically relevant effects in model systems. Initial evaluation frequently involves:**

- Modulation of a disease-relevant phenotype in animal models.
  - Behavior
  - Body weight
  - Body temperature
  - Structure
- Modulation of a specific biology in predictive models of drug action.
- Modulation of cellular function(s) in vitro
  - Biochemical endpoints relevant to signal transduction.
  - Electrophysiology
  - Apoptotic processes

*“A target is not validated until a drug works in the clinic”*

# Inconvenient Truths about Validation: Need for Replication

*Validity of published data on potential targets is crucial for drug companies when deciding to start novel projects*

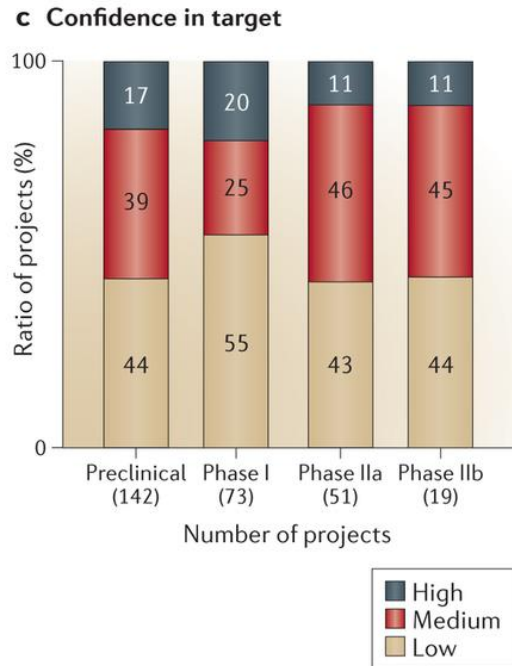
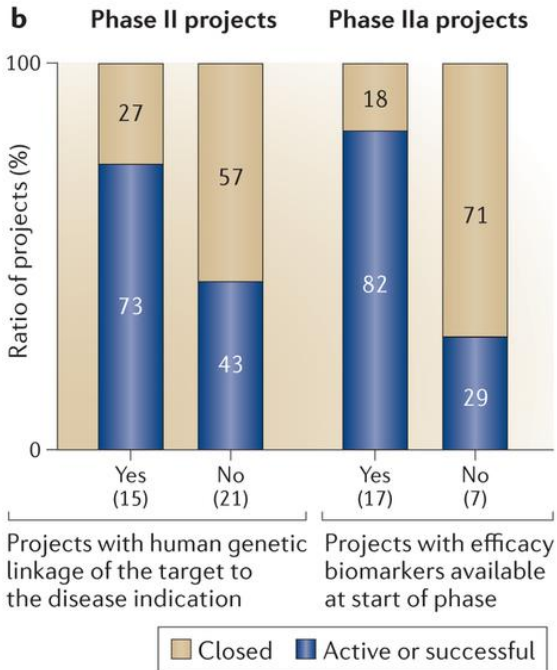
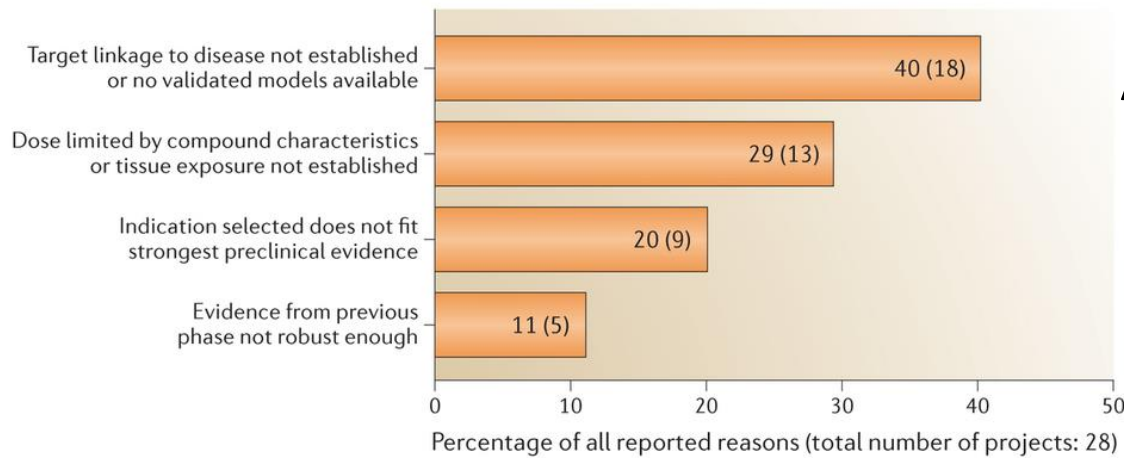


Prinz, Schlange, & Asadullah *Nature Reviews Drug Discovery* 2011

Nature Reviews | **Drug Discovery**

- 2/3 of published data were not reproducible or had inconsistencies that lead to prolonged delays or termination of projects.
- Reproducibility does not correlate with journal impact factors.
- Unspoken Rule (Venture Capital Perspective): 50% of published studies cannot be repeated with similar conclusions in industry labs.
- Likely Explanations:
  - Inappropriate statistical analysis of results
  - Immense competition among labs and pressure to publish.
  - Bias towards the publication of positive results.
- **Estimated that prevalence of irreproducible preclinical research results in ~\$28B in US Alone (Freedman et al. PLOS Biology, 2015)**

## a Reasons for lack of clinical efficacy



## Analysis of AZ Project Closures Due to Efficacy Issues

- 40% lacked data demonstrating linkage of target to the disease
- Lack of access to a well-validated animal model
- 73% of targets with some genetic linkage to the disease were ongoing or successful in Phase II
- Projects with efficacy biomarkers at the start of Phase IIa were more successful or ongoing (82 vs 29%)

Cook et al., 2014

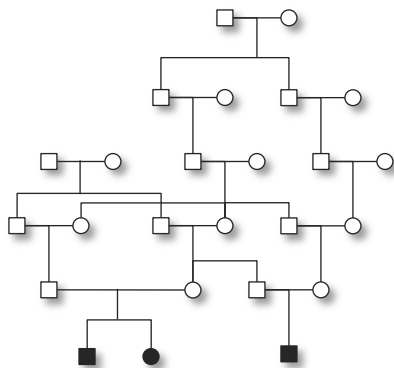
# Target ID/Validation Case Study: Nav 1.7 (*SCN9A*)



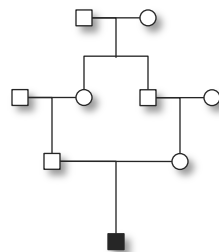
- Index case: 10 yr old street performer, Northern Pakistan
- Died jumping of a house roof.
- Congenital inability to perceive any form of pain.
- All other sensory modalities (PNS and CNS) normal. Could feel pressure, warm, cold etc.

## Sodium Channelopathy

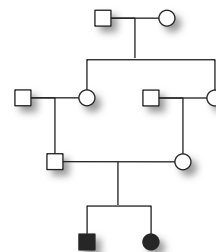
Family 1



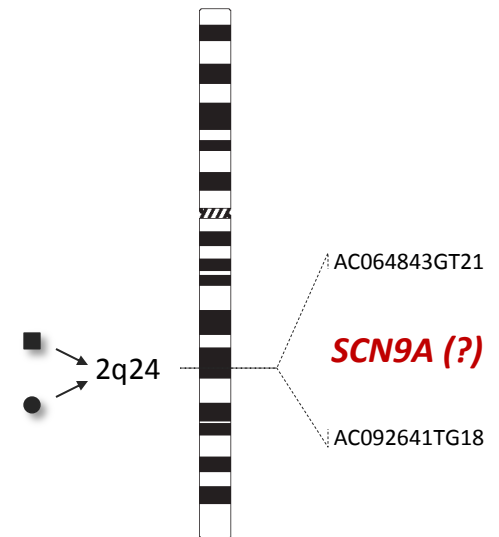
Family 2



Family 3



Chromosome 2

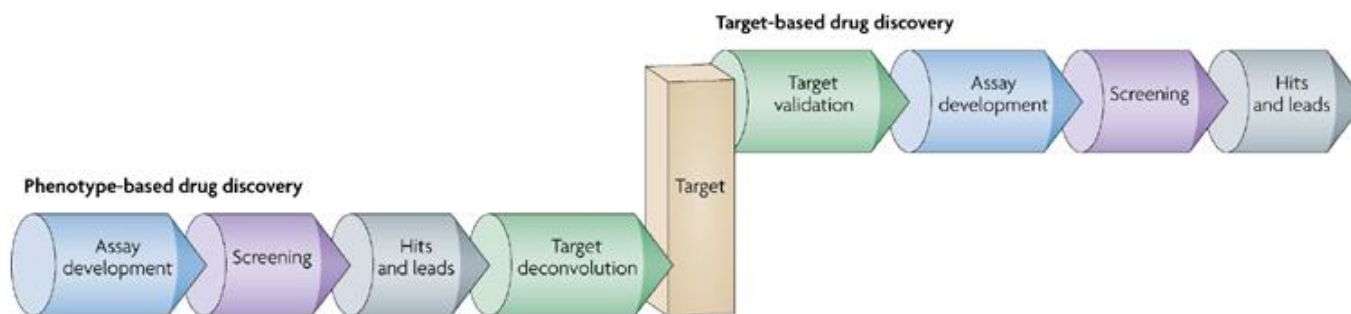


# Phenotype-based versus Target-Based Drug Discovery

## Back to the Future with Phenotypic Screening

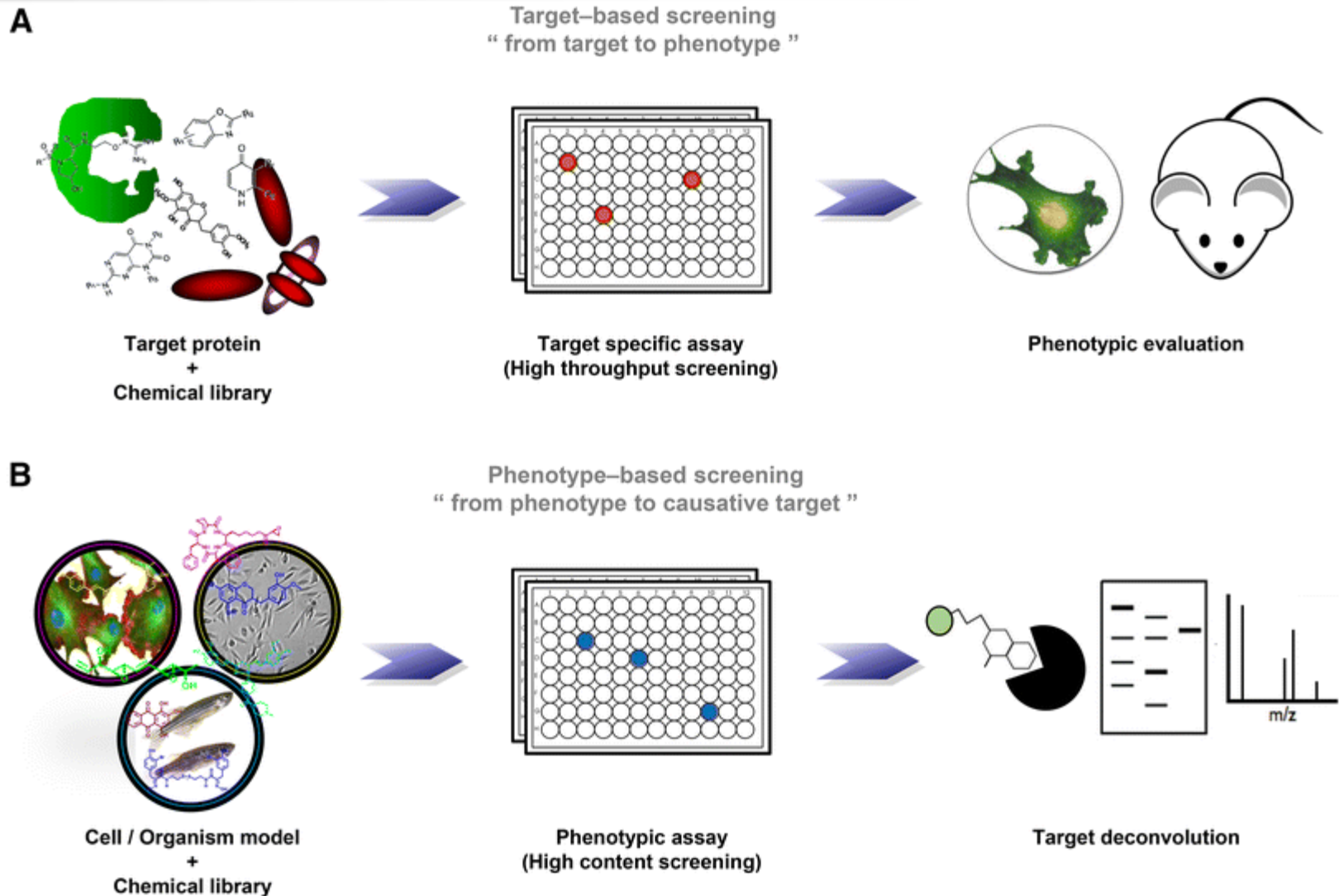
Marguerite Prior,<sup>\*,†</sup> Chandramouli Chiruta,<sup>†</sup> Antonio Currais, Josh Goldberg, Justin Ramsey, Richard Dargusch, Pamela A. Maher, and David Schubert

Cellular Neurobiology Laboratory, The Salk Institute for Biological Studies, La Jolla, California 92037-1002, United States



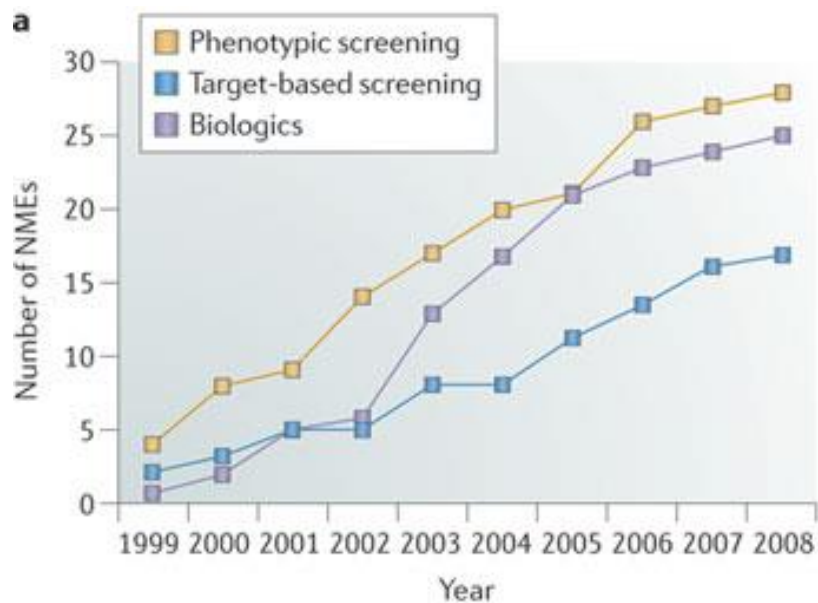


# Target deconvolution: The heart of chemical biology and drug discovery

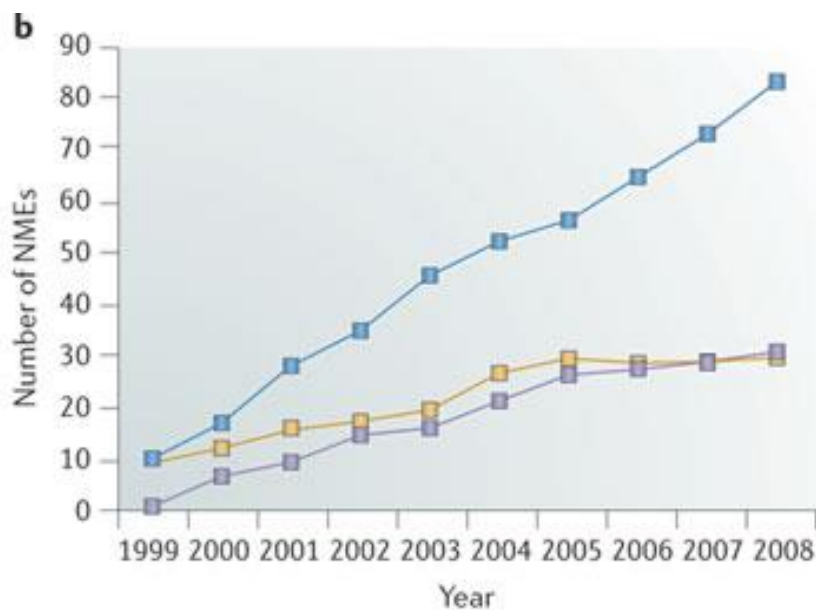


# Cumulative Distribution of New Drugs by Discovery Strategy

First in Class



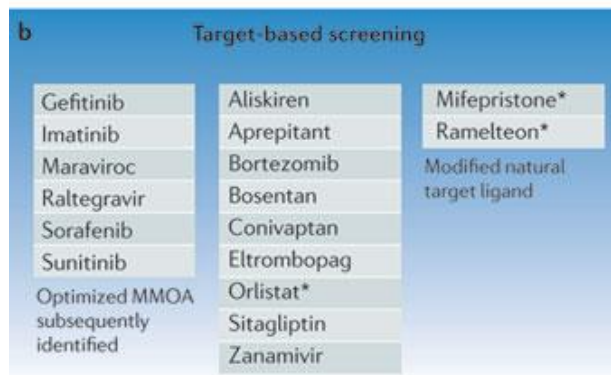
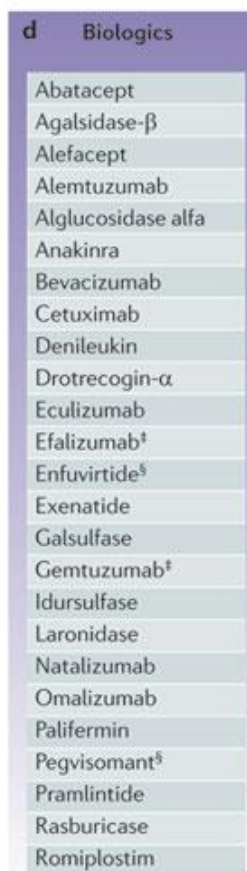
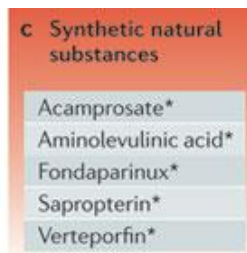
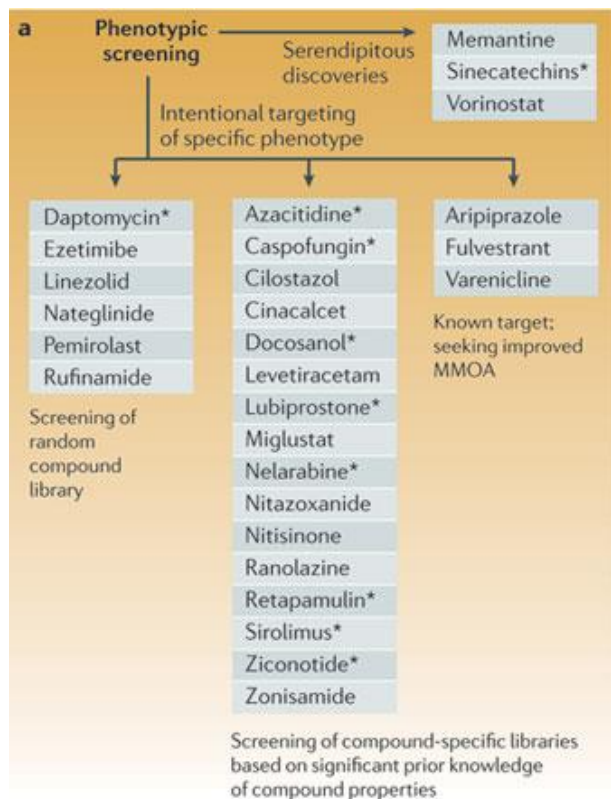
Follower Drugs



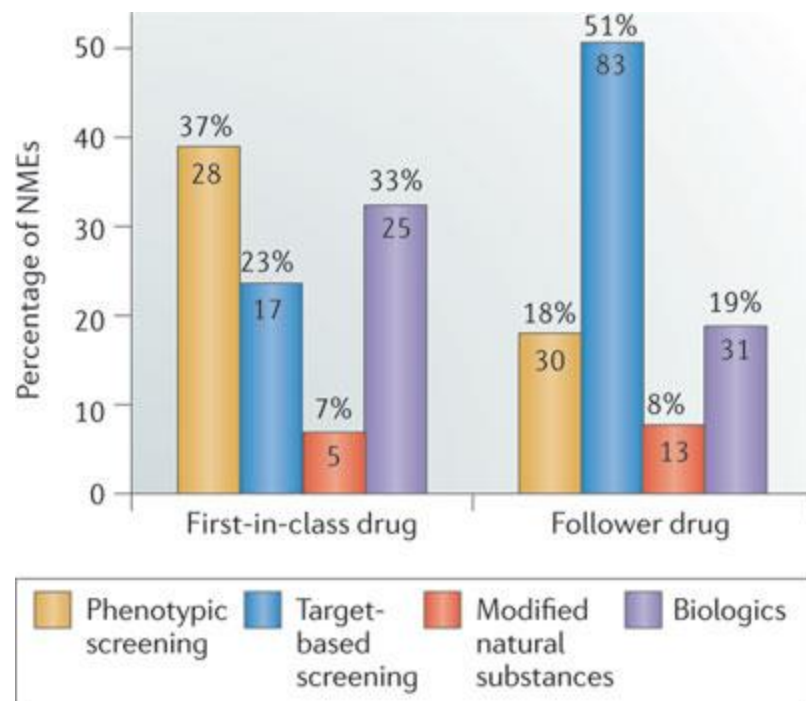
Nature Reviews | Drug Discovery



# Phenotypic vs. Target-Based Drug Discovery for First-in-Class Medicines



## New Drug Discovery Strategies



Nature Reviews | Drug Discovery

Swinney and Anthony, 2011

# Biomarkers & Bioinformatics

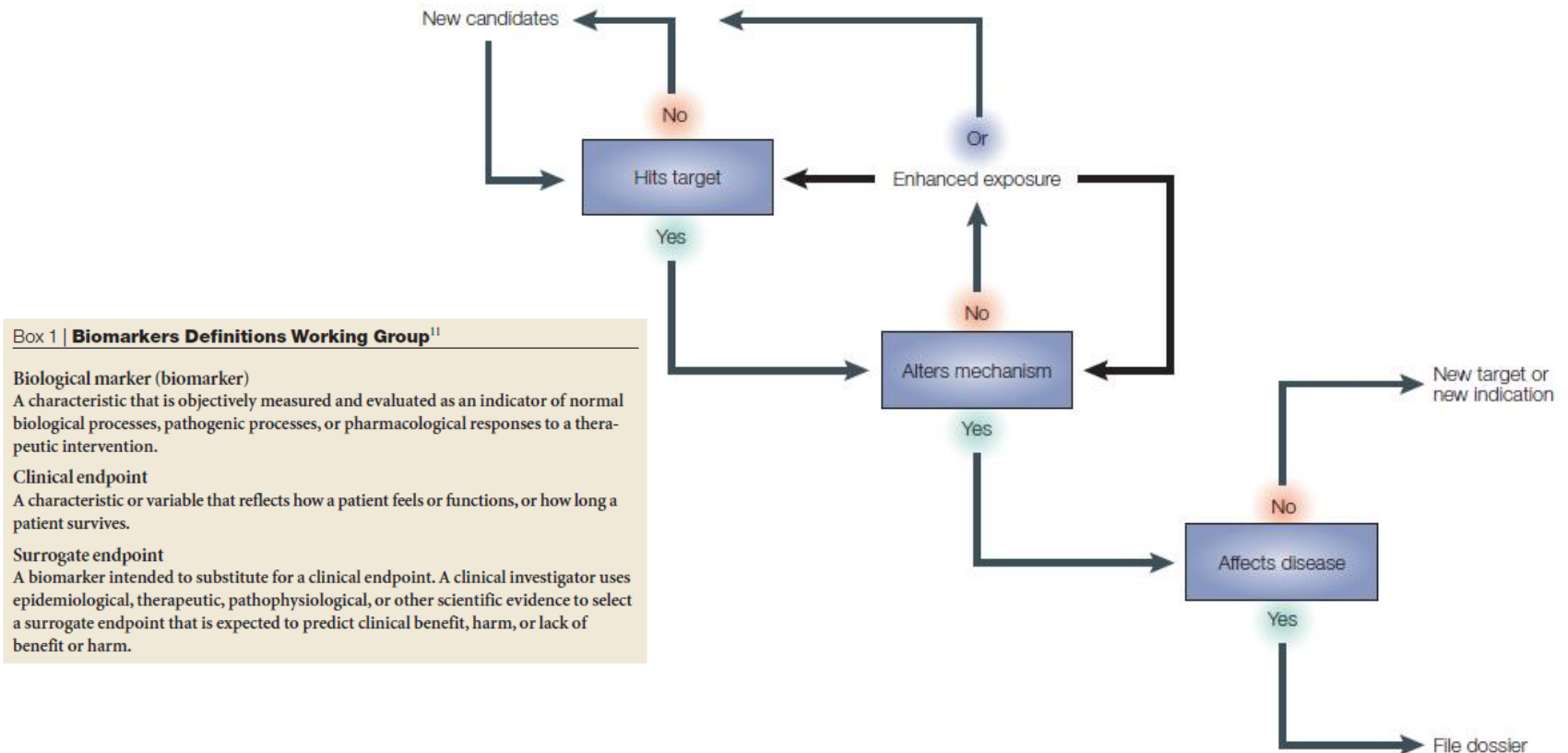
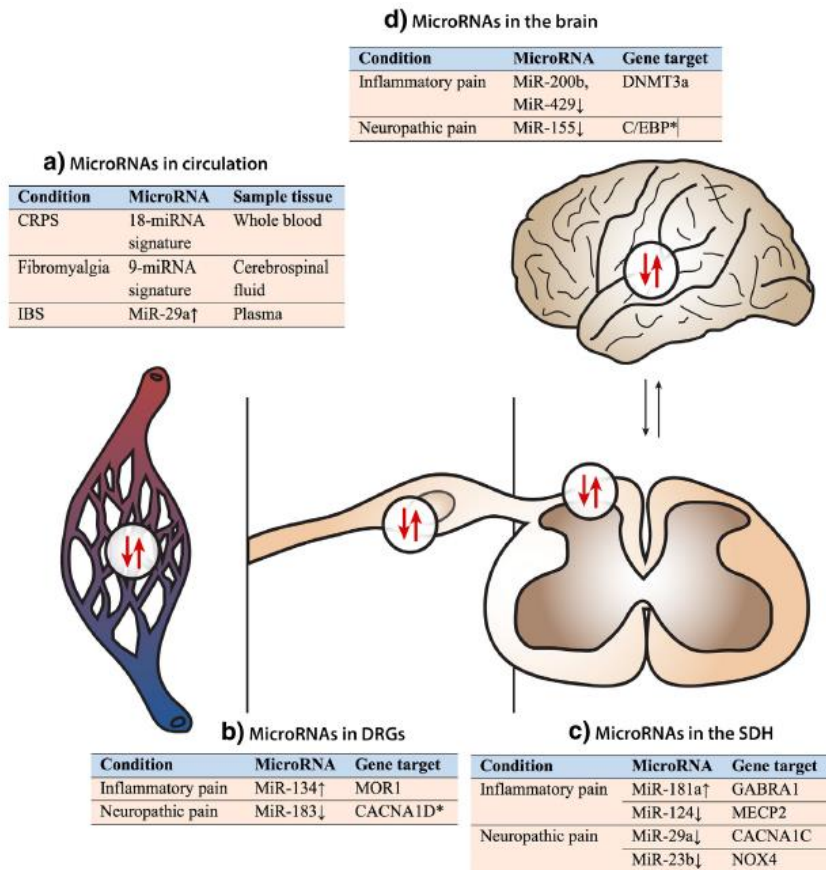


Figure 2 | **Biomarker categories: target, mechanism and clinical.** Biomarkers can be categorized into three distinct categories on the basis of their contribution to the logic of a clinical plan. Although they seem to parallel the three phases of drug development, the objective is to deploy them as early as possible, first to confirm hitting the target and then to test two concepts, namely, that hitting this target alters the pathophysiological mechanism and altering this mechanism affects clinical status.

# Challenges of Pain Models

- Pain is a subjective, multidimensional experience
  - Sensory, emotional and cognitive components
  - Difficult to incorporate into a single animal model
  - Pain is clinically heterogeneous
  - Many preclinical models assess pain using reflex assays – not the case clinically
- Complex pathophysiology – acute and chronic
- “CNS plasticity” – central reorganization
- Substrates for pain likely involve a number of pathways and mechanisms – neuroinflammatory, channels, cytokines, GPCRs – likely not a single-target approach
- Number of significant clinical failures
  - NK-1 Antagonists

# MicroRNAs as Biomarkers of Pain Conditions



- MicroRNAs are emerging as pivotal players in pain
- Represent potential biomarkers and therapeutic targets
- Have the potential to engage multiple targets



# Features of CRPS – Edema, color change, dystonia

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# Bioinformatics prediction indicates putative miR-939 binding sites in mRNAs involved in pain and inflammation

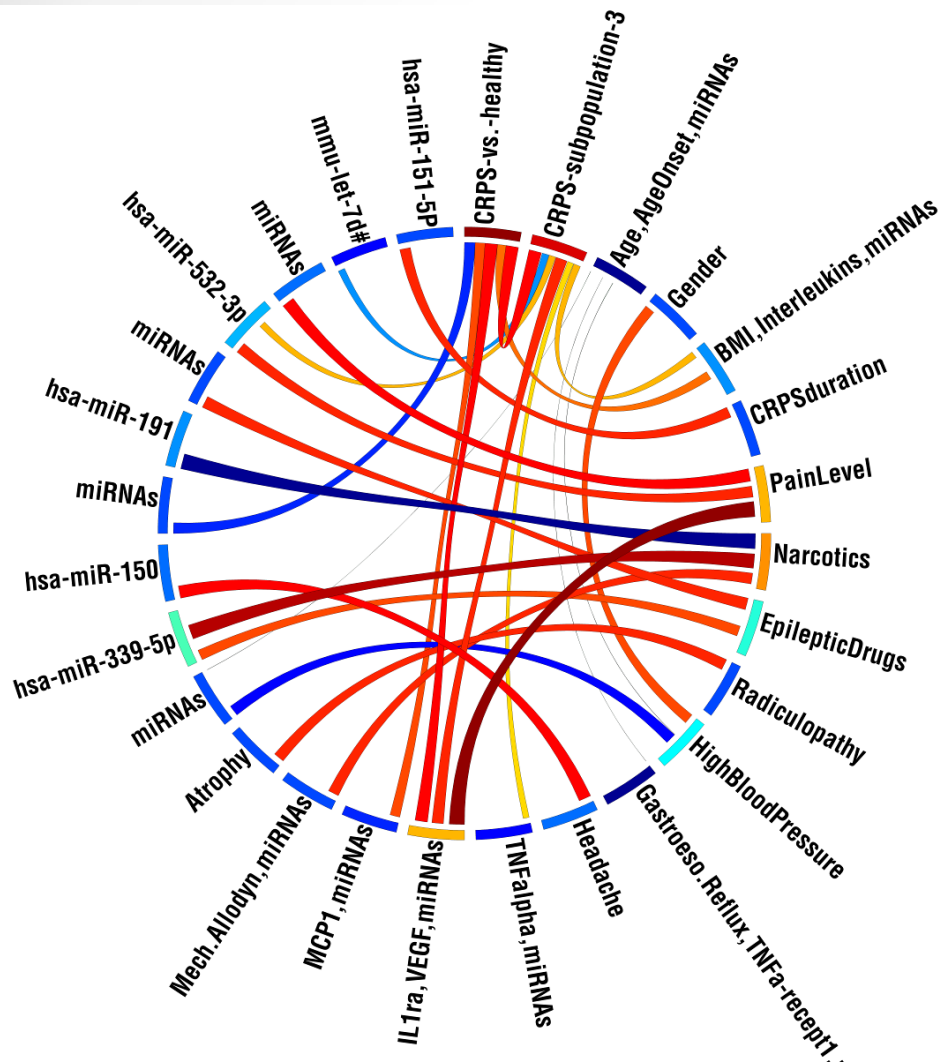
Bioinformatics prediction by TargetScan and/or miRBase



<b>TNF-<math>\alpha</math></b>	tumor necrosis factor alpha
<b>TNFAIP1</b>	Tumor necrosis factor alpha induced protein 1
<b>iNOS</b>	Inducible nitric oxide synthase
<b>VEGFA</b>	vascular endothelial growth factor A
<b>IL-6</b>	interleukin-6
<b>NF<math>\kappa</math>B</b>	nuclear factor kappa B
<b>SCN4a</b>	Sodium channel, voltage-gated, type IV, alpha subunit
<b>OPRM1</b>	opioid receptor mu -1

**Rationale:** Modulating the levels of one miRNA capable of targeting several genes and can amplify a pro-inflammatory signal transduction cascade

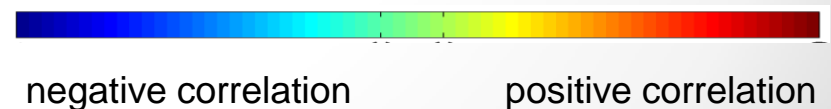
# Circos diagram showing the correlation of selected parameters and miRNAs



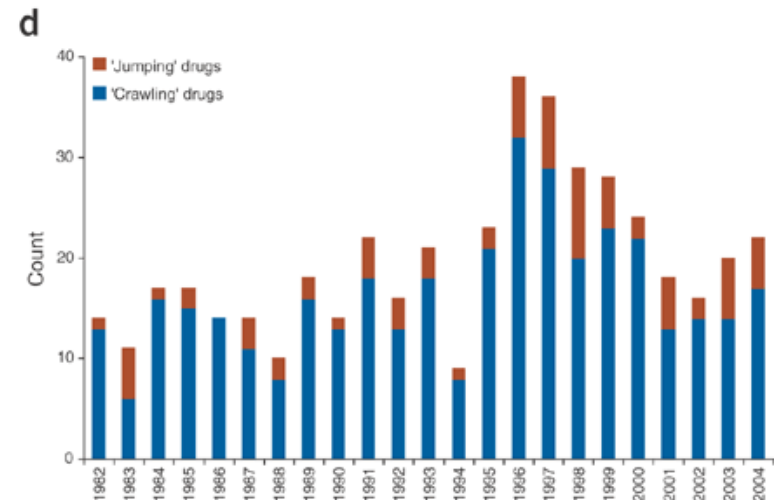
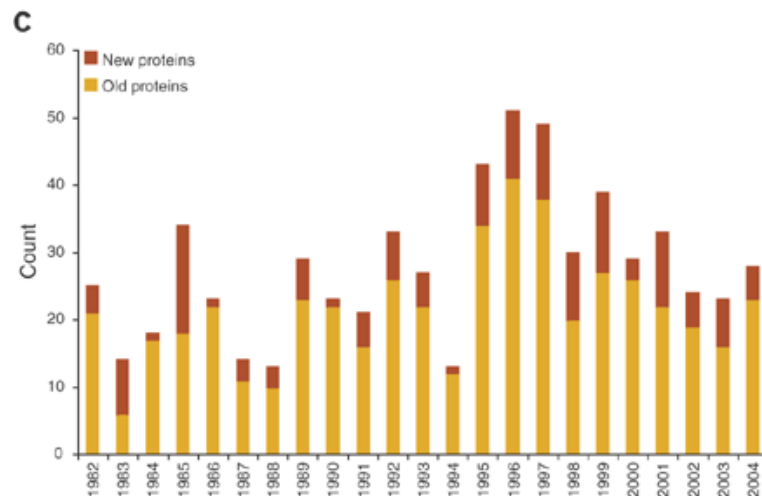
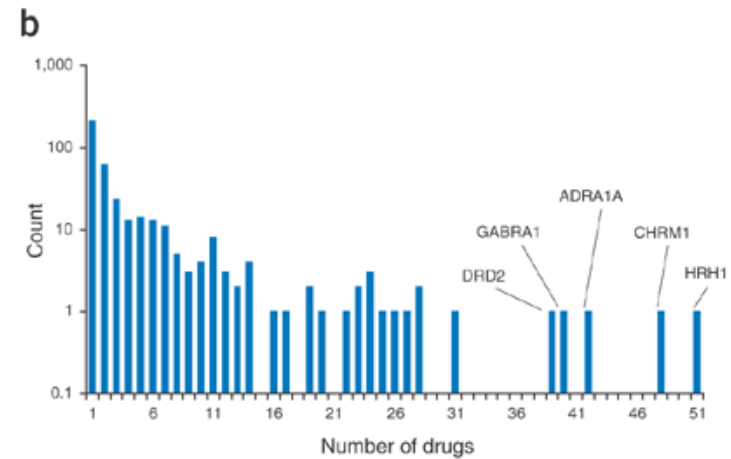
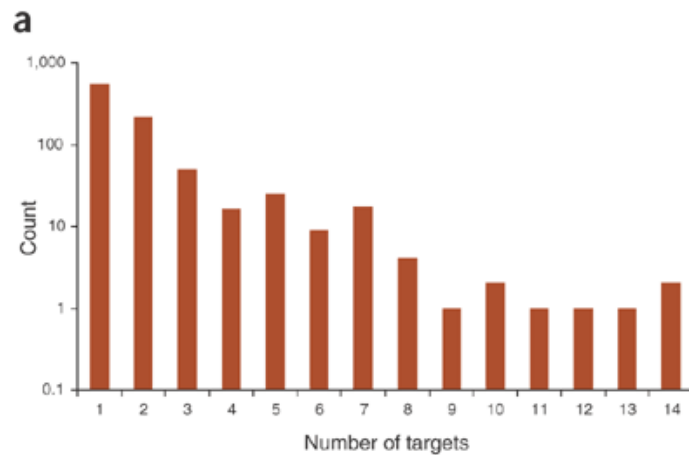
The nodes along the circle are colored by the total strength of correlation of the corresponding variable

Strong negative correlations shown in dark blue (e.g., narcotics vs. hsa-miR-191).

Strong positive correlations are shown in dark red (e.g., pain level vs. “IL1Ra, VEGF, miRNAs”)



# Distribution of Drugs and Drug Targets





# Polypharmacology

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“The experimental and computational tools of systems biology, network pharmacology and chemical biology offer hope that combinations of two or more targets can be identified which when modulated would be predicted to lead to a greater beneficial effect on disease compared with targeting a single protein”.

*J.G. Cumming et al. Potential strategies for increasing drug-discovery productivity. Future Med. Chem. 2014, 6: 515-527.*

# Multi-target Approaches, Systems and Network Pharmacology

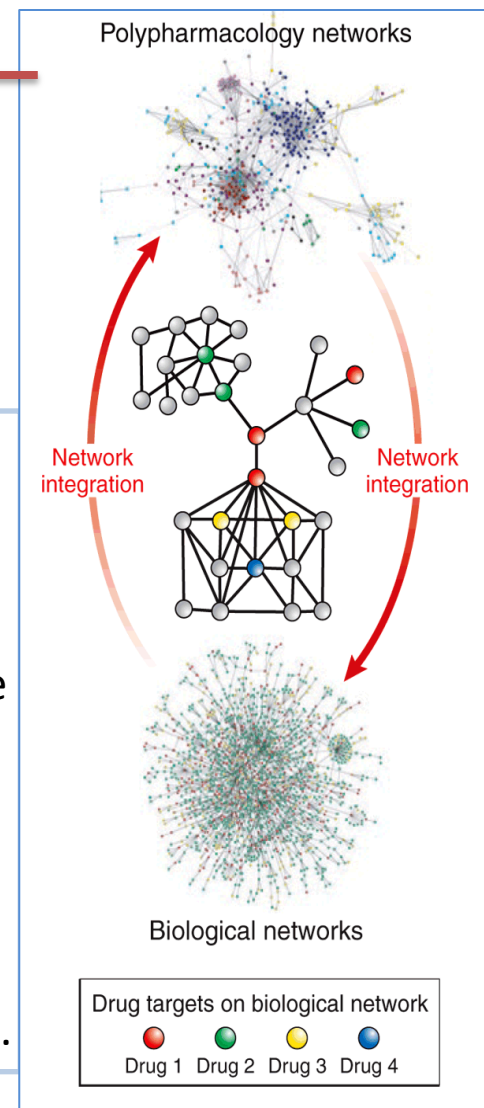
Multitarget drug discovery projects  
in CNS diseases: quantitative systems  
pharmacology as a possible path forward

Hugo Geerts & Ludo Kennis, 2014 **Future  
Medicinal  
Chemistry**

Systems Pharmacology: An opinion on how to turn  
the impossible into grand challenges

Hans V. Westerhoff<sup>1,2,3,\*</sup>,  
Shintaro Nakayama<sup>2</sup>, Thierry D.G.A. Mondeel<sup>1</sup>, Matteo Barberis<sup>1</sup>

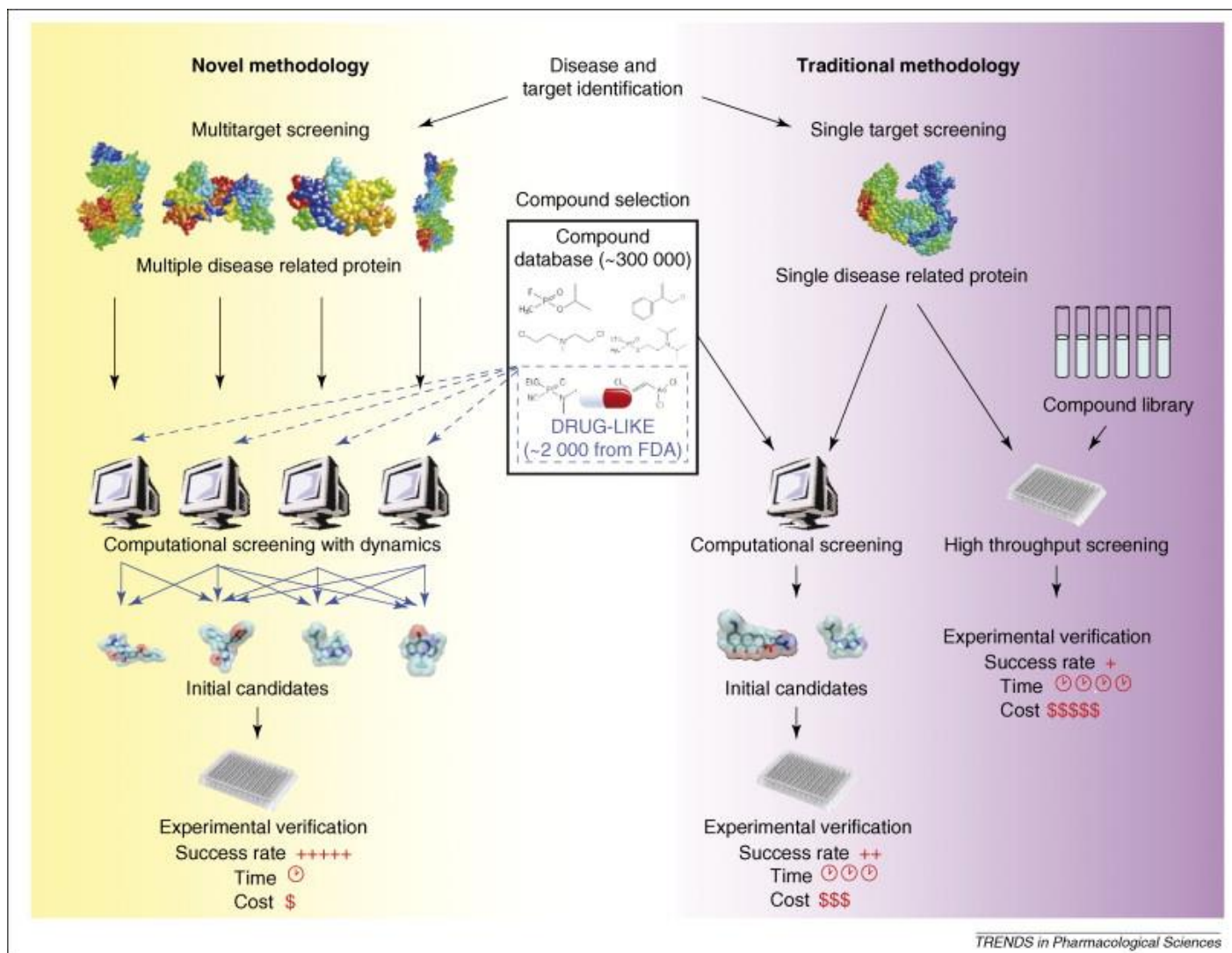
A pharmacology that hits single disease-causing molecules with a  
Single drug ... is not going to be effective ... a great many diseases are  
systems biology diseases; complex networks of some hundred  
thousand types of molecule, determine the functions that constitute  
human health, through nonlinear interactions. Malfunctions are  
caused by a variety of molecular failures at the same time; rarely the  
same variety in different individuals ... Few molecules cause disease  
single-handedly and few drugs will cure the disease all by themselves.



Drug Discovery Today: Technologies, 2015

Hopkins Nat. Biotech., 2007

# Computational Multi-target Screening



## Four Lessons from Global Health Drug Discovery: Medicine for an Ailing Industry?

Richard L. Elliott\*

Bill & Melinda Gates Foundation, P.O. Box 23350, Seattle, Washington 98102, United States

**ABSTRACT:** In recent years, the pharmaceutical industry has faced many challenges to its business model, undergoing tremendous change and turmoil to survive. Are there any lessons to be drawn from drug discovery focused on Global Health, where there is little market incentive?

Yogi Berra: “We made too many wrong mistakes”

Richard L. Elliott: “We are not very good at picking drug targets”

Lesson #1: Go after compounds, not targets.

Lesson #2: Some things, such as chemical libraries and HTS hits should be pre-competitive.

Lesson # 3: Be open-minded and not afraid to take risks.

Lesson #4: Have a long-term strategic vision and stick with it.

# General Conclusions

---

- Drug discovery and development starts with identification of the target
- There are a variety of ways to attempt to validate the target and increase the probability of success
- Target-based approaches along with phenotypic approaches both provide valuable information
- Most diseases and disorders are complex and single target approaches are not always viable or successful; means to develop multi-targeted approaches using computational and network biology are of growing importance
- Complex, heterogeneous diseases and disorders require a systems biology approach. There is patient heterogeneity, different etiology diverse comorbidities - all requiring the need for more integrative approaches to understanding the pathophysiology and the application of effective pharmacology

**Thank you!**



**May you live a long pain-free life**

# **Improving Productivity in Pharmaceutical Research and Development: The Role of Clinical Pharmacology and Experimental Medicine**

Center for Health Policy  
The Brookings Institution

The Embassy Row Hotel • Washington, DC  
July 28, 2015

# Optimizing Target & Compound Selection- Nonclinical Safety Perspective

Karen Davis-Bruno PhD

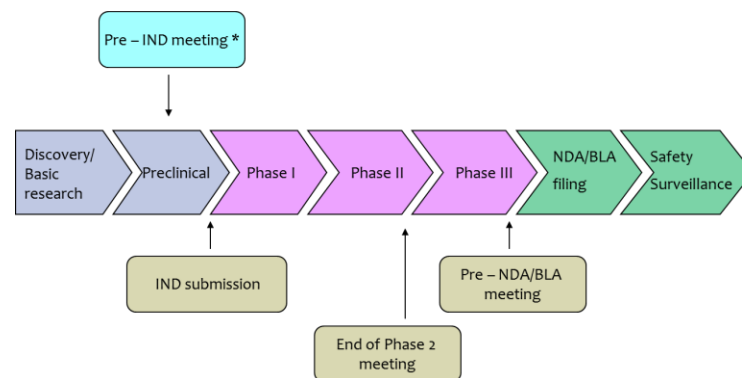
FDA/CDER/OND

Associate Director Pharmacology  
& Toxicology



# Supportive Nonclinical Studies

- Pharmacology/Safety pharmacology
- Repeat dose toxicity (rodent, non-rodent)
  - Test species based on human PD/PK similarity
- Genotoxicity (in vitro, in vivo)
- Developmental & Reproductive (DART)
  - Fertility
  - Embryo-fetal developmental
  - Pre-/Post-natal development
- Carcinogenicity



# Adequate Nonclinical Studies Provide

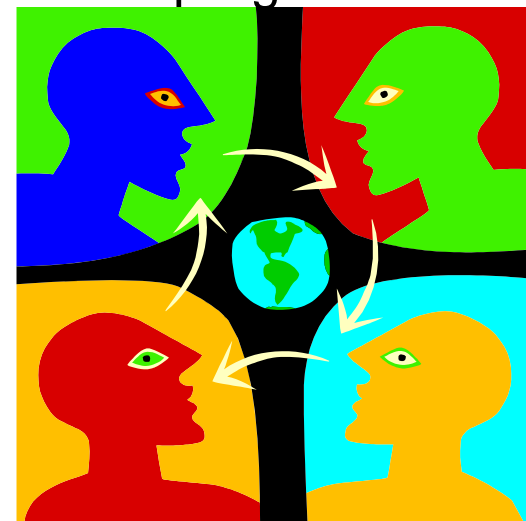
- Understanding of MOA
- Establish exposure (dose) response relationship
- Relationship to duration & extent of systemic exposure
- Identification of target organs & characterization of toxic effects
- Assess potential reversibility of toxic effects
- Extrapolate to potential human risk
- Estimate safe starting dose/regimen, route for clinical trials including FIH [21 CFR 312.23(a)(8)]
- Identify parameters for clinical safety monitoring & guide patient eligibility
- Assist in management of risk

# Nonclinical Paradigm Shift

- From observational/reactive approach
  - Animal toxicity to mechanistic risk assessment
  - Selection for safety (no risk approach)
  - Limited candidate selection for development
- Into an integrative predictive/proactive approach
  - MOA/-Omics/in silico/in vitro/in vivo
  - Verify and confirm approach to risk assessment
  - Management of product risk

# Changing the nonclinical development paradigm

- Reinforce knowledge of efficacy:
    - Pharmacodynamics
      - Biology-receptors/signal transduction cascades (cross talk), molecular target involvement in disease, disease progression & human variability
    - Pharmacokinetics
      - Target distribution
      - Exposure (dose) response
  - Reinforce knowledge of safety:
    - Understand species differences
    - Models with improved human predictivity
  - Improve multidisciplinary interactions cross-talk & advances
- ❖ Personalized medicine experience: Humans don't always predict humans because they differ in their response to therapeutics



# High Attrition Rates-Why?

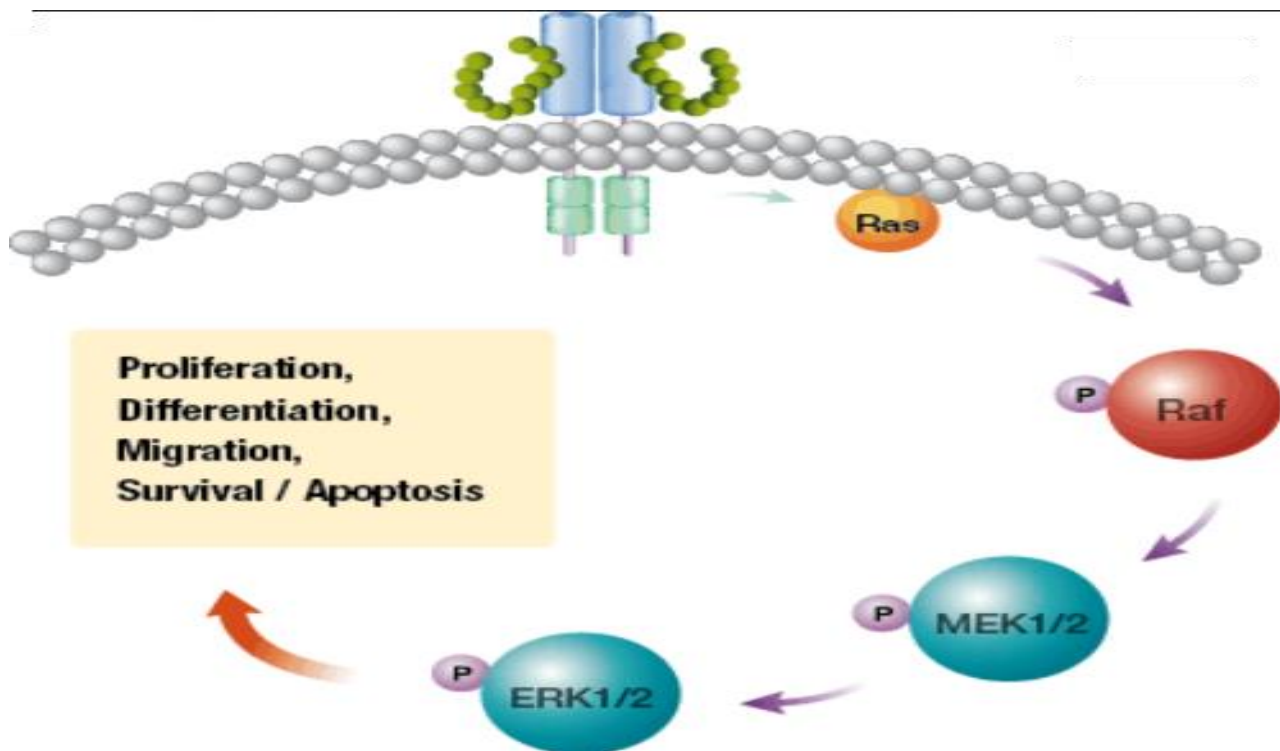


- Insufficient screening for lead candidates
- Inadequate clinical paradigms
- Inadequate predictivity of POC/safety from nonclinical models
  - Healthy, normal animal model used for predictivity
  - Susceptibility/sensitivity of model & patient population
    - Comorbidities e.g. contractility, cardiomyopathy not readily identified
- Customize tox studies to better address these factors
  - Better use of secondary pharm follow-up MOA
- Effective management of risk rather than predictivity for no risk
  - More candidates for development, less attrition

## Case Study-Anti-Cancer MEK Inhibitors

Ras proteins can activate signaling pathways that lead to cell proliferation, differentiation, migration, survival, and apoptosis.

Researchers are testing drugs that target the MEK protein, which acts downstream from Ras, to disrupt cancer cell growth and survival.



Useful mechanism for developing oncology drugs

# Risk/Benefit MEK Inhibitors

- Kinase inhibitors CV adverse effects despite favorable anti-cancer risk/benefit
  - Age, co-morbidity risk of CV events
- Use of secondary pharmacology
  - MEK I associated with HF
  - Normal animal model for general toxicity
    - *Don't incorporate comorbidity factor of concern*
  - Normotensive Wistar rat + MEK I results in LVF decrement by echocardiography but variable response
  - Spontaneously hypertensive rat (SHR) have a decrement in LV ejection fraction at baseline compared to Wistar + MEK I results in robust, uniform ↓ LVF
  - If hypertension is a ppt factor for ↓LVF induced by MEK I can you control BP and avoid ΔLVF?
    - Lisinopril (ACE I) will normalize BP in SHR & prevent ↓LVF

# **Improving Productivity in Pharmaceutical Research and Development: The Role of Clinical Pharmacology and Experimental Medicine**

Center for Health Policy  
The Brookings Institution

The Embassy Row Hotel • Washington, DC  
July 28, 2015





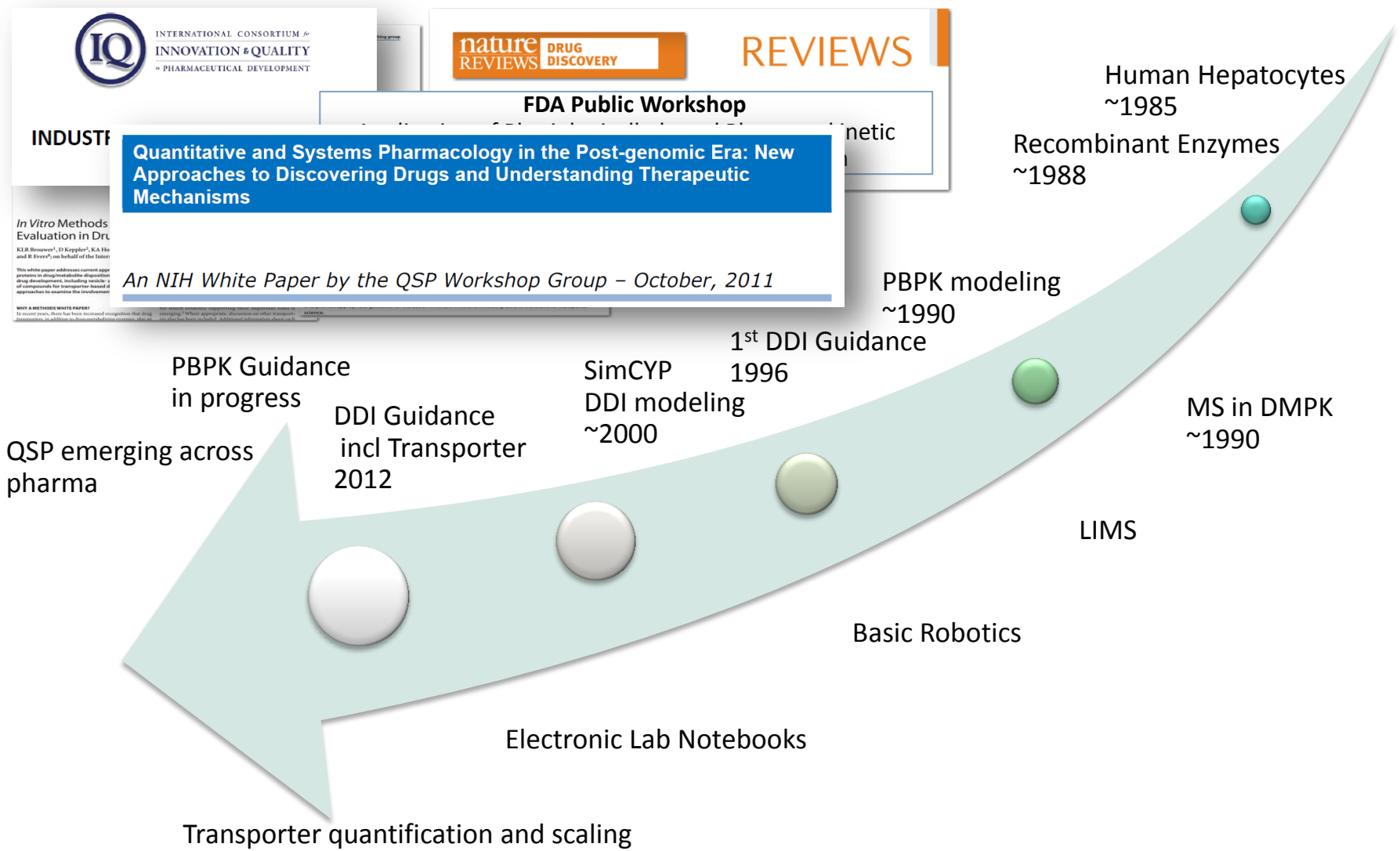
# Optimizing Target and Compound Selection to Enhance Early Stage Decision-Making

Volker Fischer

July, 2015

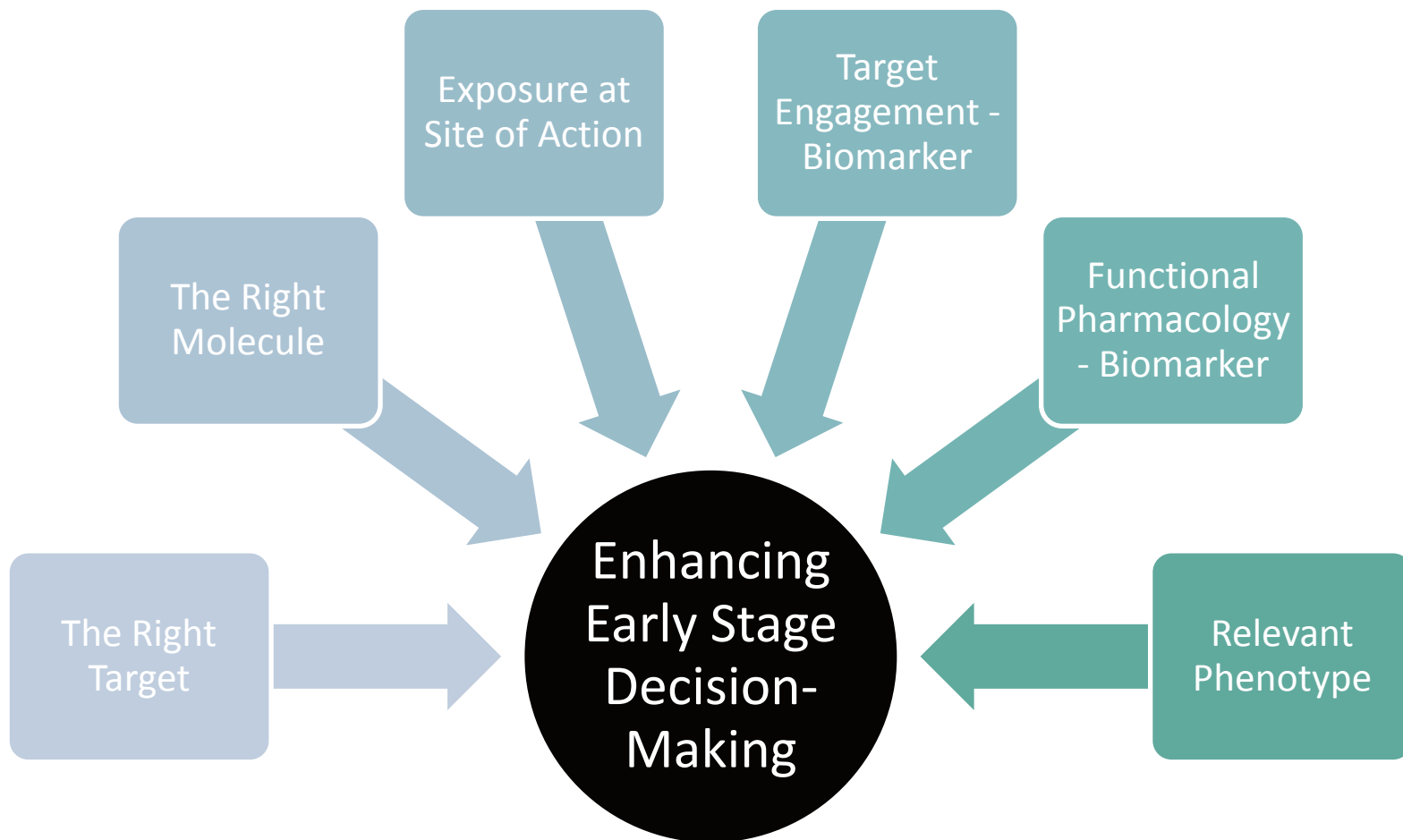


# Progress in Science and Technology Enables Mechanistic Understanding and Quantitative Translational Modeling and Decisions

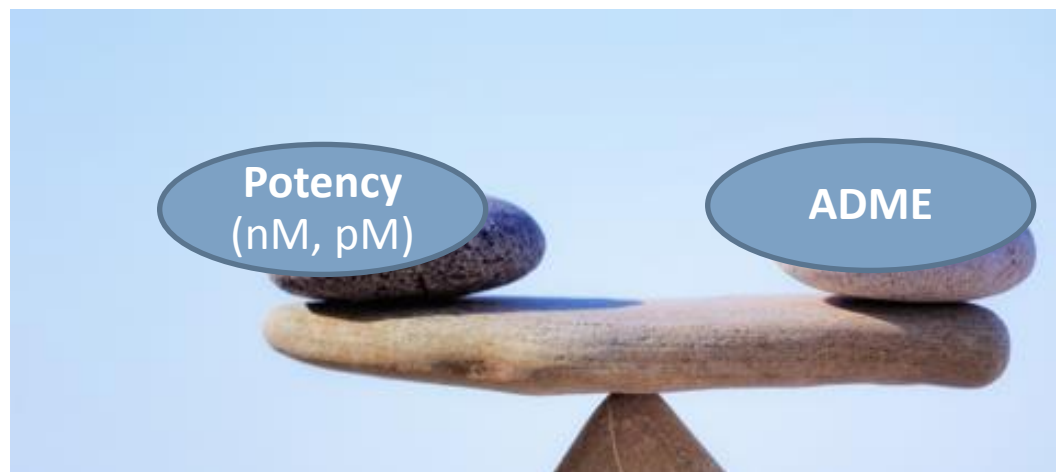


# Key Scientific Questions for Early Decision-Making

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# The Right Compound – Balancing Potency and ADME for Lowest Dose

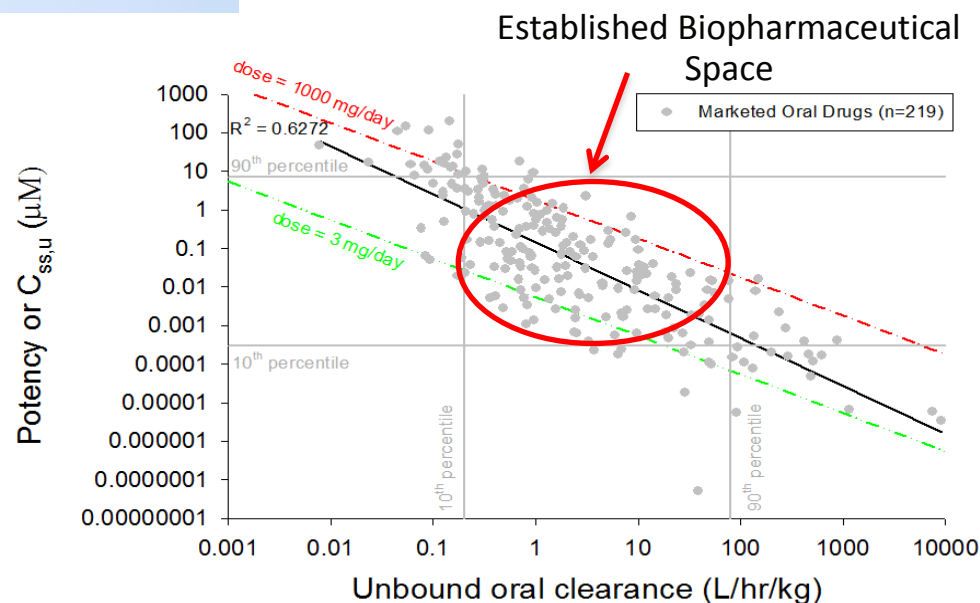


$$\text{Efficacious dose} \propto \frac{\text{AUC}_{\text{eff,u}} \times \text{CL}_{\text{int,u}} \times \text{target tissue impairment}}{f_a \times f_g}$$

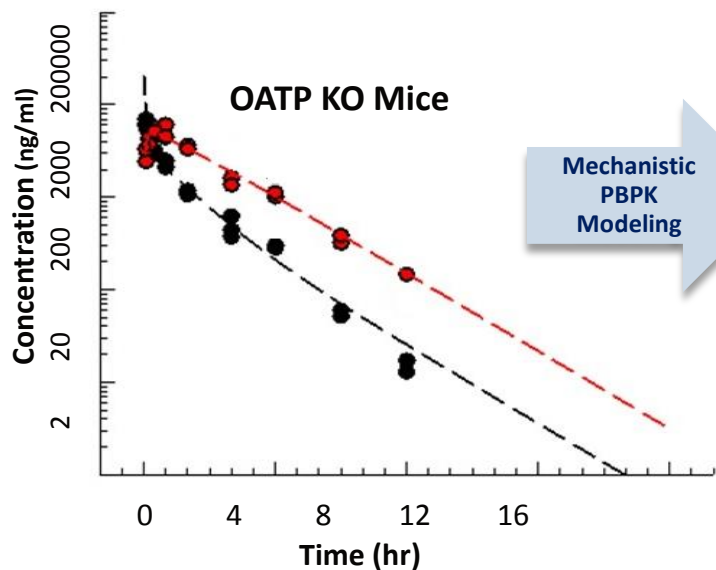
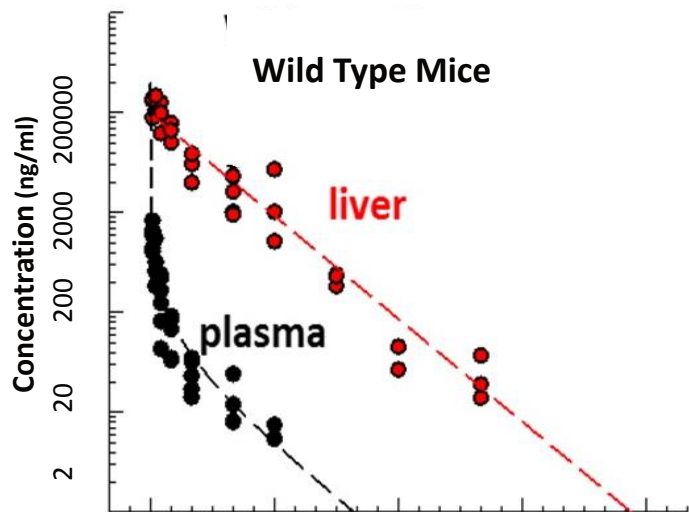
## High Throughput Screen:

- Dissolution
- Permeability
- Unbound Clearance

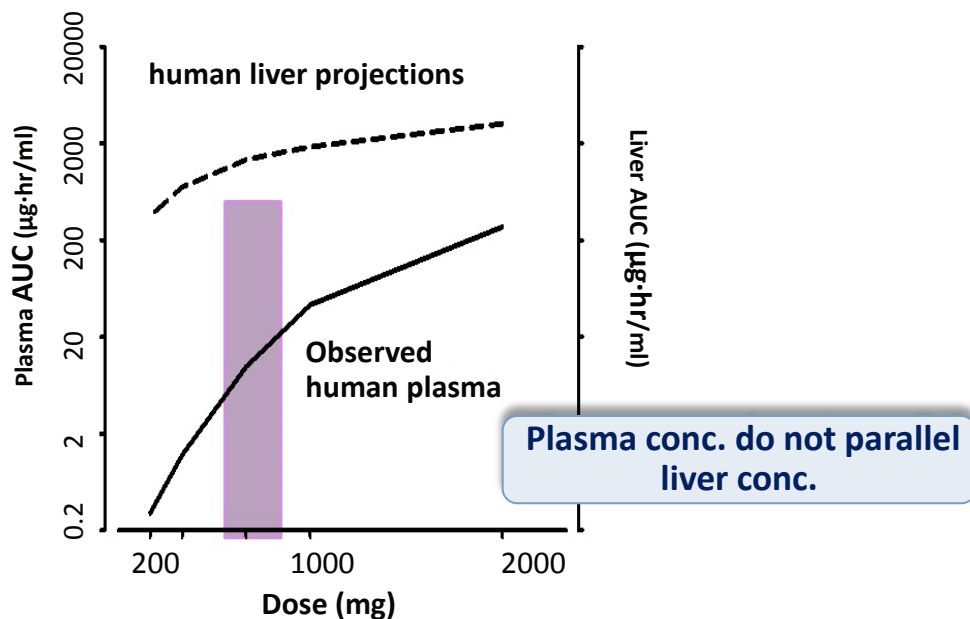
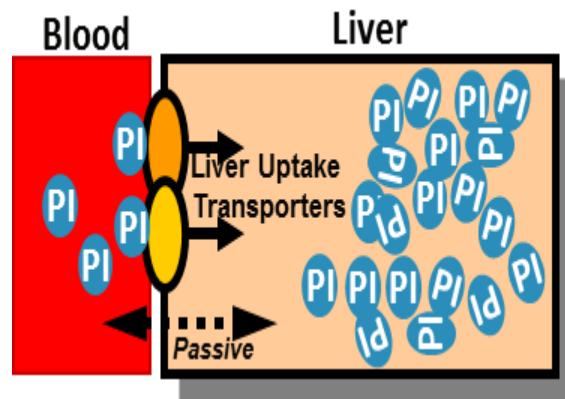
- Increased productivity due to standardized work-flow
- More compounds in drug-like space
  - 2009-2010= 62%
  - 2011-2013= 86%



# Exposure at Site of Action – Human Dose Predictions by PBPK Based on Projected Liver Concentrations

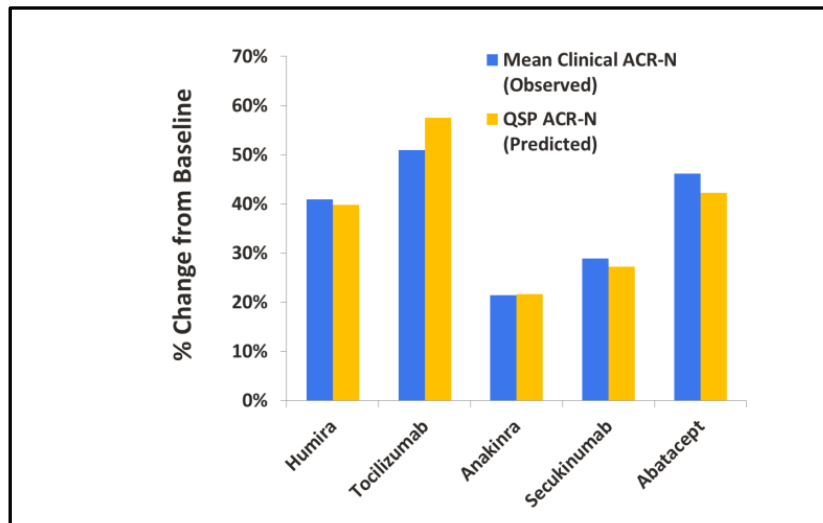


Mechanistic  
PBPK  
Modeling



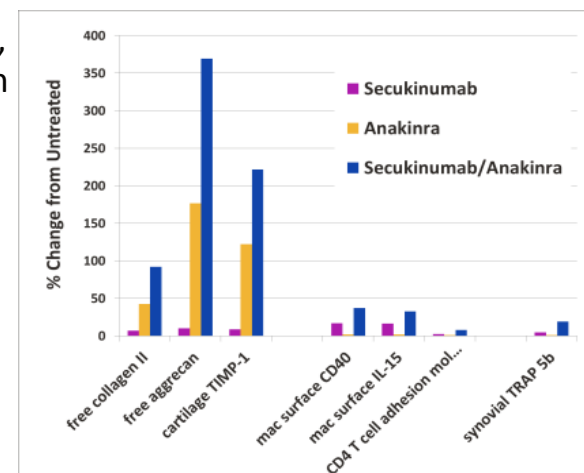
# The Right Target and Target Engagement – Identification of Potential Synergy and Biomarkers of Combination Therapy by Quantitative Systems Pharmacology (QSP). IL-1 $\beta$ /IL-17 Case Study.

## Model Qualification

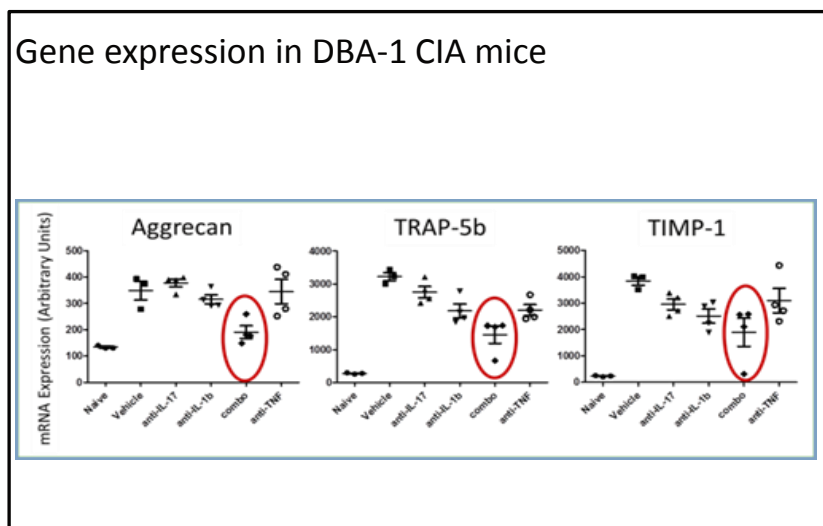


## Biomarker Identification:

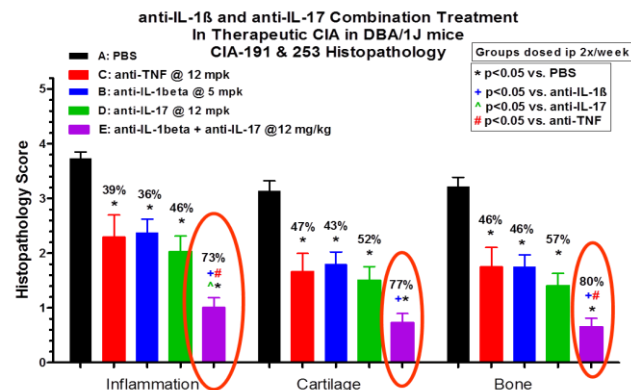
-free collagen,  
-free aggrecan  
-TIMP-1



## Gene expression in DBA-1 CIA mice



## In Vivo Pharmacology: Combination shows significant effect on inflammation, cartilage and bone



abbvie



# **Improving Productivity in Pharmaceutical Research and Development: The Role of Clinical Pharmacology and Experimental Medicine**

Center for Health Policy  
The Brookings Institution

The Embassy Row Hotel • Washington, DC  
July 28, 2015

*Improving productivity in pharmaceutical research and development*  
*Brookings, Washington DC, 28<sup>th</sup> July 2015*

# Session 1: Optimizing target and compound selection to enhance early stage decision-making

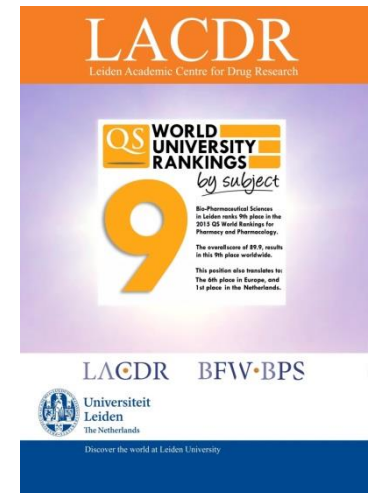
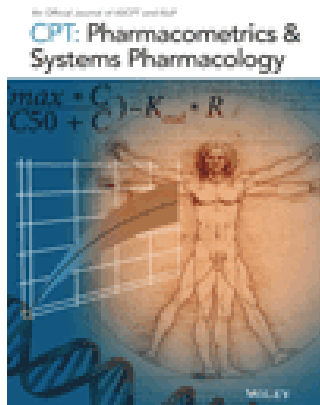
**PERSPECTIVE**  
**Piet van der Graaf**

*Editor-in-Chief*

*CPT: Pharmacometrics & Systems Pharmacology*    *Leiden Academic Centre for Drug Research (LACDR)*

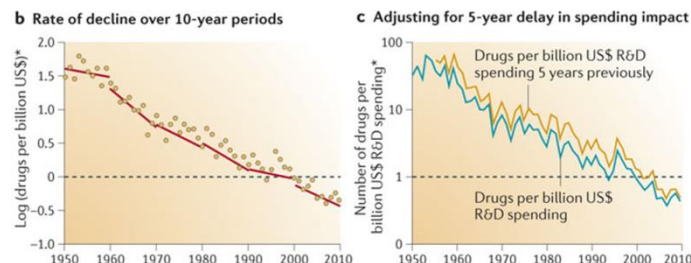
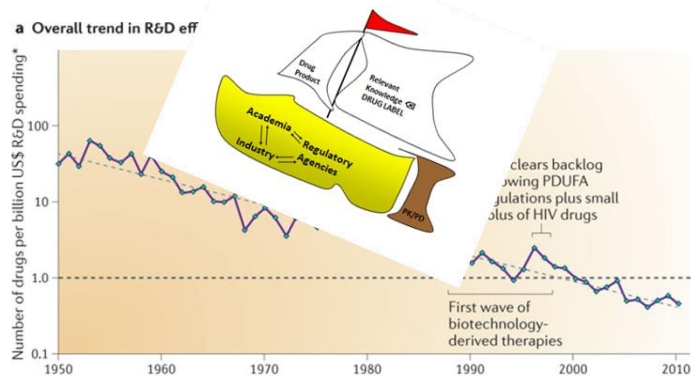
[pspeditor@ascpt.org](mailto:pspeditor@ascpt.org)

[p.vandergraaf@lacdr.leidenuniv.nl](mailto:p.vandergraaf@lacdr.leidenuniv.nl)



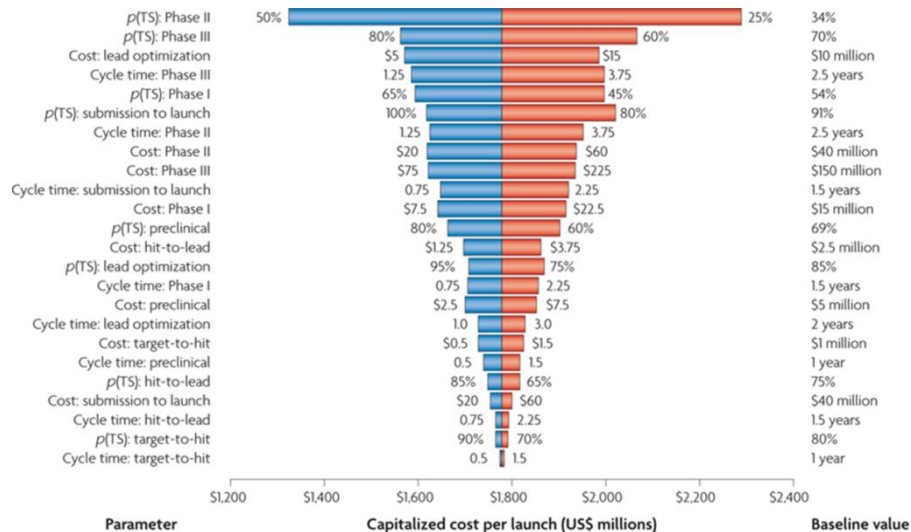
# LACDR

 **XenologiQ**  
[piet@xenologi.com](mailto:piet@xenologi.com)



## Analysis of drug failures underscores value of robust phase 2 testing

NATURE MEDICINE VOLUME 18 | NUMBER 4 | APRIL 2012



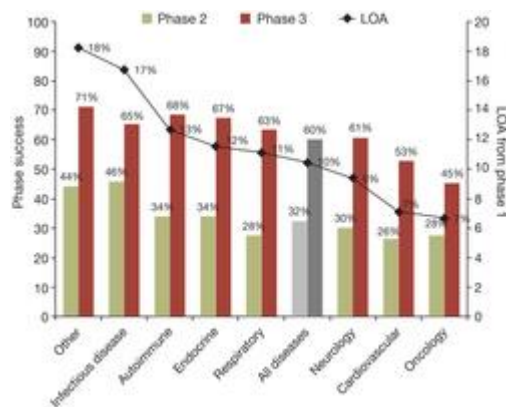
Paul et al., March 2010

Nature Reviews | Drug Discovery

Scannell et al.

Nature Reviews | Drug Discovery

Nature Reviews Drug Discovery 11, 191-200 (March 2012)



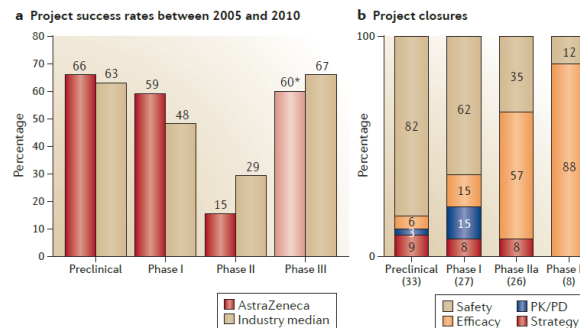
Hay et al., Nature Biotech. 2014

## OUTLOOK

VOLUME 13 | JUNE 2014 | 419

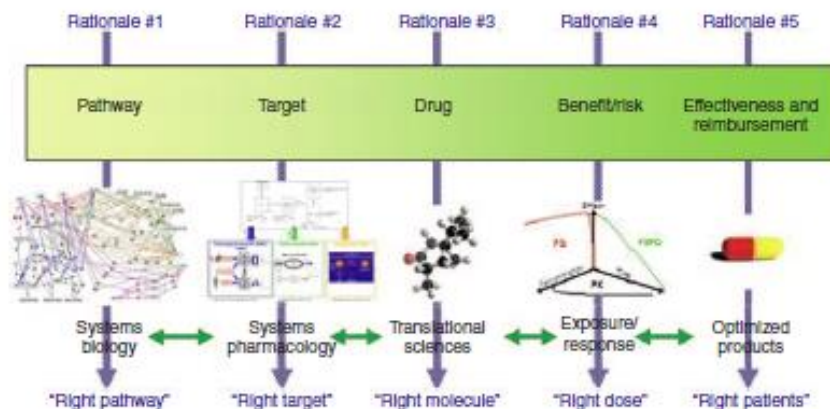
## Lessons learned from the fate of AstraZeneca's drug pipeline: a five-dimensional framework

David Cook, Dearg Brown, Robert Alexander, Ruth March, Paul Morgan, Gemma Satterthwaite and Menelas N. Pangalos

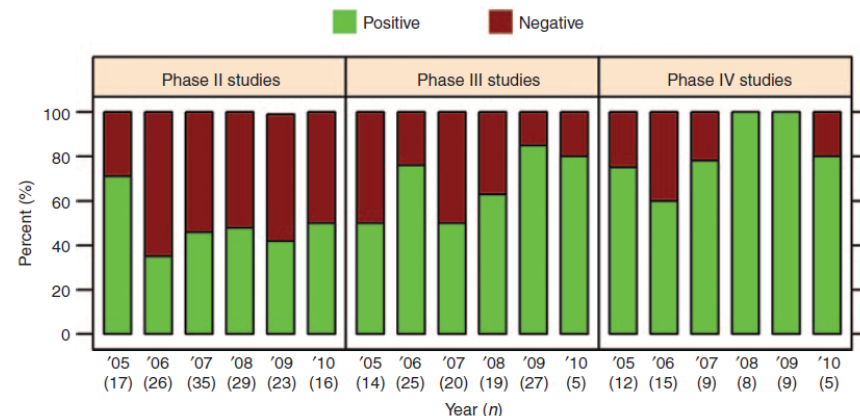


# Model-Based Drug Development: A Rational Approach to Efficiently Accelerate Drug Development

PA Milligan<sup>1</sup>, MJ Brown<sup>2</sup>, B Marchant<sup>3,10</sup>, SW Martin<sup>1</sup>, PH van der Graaf<sup>4,1</sup>, N Benson<sup>4,11</sup>, G Nucci<sup>5</sup>, DJ Nichols<sup>5</sup>, RA Boyd<sup>6</sup>, JW Mandema<sup>7</sup>, S Krishnaswami<sup>6</sup>, S Zwillich<sup>8</sup>, D Gruben<sup>2</sup>, RJ Anziano<sup>2</sup>, TC Stock<sup>9</sup> and RL Lalonde<sup>6</sup>



The evolution of model-based drug development (MBDD). Adapted from ref. 2.



## Definition of the three Pillars of survival

For a development candidate to have potential to elicit the desired effect over the necessary period of time, three fundamental elements need to be demonstrated:

- Exposure at the target site of action over a desired period of time
- Binding to the pharmacological target as expected for its mode of action
- Expression of pharmacological activity commensurate with the demonstrated target exposure and target binding

## Can the flow of medicines be improved? Fundamental pharmacokinetic and pharmacological principles toward improving Phase II survival

Drug Discovery Today • Volume 17, Numbers 9/10 • May 2012

Paul Morgan<sup>1</sup>, Piet H. Van Der Graaf<sup>1,2</sup>, piet.van.der.graaf@pfizer.com, John Arrowsmith<sup>3</sup>, Doug E. Feltner<sup>4</sup>, Kira S. Drummond<sup>5</sup>, Craig D. Wegner<sup>6</sup> and Steve D.A. Street<sup>7</sup>

# Translational PKPD and Systems Pharmacology to improve Phase 2 success

*Confidence in Proof of Concept*

*Confidence in Compound*

*Confidence in Target*

*Pharmacokinetics-  
Pharmacodynamics*

*Systems Pharmacology*

*Target  
Exposure*

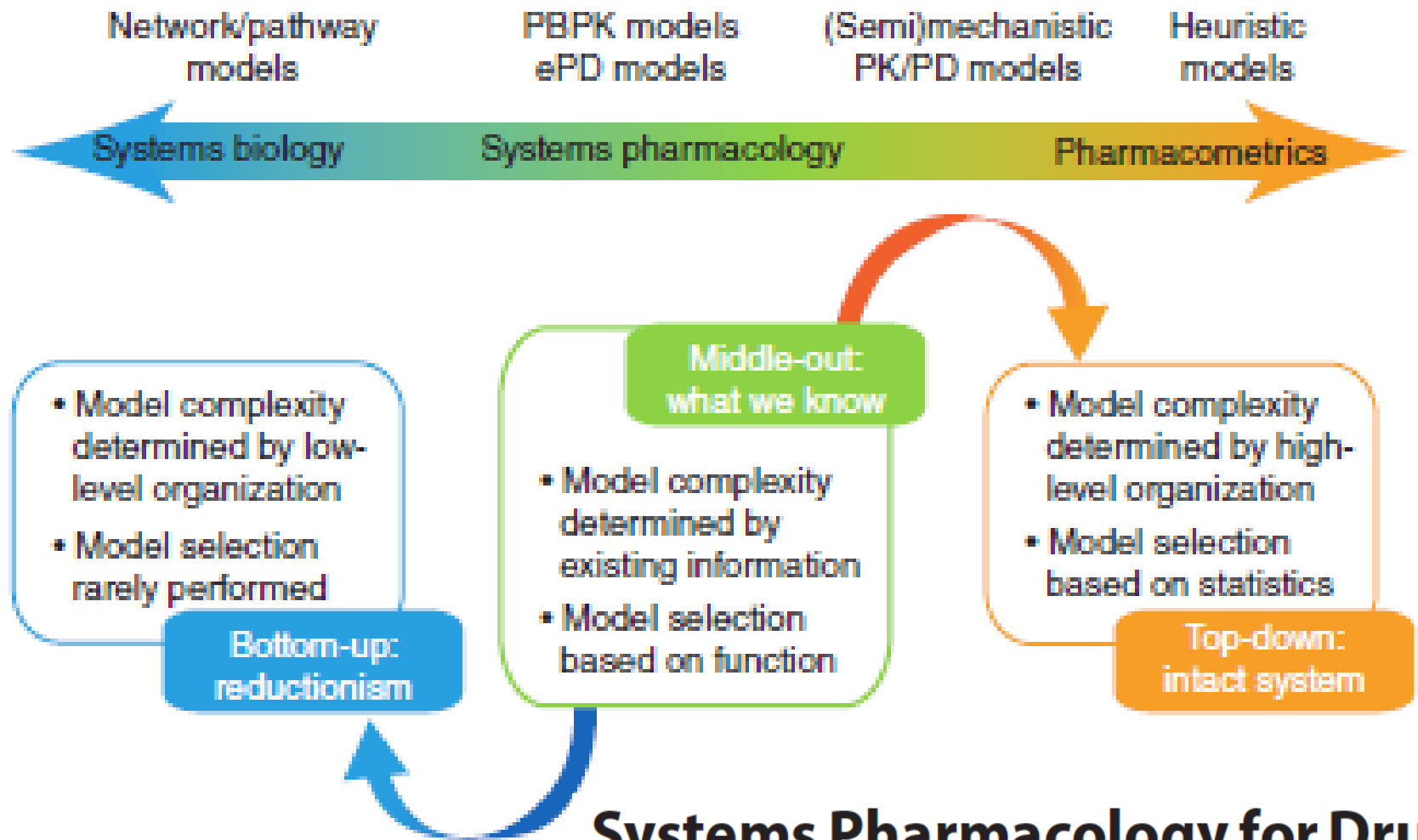
*Target  
Engagement*

*Target  
Modulation*

*Pathway  
Modulation*

*(Patho)-  
Physiological  
Regulation*

*Disease  
Modification*



## Systems Pharmacology for Drug Discovery and Development: Paradigm Shift or Flash in the Pan?

# QSP IMPLEMENTATION: Some Points for discussion

## 1. Why, What & When:

- Define the question and potential impact
- Scope and Timing

## 2. How:

- Training and Education
- New data requirements
  - *Biomarkers*
  - *Biomeasures*
- Model validation
- (Precompetitive) collaboration
  - *Models*
  - *Databases*



# QSP IMPLEMENTATION: Some Points for discussion

## 1. Why, What & When:

- Define the question and potential impact
- Scope and Timing

Mathematical Pharmacology  
from 30 Nov 2015 through 4 Dec 2015

Venue: Lorentz Center@Snellius



• Description and aim of the workshop

• Registration form

• Participants

• Scientific organizers:  
Gianne Derks (Guildford, United Kingdom)   
Pinky Dua (Cambridge, United Kingdom)   
Piet Hein van der Graaf (Leiden, The Netherlands)   
Coen van Hasselt (Leiden, The Netherlands)   
Vivi Rottschäfer (Leiden, The Netherlands)

• Workshop Coordinator: Aïmée Reinards, Tel: 071 5275400

Organizational Log-in (restricted)

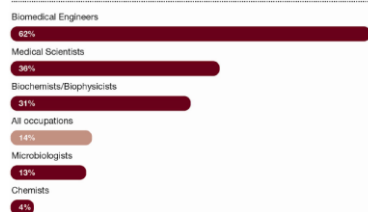
## 2. How:

- Training and Education

PwC Health Research Institute

**New chemistry:**  
*Getting the biopharmaceutical  
talent formula right*

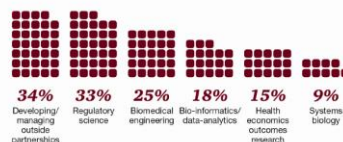
Figure 2: Projected US job growth for biomedical sciences (2010-2020).



Source: Bureau of Labor Statistics

**The life sciences industry is looking for new skills among scientists.**

Figure 3: Developing and managing outside partnerships is the most important R&D skill sought by IRT.



Respondents: Very important

Source: IRT survey on human capital in the health industries, 2012

From: [owner-nmusers@globomaxnm.com](mailto:owner-nmusers@globomaxnm.com) on behalf of P. van der Graaf, P.H. van der <p.vandergaaf@lacadrenuniv.nl>  
To: [nmusers@globomaxnm.com](mailto:nmusers@globomaxnm.com)  
Cc:  
Subject: [NMusers] OPENINGS IN COMPUTATIONAL DRUG DISCOVERY & DEVELOPMENT AT LACDR

LACDR

The Leiden Academic Centre for Drug Research (LACDR) is a leading institute dedicated to cutting-edge research and education in drug discovery and development. In the 2015 QS World University Rankings, LACDR is ranked 1st worldwide in the field of Pharmacy and Pharmacology. LACDR has a world-leading reputation in the field of translational, mechanism-based pharmacokinetic-pharmacodynamic (PKPD) modelling as well as the areas of systems pharmacology, metabolomics, medicinal chemistry, biology and toxicology. Building on this basis we are expanding further into computational areas related to Pharmacology, Bioinformatics and Systems Biology. In light of this strategic growth in Computational Drug Discovery & Development, we are continuously looking for top talent to strengthen our research and education and currently have the following openings:

ASSISTANT PROFESSOR COMPUTATIONAL SYSTEMS PHARMACOLOGY

<http://werkenbij.leidenuniv.nl/vacatures/wetenschappelijke-functies/15-207-vacature-universiteit-leiden-assistant-professor-computational-systems-pharmacology.html>

POSTDOC COMPUTATIONAL BIOLOGY

<http://werkenbij.leidenuniv.nl/vacatures/wetenschappelijke-functies/15-194-vacature-universiteit-leiden-postdoc-in-computational-biology.html>

POSTDOC MATHEMATICAL PHARMACOLOGY

<http://werkenbij.leidenuniv.nl/vacatures/wetenschappelijke-functies/15-169-vacature-universiteit-leiden-postdoc-mathematical-pharmacology.html>

POSTDOC QUANTITATIVE CLINICAL PHARMACOLOGY

<http://werkenbij.leidenuniv.nl/vacatures/wetenschappelijke-functies/15-212-vacature-universiteit-leiden-postdoc-quantitative-clinical-pharmacology.html>

PHD COMPUTATIONAL BIOLOGY

<http://werkenbij.leidenuniv.nl/vacatures/phd-posities/15-193-vacature-universiteit-leiden-phd-candidate-in-computational-biology.html>

PHD QUANTITATIVE CLINICAL PHARMACOLOGY

<http://werkenbij.leidenuniv.nl/vacatures/phd-posities/15-213-vacature-universiteit-leiden-phd-candidate-in-quantitative-clinical-pharmacology.html>

PHD COMPUTATIONAL CHEMISTRY

<http://werkenbij.leidenuniv.nl/vacatures/phd-posities/15-209-vacature-universiteit-leiden-phd-candidate-computational-chemistry.html>

# QSP IMPLEMENTATION: Some Points for discussion

## 1. Why, What & When:

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## 2. How:

- Training and Education
- New data requirements
  - *Biomarkers*
  - *Biomeasures*

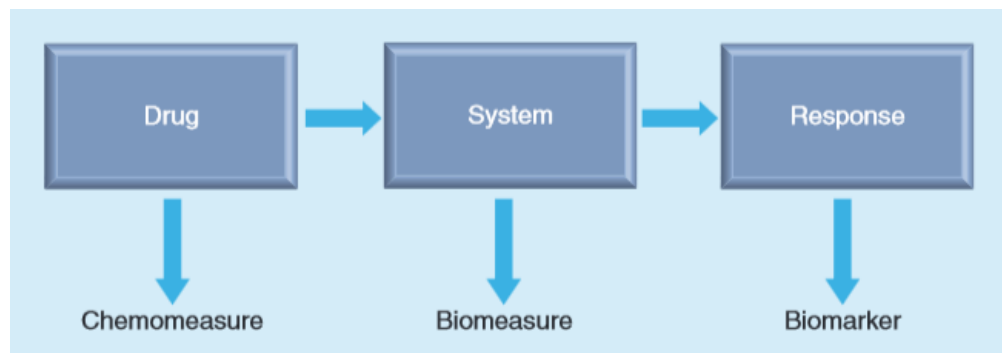
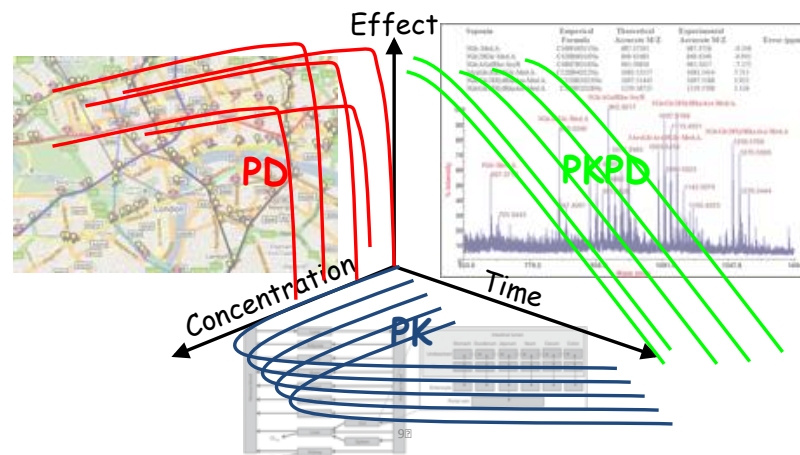


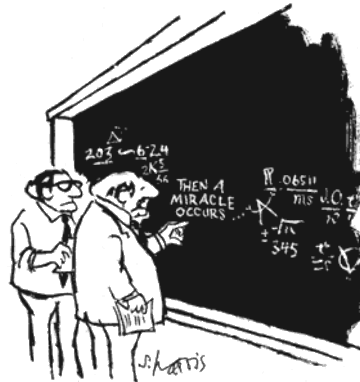
Figure 1. Three types of measures underpinning the development of

## Multivariate PBPK-PD



## 1. Why,

- De
- Sc



"I THINK YOU SHOULD BE MORE EXPLICIT HERE IN STEP TWO."

*Models are psychologically most appealing when they succeed, but logically strongest when they fail*

After Yates (1978), *Am. J. Physiol.* 3, R159-160



*...all models are wrong, but some are useful*



*Wrong models are most useful?*

*Biomeasures*

- Model validation
- (Precompetitive) collaboration
  - *Models*
  - *Databases*



Citation: *CPT Pharmacometrics Syst. Pharmacol.* (2014) 3, e101; doi:10.1038/psp.2013.77  
© 2014 ASCPT. All rights reserved 2163-8306/14  
www.nature.com/psp

### PERSPECTIVE

## Evaluating Systems Pharmacology Models Is Different From Evaluating Standard Pharmacokinetic–Pharmacodynamic Models

B Agoram<sup>1</sup>

Based on the author's recent experience, there appears to be some confusion regarding the steps required to qualify a systems pharmacology model as adequate for the intended purpose. This manuscript outlines the model evaluation approach used in the author's recent publication<sup>1</sup> on the systems pharmacology of a 5-lipoxygenase inhibitor and is an attempt to generate discussion on this topic within the pharmacometrics and systems pharmacology community.

*CPT Pharmacometrics Syst. Pharmacol.* (2014) 3, e101; doi:10.1038/psp.2013.77; published online 19 February 2014

Citation: *CPT Pharmacometrics & Systems Pharmacology* (2013) 2, e48; doi:10.1038/psp.2013.28  
© 2013 ASCPT. All rights reserved 2163-8306/12  
www.nature.com/psp

### COMMENTARY

## Negative Modeling Results: A Dime a Dozen or a Stepping Stone to Scientific Discovery?

B Hendriks<sup>1</sup>

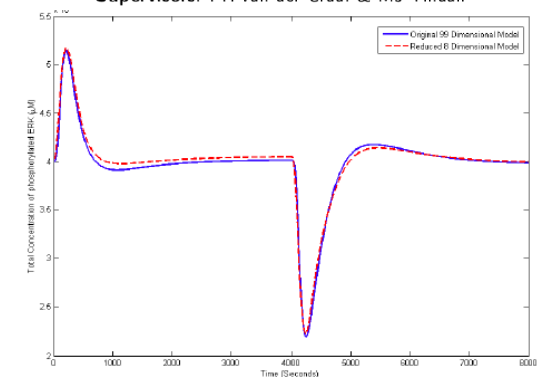
*CPT Pharmacometrics & Systems Pharmacology* (2013) 2, e48; doi:10.1038/psp.2013.28; advance online publication 12 June 2013

Systems pharmacology models, in general, tend to span multiple timescales bridging detailed mechanism with higher level responses or functional outputs. These features serve to put systems pharmacology models in a separate class that brings with it specific challenges, particularly in evaluating such work. When models are constructed on well-understood mechanisms but fail to match experimental data, in what cases should "negative modeling results" be considered scientific findings?

Summary of PhD Research

Tom Snowden

Supervisors: PH van der Graaf & MJ Tindall



# QSP IMPLEMENTATION

## Need for (precompetitive) collaboration

### MODELS

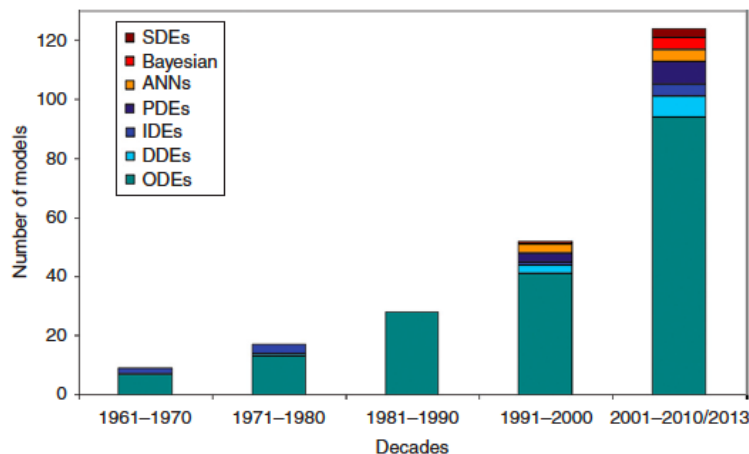
#### REVIEW

### The impact of mathematical modeling on the understanding of diabetes and related complications

I Ajmera<sup>1,2</sup>, M Swat<sup>1</sup>, C Laibe<sup>1</sup>, N Le Novère<sup>1,3</sup> and V Chelliah<sup>1</sup>

Diabetes is a chronic and complex multifactorial disease caused by persistent hyperglycemia and for which underlying pathogenesis is still not completely understood. The mathematical modeling of glucose homeostasis, diabetic condition, and its associated complications is rapidly growing and provides new insights into the underlying mechanisms involved. Here, we discuss contributions to the diabetes modeling field over the past five decades, highlighting the areas where more focused research is required.

*CPT: Pharmacometrics & Systems Pharmacology* (2013) 2, e54; doi:10.1038/psp.2013.30; advance online publication 10 July 2013



**Figure 2 Modeling approaches vs. the number of models in relation to diabetes and associated complications, over the past five decades.** There has been a significant increase in the number of models, as well as in the diversity of the modeling approaches applied toward addressing diabetes. ANNs, artificial neural networks; DDEs, delay differential equations; IDEs, integro-differential equations; ODEs, ordinary differential equations; PDEs, partial differential equations; SDEs, stochastic differential equations.

### DATABASES



**CPT: Pharmacometrics & Systems Pharmacology**  
An Official Journal of ASCPT and ISO

Open Access

#### Database - A New Article Type in *CPT: Pharmacometrics & Systems Pharmacology*

Lang Li<sup>1</sup> and Piet H. van der Graaf<sup>2</sup>

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**CPT: Pharmacometrics & Systems Pharmacology**  
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Citation: *CPT Pharmacometrics Syst. Pharmacol.* (2015) 00, 00; doi:10.1002/psp4.55  
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#### DATABASE

### Organ Impairment—Drug–Drug Interaction Database: A Tool for Evaluating the Impact of Renal or Hepatic Impairment and Pharmacologic Inhibition on the Systemic Exposure of Drugs

CK Yeung<sup>1,2</sup>, K Yoshida<sup>3</sup>, M Kusama<sup>4</sup>, H Zhang<sup>3</sup>, I Ragueneau-Majlessi<sup>2\*</sup>, S Argon<sup>2</sup>, L Li<sup>3</sup>, P Chang<sup>3</sup>, CD Le<sup>3</sup>, P Zhao<sup>3</sup>, L Zhang<sup>3</sup>, Y Sugiyama<sup>4</sup> and S-M Huang<sup>3\*</sup>

The organ impairment and drug–drug interaction (OI-DDI) database is the first rigorously assembled database of pharmacokinetic drug exposure data from publicly available renal and hepatic impairment studies presented together with the maximum change in drug exposure from drug interaction inhibition studies. The database was used to conduct a systematic comparison of the effect of renal/hepatic impairment and pharmacologic inhibition on drug exposure. Additional applications are feasible with the public availability of this database.

*CPT Pharmacometrics Syst. Pharmacol.* (2015) 00, 00; doi:10.1002/psp4.55; published online on 0 Month 2015.



# Additional Material

## *Precompetitive Collaboration:* Development of a Translational Systems Pharmacology Model for hERG-induced QT Prolongation

- Largest cross-company PKPD meta-analysis of placebo and reference agent data
- Demonstrates impact of preclinical PKPD in CV safety testing quantitatively:
  - High degree of cross-company consistency
  - 2 x more efficient
  - >>> reduction of false positives
- QT<sub>c</sub>SP model established:
  - Scales in vitro → preclinical in vivo → human
  - Scales to special populations (i.e. pediatrics)



## Original article

# Sensitivity of pharmacokinetic–pharmacodynamic analysis for detecting small magnitudes of QTc prolongation in preclinical safety testing



Verena Gotta<sup>a</sup>, Frank Cools<sup>b</sup>, Karel van Ammel<sup>b</sup>, David J. Gallacher<sup>b</sup>, Sandra A.G. Visser<sup>c</sup>, Frederick Sannajust<sup>d</sup>, Pierre Morissette<sup>d</sup>, Meindert Danhof<sup>a</sup>, Piet H. van der Graaf<sup>a,\*</sup>

<sup>a</sup> Systems Pharmacology, Leiden Academic Center of Drug Research (LACDR), Leiden University, Leiden, The Netherlands

<sup>b</sup> Global Safety Pharmacology, Janssen Research & Development, Janssen Pharmaceutica NV, Beerse, Belgium

<sup>c</sup> Quantitative Pharmacology and Pharmacometrics, Merck Research Laboratories, Merck & Co., Inc., Upper Gwynedd, PA, US

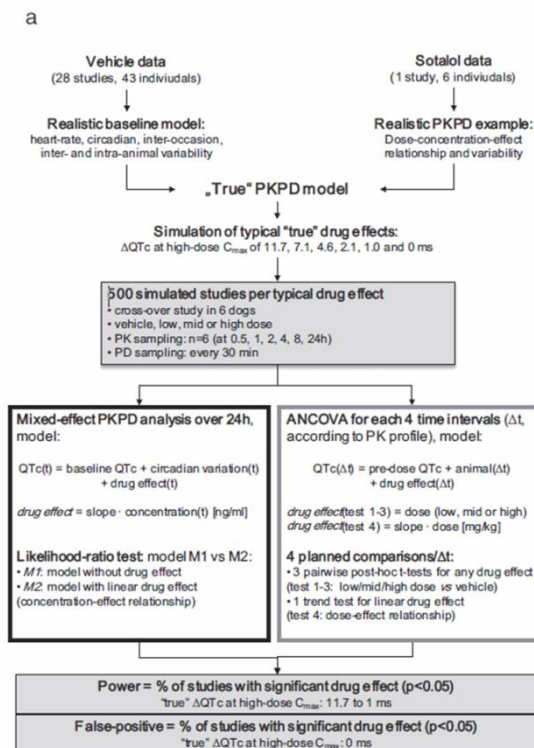
<sup>d</sup> SALAR, Safety and Exploratory Pharmacology Department, Merck Research Laboratories, Merck & Co., Inc., West Point, PA, US

**Table 1**  
Study data characteristics (conscious telemetered dog).

	Vehicle study data	Sotalol study data
Number of studies	28	1
Study durations [h]	22 (1.83–502)	23.5
Total number of individuals	43	6
Individuals per study (n studies)	6 (n = 18), 4 (n = 3), 2 (n = 2), 1 (n = 5)	
Studies per individual (n individuals)	1 (n = 10), 2 (n = 14), 3 to 8 (n = 19)	
Breed	Beagle dogs (CEDS, Mezzilles, France)	Beagle dogs (CEDS, Mezzilles, France)
Gender	Female	Female
Body weight [kg] median (range)	12.4 ± 0.9 (10.5–16.9)	12.0 (11.3–13.5)
Animal condition (number of studies)	Freely moving (18) Slinged (10)	Freely moving
Drug dose [mg/kg]	NA (only vehicle)	vehicle, 4, 8, 32 (administration in Latin-square design)
Route of administration	Oral: 23, i.v.: 3, s.c.: 2	oral
ECG sampling	Every 30 min <sup>a</sup>	Every 5 min <sup>b</sup>
PK sampling	NA (only vehicle)	12 samples, at 0, 0.5, 1, 1.5, 2, 2.5, 3, 3.5, 4, 6, 8, 23 h

<sup>a</sup> Median over 10 consecutive beats, RR sampled 1–5 min before QT (average beat method) or median over 10 or 20 min as defined in the study protocol (Notocord-hem, KRN42a, Notocord, France).

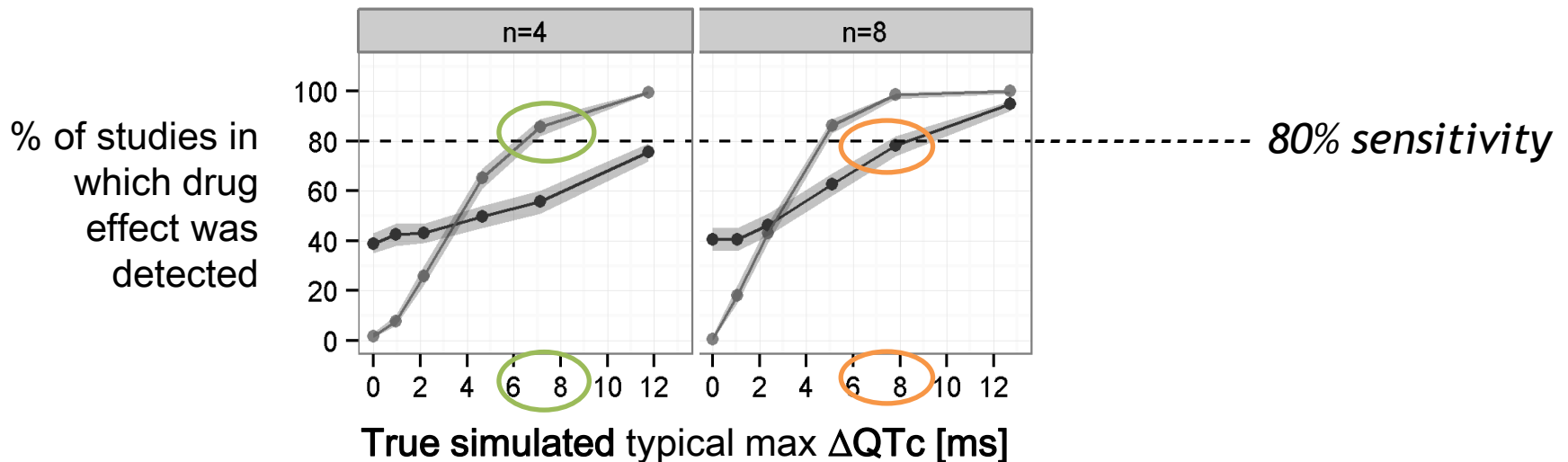
<sup>b</sup> Median over 5 min (Notocord-hem, KRN42a, Notocord, France).



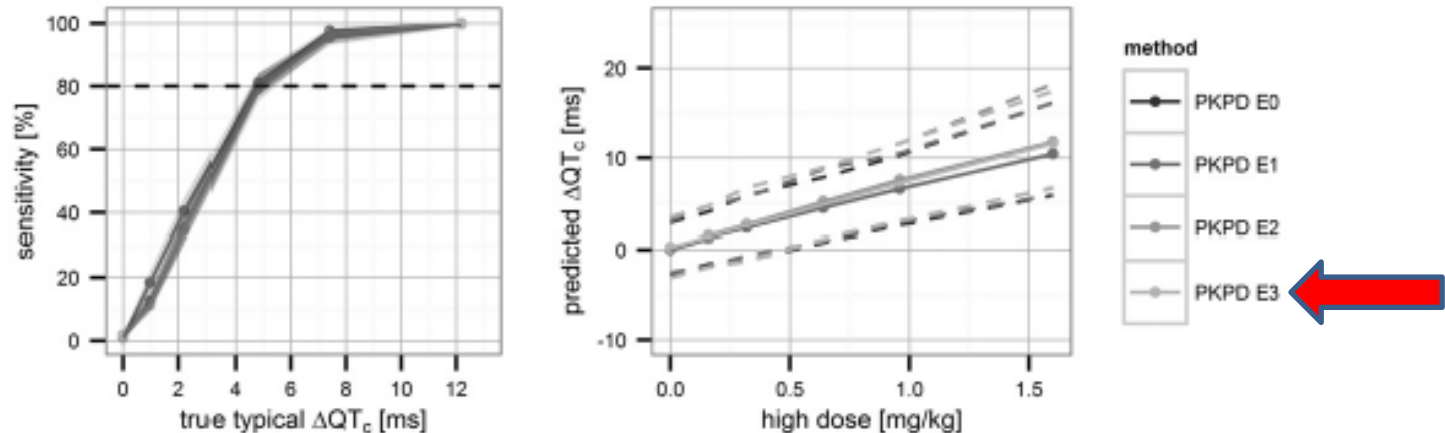


# M&S impact in drug discovery & early development: Doubling efficiency of *in vivo* resources

- **80% sensitivity** to detect  $\Delta QT_c$  of 6-8 ms
  - PKPD (**n=4**)
  - ANCOVA (**n=8**)
  - False positive rate: 1% (vs 39% ANCOVA)



# Simplifying PKPD for routine application

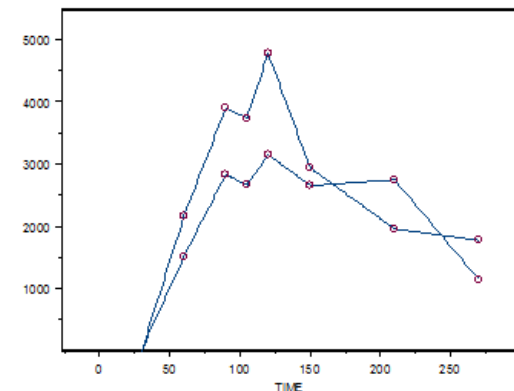


**Fig. 4.** Left: Sensitivity estimates (dots) with 95% Wilson confidence intervals (shaded areas) resulting from different PKPD analyses (all from the same original simulation scenario S0:  $n = 6$  animals, terminal half-life = 6 h, individual  $QT_c$  reporting every 30 min). Right: median effect predictions (dots) and 95% prediction intervals (dashed lines) at high-dose. E0: original analysis, i.e. concentration = individual model-based PK predictions (from 1-compartment model), E1: same as E0, but ignoring circadian variation, E2: concentration = typical model-based PK predictions (from 2-compartment model), E3: no PK modeling, concentration = individual interpolated concentrations.

## Problem statement and Justification

- Frequently encounter issue that a PKPD model needs to be developed/simulated in the absence of a PK model:
  - PK data cannot be described by regular model:
    - Unusual profiles
    - Noisy/erratic data
  - PK profile generated by PBPK model:
    - May need PBPK output as input for PKPD simulations, however:
      - Subtle profile cannot be fitted by standard 1,2,3,...compartment model
- Often only interested in PK as input for PKPD:
  - Good description of individual profiles more relevant than actual (population) PK parameter estimates

## 'Connecting the dots' Expected result



both-run03

## RESEARCH PAPER

# Inter-study variability of preclinical *in vivo* safety studies and translational exposure–QTc relationships – a PKPD meta-analysis

V Gotta<sup>1</sup>, F Cools<sup>2</sup>, K van Ammel<sup>2</sup>, D J Gallacher<sup>2</sup>, S A G Visser<sup>3</sup>,  
F Sannaajust<sup>4</sup>, P Morisette<sup>4</sup>, M Danhof<sup>1</sup> and P H van der Graaf<sup>1</sup>

<sup>1</sup>Systems Pharmacology, Leiden Academic Center of Drug Research (LACDR), Leiden University, Leiden, The Netherlands, <sup>2</sup>Global Safety Pharmacology, Janssen Research & Development, Janssen Pharmaceutica NV, Beerse, Belgium, <sup>3</sup>Quantitative Pharmacology and Pharmacometrics/Merck Research Laboratories, and <sup>4</sup>SALAR-Safety and Exploratory Pharmacology Department/Merck Research Laboratories, Merck & Co., Inc., Upper Gwynedd, PA, USA

### Correspondence

Piet Hein van der Graaf, Systems Pharmacology, Leiden Academic Centre of Drug Research, Gorlaeus Laboratories, PO Box 9502, 2300 RA Leiden, The Netherlands. E-mail: p.vandergraaf@lacdr.leidenuniv.nl

### Received

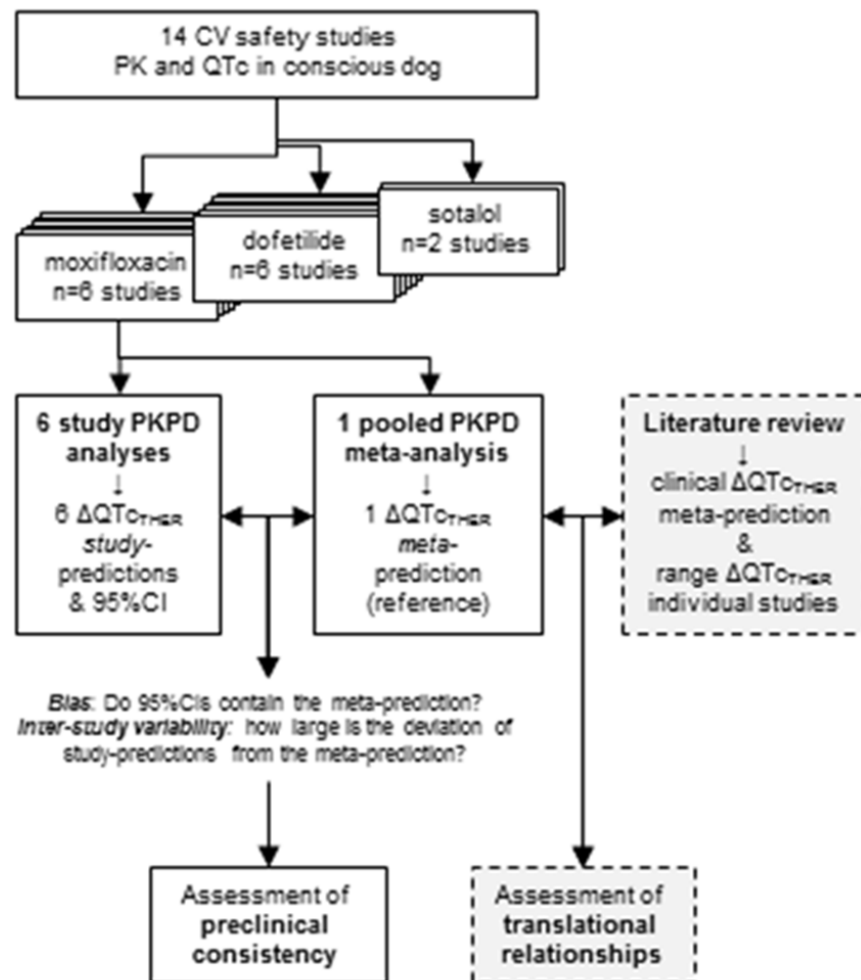
11 March 2015

### Revised

7 May 2015

### Accepted

5 June 2015



# A systems pharmacology model to explain developmental differences in sensitivity to drug-induced QT prolongation

Verena Gotta, Marc Pfister, John van den Anker, Piet H. van der Graaf

<sup>1</sup>Systems Pharmacology, Leiden Academic Center of Drug Research (LACDR), Leiden University, Leiden, The Netherlands.

<sup>2</sup>University Children's Hospital Basel, University of Basel, Basel, Switzerland

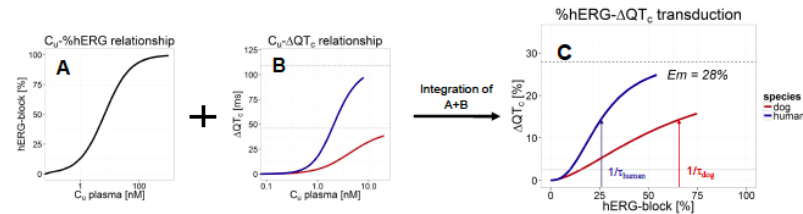
European Society for Developmental Perinatal and Pediatric Pharmacology (ESDPPP), Belgrade, 23-26<sup>th</sup> June 2015

## 1.1. Estimation of system-specific transduction parameters for translational preclinical-clinical scaling (*dofetilide*)

- maximal  $\Delta QT_c$  via hERG-block:  $E_{m, human} = E_{m, dog} = 28\%$  from baseline
- transducer ratio  $\tau$ :  $\tau_{human} = 2.4 \cdot \tau_{dog}$

Interpretation of  $\tau$ :  $\tau \sim$  hERG-channel/ $I_{Kr}$ -density, and  
 $1/\tau \sim$  %hERG/ $I_{Kr}$ -block leading to half-maximal  $\Delta QT_c$

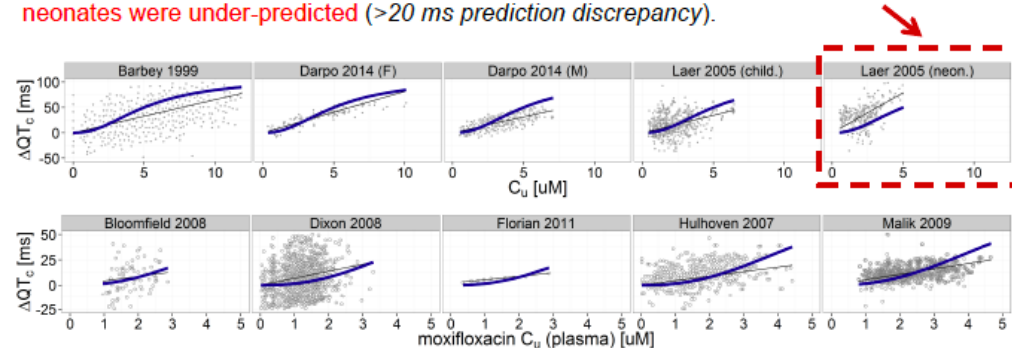
→ Equal  $\Delta QT_c$  achieved in human at 60% lower hERG-block than in dog ( $1/\tau = 26\%$  in human vs 62% in dog), explained by a **2.4 x higher hERG-channel density in human** and/or  **$I_{Kr}$ -net contribution to cardiac repolarization**.



**Fig.1:** Pharmacodynamics of dofetilide in preclinical (conscious dog<sup>4</sup>) and clinical setting (healthy men<sup>5</sup>). **A:** %hERG-block (from *in vitro* binding kinetic experiments) and **B:**  $\Delta QT_c$  (from *in vivo* studies). **C:** estimated transduction of hERG-block.  $C_u$ : unbound plasma concentration.

## 1.2. External evaluation of translational predictions (*sotalol* & *moxifloxacin*)

Good clinical predictions in adults and children were obtained (<5-10 ms prediction discrepancy from clinical regression model until  $\Delta QT_c$  of 35 ms). However, **QTc- effects in neonates were under-predicted** (>20 ms prediction discrepancy).

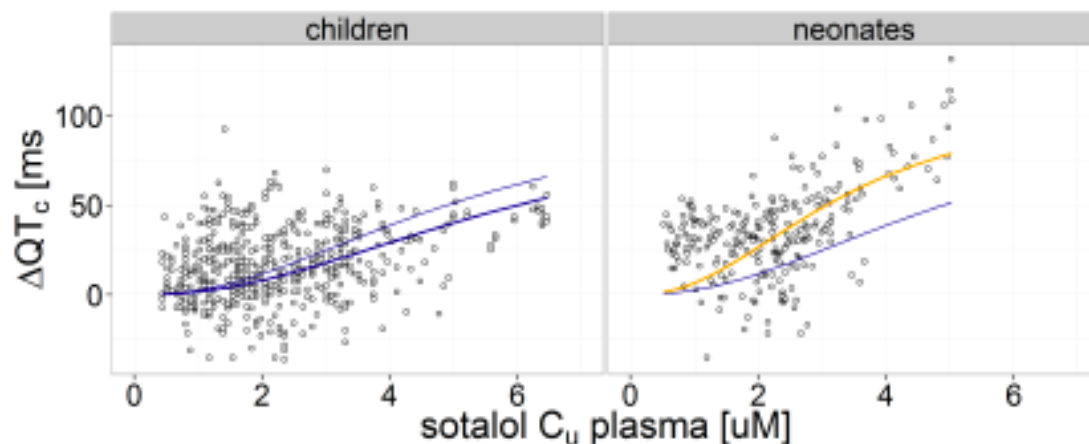


**Fig.2:** Translational predictions from preclinical data and system-specific scaling parameters only (blue lines) are contrasted with reported clinical  $\Delta QT_c$  from indicated references (grey dots: digitized observations. black lines: predictions from respective clinical regression model).

## 2. Refinement of system-specific transduction parameters for neonates

Re-estimated transducer ratio:  $\tau_{\text{neonates}} = 1.77 \cdot \tau_{\text{children}}$

→ Higher sensitivity of neonates to drug-induced  $\Delta\text{QTc}$  explained by a **1.77 x higher hERG-channel density and/or  $I_{\text{Kr}}$ -net contribution to cardiac repolarization** than in older children ( $\approx$  adults), resulting in equal  $\Delta\text{QTc}_{\%}$  at 43% lower hERG-block.



**Fig.3:** Observed pediatric  $\Delta\text{QTc}$  (dots, digitized from Læer et al.<sup>6)</sup> after sotalol administration, contrasted with translational predictions for adults (thin blue lines) and refined predictions for children (thick blue line) and neonates (orange line).  $\Delta\text{QTc}$ -pharmacodynamics in children and adults was very similar.

# **Improving Productivity in Pharmaceutical Research and Development: The Role of Clinical Pharmacology and Experimental Medicine**

Center for Health Policy  
The Brookings Institution

The Embassy Row Hotel • Washington, DC  
July 28, 2015

# The Right Dose for the Right Patient: Challenges and Opportunities in Dose Optimization

Vikram Sinha, PhD

**Conference on Improving R&D Productivity**

**Brookings Institution, Washington DC**

**July 28<sup>th</sup> 2015**

Director, Division of Pharmacometrics  
Office of Clinical Pharmacology  
Office of Translational Sciences  
CDER, USFDA



# Disclosures and Acknowledgements

- Disclosures
  - The views expressed in this presentation are that of the speaker and do not reflect the official policy of the FDA. No official endorsement by the FDA is intended nor should be inferred.
- Contributors to the concept and content presented today
  - Division of Pharmacometrics
  - Office of Clinical Pharmacology and Office of Biostatistics
  - Examples - Review Teams; Publically disclosed



# Session Goals

- Emphasize the importance of proper dose finding and dose-(exposure)- response characterization for successful drug development,
  - Approval, labelling, and lifecycle management of medicinal products;
  - Discuss key challenges and actions

# Outline

## I. Challenges

## II. Frame-work for Dose-Response – ICHE4, exposure-response, evidence of effectiveness

## III. Trends in approval, labelling and life-cycle management

## IV. Actions

# Challenges

1. Optimal dose not a requirement by law
2. Development cost, cycle times (benefit of “learning” phase)
3. Disease specific considerations in benefit/risk assessments and dose selection
- **Can conduct adequate dose response studies**  
however, dose selection “criteria” can vary which is the larger issue
4. Methodology – exploratory vs. confirmatory

# Why invest in Dose Response?

- Conducting confirmatory phase III trials is expensive
- Identifying “right” dose is and should be the key goal of every clinical development program:
  - too high a dose can result in unacceptable toxicity
  - too low a dose decreases chance of showing efficacy
- **Two main goals in early development:**
  - **proof-of-concept (PoC) – any evidence of treatment effect**
  - **dose-selection – which dose(s) to take into phase III?**
  - **minimum effective dose (MED), maximum safe dose (MSD)**  
**by pairwise comparison of doses or. documenting change in slope with changes in concentration**
- Develop a framework for regulatory decisions and dose optimization

# Guidance on Dose Response

ICH E4 [Dose-Response Information to Support Drug Registration, 1994] links dose response to safe and effective use of drugs

FDA 2004 [Exposure Response Analysis] speaks to linking concentration and response

Other Guidance also refer to assessment of DR

**Providing Clinical Evidence of Effectiveness for Human Drug and Biological Products - 1998**

# Therapeutic Area – Current Trends (1 of 2)

Therapeutic Area	Phase 2	Phase 3	PMC/PMR	# of Strengths	Derived dose
Anti-Infective	2	1	rare	1	
Antiviral	3	1	rare	1	
Transplant	2	1	rare	1	
CadioRenal	3	1-2	rare	>=1	Yes
Neurology	3	2	occasional	>=1	
Psychiatry	2-3	2	occasional	>=2	Yes
Anesthesia	2	1	rare	1	
Metabolism	3	1-2	rare	1	Yes
Endocrinology	2-3	1-2	rare	>=1	
Pulmonary	3	2	rare	1	
Rheumatology	3	1-2	rare	1-2	

# of strengths: Dose level approved

## Therapeutic Area – Current Trends (2 of 2)

Therapeutic Area	Phase 2	Phase 3	PMC/PMR	# of Strengths	Derived dose
Dermatology	2	1-2	rare	1	
Gastroenterology	3	1-2	rare	2	
Bone	2	1	rare	1	
Reproductive	3	1-2	rare	1	
Urologic	2	1-2	rare	1	
Oncology	<=2	1	often	1	
Hematology	2	1	occasional	1	

### 18 Therapeutic Divisions

Spectrum of:

- Acute vs. Chronic Indications
- Benefit-Risk Assessment
- Unmet medical need differs

***Is uniformity feasible or should we strive towards efficient and informative trial designs and analysis approaches tailored for specific therapeutic areas ?***

# *Recent Advisory Committee Meeting*

*(2 of 2)*

## **Metabolic and Endocrine**

### **Parathyroid Hormone (Ind. Hypoparathyroidism) – Sep, 2014**

**Review - A system pharmacology approach applied to recommend an alternate dosing regimen**

## **Dermatology**

### **Secukinumab (Ind. Psoriasis) – October, 2014**

**Review - Exposure Response analysis suggested a need for a higher dose in subjects with higher body weight**



## *Recent Advisory Committee Meeting (2 of 2)*

### **Oncology/Hematology**

#### **Panobinostat (Ind. Multiple Myeloma) – Nov, 2014**

**Review - Dose –Safety (no concentrations) assessing dose reductions relative to efficacy – overall benefit-risk assessment**

### **Cardio-Renal**

#### **Edoxaban (Ind. Stroke Reduction Atrial Fibrillation) – Oct, 2014**

**Review - Exposure Response and need for a dose adjustment in subjects with normal renal function**

# Approvals

NME (Indication)	Dose Optimization
Pasireotide (Cushings)	Lower starting dose was approved based on interpolation of ER of efficacy and safety
Eliglustat (Gaucher's)	A fixed dose approved; studies were titration designs; label also included dosing in poor metabolizers of CYP2D6.
Nalexogol (Constipation)	ER for efficacy and safety was used to gain approval of lower dose in a population who could not tolerate a higher dose

*Greater flexibility with individualization with more than one strength?*

# Actions

- Expect good rationale to support dose selection for phase 3 trials
  - Dose finding phase 2 (early) trials to cover full dose-response range and/or use model based approaches
- More therapeutic areas target the minimum dose with near maximum efficacy – move towards rational dose selection
- Efficient and informative trial designs/analysis approaches tailored for specific therapeutic areas

# Science of applying quantitative principles to the interpretation of pharmacological observations

- A multidisciplinary approach that combines the *quantitative* relationships between diseases, drug characteristics, and individual variability
- Integrates and quantifies dose-exposure-response knowledge
  - Disease progression
  - Time course of concentration (PK) – biomarker and relationships to outcomes
  - Dose (Exposure)-response
- Used to inform/confirm subsequent trial design and dose regimen selection.

# Evidence Generation: Dose Selection

**This is the target**

	Scenario 1	Scenario 2	Scenario 3	Scenario 4
MTD Determination	✓	✓	✓	✓
Modeling and simulation to design trials			✓	✓
Assessing efficacy of lower doses /alternate regimens			✓	✓
Exposure-response (efficacy and safety) based dose justification: IND stage		✓	✓	✓
Covariate based dosing in registration trials	✓	✓	✓	✓
Exposure-response (efficacy and safety) based dose justification: NDA/BLA				



Thank you!

# **Improving Productivity in Pharmaceutical Research and Development: The Role of Clinical Pharmacology and Experimental Medicine**

Center for Health Policy  
The Brookings Institution

The Embassy Row Hotel • Washington, DC  
July 28, 2015



# Improving Productivity in Oncology: Opportunities for Dose Optimization

Amita Joshi, Ph.D.

Senior Director, Head of Clinical Pharmacology  
Genentech

Presentation co-authors: Bert Lum, Dana Lu, Sandhya Girish, Jin Jin

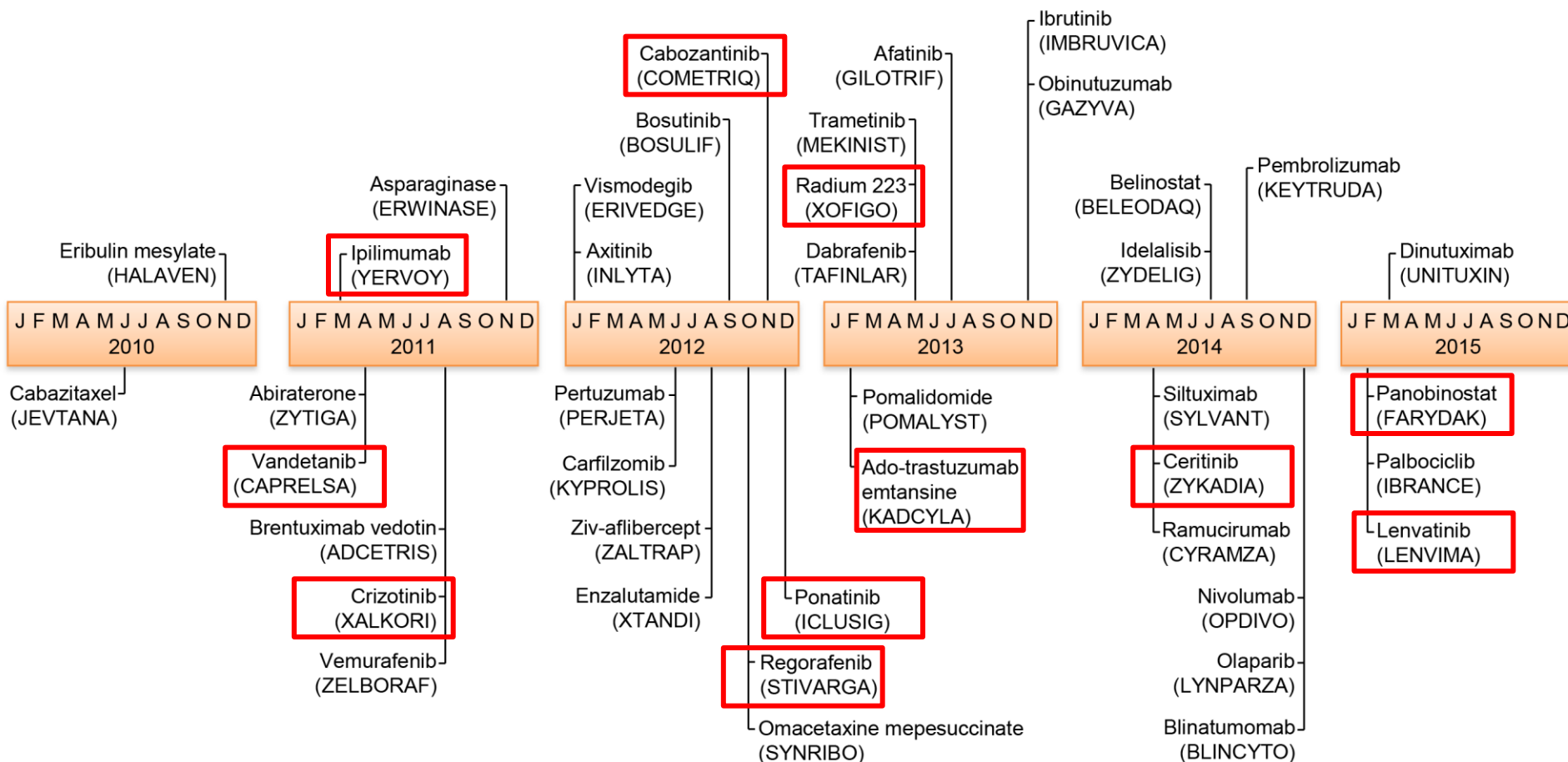
Brookings Conference, July 28 2015, Washington DC



# Oncology Drugs approved by US FDA from 2010 – Q1 2015

(Survey by the Genentech dose optimization working group)

138



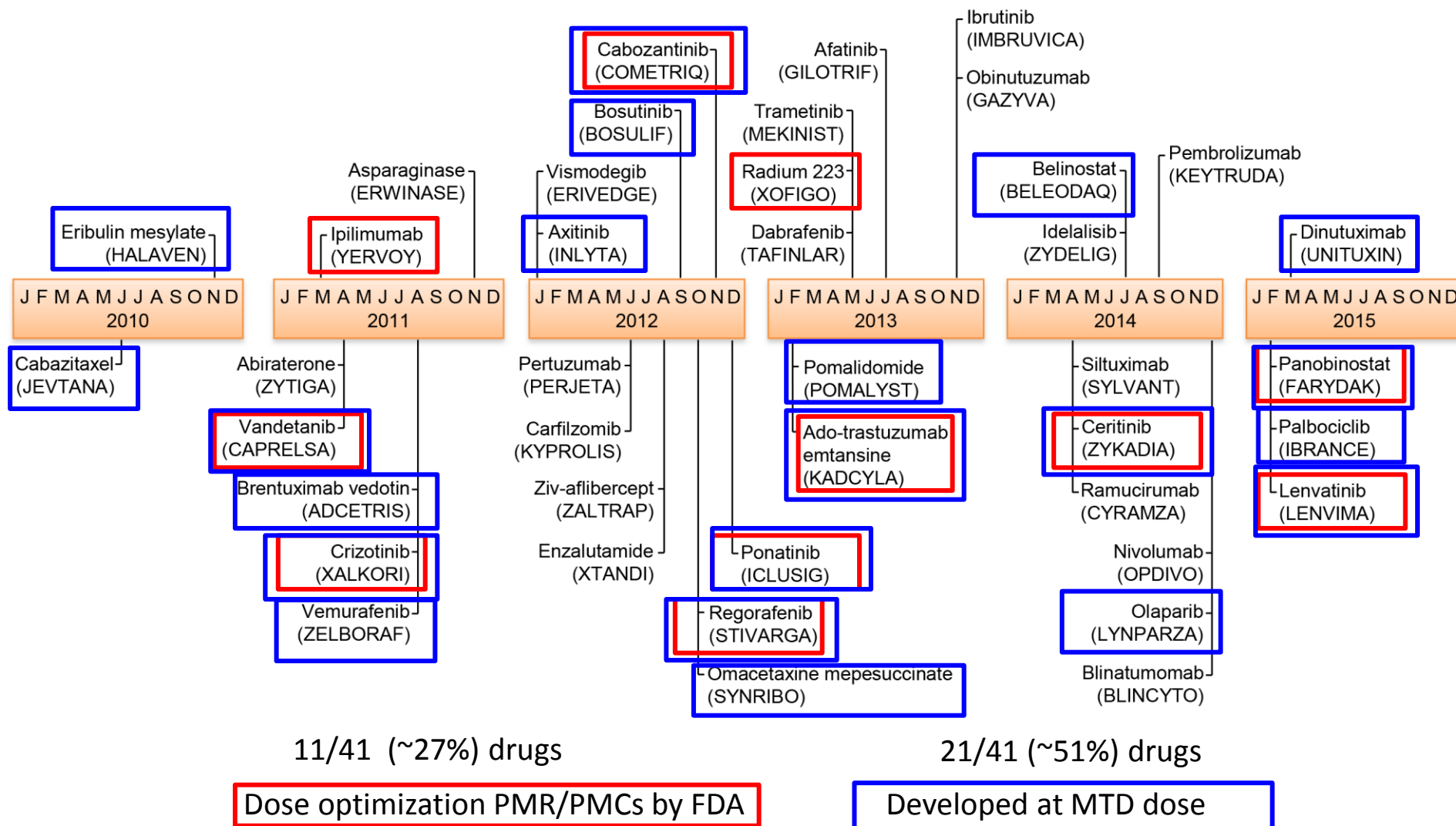
11/41 (~27%) drugs

Dose optimization PMR/PMCs by FDA

# Oncology Drugs approved by US FDA from 2010 – Q1 2015

(Survey by the Genentech dose optimization working group)

139

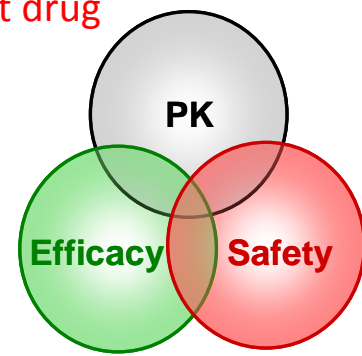


**9/21 (~43%) drugs developed at MTD have dose optimization PMR/PMC issued by FDA**

# How Can Clinical Pharmacology Improve Productivity and Success in Oncology?

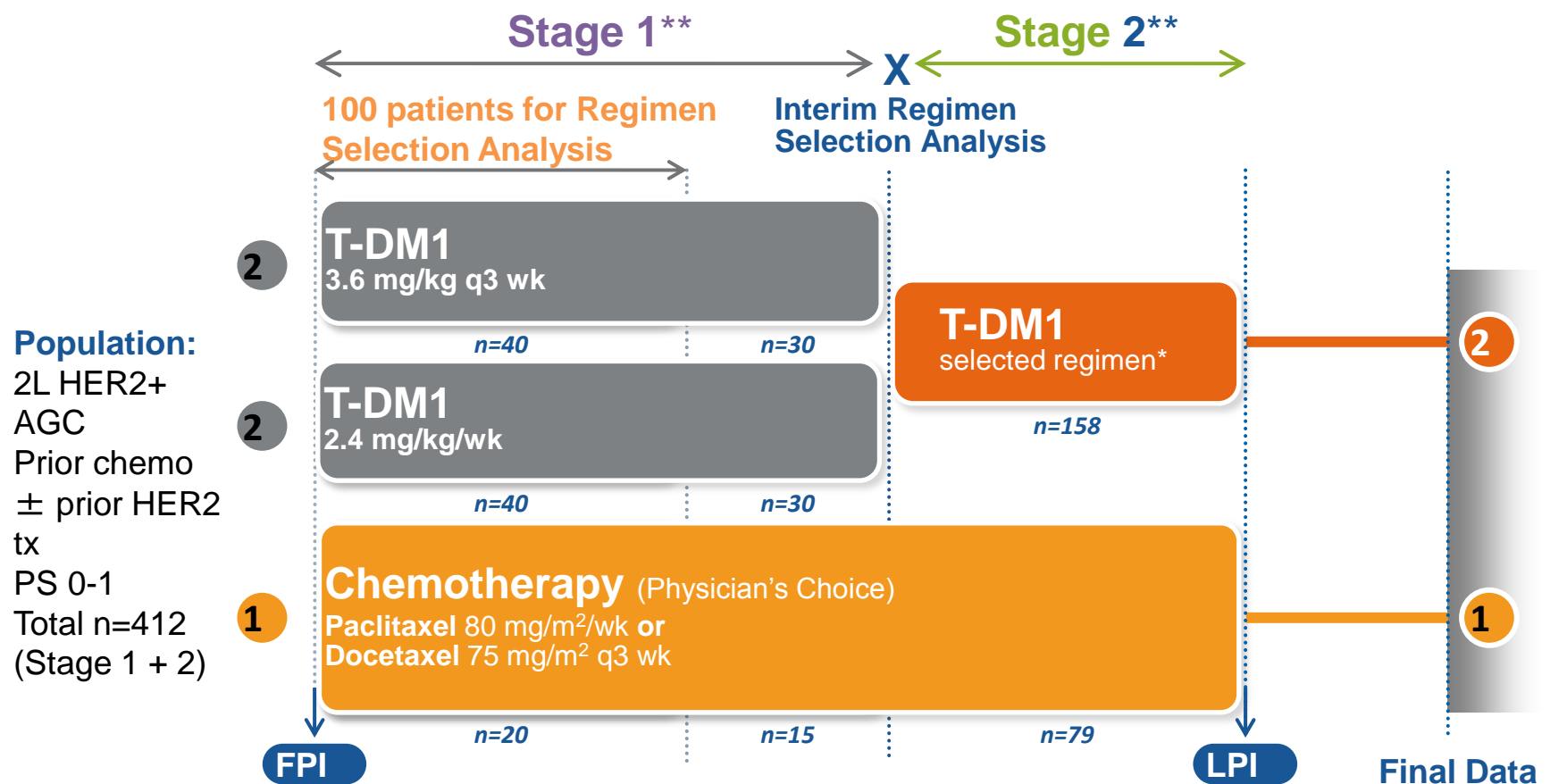
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- **Study designs aspects need to evolve to improve speed and success**
  - Study multiple doses and schedules in Phase II to understand dose-response better
  - Adaptive designs to efficiently identify optimal doses ✓
  - Collection of tumor biopsies, tumor based biomarkers and PK in trials
  - Use of surrogate endpoints
  - Understanding and leverage early/late endpoint relationship
- **Need better prediction tools for PK, Safety and Efficacy to optimally predict the Therapeutic Window**
  - Use of translational and clinical PKPD to pick doses and/or schedules ✓
  - Test multiple dose-schedules in the clinic simultaneously ✓
  - Use of tumor biomarkers and PKPD for picking the optimal biological dose ✓
  - For single arm studies, use of literature based meta analyses to benchmark test drug with standard of care safety ✓
  - Concentration-R analyses to reveal balance between efficacy and safety
  - Systems Pharmacology tools to inform dose/AE relationship ✓

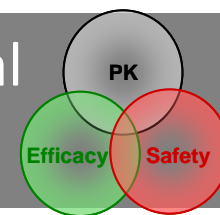


**Challenge:** Unknown exposure and efficacy of T-DM1 in Gastric Cancer

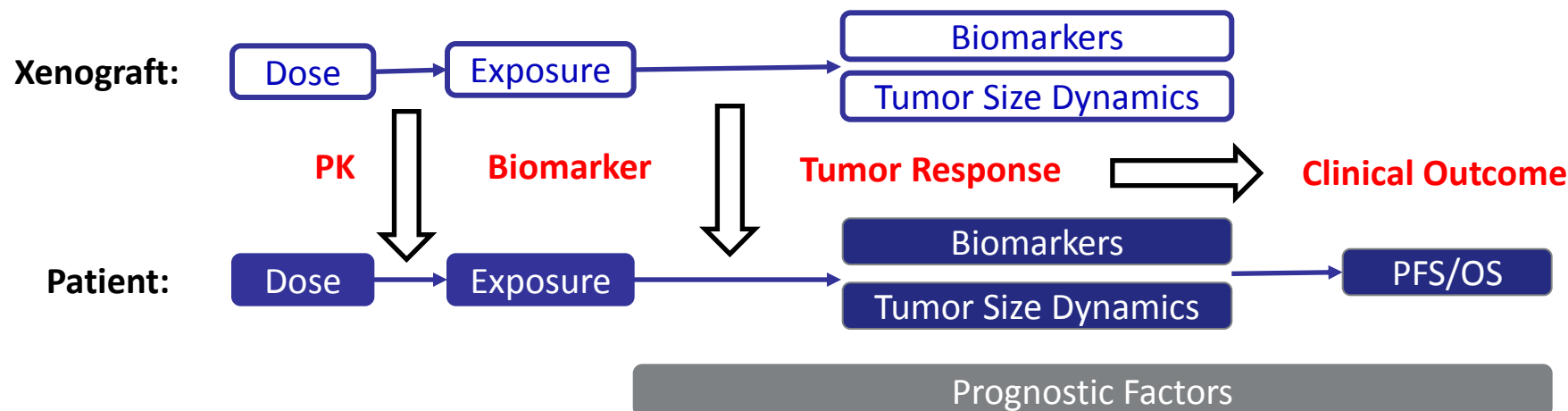
**Opportunity:** **Adaptive Phase II/III design trial** to pick optimal regimen for Phase III



# Dose Optimization Strategy in Oncology- Translational Approaches Using Biomarkers or Tumor Dynamics



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## • Preclinical-to-clinical translation

- Homogeneous xenograft vs. heterogeneous patients
- Resistance development

## • Early-to-late clinical translation

- Predictive biomarkers
- Translation of early tumor response to long-term efficacy

## • PK:

- High PK variability in oncology patients
- Dose adjustment based on intrinsic/extrinsic factors

## • Biomarker:

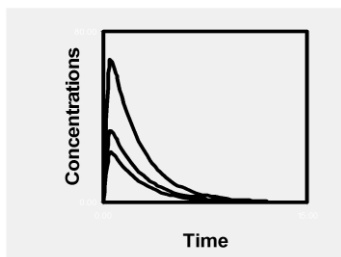
- Demonstration of pathway inhibition
- Dosing justification based on target-specific or indication-specific biomarkers

## • Clinical efficacy/safety:

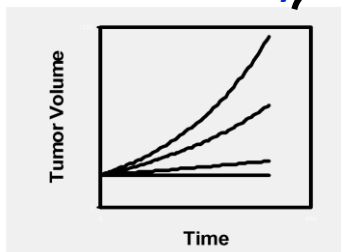
- Optimize therapeutic window

**Opportunity for Translational approaches and innovative trial design**

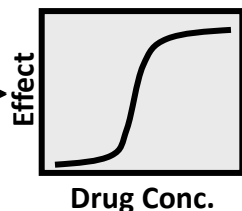
## STAGE 1 – Fitting (Mouse) Mouse PK



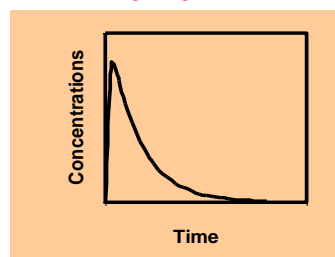
## Mouse Efficacy



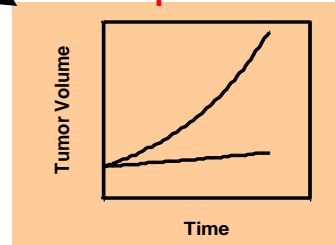
## Conc. vs. Effect



## STAGE 2 – Simulation (Human) Human PK



## %TGI at Clinical Exposures

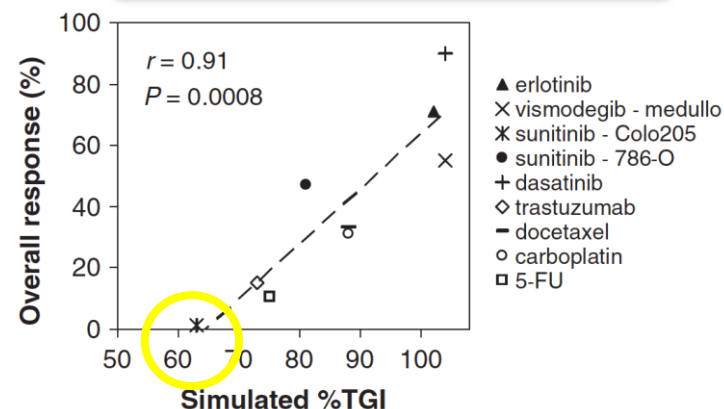


## TGI: tumor growth inhibition

- Mouse PKPD model to correlate drug concentration and anti-tumor response

- Use of human PK to correct for inter-species difference in drug exposure
- Correction for inter-species difference in protein binding or target binding
- Assume same PD parameters in mouse and human

## Rational of the PKPD Approach



- Retrospective analysis of 8 anti-cancer agents suggested good correlation between simulated xenograft TGI driven by human PK and clinical response provided **disease relevant xenograft tumor models** are employed.
- This analysis suggests **>60% TGI** in preclinical models, at clinically relevant exposures, are more likely to lead to clinical response

**Opportunity:** Approach provides early guidance on target efficacious exposures in patients based on disease relevant xenograft tumor models

# Case Study: Use of Translational and Clinical PKPD to Pick Dose-schedules



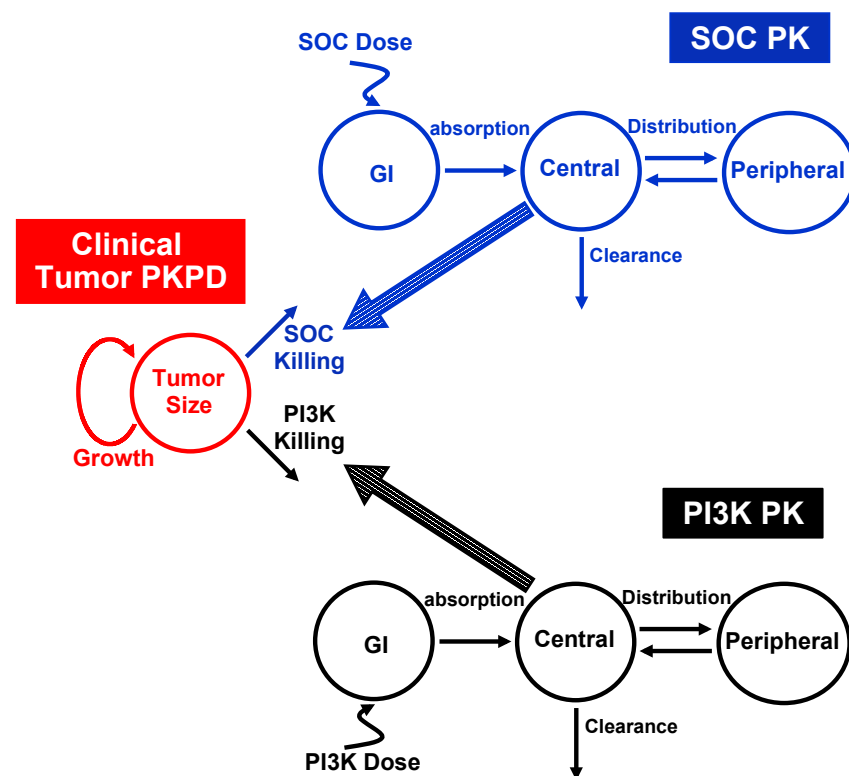
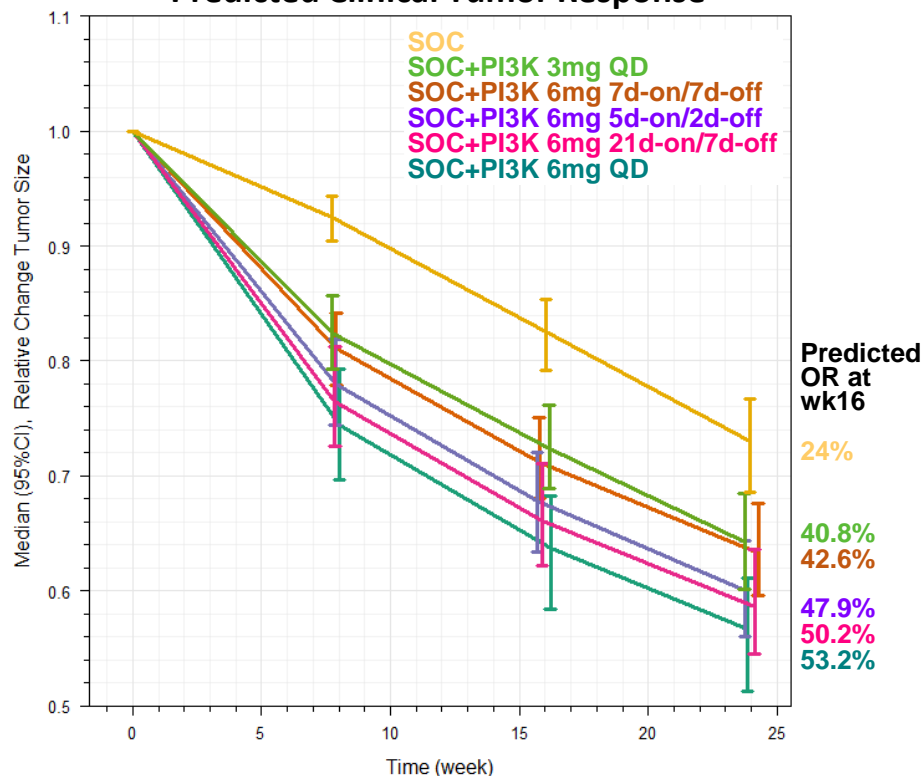
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**Challenge:** Team considering alternate dose/schedule for tolerability

**Opportunity:** Identify regimens which give acceptable **degrees of predicted tumor inhibition**

**SOC+NME  
Clinical PKPD**

**Predicted Clinical Tumor Response**



Clinical PKPD of longitudinal tumor response suggested low risk of losing efficacy with intermittent PI3K dosing, which can be investigated as alternative dosing option to potentially mitigate safety risk.

# Case Study: Test Multiple Dose-Schedules in the Clinic Simultaneously

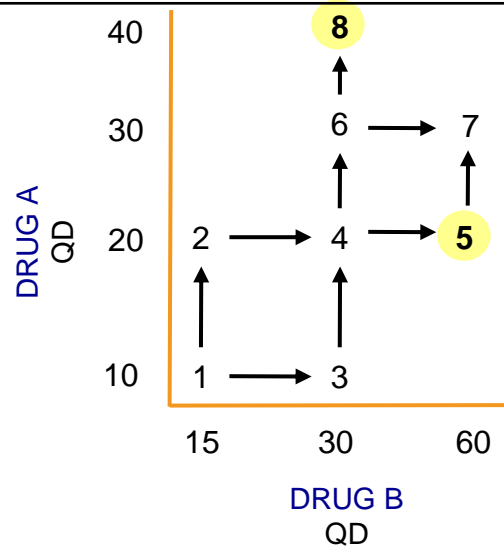


145

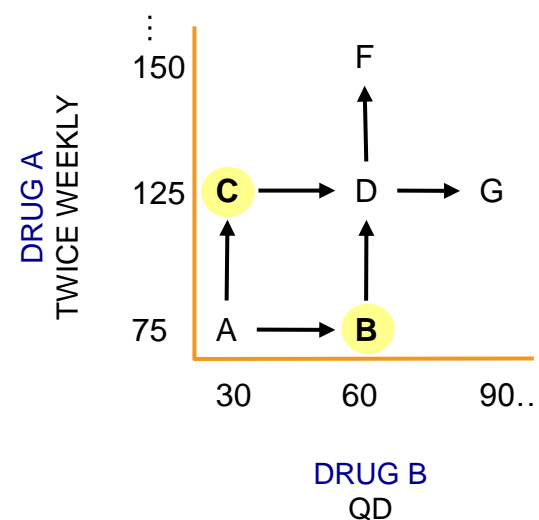
**Challenge:** What dose schedule allows maximizing doses of Drug A in a A+B combination?

**Opportunity:** Phase 1b studies with parallel exploration of daily dosing and intermittent dosing schedule revealed that **intermittent dosing had better tolerability** profile for Drug A

## Daily Dosing



## Intermittent Dosing



3+3 study design, PK sample collection, tumor assessments q8 weeks,

## Expansion Cohorts

- Chose MTD (DL 8) as higher dose of Drug A could be administered

- Intermittent dosing for Drug A to allow higher doses to be delivered.



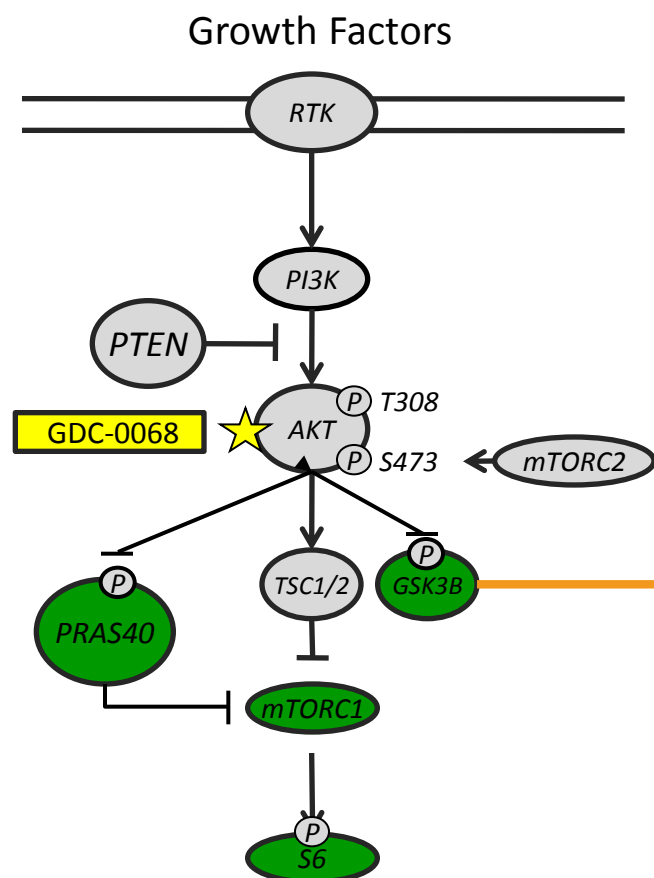
# Case Study: Use of Tumor Biomarkers and PKPD for Picking the Optimal Biological Dose



146

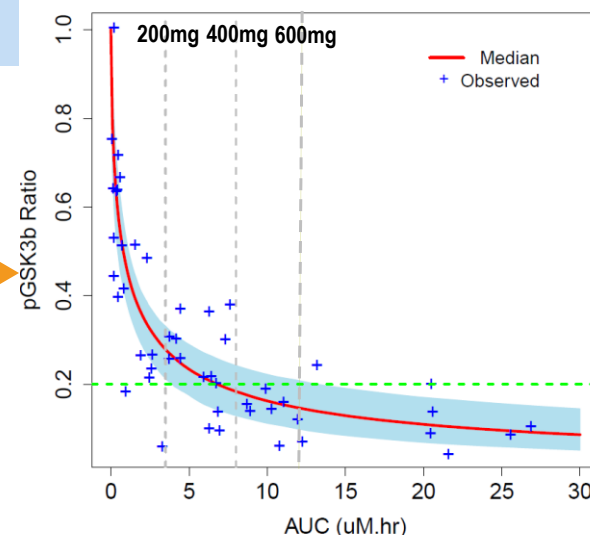
**Challenge:** What doses are likely to be effective?

**Opportunity:** Dose justification based on **target specific biomarker response and PKPD**

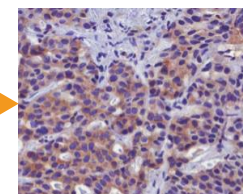


PRP

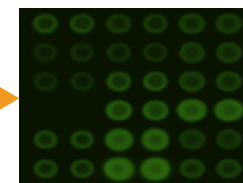
Optimal Biological Dose Identified



Core Biopsies



pPRAS40 IHC



RPPA:  
40 phospho-  
proteins

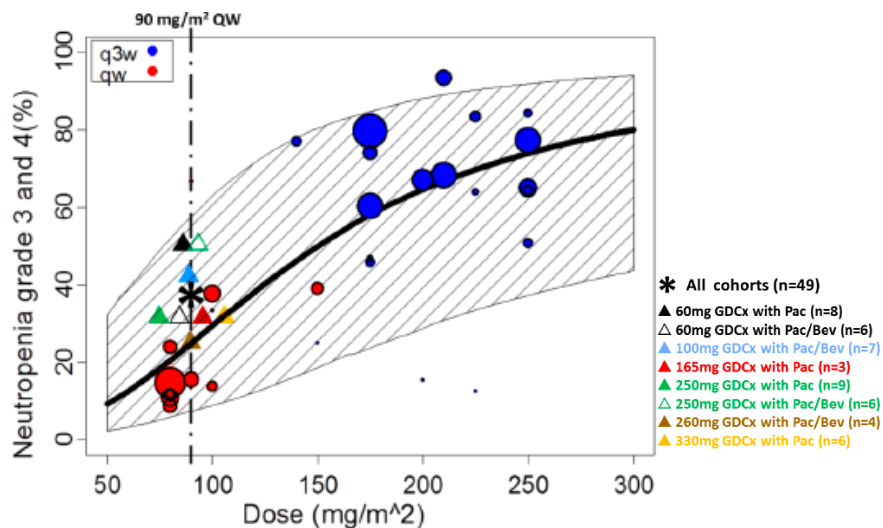
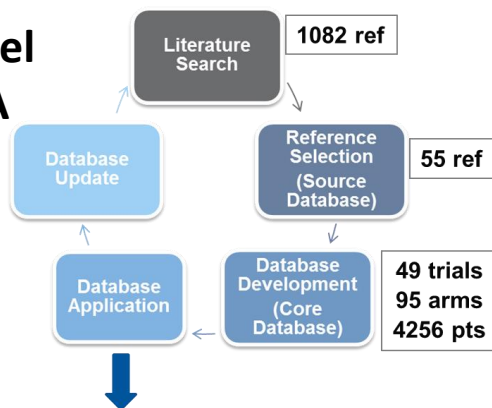
# Case Study: For Single Arm Studies, use of Literature Based Meta Analyses to Benchmark Test Drug with SOC Safety



**Challenge:** Interpretation of combo tolerability **without control arm in study**

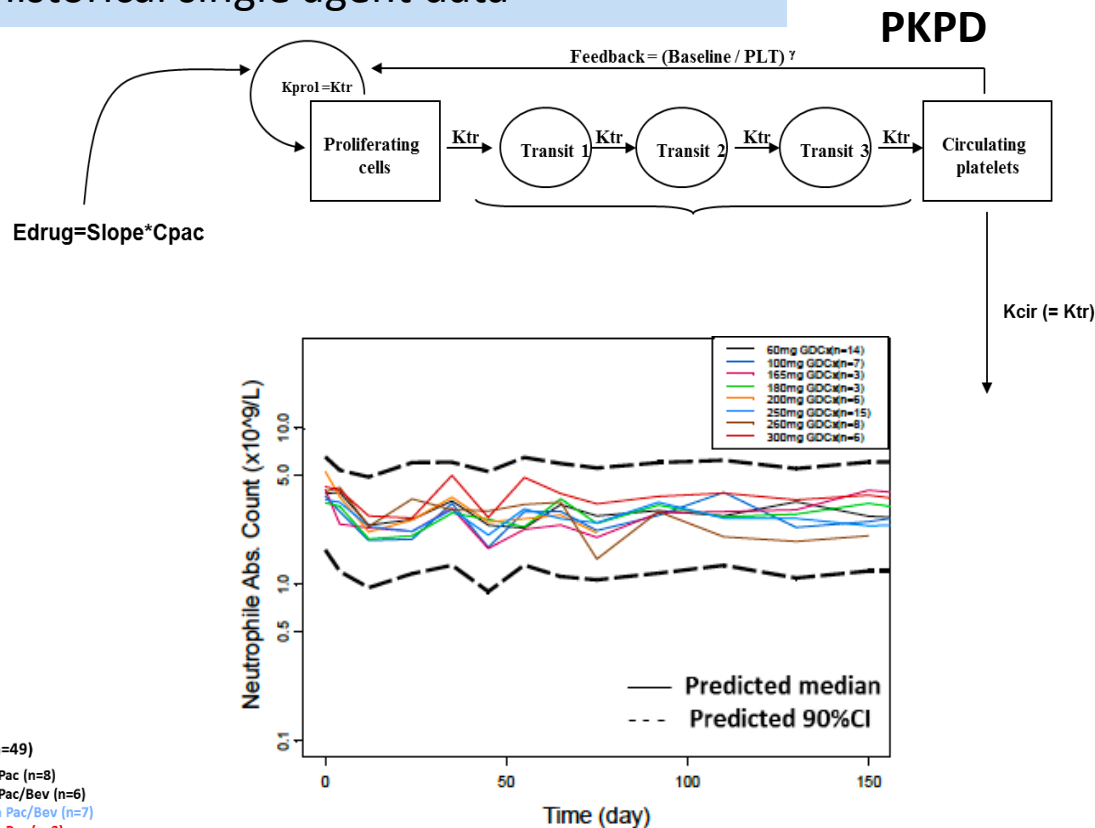
**Opportunity:** Maximize learning from historical single agent data

## Paclitaxel MBMA



Lu D et al. CPT:PSP. 2014

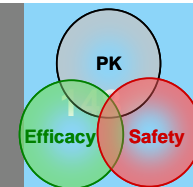
Lu T, Lu D, Ware J, Dresser M, Jin JY et al. 2013 ACoP



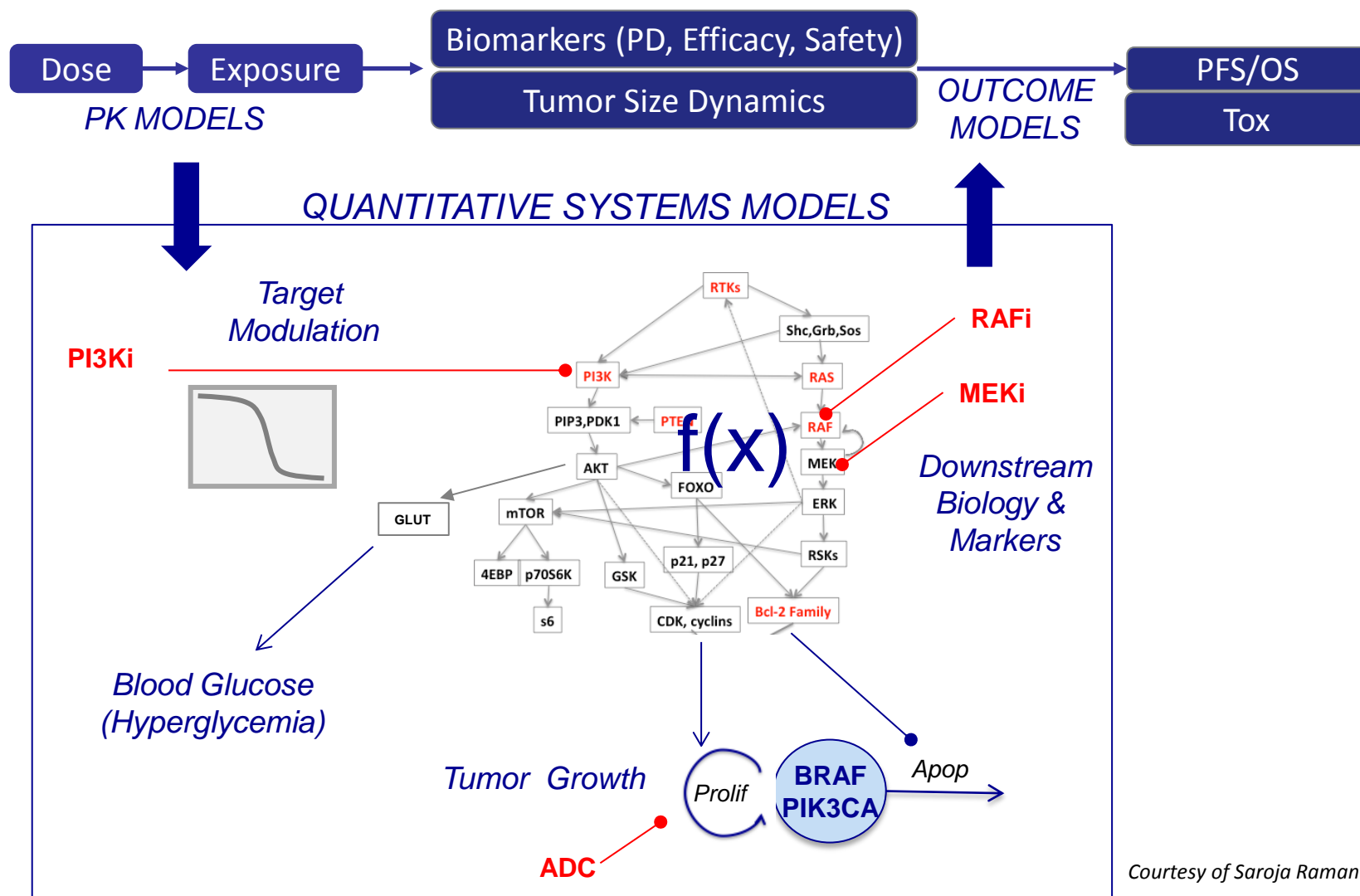
Neutropenia incidence rate and neutrophil counts time profiles in NME+PAC combo was consistent with historical Paclitaxel monotherapy based on literature database MBMA and PKPD.

Friberg L et al. JCO. 2002

# Case Study: Systems Pharmacology Tools to inform Dose/Biomarker/AE Relationship



**Opportunity: Quantitative Systems Pharmacology to inform combo dose/regimen**



- Identification of the “optimal dose” is a primary challenge and uncertainty in drug development and provides opportunity to improve success in cancer drug development.
  - Approximately 30% of oncology drug approvals have dose-related PMR/PMC activities.
- Case examples presented today illustrate clinical pharmacology and translational strategies and methodologies implemented in our oncology drug development efforts in two broad areas to improve identification of the optimal dose-
  - Adaptive trial designs that allow the efficient study and identification of doses and schedules
  - Translational investigations and modeling approaches that use biomarkers or tumor dynamics to guide-
    - Preclinical-to-clinical translation: Identification of doses and schedules which are predicted to have activity as single agents or in combination regimens at relevant human PK exposure.
    - Early-to-late-clinical translation: Integrated PK, PD and biomarker assessments to optimize the dose-schedule and therapeutic window of single agents or combination regimens.
    - Trial design: Rational and more efficient design of phase 1b studies which allow simultaneous testing of multiple dose-schedules
- Adoption of Clinical Pharmacology strategies which integrate study design, translational tools, effective PK and drug activity measurements, and application of modeling and simulation throughout the development cycle of a drug will assist in reducing the uncertainty in the identification of the optimal dose and value of a medicinal product.

## Clinical Pharmacology and M&S

Bert Lum, Dana Lu, Sandhya Girish

Jin Jin (co-authors)

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Nageshwar Budha

Joseph Ware

Mark Dresser

## Quantitative Systems Pharmacology

Saroja Ramanujan

## Pharsight/Certera

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## Oncology Biomarkers and Diagnostics

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## Oncology Clinical Science

Iris Chan

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Mika Derynck

Stuart Lutzker

# **Improving Productivity in Pharmaceutical Research and Development: The Role of Clinical Pharmacology and Experimental Medicine**

Center for Health Policy  
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July 28, 2015

# Rationale for dosing strategies: the apixaban case

Brenda Cirincione, PhD  
Group Director  
Clinical Pharmacology and Pharmacometrics  
Bristol-Myers Squibb  
July 28, 2015

# Disclosures

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**Full-time employee of Bristol-Myers Squibb**

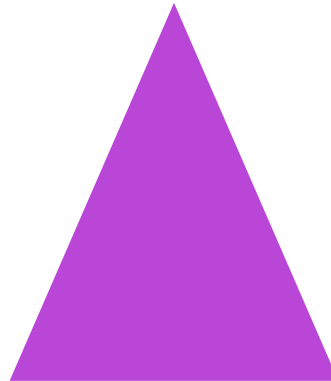


# The therapeutic balance in anticoagulation

---

**Thrombosis**

**Bleeding**



**Dose and dose regimen of apixaban intended to optimize the balance of efficacy and safety for each target population**



Bristol-Myers Squibb

# Apixaban, a rationally designed Factor Xa inhibitor

## Venous

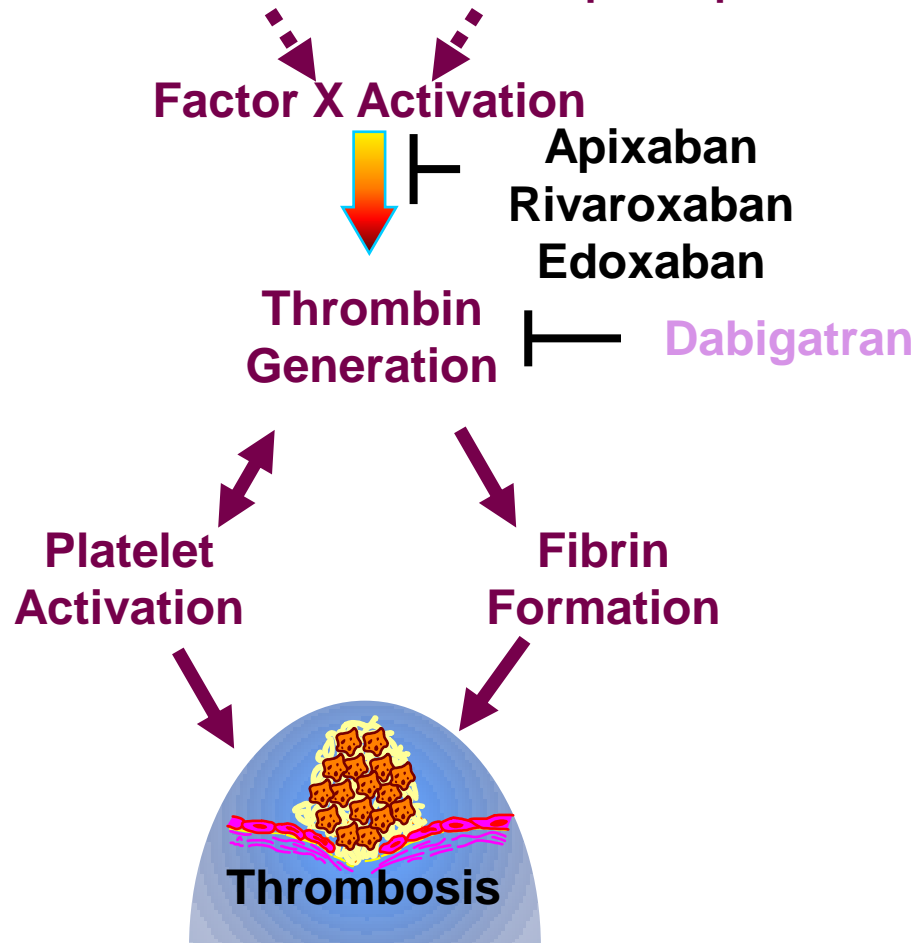
### Thrombosis

Blood Flow Stasis

## Arterial

### Thrombosis

Plaque Rupture



## Designed to have:

- ▶ Low metabolic clearance<sup>1</sup>
- ▶ Small volume of distribution<sup>1</sup>
- ▶ Multiple elimination pathways<sup>2</sup>

Profile well suited for an elderly population

1. Pinto et al. *J Med Chem.* 2007;50(22):5339–56.

2. Apixaban SmPC. Available at <http://www.ema.europa.eu>



Bristol-Myers Squibb

# Clinical pharmacology profile of apixaban

**Rapidly absorbed with oral bioavailability ~50%<sup>1</sup>**

- ◆ No effect of food, gastric pH<sup>2</sup>, or therapeutic dose

**Half-life ~12 hours<sup>1</sup>**

**Multiple routes of elimination<sup>1</sup>**

- ◆ Filtered by the kidneys (27%), metabolized by multiple Cytochrome P450 (CYP) enzymes including CYP3A4, also secreted directly into the gastrointestinal (GI) tract

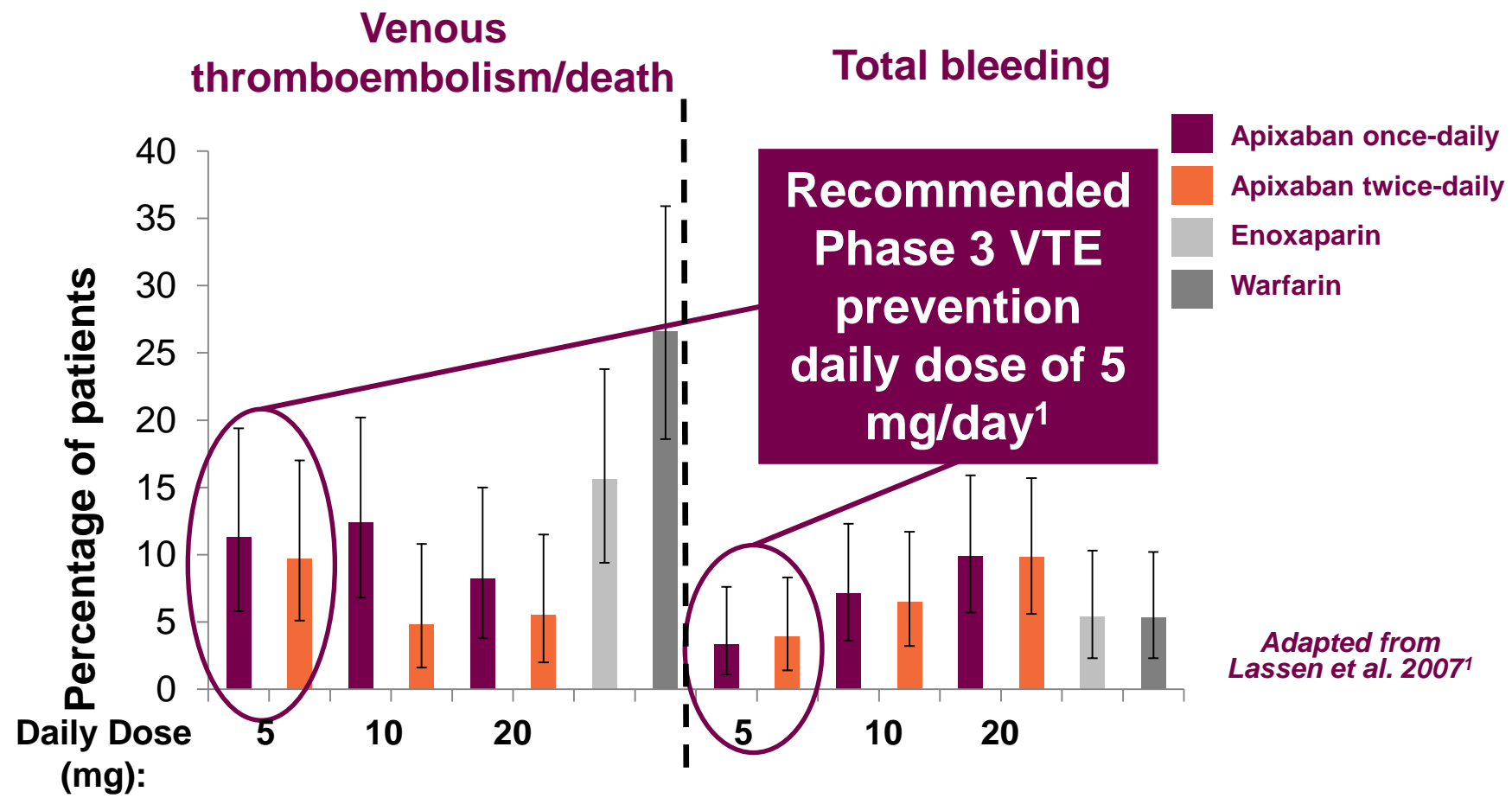
**No active metabolites of apixaban<sup>1</sup>**

**Limited influence of demographics and disease**

- ◆ Pharmacokinetics (PK) of apixaban are similar in healthy White/Caucasian, Asian and Black/African American subjects<sup>1</sup>

**Limited potential for drug-drug interactions<sup>1</sup>**

# APROPOS study – daily dose selection for venous thromboembolism (VTE) prevention after total knee replacement (n=1,217)<sup>1</sup>



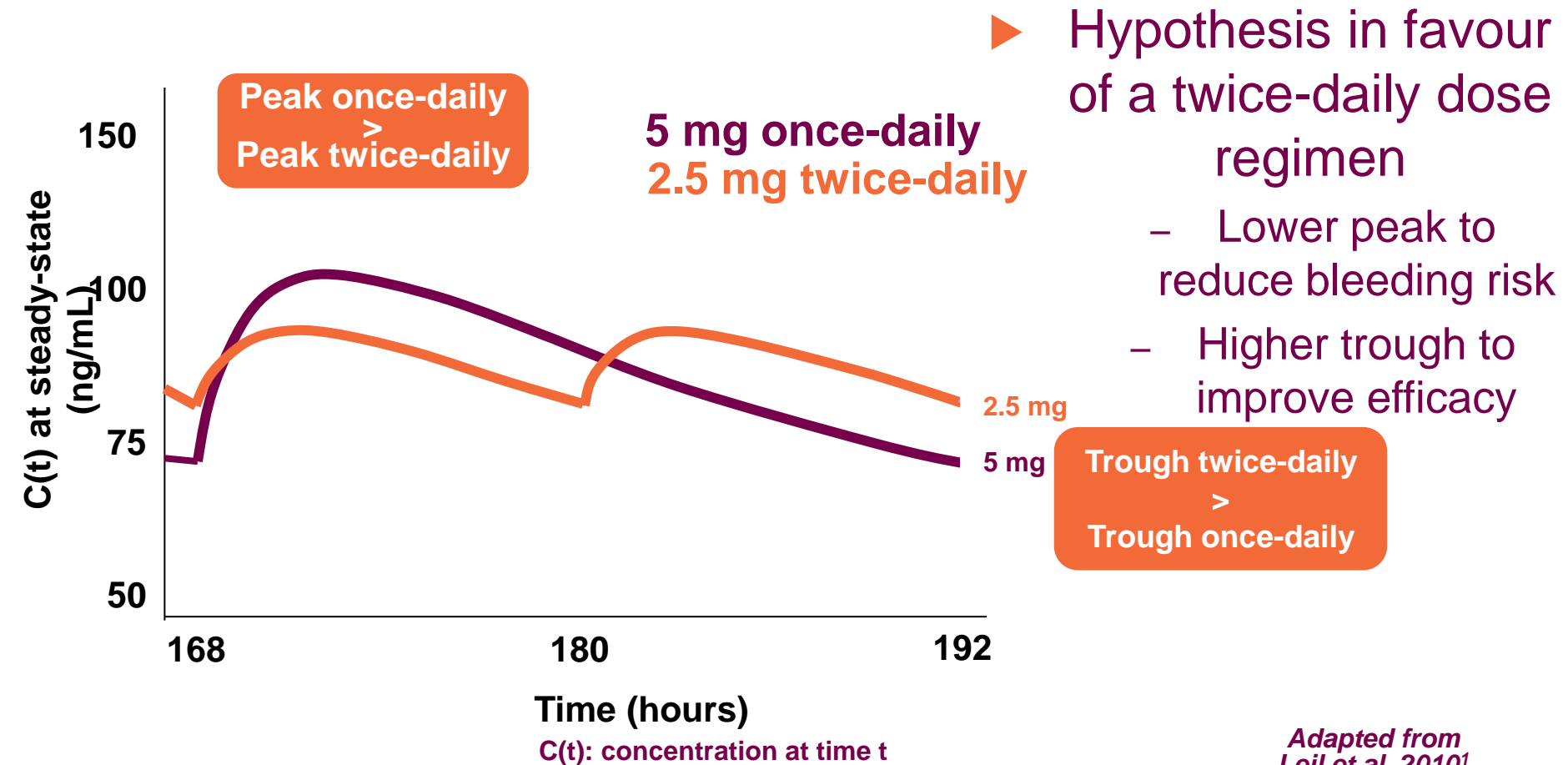
Adapted from Lassen et al. 2007<sup>1</sup>

This is a dose ranging PK/PD study and shown for illustrative purposes only. Only the 2.5mg BD dose of apixaban is licensed for VTE prophylaxis after elective TKR.

PD: pharmacodynamics; TKR: total knee replacement

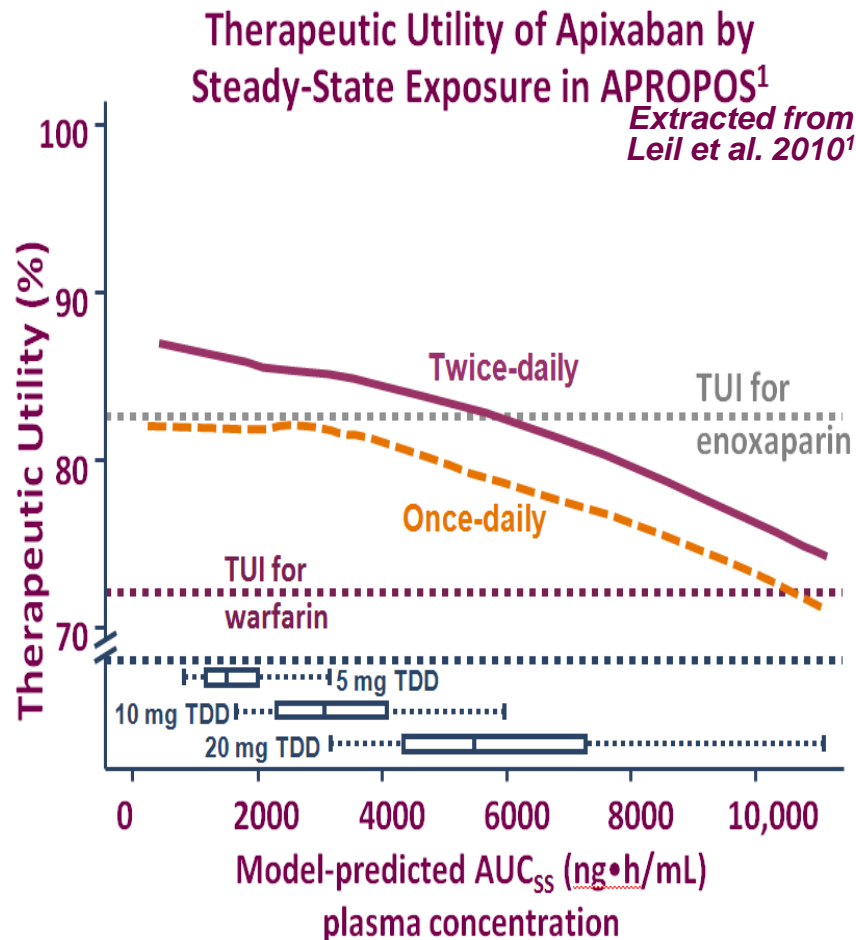
1. Lassen et al. *J Thromb Haemost* 2007;5:2368–75.

# APROPOS: Pharmacokinetic modelling to justify the twice-daily or once-daily regimen<sup>1</sup>



This is a PK study shown for illustrative purposes only. The 5mg once daily dose of apixaban is not licensed

# The choice of the apixaban twice-daily dosing regimen in all studied indications is based on a clear rationale



**Twice-daily dosing provided greater therapeutic utility (a combined measure of efficacy and safety) than once-daily dosing at all doses studied<sup>1</sup>**

- ◆ **The 2.5mg twice-daily dose was chosen for testing in phase III VTE prevention trials<sup>1,2</sup>**

**Twice-daily dosing was selected to maximize efficacy without increasing bleeding risk**

$AUC_{ss}$ : area under the curve at steady state; DVT: deep vein thrombosis; TDD: total daily dose; TUI: therapeutic utility index

1. Leil TA et al. *Clin Pharm Ther.* 2010;88(3):375–82.

2. Lopes RD et al. *Am Heart J.* 2010;159(3):331–39.

# Apixaban phase 3 dose selection for non-valvular atrial fibrillation (NVAF)

---

**Select NVAF daily dose**



**Select once-daily vs. twice-daily**



**Select 1 vs. 2 doses**



**Dosage adjustment**

**10 mg daily dose**



**Twice-daily**



**One dose (5 mg twice daily)**



**Algorithm**

# Dose reduction algorithm in NVAF

## 5 mg twice-daily → 2.5 mg twice-daily

For prevention of stroke or systemic embolism in patients with NVAF, a single dose of an anticoagulant is unlikely to be appropriate for all patients

For apixaban, no single factor (e.g. age, body weight or gender) has a major impact on apixaban exposure or bleeding risk<sup>1</sup>

Without dose adjustment, exposure increase from a combination of factors may produce less than optimal benefit-risk profile

Therefore, patients satisfying at least 2 of the following 3 criteria were given 2.5 mg twice-daily at randomization (and thereafter):<sup>2,3</sup>

- ◆ Age  $\geq$  80 yrs
- ◆ Body weight  $\leq$  60 kg
- ◆ Serum creatinine  $\geq$  1.5 mg/dL (133  $\mu$ mol/L)\*

**\*Note:** Per the SmPC, patients with the exclusive criterion of severe renal impairment (CrCl 15–29 ml/min) should also receive the lower dose of apixaban 2.5 mg twice daily. This new criterion differs from the trial conduct

1. Leil et al. *Clin Pharmacol Ther* 2010;88:375–82.  
2. Granger et al. *N Engl J Med* 2011;365:981–92.  
3. Connolly et al. *N Engl J Med* 2011;364:806–17.



# Apixaban trials for stroke prevention in NVAF: ARISTOTLE and AVERROES

Documented NVAF + risk factor(s)  
for stroke

ARISTOTLE



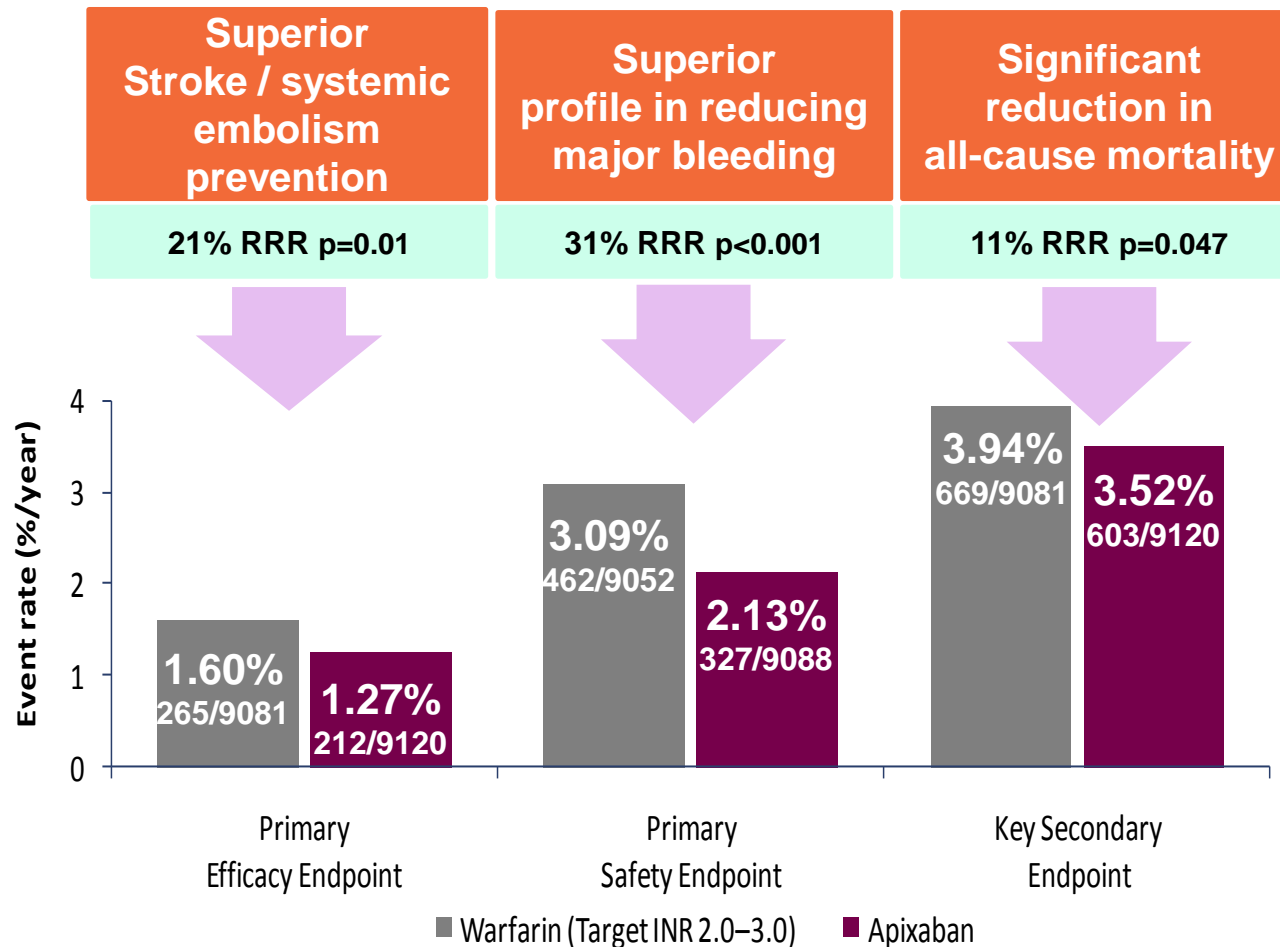
*Apixaban* versus warfarin  
(n=18,201)

AVERROES



*Apixaban* versus ASA  
(n=5,599)

# ARISTOTLE: Apixaban has demonstrated superiority vs. warfarin in the following key outcomes<sup>1</sup>

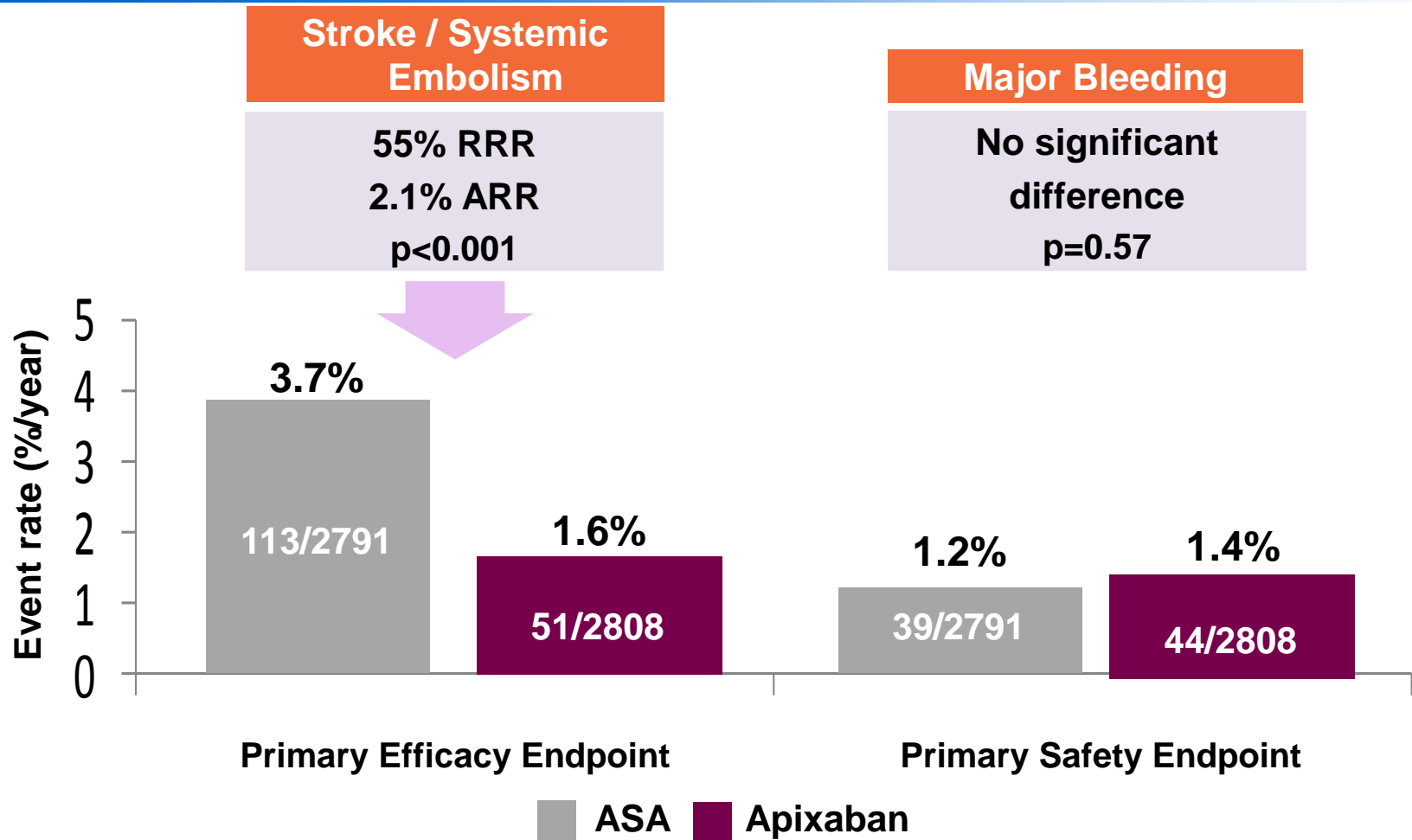


Created from Granger et al. 2011<sup>1</sup>

INR: international normalised ratio;  
RRR: relative risk reduction

**Median duration of follow-up 1.8 years**

# AVERROES: apixaban demonstrated superior efficacy vs. ASA without significantly increasing the risk of major bleeding<sup>1</sup>



ARR: absolute risk reduction;  
RRR: relative risk reduction

Mean duration of follow-up 1.1  
year

1. Connolly et al. *N Engl J Med.* 2011;364:806–17.

# Rationale for apixaban dosing strategies: conclusions

## Apixaban is a rationally designed Factor Xa inhibitor

- ◆ Choice for twice-daily dosing was based on clear rationale<sup>1</sup>
- ◆ Choice for twice-daily dosing also reflects greater priority placed on clinical outcomes than on convenience

## Decisions during clinical development led to favourable outcomes for apixaban in:

- ◆ VTE prevention after Total Knee Replacement (ADVANCE-2)<sup>2</sup>
- ◆ VTE prevention after Total Hip Replacement (ADVANCE-3)<sup>3</sup>
- ◆ Stroke prevention in NVAf (ARISTOTLE)<sup>4</sup>
- ◆ Stroke prevention in NVAf in patients unsuitable to warfarin (AVERROES)<sup>5</sup>
- ◆ Initial and long-term treatment of VTE (AMPLIFY)<sup>6</sup>
- ◆ Extended treatment and prevention of VTE (AMPLIFY-EXT)<sup>7</sup>

## Overall: twice-daily dosing delivered beneficial therapeutic balance between efficacy and safety across registered indications<sup>1</sup>

1. Leil TA et al. *Clin Pharm Ther.* 2010;88(3):375–382. 2. Lassen et al. *N Engl J Med* 2010;363:2487–98; 3. Lassen et al. *Lancet* 2010;375:807–15; 4. Agnelli et al. *N Engl J Med* 2013;369:799–808; 5. Agnelli et al. *N Engl J Med* 2013; 368:699–708; 6. Granger et al. *N Engl J Med* 2011;365:981–92; 7. Connolly et al. *N Engl J Med* 2011;364:806–17.



# Acknowledgements

---

**Members of the BMS-Pfizer Alliance Team**

**Robert Knabb**

**Rebecca Boyd**

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**John H. Lawrence**

**Margarida Geraldes**

**Tarek Leil**

**Elora Gupta**

**Yan Song**

**Michael Hanna**

**Junyuan Wang**

# **Improving Productivity in Pharmaceutical Research and Development: The Role of Clinical Pharmacology and Experimental Medicine**

Center for Health Policy  
The Brookings Institution

The Embassy Row Hotel • Washington, DC  
July 28, 2015

**Center for Health Policy at Brookings Institution**  
***Improving Productivity in Pharmaceutical Research and  
Development: The Role of Clinical Pharmacology and  
Experimental Medicine***

**A clinician's perspective on the right dose  
for the right patient:  
Challenges and Opportunities in Dose Optimization**

Michael Maitland, MD PhD

Asst. Professor

Committee on Clinical Pharmacology and Pharmacogenomics

Department of Medicine, Section of Hematology/Oncology

July 28, 2015



THE UNIVERSITY OF  
CHICAGO MEDICINE

Medicine/Hematology-Oncology

# Comments

- 1. High impact from concentrated resources**
- 2. Time-to-market vs. knowledgebase**
- 3. Real patient-level impact**
- 4. From sub-populations to patients**
- 5. C&O in pre-competitive, off-label, and outcomes studies**



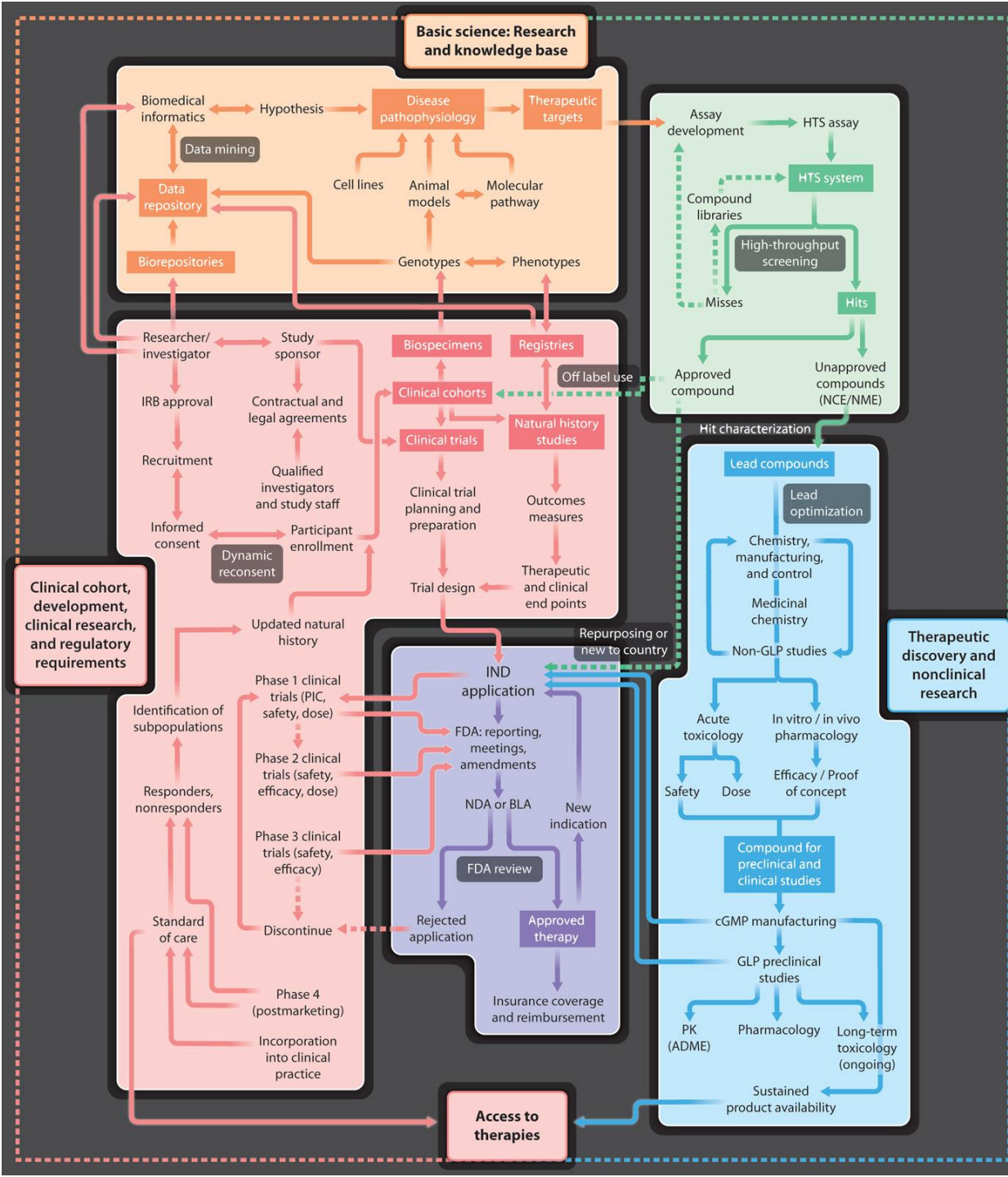


# Precision Medicine TODAY

# Emerging concepts in developing treatments with better therapeutic index

**Fig. 1. Using NETS to catch new therapies.**

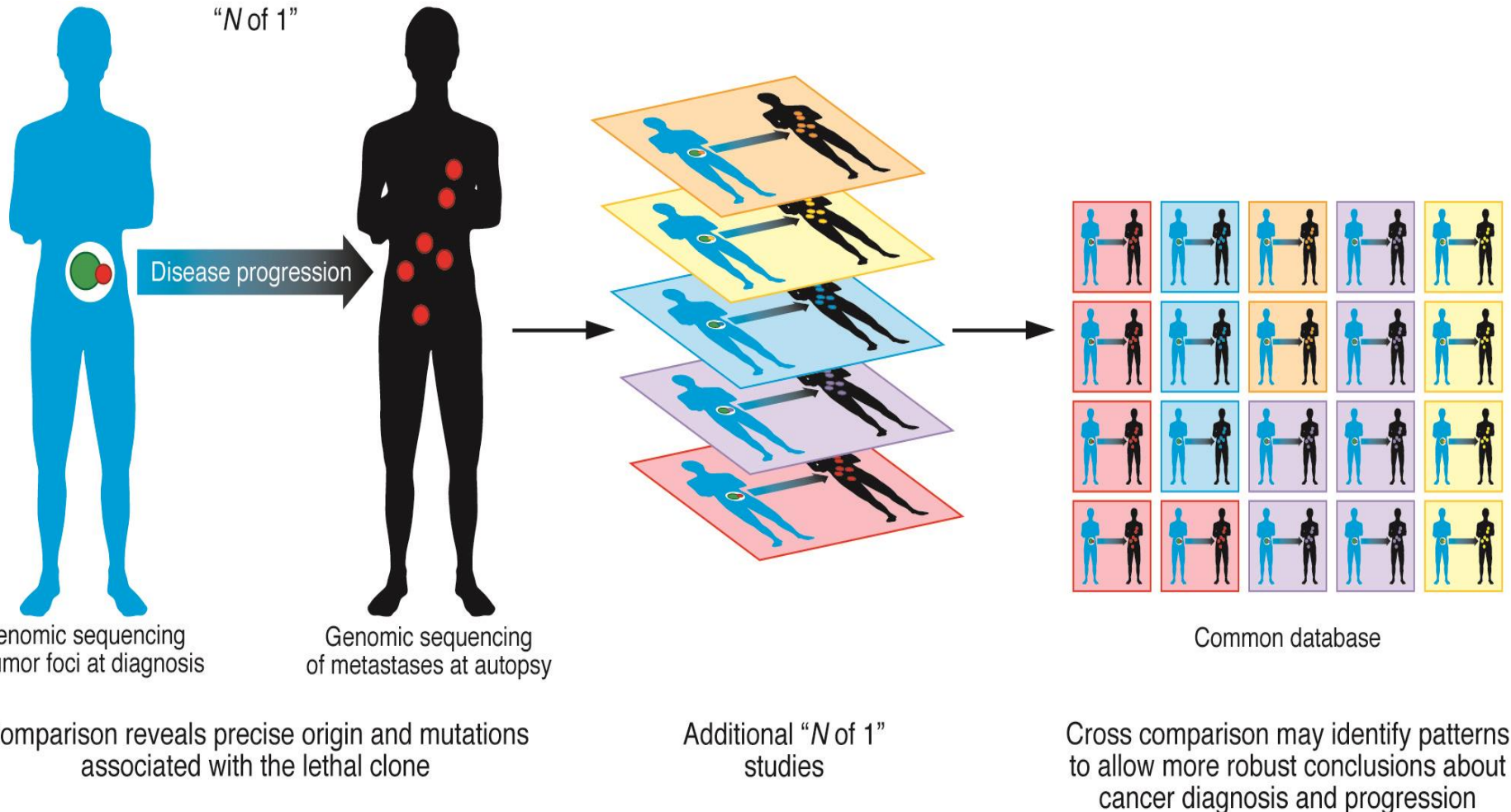
Kristin Baxter et al., *Sci Transl Med* 2013;5:171





# Emerging concepts in developing treatments with better therapeutic index

Brannon & Sawyers *J Clin Inv* '13



# **Improving Productivity in Pharmaceutical Research and Development: The Role of Clinical Pharmacology and Experimental Medicine**

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# **Precision Medicine: Trial Enrichment, Biomarker Science, and Mechanistic Reasoning to Optimize Patient Selection**

Mike Pacanowski

Associate Director for Genomics and Targeted Therapy  
CDER/OTS/OCP

**This presentation reflects the views of the presenter and is not be construed to represent FDA's policies or positions.**

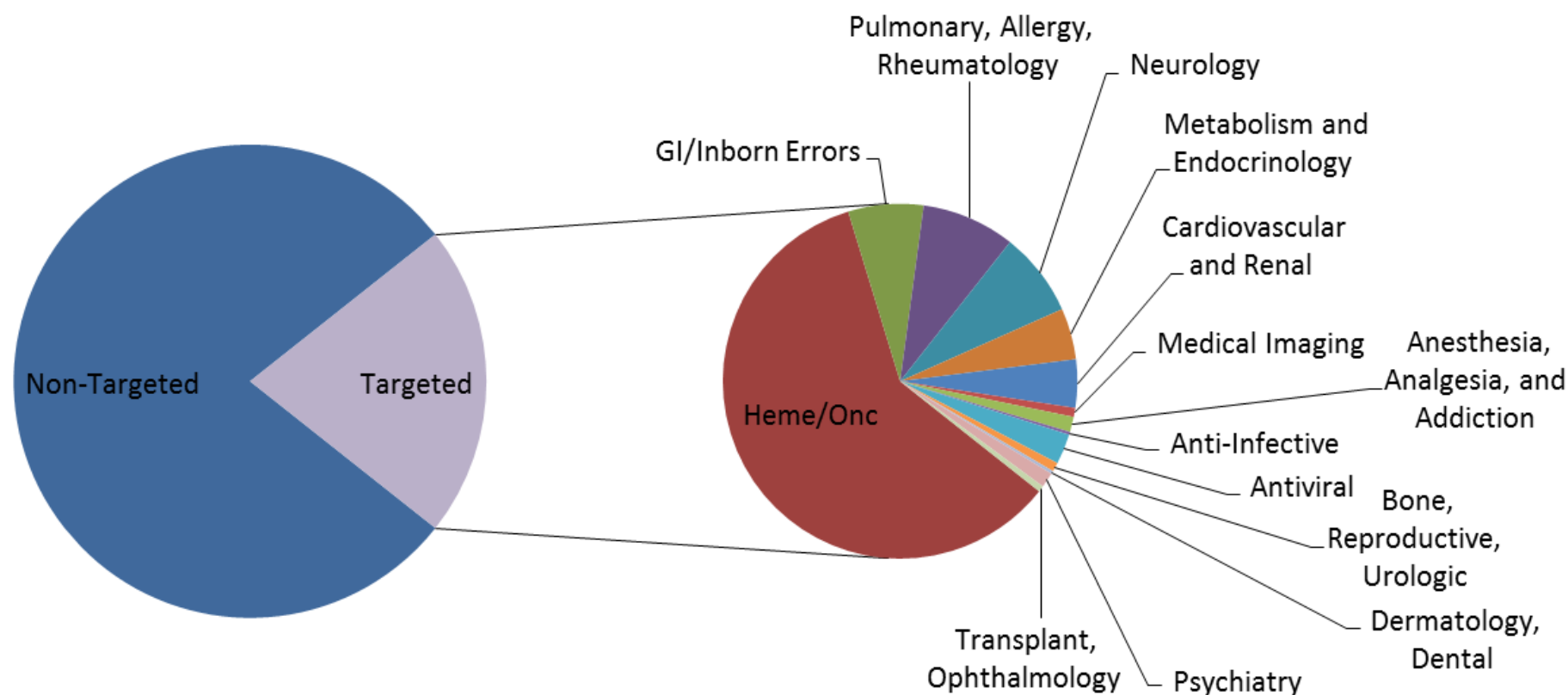
## Goal

- Identify best design practices for early-phase trials to enable late-phase enrichment strategies that reduce attrition and improve benefit/risk assessments for individual patients

# Precision Medicines

- Drug or biologic intended for use in only a subset of patients with a disease who are identified by a genomic, proteomic, or other specific biomarker
- Biomarkers may have diagnostic, prognostic, predictive, or other value; reasonable expectation that the pharmacology of the drug depends on the biomarker
- Targeted strategy may stem from mechanistic relationship to well-understood biomarker, or evidence for differential effects in experimental studies or clinical trials

# Investigational Drug Landscape

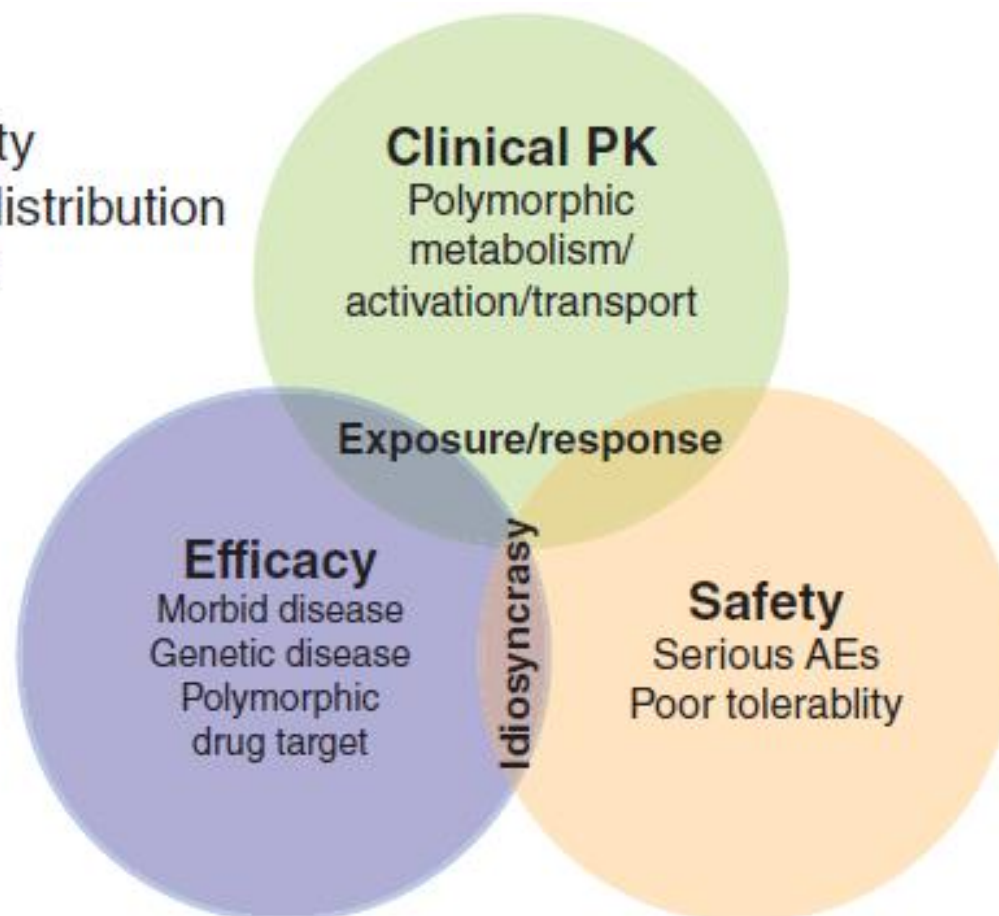


Estimated volume of meeting packages and protocols with biomarker-based objectives (e.g., enrichment, stratification, endpoints) based on ~1700 electronic submissions, May 2014-Mar 2015

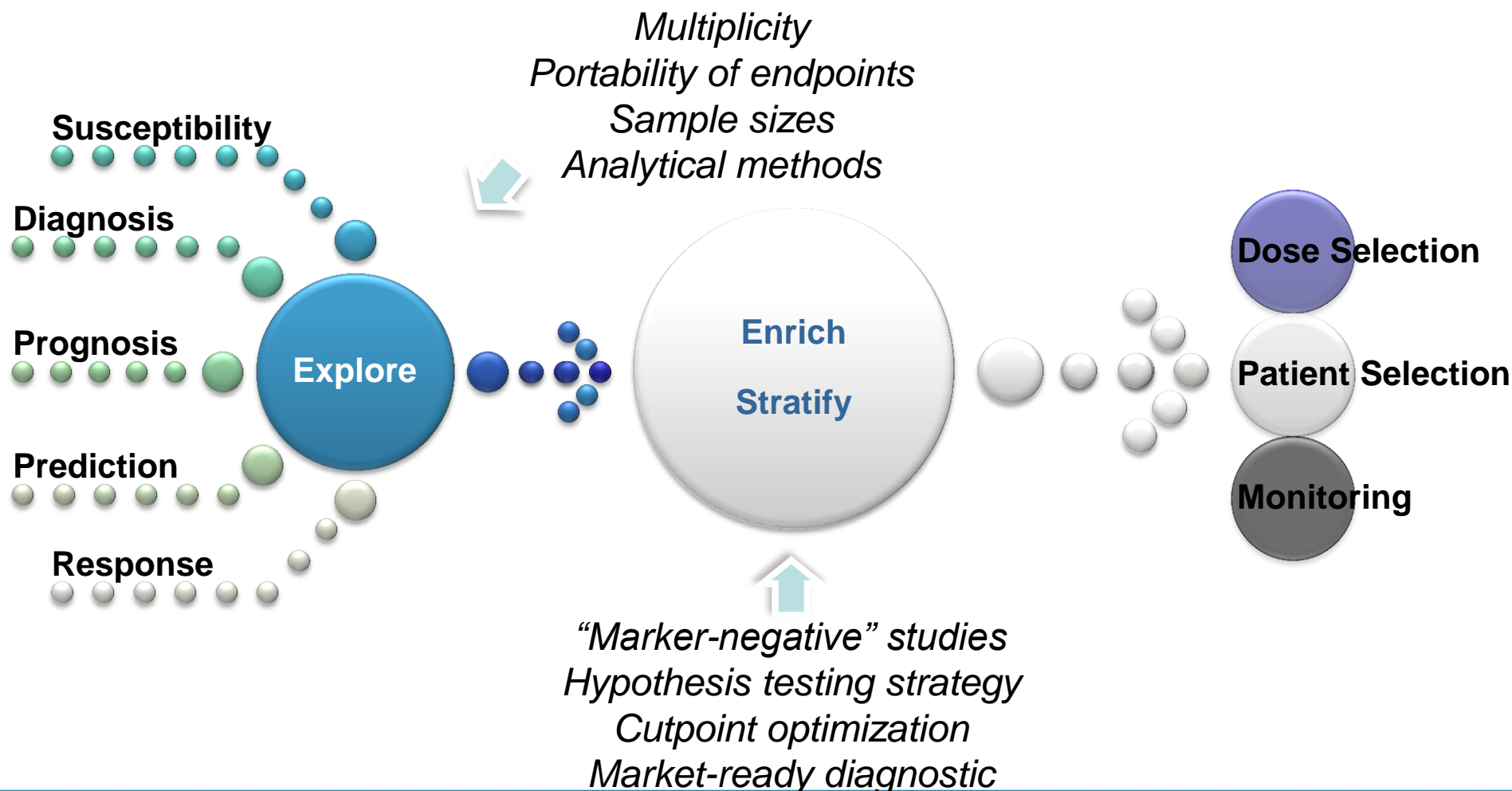


# Suitable Candidates for Targeted Development

High variability  
Multimodal distribution  
Race effects  
Outliers



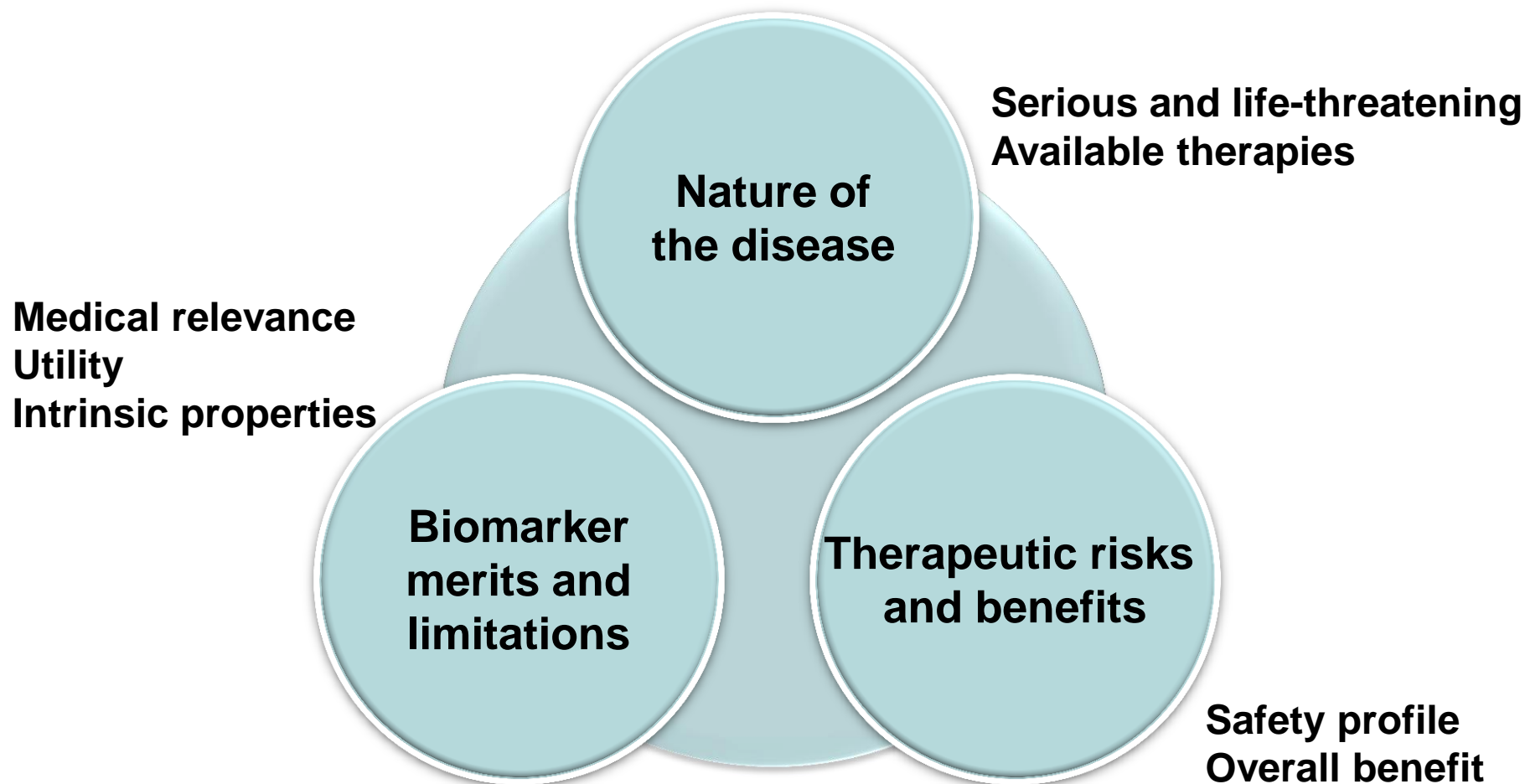
# Patient Selection Biomarkers in Clinical Drug Development



# Targeted Development Approaches

- Ideally, codevelopment planned from outset
  - Suitable for known predictive/prognostic biomarkers, clear differences in the drug target
- Typically, strategy established at EOP2 junction
  - Based on early trials fit to find large biomarker effects
  - Gain some evidence of predictive value
- Exceptionally, discovered in late-phases or post-approval
  - Certainty, and compelling shift in risk/benefit
  - Complete, high-quality data are essential
  - Pro-/retrospective approaches require careful planning

# Appropriateness of Biomarker-Based Indications



# Idealized Development Scenario

Phase 1: Safety>PK>PD (BA, E/R, DDI, QT, Food)						Post-Marketing: Efficacy Safety PK
		Phase 2: PK/PD>Safety>Efficacy				
				Phase 3: Efficacy>Safety>PK/PD		
Learn	ADME	ADME, Target, Disease	Omics			
			ADME, Target, Disease	Omics +/-		Omics –
Confirm						
Apply	ADME, Target, Disease	ADME, Target, Disease		ADME, Target, Disease	Omics +	Omics –

## Points to Consider

- Proactively manage exposure and response variability
- Exploit known biology for “quick[er] win” or “fast[er] fail”
- Design trials that are fit to identify predictive biomarkers
- Challenges
  - What is needed to build confidence with limited data?
  - Best way to develop around known liabilities?
  - How will (un)expected findings affect the program?
  - When to commit resources to assay development?
  - Best approach integrate hypotheses in late-phase trials?

# **Improving Productivity in Pharmaceutical Research and Development: The Role of Clinical Pharmacology and Experimental Medicine**

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# **Aducanumab (BIB037), an Anti-Amyloid Beta Monoclonal Antibody, in Patients With Prodromal or Mild Alzheimer's Disease**

**Brookings, Washington, DC**

**July 28, 2015**

Vissia Viglietta MD, PhD

Biogen, Cambridge MA





# Alzheimer's Disease: The stats

In 2013,

15.5 million

family & friends

provided 17.7 billion

hours of unpaid

care to those with

Alzheimer's disease

and other dementias



Alzheimer's disease (AD) accounts for 60–70% of all dementia diagnoses

---

~ 5 million in the U.S. are living with AD

*By 2050, up to 16 million*

---

Median survival after diagnosis is 8.5 years

*AD is the sixth leading cause of death in the U.S.*

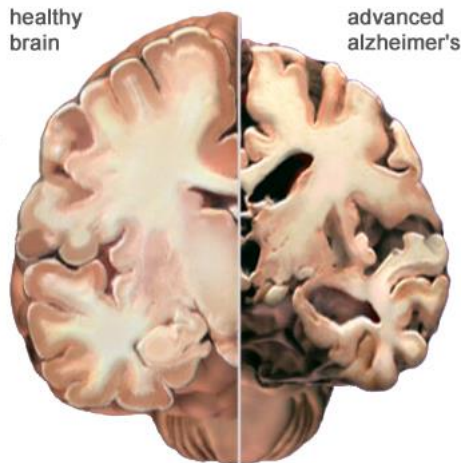
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Over \$600B in global healthcare spend

*AD is the most expensive condition in the U.S.*

# Alzheimer's disease

## *Plaques & tangles*



- Pathological hallmarks
  - Amyloid- $\beta$  ( $A\beta$ ) plaques
  - Neurofibrillary tangles
- Inflammatory processes likely play role
- Associated with
  - ❖ Brain atrophy
  - ❖ Neurochemical changes
  - ❖ Neuronal loss

# The Amyloid Hypothesis

- Alzheimer's disease is characterized by the aggregation of A $\beta$  peptides in the form of A $\beta$  plaques, one of the hallmark neuropathological features of the disease
- A $\beta$  peptide is produced by sequential processing of amyloid precursor protein (APP) in the amyloidogenic pathway
- A $\beta$  peptides self aggregate into various forms, including soluble monomers and oligomers, and insoluble fibrils and amyloid plaques
- Clearance pathways for brain A $\beta$  include receptor-mediated transport across the blood-brain barrier and enzymatic degradation
- Accumulation of A $\beta$  production within the Alzheimer's disease may result from either overproduction and/or impaired clearance

# However, the road to drug development in AD has been paved with high profile failures

## Trial Design Issues

- Earlier AD trials did not screen patients for amyloid plaque; patients enrolled without Alzheimer's (e.g Roche's gantenerumab in prodromal patients)
  - Bapi Ph3 6.5% ApoE4 carriers, 36% ApoE4 non-carriers not meeting SUVR cut off for positivity (PIB)
  - Sola Ph3 6.6% ApoE4 carriers, 32.8% ApoE4 non-carriers not meeting SUVR cut off for positivity (AV45)
- Patients enrolled with moderate Alzheimer's; too progressed to benefit from therapy (e.g. Lilly's solanezumab trial in moderate)

## Dose Effect

- Adverse event of ARIA limited ability to push dose high enough for efficacy (e.g. Pfizer's/J&J's bapineuzumab)

**The industry has learned from these failures and incorporated learnings into the newer DMT clinical trials underway**

# Aducanumab Background

- Human monoclonal antibody selective for aggregated forms of beta-amyloid, including soluble oligomers and insoluble fibrils
- In Tg2576 mouse model of AD:
  - Dose-dependent reduction of A $\beta$  with chronic dosing<sup>1</sup>
  - Microglia-mediated phagocytosis of amyloid plaques<sup>2</sup>
- A single ascending dose study<sup>3</sup> of aducanumab demonstrated acceptable safety and tolerability in mild-to-moderate subjects with AD at doses up to 30 mg/kg

# Key Elements of Study Design

## Population

- Prodrormal or mild AD
- MMSE  $\geq 20$
- Stable concomitant medications
- **Positive amyloid PET scan**

## Dose Escalation Design

1 & 3 mg/kg: placebo (Arms 1-3)

10 mg/kg: placebo (Arms 4-5)

6 mg/kg: placebo (Arms 6-7)

**Titration: placebo (Arms 8-9)**

- Planned sample size **188** subjects
- Randomization 3:1 active vs placebo
- Planned enrollment 30 subjects per active arm
- Stratified by ApoE  $\epsilon 4$  status
- Dose escalation based on independent DMC review of safety, tolerability and PK data

## Endpoints

### Primary

- Safety and tolerability

### Secondary

- Serum PK
- Anti-aducanumab antibodies
- Amyloid PET, change from baseline to Week 26

### Exploratory

- CDR-sb, MMSE
- Amyloid PET, change from baseline to Week 54

Prodrormal AD: MMSE 24-30; spontaneous memory complaint; total free recall score  $\leq 27$  on FCSRT; global CDR score 0.5; absence of significant levels of impairment in other cognitive domains; essentially preserved activities of daily living and absence of dementia

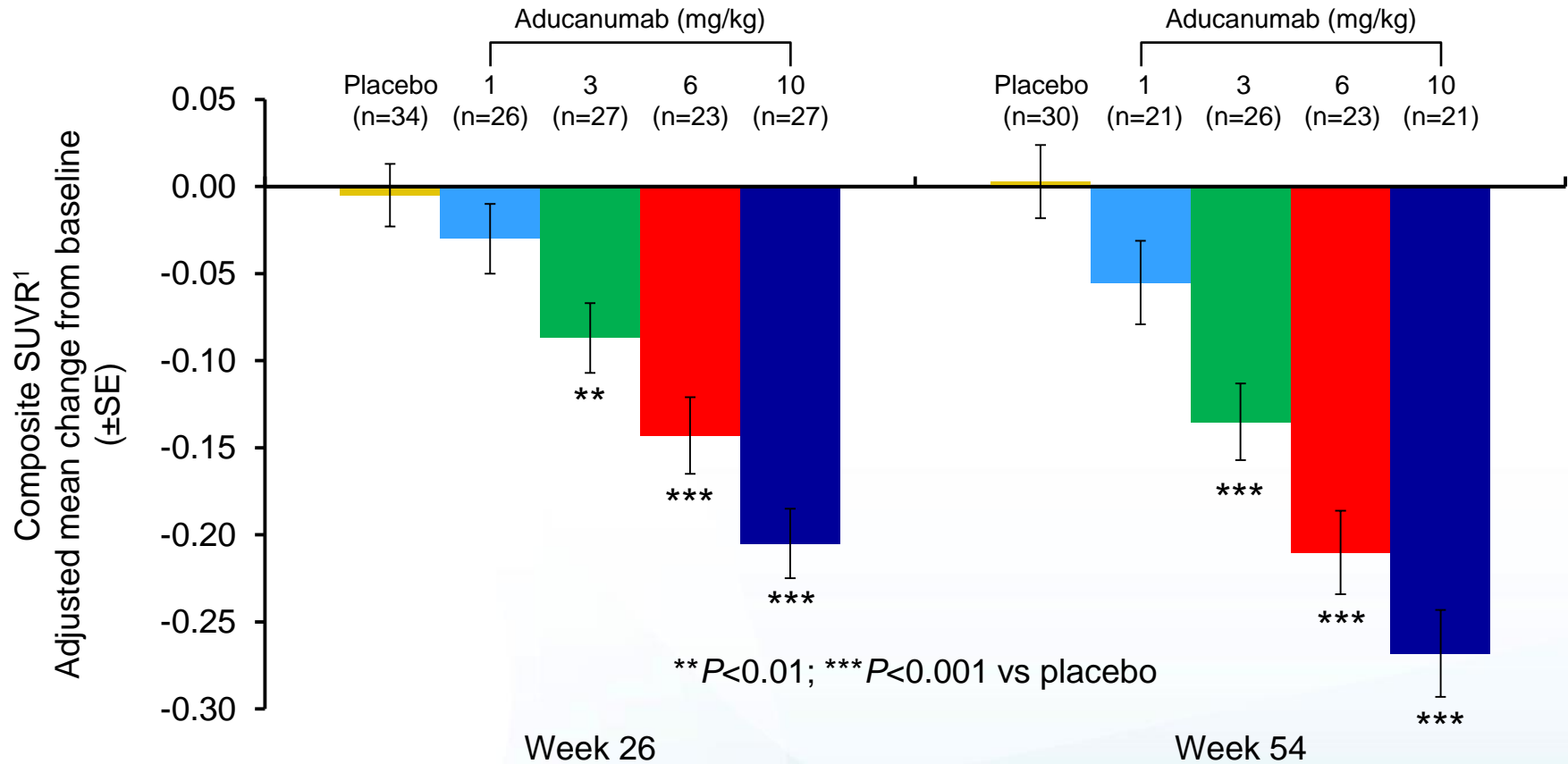
Mild AD: MMSE 20-26; global CDR 0.5 or 1.0; meeting NIA-AA core clinical criteria for probable AD

# Baseline Disease Characteristics

	Aducanumab				
	Placebo (n=40)	1 mg/kg (n=31)	3 mg/kg (n=32)	6 mg/kg (n=30)	10 mg/kg (n=32)
Age years, mean	72.8	72.6	70.5	73.3	73.7
ApoE ε4, n (%)					
Carriers	26 (65)	19 (61)	21 (66)	21 (70)	20 (63)
Non-carriers	14 (35)	12 (39)	11 (34)	9 (30)	12 (38)
Clinical stage, n (%)					
Prodromal	19 (48)	10 (32)	14 (44)	12 (40)	13 (41)
Mild	21 (53)	21 (68)	18 (56)	18 (60)	19 (59)
MMSE, mean ± SD	24.7 ± 3.6	23.6 ± 3.3	23.2 ± 4.2	24.4 ± 2.9	24.8 ± 3.1
Global CDR, n (%)					
0.5	34 (85)	22 (71)	22 (69)	25 (83)	24 (75)
1	6 (15)	9 (29)	10 (31)	5 (17)	8 (25)
CDR-sb, mean ± SD	2.66 ± 1.50	3.40 ± 1.76	3.50 ± 2.06	3.32 ± 1.54	3.14 ± 1.71
PET SUVR, mean	1.441	1.441	1.464	1.429	1.441
AD medications use, <sup>a</sup> n (%)	24 (60)	19 (61)	28 (88)	20 (67)	17 (53)

CDR-sb, Clinical Dementia Rating sum of boxes; <sup>a</sup>Cholinesterase inhibitors and/or memantine

# Amyloid Plaque Reduction with Aducanumab

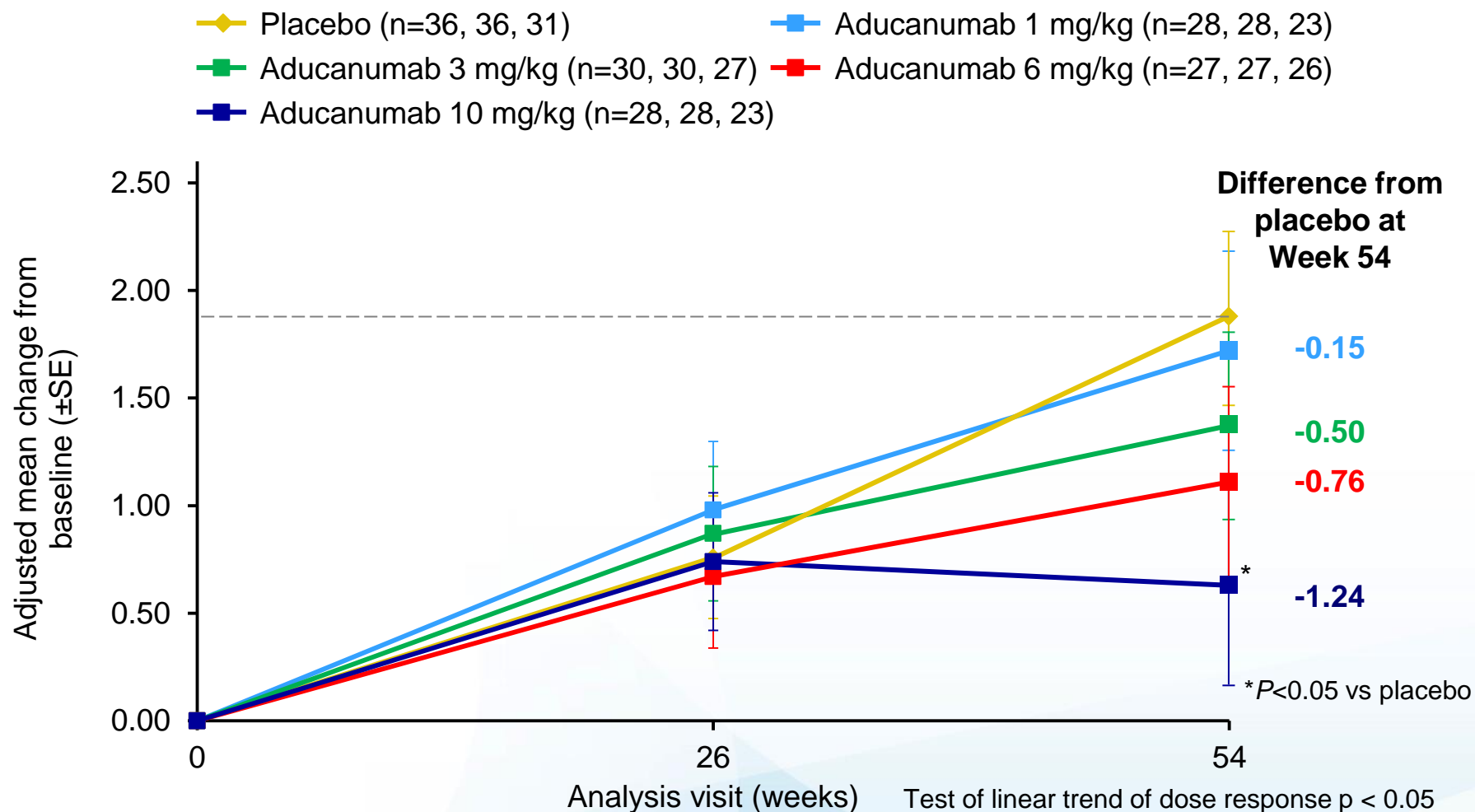


Analyses based on observed data. ANCOVA for change from baseline with factors of treatment, laboratory ApoE ε4 status (carrier and non-carrier), and baseline composite SUVR. PD analysis population is defined as all randomized subjects who received at least 1 dose of study medication and had at least 1 post-baseline assessment of the parameter.

1. Ostrowitzki et al. Arch Neurol 2012; 2. Clark et al. Lancet Neurol 2012

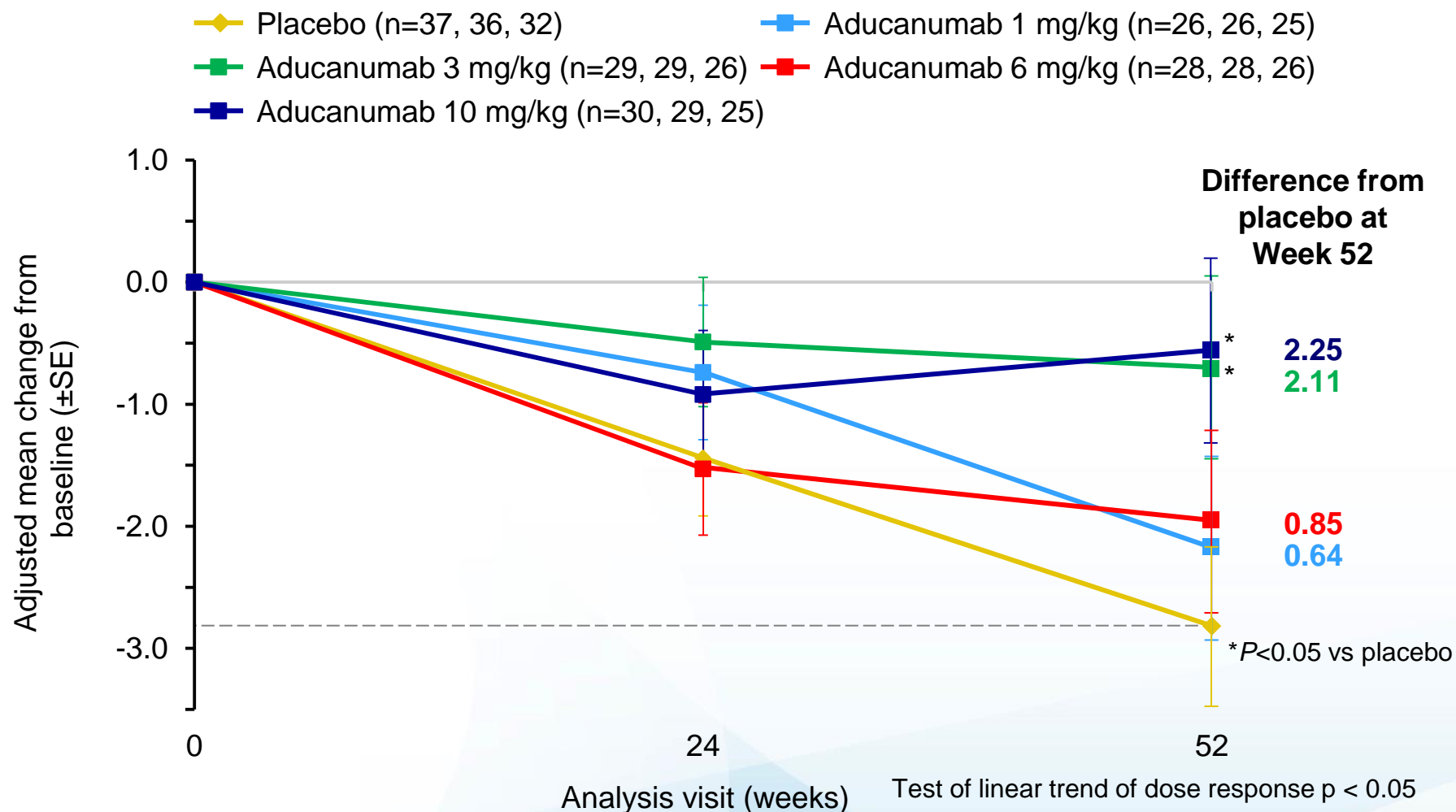


# Slowing of Decline on CDR-sb with Aducanumab



CDR-sb is an exploratory endpoint. Analyses based on observed data. ANCOVA for change from baseline with factors of treatment, laboratory ApoE  $\epsilon 4$  status (carrier and non-carrier), and baseline CDR-sb. Efficacy analysis population is defined as all randomized subjects who received at least 1 dose of study medication and had at least 1 post-baseline questionnaire assessment.

# Slowing of Decline on MMSE with Aducanumab



MMSE is an exploratory endpoint. Analyses based on observed data. ANCOVA for change from baseline with factors of treatment, laboratory ApoE  $\epsilon 4$  status (carrier and non-carrier), and baseline MMSE. Efficacy analysis population is defined as all randomized subjects who received at least one dose of study medication and had at least one post-baseline questionnaire assessment

# ARIA: Incidence and Characteristics

	Aducanumab				
	Placebo	1 mg/kg	3 mg/kg	6 mg/kg	10 mg/kg
Subjects with at least 1 MRI	38	31	32	30	32
ARIA-E n (%)	0	1 (3)	2 (6)	10 (33)	13 (41)
ApoE ε4 carrier	0	1 (5)	1 (5)	9 (43)	11 (55)
ApoE ε4 non-carrier	0	0	1 (9)	1 (11)	2 (17)
Isolated ARIA-H, n (%)	2 (5)	2 (6)	3 (9)	0	2 (6)

Most (92%) observed within the first 5 doses

65% of events were asymptomatic

35% were symptomatic

- Mostly rated as mild to moderate (78%)
- Generally transient, typically resolving within 4 weeks
- Included headache, visual disturbances, or confusion

MRI findings typically resolved within 4-12 weeks

# Summary

Statistically significant dose- and time-dependent reduction of amyloid plaque, as measured by PET imaging, evident at 6 months and 1 year of treatment

Statistically significant dose-dependent slowing of decline on MMSE and CDR-sb at 1 year

ARIA-E was the main safety and tolerability finding

- Dose- and ApoE  $\epsilon$ 4 dependent
- Monitorable and manageable

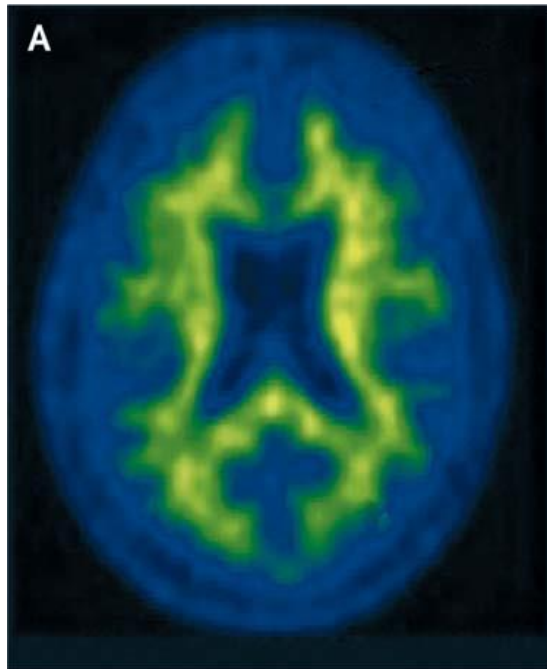
# Learnings from Ph1b study allowed quicker launch of Ph3 aducanumab program:

## ENGAGE and EMERGE Study

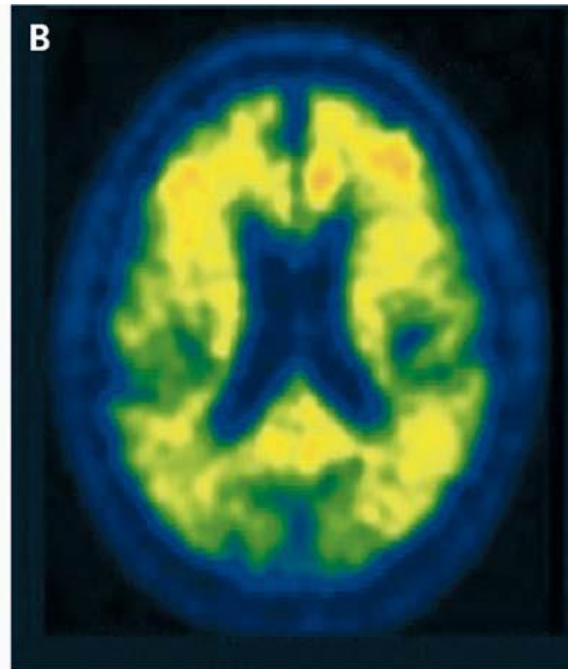
Phase 3 Design	
<b>Population</b>	MCI due to AD + subset of mild AD MMSE 24-30, CDR-G 0.5, RBANS $\leq$ 85
<b>Enrichment</b>	Amyloid PET positivity
<b>Doses</b> <i>Different in APOE4 carriers and non carriers</i>	Two dose levels (low & high) Differential dosing based on $\epsilon$ 4 status $\epsilon$ 4+: Titrate to low dose, high dose or placebo $\epsilon$ 4-: Titrate to low dose, high dose or placebo
<b>Duration</b>	18 months + 24 month Long Term Extension
<b>Primary endpoint</b>	CDR sum of boxes (change from baseline at week 78)
<b>Other endpoints</b>	Secondary: MMSE, ADAS-Cog 13, ADCS-ADL-MCI Tertiary: vMRI, fMRI, CSF disease-related markers (subset), Amyloid PET (subset)
<b>Sample size</b>	~1350 per study (450/arm; 1:1:1)

# Thank You!

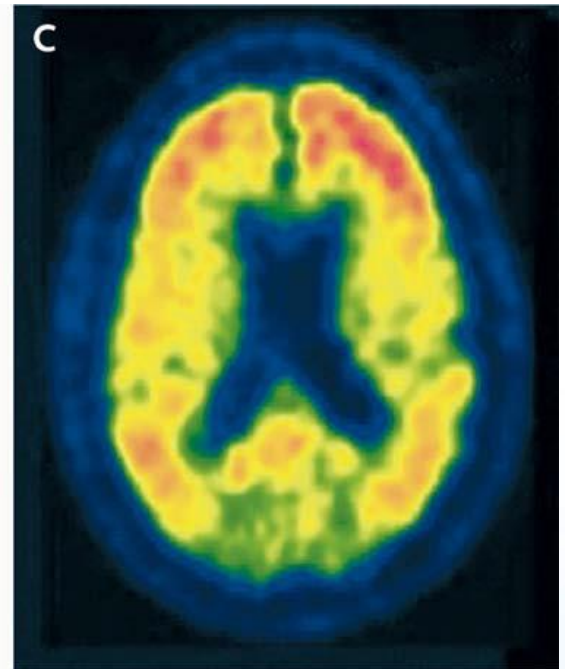
# PET Amyloid Imaging



Normal cognition



Mild cognitive impairment (MCI)



Alzheimer's disease



Biogen.

Petersen RC. N Engl J Med 2011;364:2227-2234



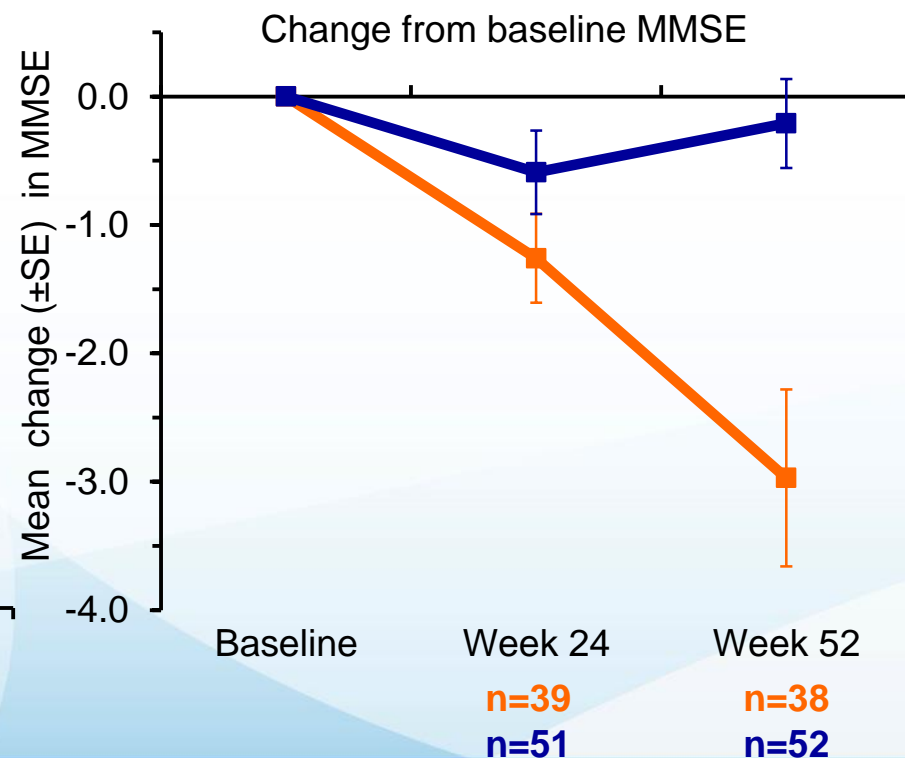
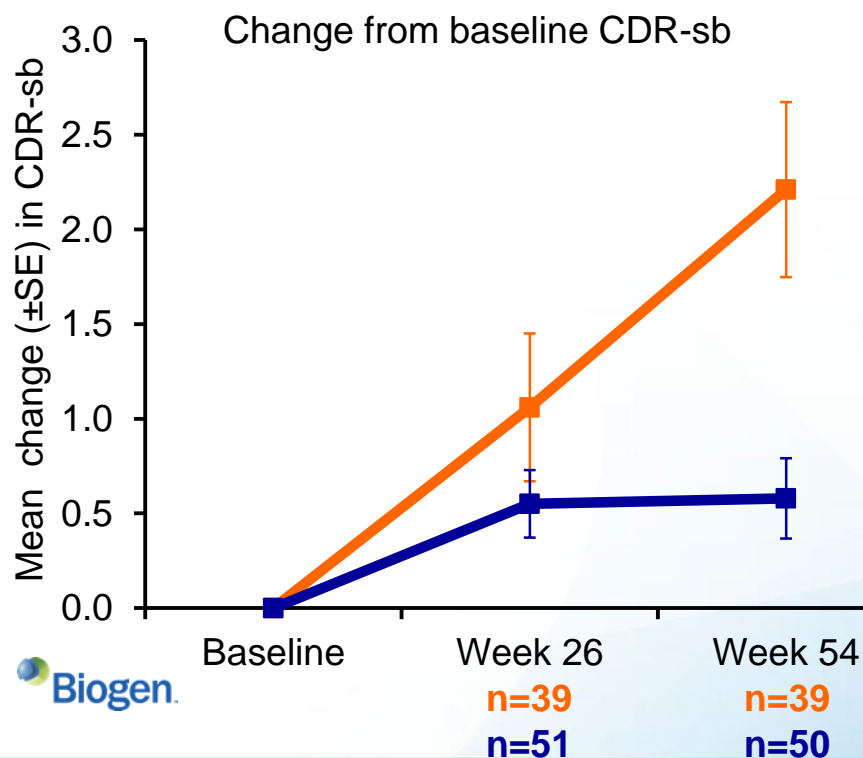
The NEW ENGLAND  
JOURNAL of MEDICINE

# Correlation Between Changes in PET SUVR and CDR-sb and MMSE in Aducanumab-Treated Patients

Change in SUVR vs Change in	Spearman correlation	P-value
CDR-sb	0.27	<0.05
MMSE	-0.38	<0.001

## PET Reduction Relative to SD of Week 54 Placebo Change

— > 1 SD    — ≤1 SD





# ARIA-E Subject Disposition

	Aducanumab			
	1 mg/kg (n=31)	3 mg/kg (n=32)	6 mg/kg (n=30)	10 mg/kg (n=32)
ARIA-E, n (% population)	1 (3)	2 (6)	10 (33)	13 (41)
Continued treatment	0	2 (6)	7 (23)	5 (16)
Same dose	0	0	1 (3)	0
Dose reduced	0	2 (6)	6 (20)	5 (16)
Discontinued treatment*	1 (3)	0	3 (10)	8 (25)
ApoE ε4 carrier	1 (5)	0	2 (10)	7 (35)
ApoE ε4 non-carrier	0	0	1 (11)	1 (8)

54% of subjects who developed ARIA-E continued treatment

None of these subjects developed recurrent ARIA-E

\* Per protocol, subjects who develop mild, moderate, or severe ARIA-E accompanied by moderate, severe, or serious clinical symptoms at any time during the study permanently discontinued treatment.

# **Improving Productivity in Pharmaceutical Research and Development: The Role of Clinical Pharmacology and Experimental Medicine**

Center for Health Policy  
The Brookings Institution

The Embassy Row Hotel • Washington, DC  
July 28, 2015

# Precision Medicine in Cystic Fibrosis

James C. Sullivan, Ph.D.

CF Biomarkers

*Vertex Pharmaceuticals Incorporated*

July 28, 2015

# Outline

I. Background

II. Gating Defects

III. Processing / Trafficking Defects

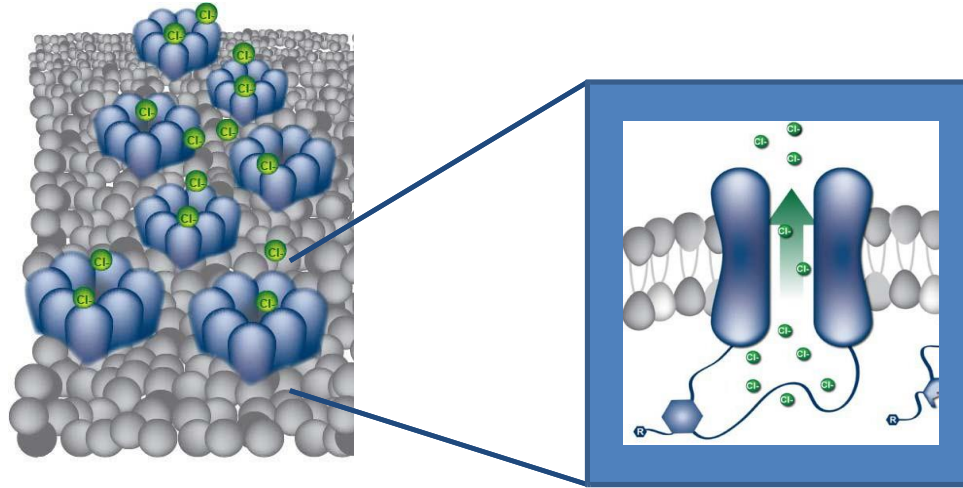
# I. Overview of Cystic Fibrosis

- Cystic fibrosis (CF) is a life-limiting, rare genetic disease that affects ~70,000 people worldwide
- Although clinical manifestations occur throughout the body, progressive lung disease is the main cause of death
- CF is caused by defects in the CFTR ion channel that result from mutations in the *CFTR* gene
- Of the ~2000 *CFTR* gene mutations identified to date, 143 are known to cause CF
- *F508del* is the most common mutation

CFTR: cystic fibrosis transmembrane conductance

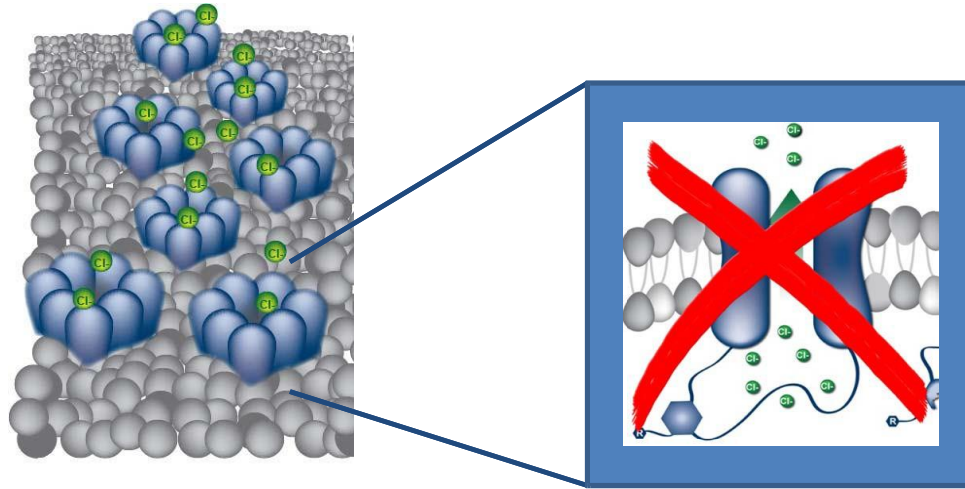
Regulator  
Singer et al., Nature Genetics 2013; Castellani et al., JCF 2008; Riordan et al., Science 1989

# I. CFTR Is a Chloride Ion Channel that Is Normally Expressed at the Cell Surface of Epithelial Cells



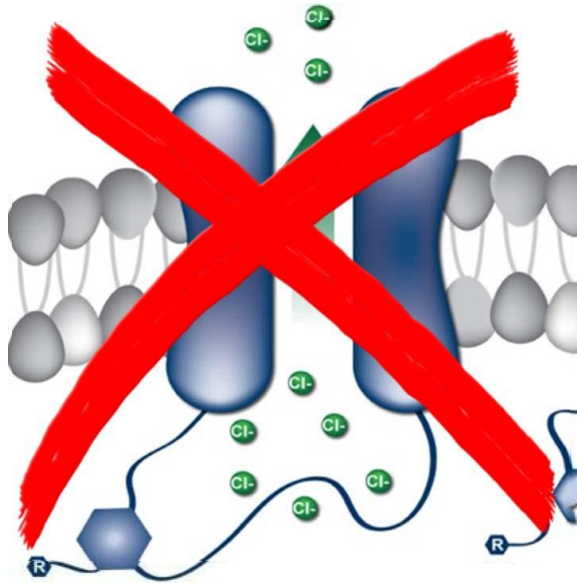
- Multi-domain chloride ion channel
- Opened and closed (gated) by ATP binding and hydrolysis
- Channel opening requires phosphorylation by protein kinase A
- Regulates epithelial ion and fluid transport to facilitate airway clearance

# I. CF Is Caused by the Loss of Chloride Transport



- Due to defects in the quantity and/or function of the CFTR protein at the cell surface

# I. Loss of Chloride Transport Causes Multiple Clinical Manifestations

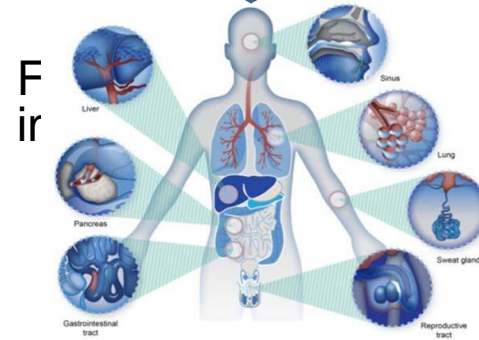


CFTR Mutations

Defect in CFTR

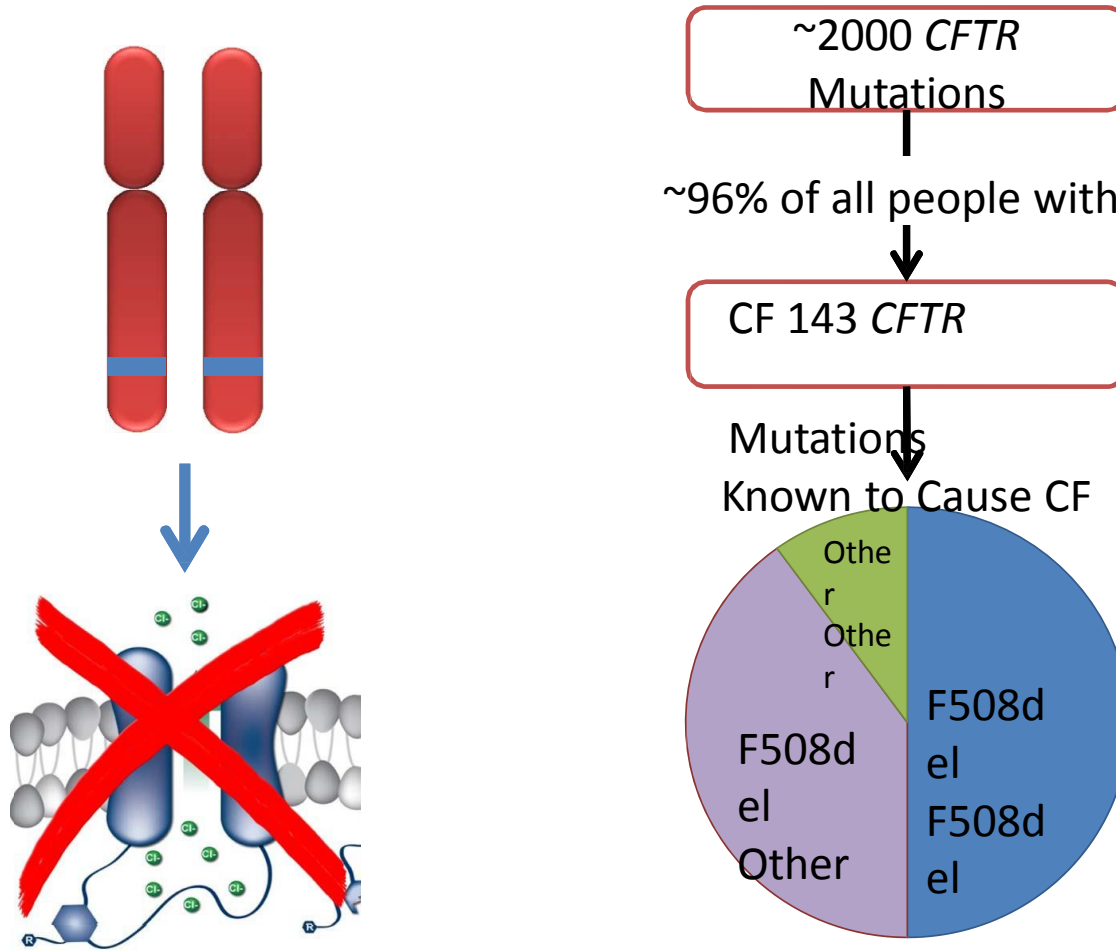
Protein Loss of

chloride and  
bicarbonate transport





# I. Loss of Chloride Transport Is Due to Defects in the CFTR Protein Caused by Mutations in the *CFTR* gene



# I. Impact of *CFTR* Mutations on Disease Phenotype and Molecular Defect Well Understood

Natural history studies established the relationship between disease phenotype and level of *CFTR* dysfunction

- Suggested 10% – 20% improvement in *CFTR* function needed

In vitro characterization of the type and severity of the molecular defects caused by different *CFTR* mutations

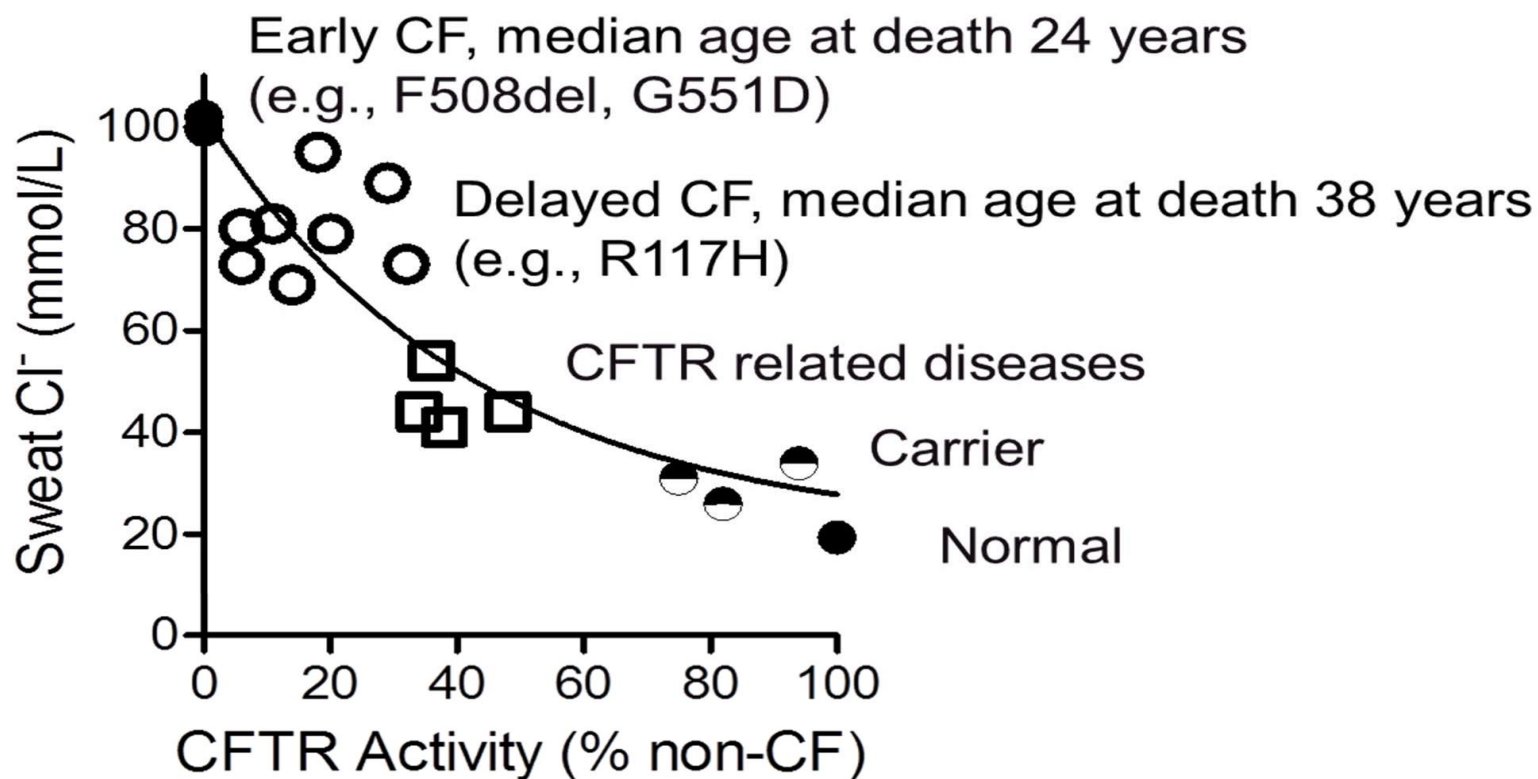
- Five different types of molecular defects identified that reduce the quantity and/or function of *CFTR* at the cell surface

Driven by academic research with private/government funding



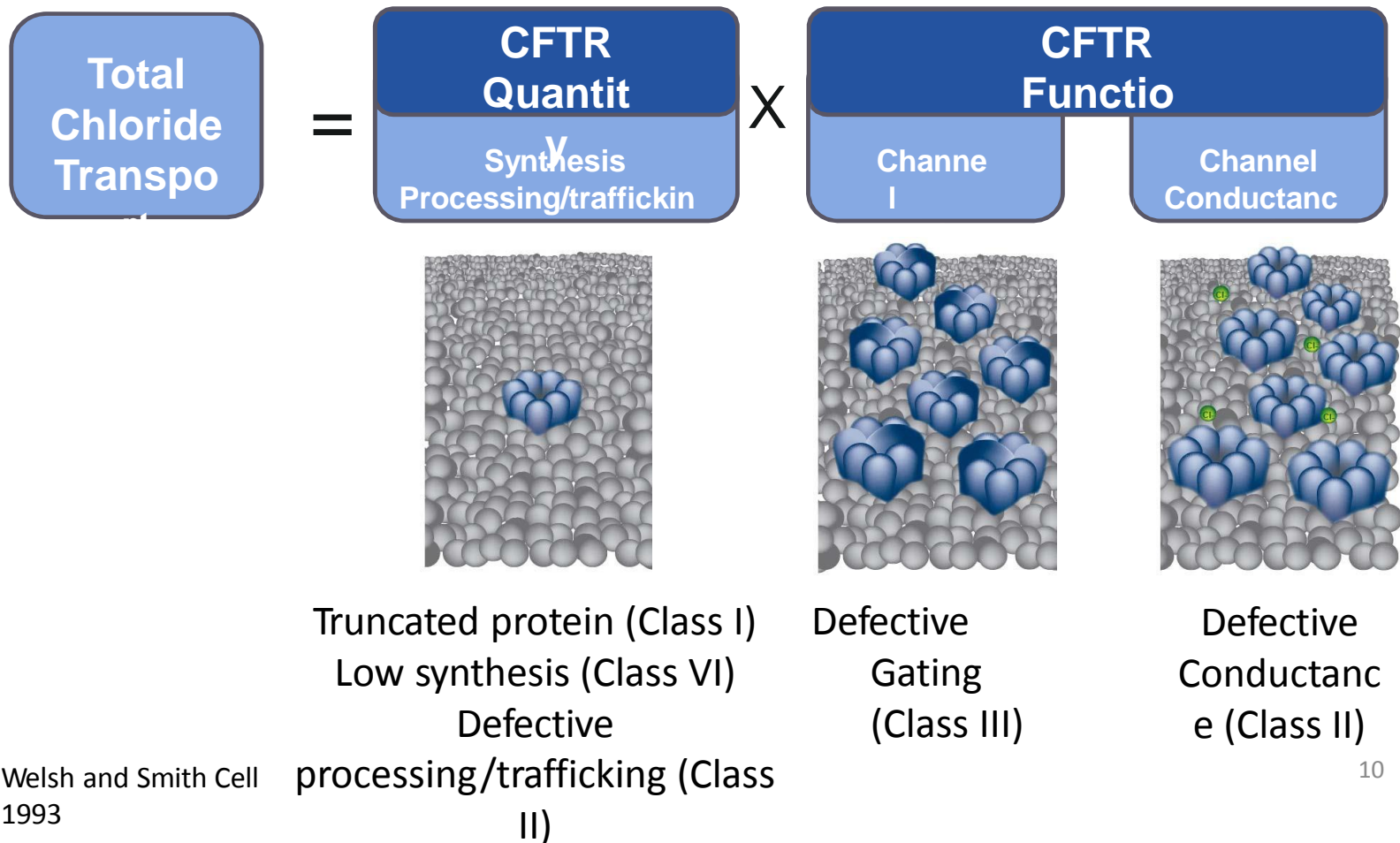
# I. Level of CFTR Dysfunction Linked to Disease Phenotype

Natural history studies in people with different *CFTR* mutations

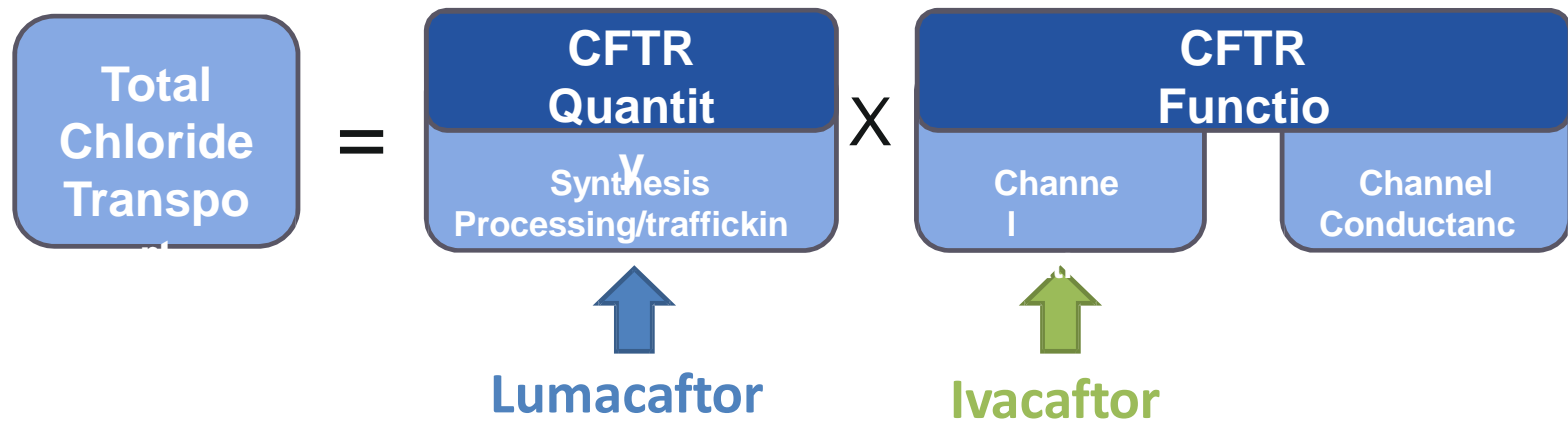


Nasal potential difference recordings

# I. Five Different Classes of Molecular Defects Identified



# I. Two Approaches to Enhance Chloride Transport



## Lumacaftor, VX-661

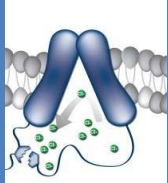
Facilitate increased chloride transport by increasing the quantity of functional CFTR delivered to the cell surface

## Ivacaftor

Facilitate increased chloride transport by potentiating the channel-open probability (or gating) of the CFTR protein at the cell surface

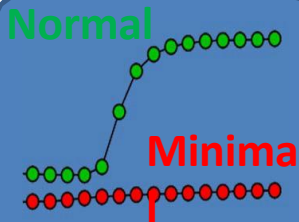
Van Goor et al., 2009; Van Goor et al., 2011

## II. Ten Gating Defect Mutations



### Molecular Defect

- Severe defect in the channel gating activity of



### Functional Defect

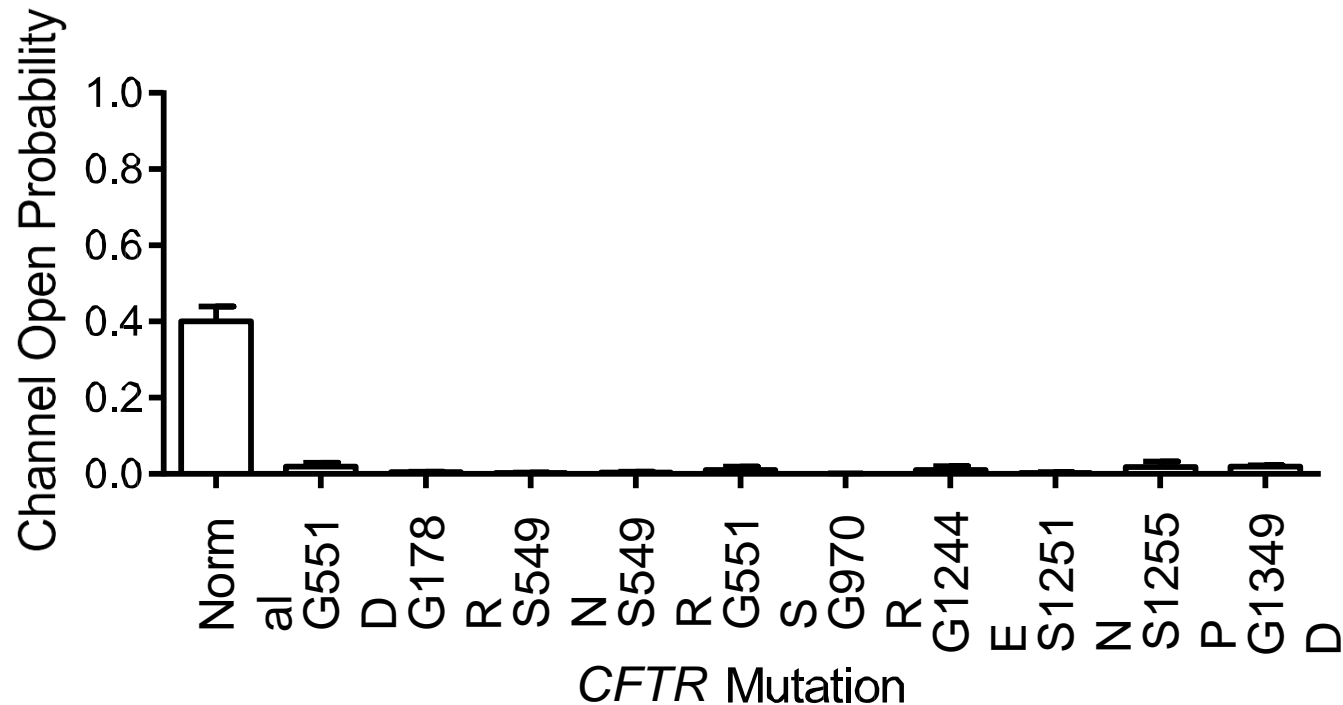
- Like G551D, minimal (little-to-no) CFTR function



### CF Phenotype

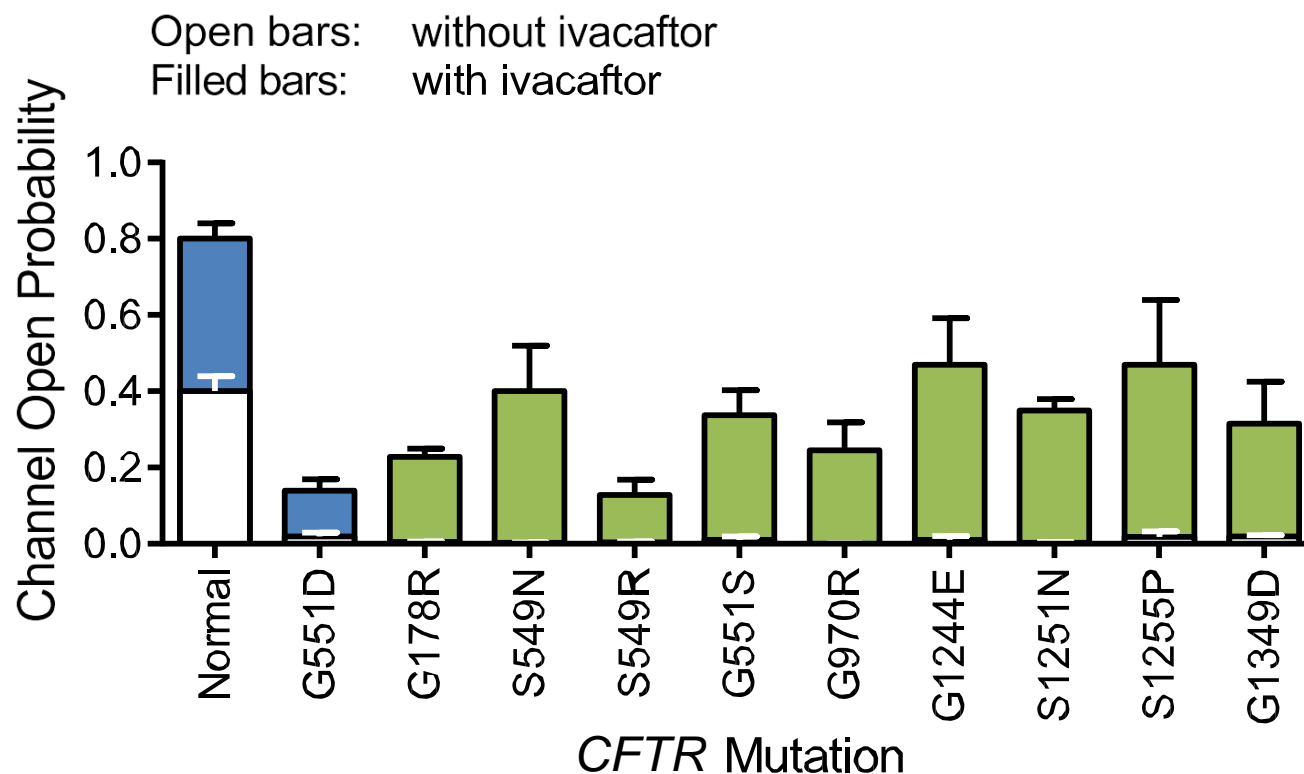
- Like G551D, typically associated with severe CF phenotype

## Ten *CFTR* Mutations Associated with Severe Defects in Channel Gating Activity



Single channel electrophysiology with Fischer rat thyroid cells Yu H, et al. *JCF* 2012

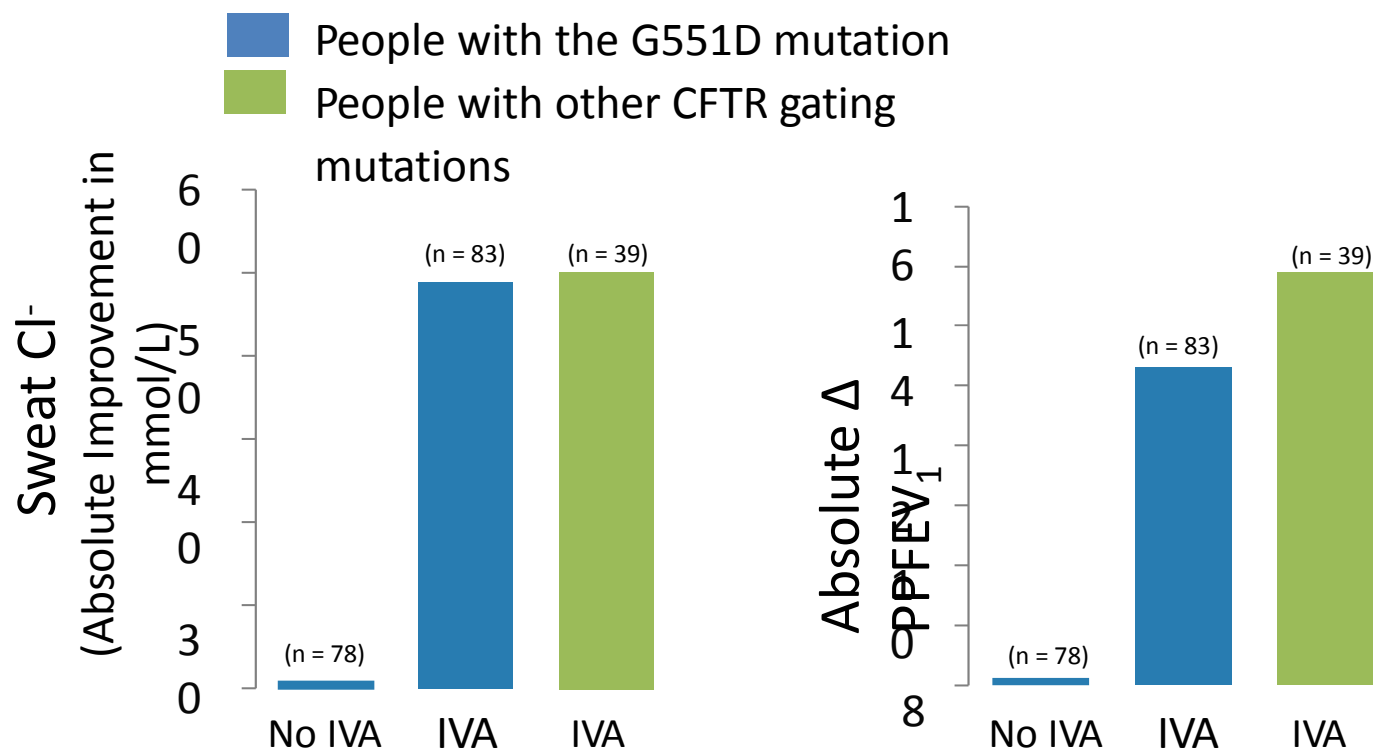
## Ivacaftor Potentiated All Mutant CFTR Forms with Defects in Channel Gating



Single channel electrophysiology with Fischer rat thyroid cells Yu H, et al. *JCF* 2012



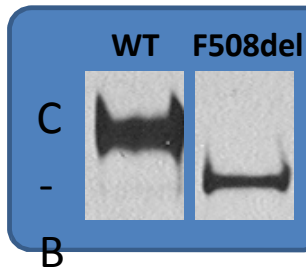
# Clinical Response to Ivacaftor Was Similar Between People with *G551D* and Other *CFTR* Gating Mutations\*



\*Kalydeco is not approved in the US for the treatment of CF for patients with the G970R mutation. Ivacaftor was generally well tolerated.

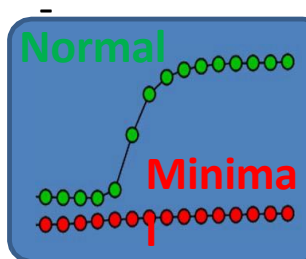
Patients with CF ≥6 -years- old with non-G551D gating mutations received ivacaftor 150 mg q12h or placebo for 8 weeks in this 2-part, double-blind crossover study (Part 1) with a 16-week open-label extension (Part 2). Van Goor et al., 2009; Kris De Boeck et al., JCF 2014

### III. Approximately 50% of People with CF Are Homozygous for *F508del*



#### Molecular Defect

- Severe defect cellular processing and trafficking, preventing most of the CFTR protein from reaching the surface



#### Functional Defect

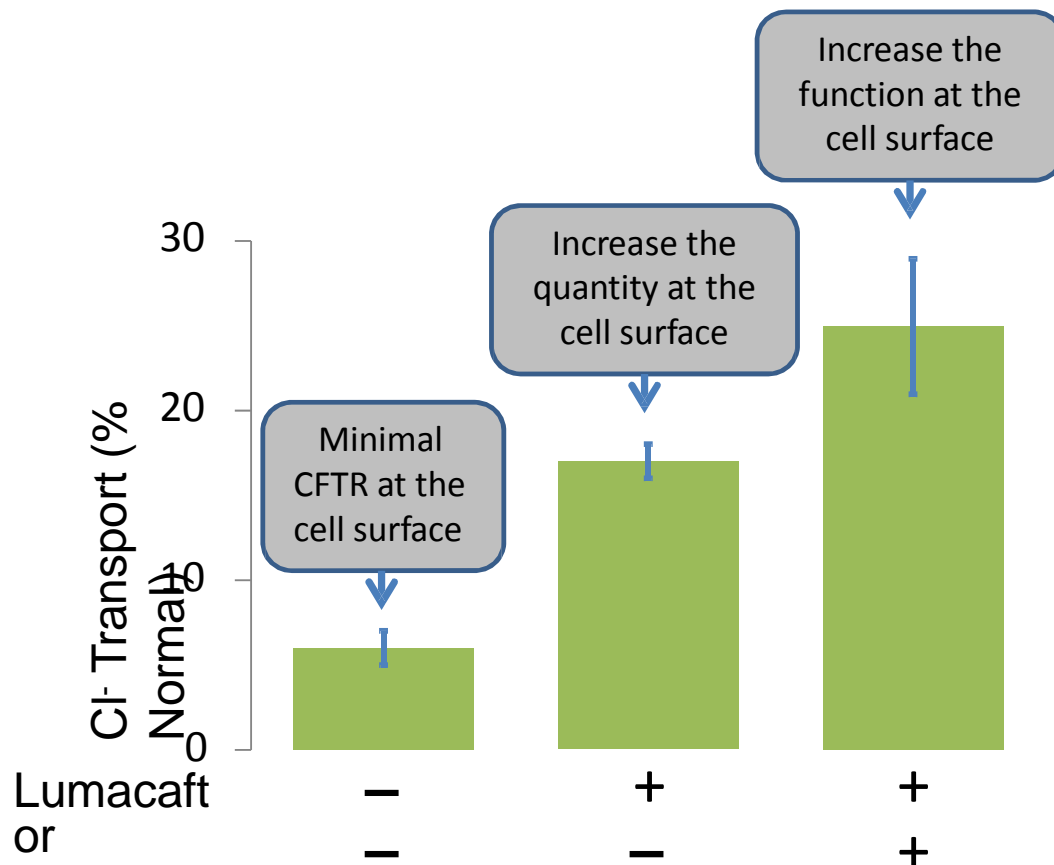
- Minimal (little-to-no) chloride transport



#### CF phenotype

- Typically associated with severe CF phenotype

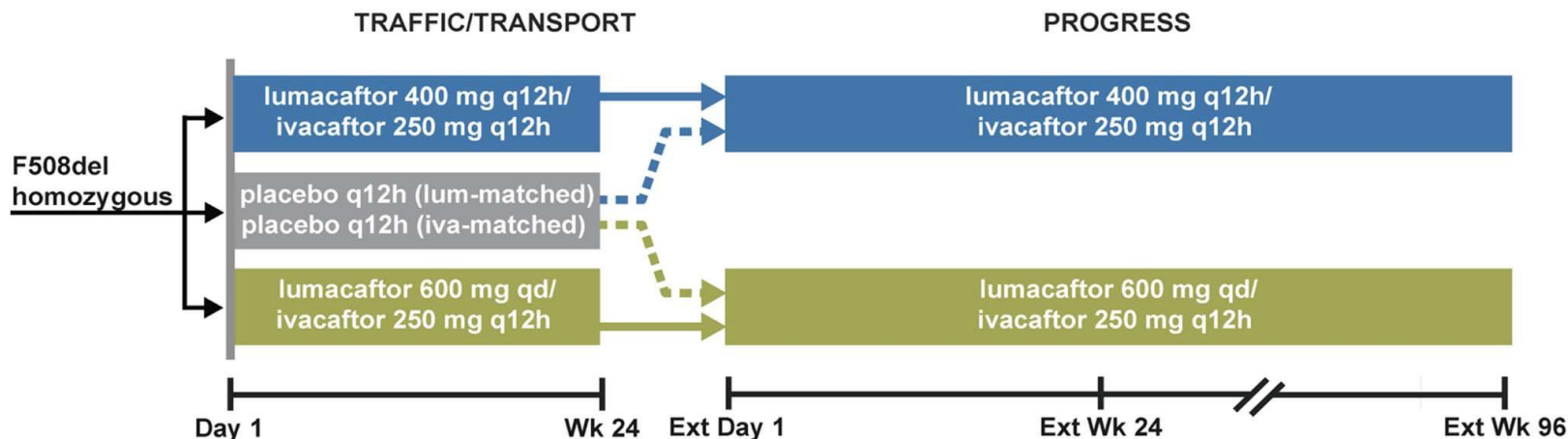
### III. Combination of Lumacaftor and Ivacaftor Improved Chloride Transport in F508del/F508del-HBE



Ussing chamber studies following 24-hour treatment with lumacaftor alone or with ivacaftor (6 donor bronchi)

Van Goor F. Presented at the Annual North American CF Conference, Atlanta, GA, October 9–11, 2014.

### III. Phase 3 Study of Lumacaftor/Ivacaftor Combination in People Homozygous for *F508del*



Two Phase 3, randomized, double-blind, placebo-controlled, parallel-group study. Patients who completed TRAFFIC/TRANSPORT were able to enter the PROGRESS (105) rollover study

- Conducted at 187 sites in North America, Europe, and Australia

Key eligibility criteria:

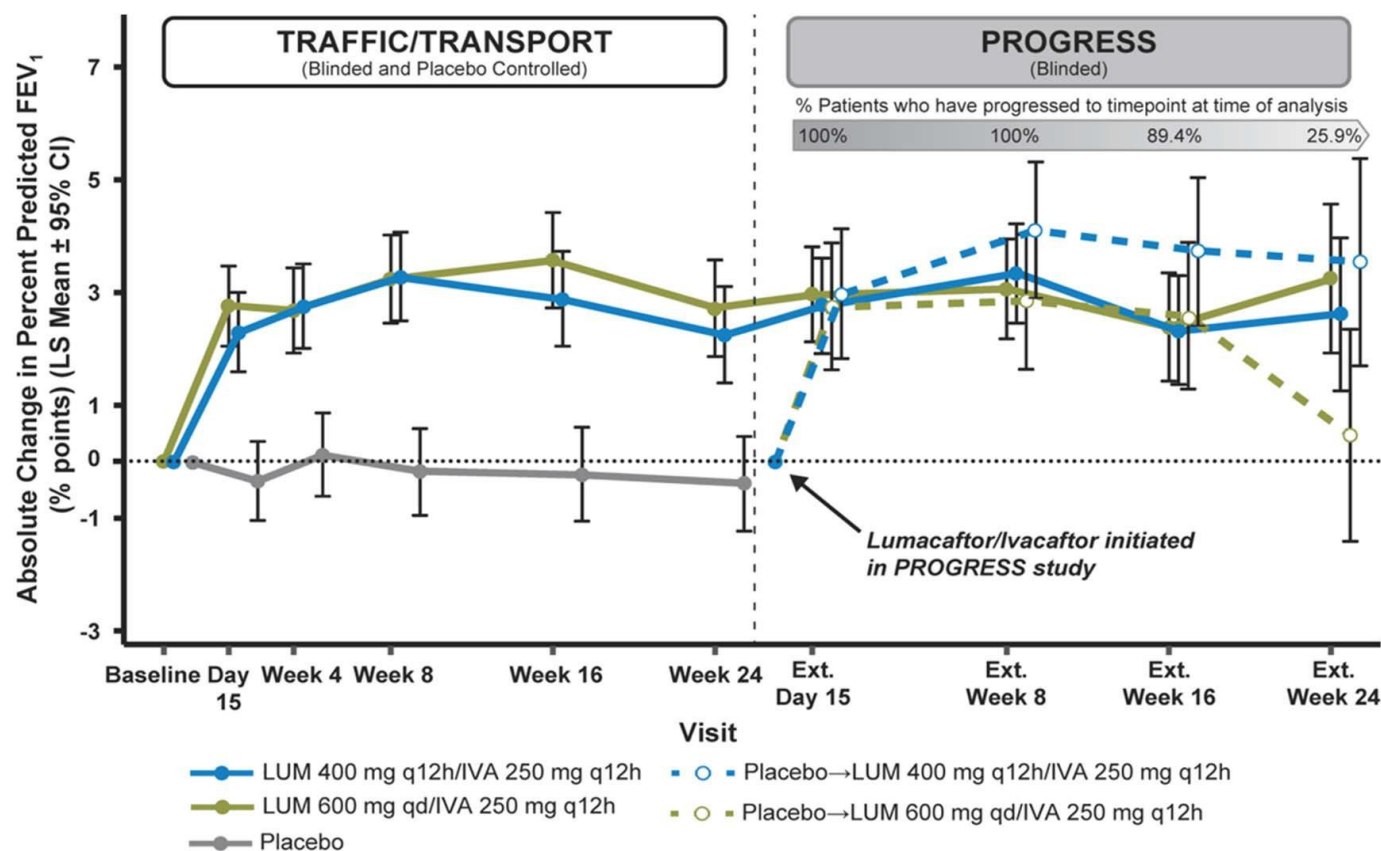
- Age  $\geq 12$  years, confirmed CF diagnosis
- Homozygous for *F508del*-CFTR
- Percent predicted FEV<sub>1</sub>  $\geq 40$  to  $\leq 90$  at screening

### III. Safety Summary of Lumacaftor/Ivacaftor Combination in People Homozygous For *F508del*

Treatment with both doses of lumacaftor/ivacaftor was generally well tolerated

- In the active group, there was a higher incidence of dyspnea, respiration abnormal, flatulence, and rash
- The frequency of LFT elevations was similar between the placebo and active groups, though there was a greater number SAEs related to abnormal liver tests in the active group (0 vs. 7)

### III. Lumacaftor/Ivacaftor Combination Improved Lung Function (FEV<sub>1</sub>) in People Homozygous for *F508del*



Wainwright C, et al. Effect of lumacaftor in combination with ivacaftor in patients with cystic fibrosis who are homozygous for F508del- CFTR: pooled results from the phase 3 TRAFFIC & TRANSPORT studies [poster 250]. Presented at the Annual North American Conference of the Cystic Fibrosis Foundation, Atlanta, GA, October 9–11, 2014

## Acknowledgments

The patients and physicians who participated in clinical trials.

The physicians and scientists who contributed to the “science of CFTR” Cystic Fibrosis Foundation for their support and guidance

Fred Van Goor, Paul Negulescu, Sabine Hadida, Peter Grootenhuis and the many people at Vertex who contributed to the discovery and development of ivacaftor, lumacaftor, and VX-661



# **Improving Productivity in Pharmaceutical Research and Development: The Role of Clinical Pharmacology and Experimental Medicine**

Center for Health Policy  
The Brookings Institution

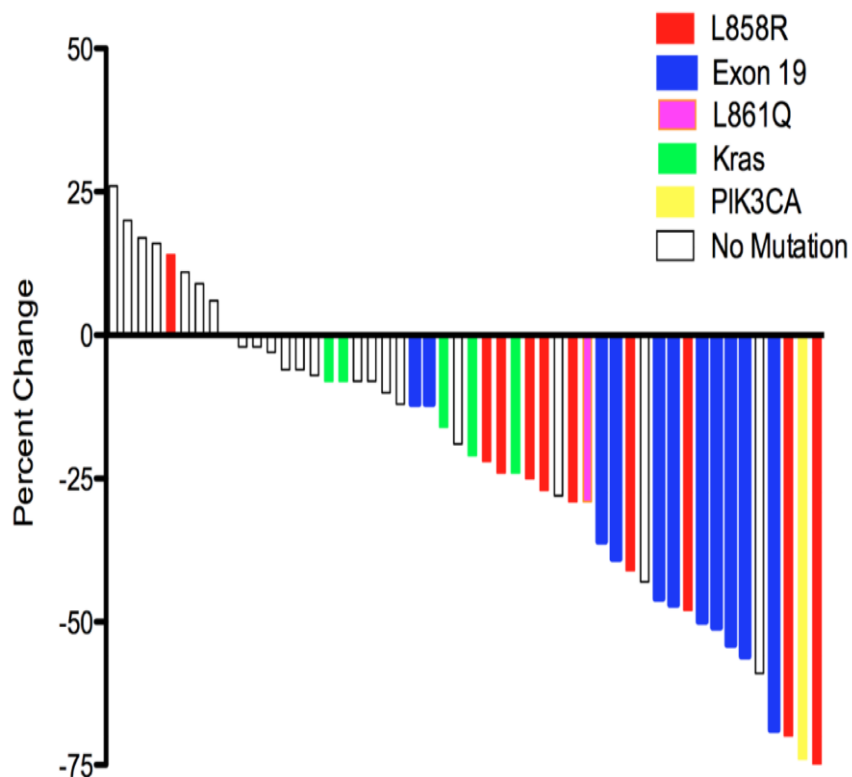
The Embassy Row Hotel • Washington, DC  
July 28, 2015



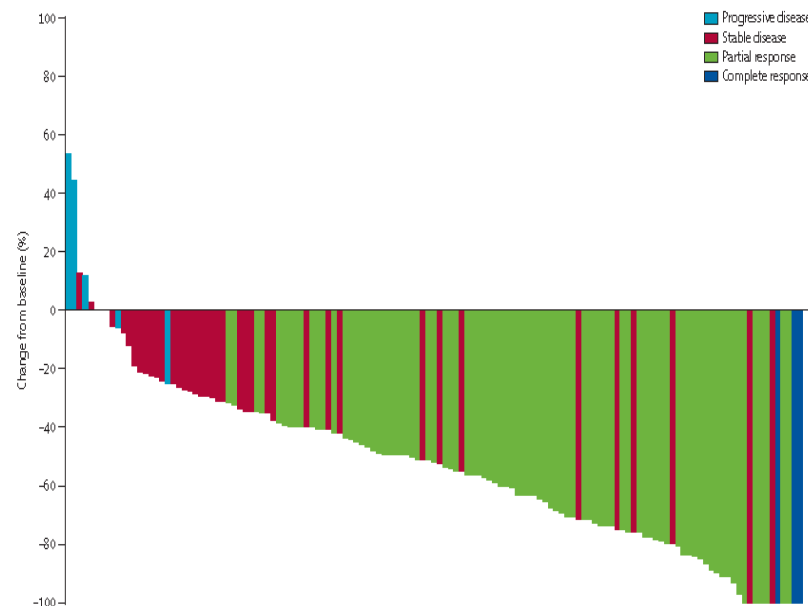
# Improving Productivity in Pharmaceutical Research and Development: Precision Medicine: Trial Enrichment, Biomarker Science, and Mechanistic Reasoning to Optimize Patient Selection

Alice Chen, M.D.  
Early Clinical Trials Development  
Program  
DCTD, NCI  
July 28, 2015

# Matching patients to therapy on the basis of genetic features in lung cancer erlotinib in EGFR mutant NSCLC & crizotinib in ALK translocated NSCLC

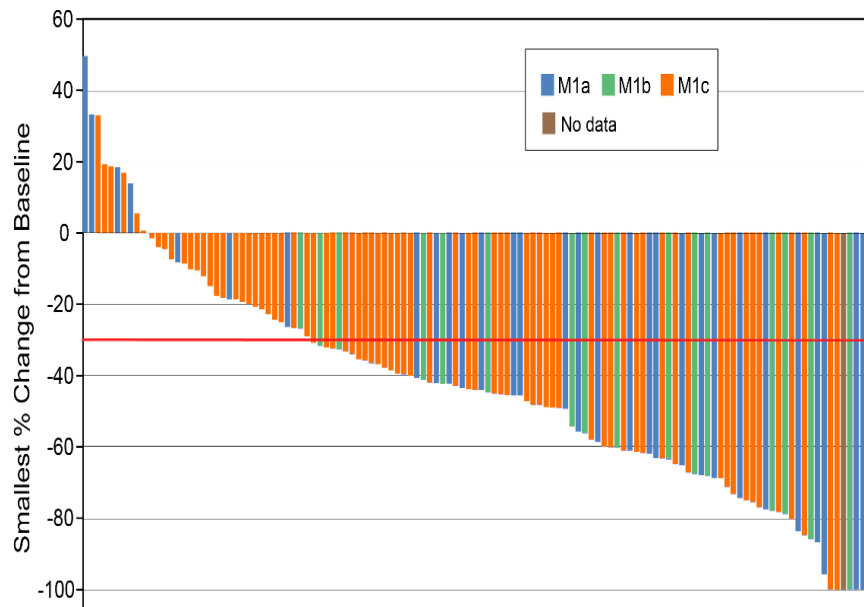


Rizvi N et al. CCR 2011

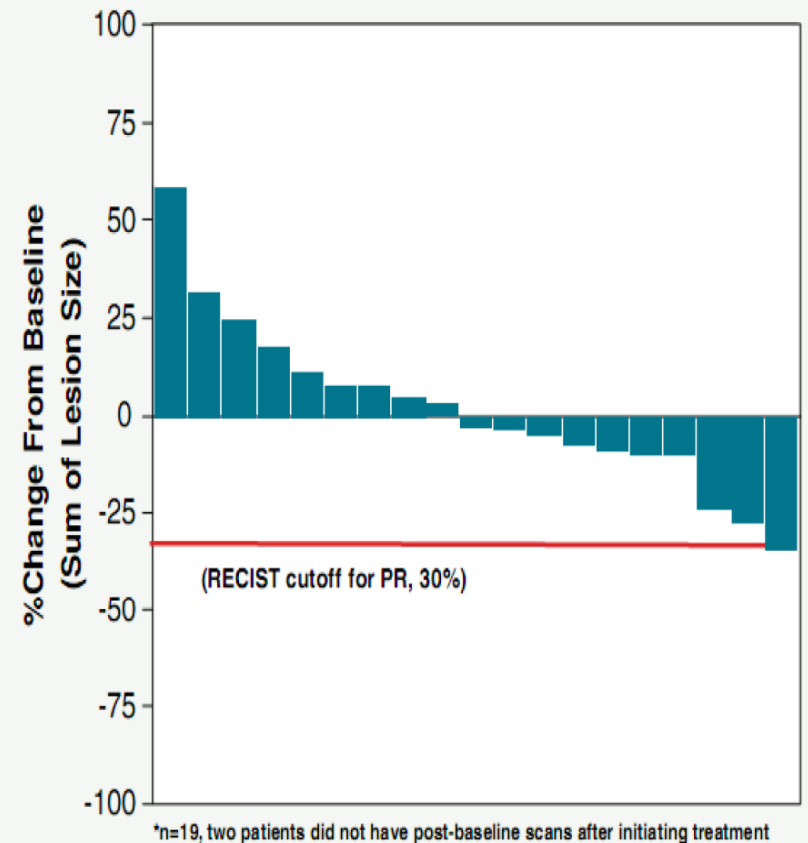


Camidge R et al. Lancet Oncol 2012

# BRAF inhibitor therapy markedly more effective <sup>V600E</sup>BRAF melanoma compared to colon cancer



Sosman J et al. NEJM 2012



Kopetz, ASCO 2010

# NCI-MATCH: **M**olecular **A**nalysis for **T**herapy **C**hoice

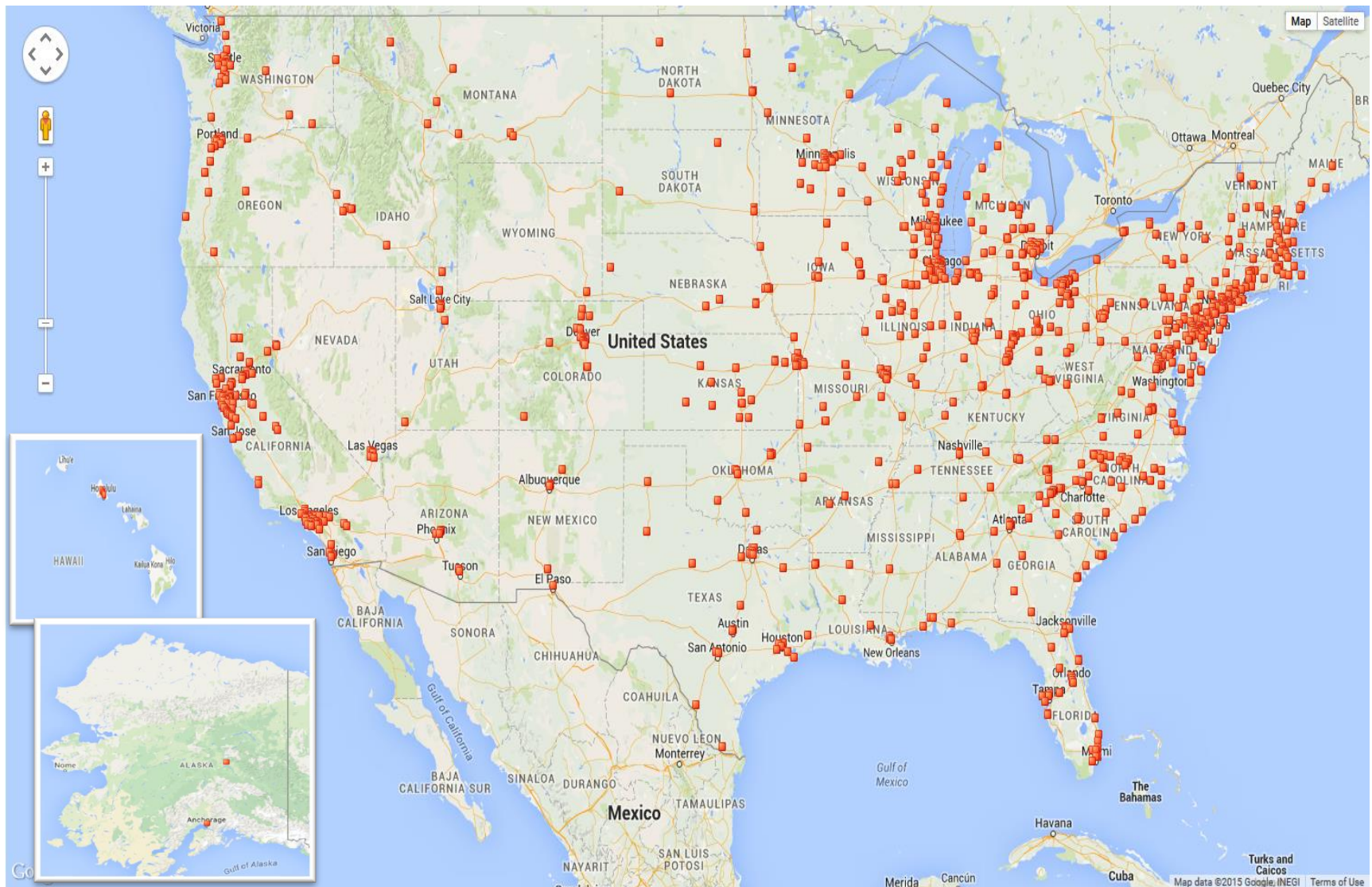
## Objective

*To understand the relative efficacy of the same therapy applied to oncogene-defined subsets across different tumor histologies, we propose to initiate a broad-based genomic pre-screening study to assign patients whose tumors harbor specific molecular abnormalities to relevant targeted treatments, regardless of tumor histology type*

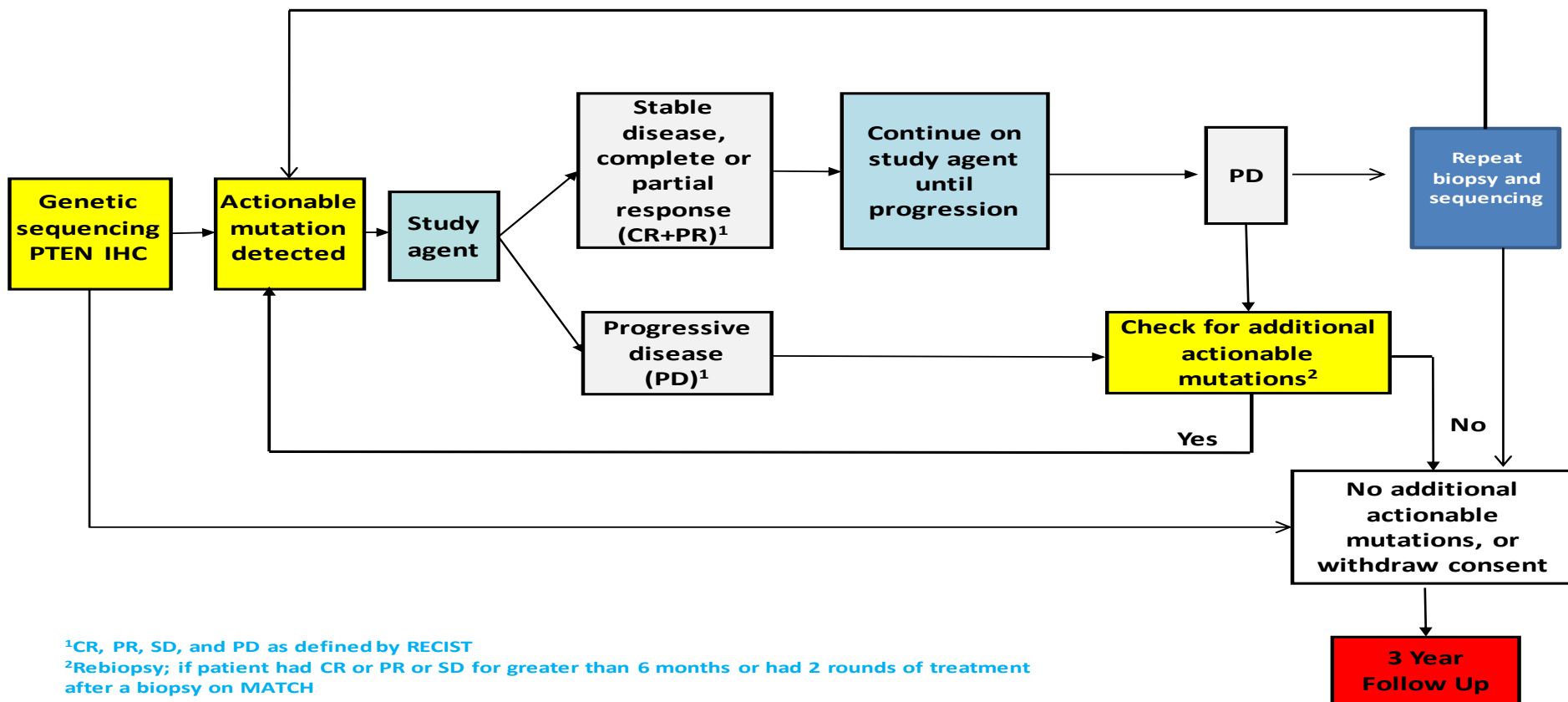
## It Takes a Village

- Need to test large number of patients to find widely distributed genetic alterations
  - To be conducted throughout National Clinical Trials Network
- Need to have large number of agents so more likely to find mutations on biopsies
  - Close working relationships with pharmaceutical partners
  - Launch with 10 treatment arms, moving to more than 20 within months
- Trial Planning Expertise: More than 150 NCI & NCTN members forming subcommittees
- Work with the FDA exploring potential regulatory concerns both for trial and assay

# NCTN Clinical Sites



# NCI-MATCH / EAY131 SCHEMA



# Levels of Evidence: Drugs

- Level 1: FDA approved; evidence of target inhibition, or proof of mechanism; demonstration that patient selection with CDx are more likely to respond
- Level 2: Agent met a clinical endpoint (objective response, PFS, or OS); with evidence of target inhibition; plausible evidence of a predictive or selection assay/analyte
- Level 3: Agent demonstrated evidence of clinical activity with evidence of target inhibition; some evidence of a predictive or selection assay/analyte



# Rules of Evidence for Actionable Variants Within a Gene that Will be Used for Treatment Selection

- **Level 1: Gene variant approved for selection of an approved drug (BRAF V600E and vemurafenib). The variant will be Level 1 in all tissues open to treatment with the approved drug.**
- **Level 2a: Gene variant is an eligibility criteria for an ongoing clinical trial for that treatment**
- **Level 2b: Gene variant has been identified in an N of 1 responses (TSC1 and everolimus) for that treatment**
- **Level 3: Preclinical inferential data (*in vivo* and *in vitro* models) that provide biological evidence sufficient to support the use of a variant for treatment selection, e.g.:**
  - Models with variants respond to treatment and models without variant do not respond to treatment
  - Gain of function mutations demonstrated in pre-clinical model, e.g. D769H variant of ERBB2 results in increased tyrosine kinase-specific activity and up regulates pathway signaling (does not require treatment evidence)
  - Loss of function genes, tumor suppressor or pathway inhibitor (e.g. NF1) any variant that produces a stop codon including frameshift or demonstrated loss of function in pre-clinical model (does not require treatment evidence)

# NCI-MATCH / EAY131 Initial 10 Trial Arms at Activation

Agent(s)	Molecular Target(s)	Estimated Prevalence	Trial ID
Crizotinib	ALK Rearrangement	4%	EAY131-F
Crizotinib	ROS1 Translocations	5%	EAY131-G
Dabrafenib and Trametinib	BRAF V600E or V600K Mutations	7%	EAY131-H
Trametinib	BRAF Fusions, or Non-V600E, Non-V600K BRAF Mutations	2.8%	EAY131-R
Afatinib	EGFR Activating Mutations	1 – 4%	EAY131-A
Afatinib	HER2 Activating Mutations	2 – 5%	EAY131-B
AZD9291	EGFR T790M Mutations and Rare EGFR Activating Mutations	1 – 2%	EAY131-E
TDM1	HER2 Amplification	5%	EAY131-Q
VS6063	NF2 Loss	2%	EAY131-U
Sunitinib	cKIT Mutations	4%	EAY131-V

# Treatment by molecular abnormality requires reliable laboratory tests

- Eligibility assays must accurately identify patients with the appropriate molecular features in their tumor
  - Screen 3000 to find 1000 with mutations allowing a treatment match
  - ECOG-ACRIN Central Biorepository and Reference Laboratory - single processing of all 3000 specimens to ensure quality control
- NCI-MATCH investigators have developed standard procedures for
  - Sample collection and shipping
  - A precise and reproducible next generation sequencing assay
  - “Locked” procedures assure reliability

# CLIA Lab Network

- Genetic platform: Ion Torrent™ Personal Genome Machine (PGM™) System custom panel
  - 143 genes
  - Developed at NCI Frederick National Laboratory for Cancer Research
- Assay highly precise and reproducible across four labs
  - Massachusetts General Hospital
  - Molecular Characterization Laboratory at NCI FNLCR
  - U Texas MD Anderson Cancer Center
  - Yale University

# NCI Precision Medicine Clinical Trials

- **NCI-MATCH:** Signal finding across solid tumors/lymphomas to open in mid August
- **ALCHEMIST:** Phase III randomized: Adjuvant non-squamous NSCLC: *IN PROGRESS*
- **LungMAP:** Phase II/III randomized: 2nd Line Squamous Lung Cancer: *IN PROGRESS*
- **M-PACT:** 700 patient pilot; refractory solid tumors: *IN PROGRESS*
- **Exceptional Responders Initiative:** *IN PROGRESS*

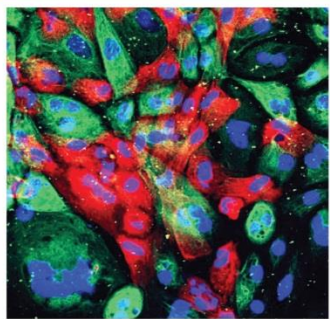
# **Improving Productivity in Pharmaceutical Research and Development: The Role of Clinical Pharmacology and Experimental Medicine**

Center for Health Policy  
The Brookings Institution

The Embassy Row Hotel • Washington, DC  
July 28, 2015

# PROSTATE CANCER DREAM CHALLENGE

## MARCH 16, 2015 – JULY 27, 2015



### Prostate Cancer DREAM Challenge

DREAM  
CHALLENGES  
powered by Sage Bionetworks

Project Data  
Sphere

SANOFI

Celgene

AstraZeneca

Memorial Sloan Kettering  
Cancer Center

PROSTATE CANCER  
FOUNDATION

SCHOOL OF MEDICINE  
Department of Pharmacology  
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

Sage  
BIONETWORKS

UNC  
LINDBERGER

UT SOUTHWESTERN  
MEDICAL CENTER

COVANCE  
SOLUTIONS MADE REAL

DANA-FARBER  
CANCER INSTITUTE

UCSF Helen Diller Family  
Comprehensive  
Cancer Center

IBM Research

Tulane  
University

Prostate Cancer Challenge Website: <https://www.synapse.org/#!/Synapse:syn2813558/wiki/70844>

# Description of Challenge Data Overview

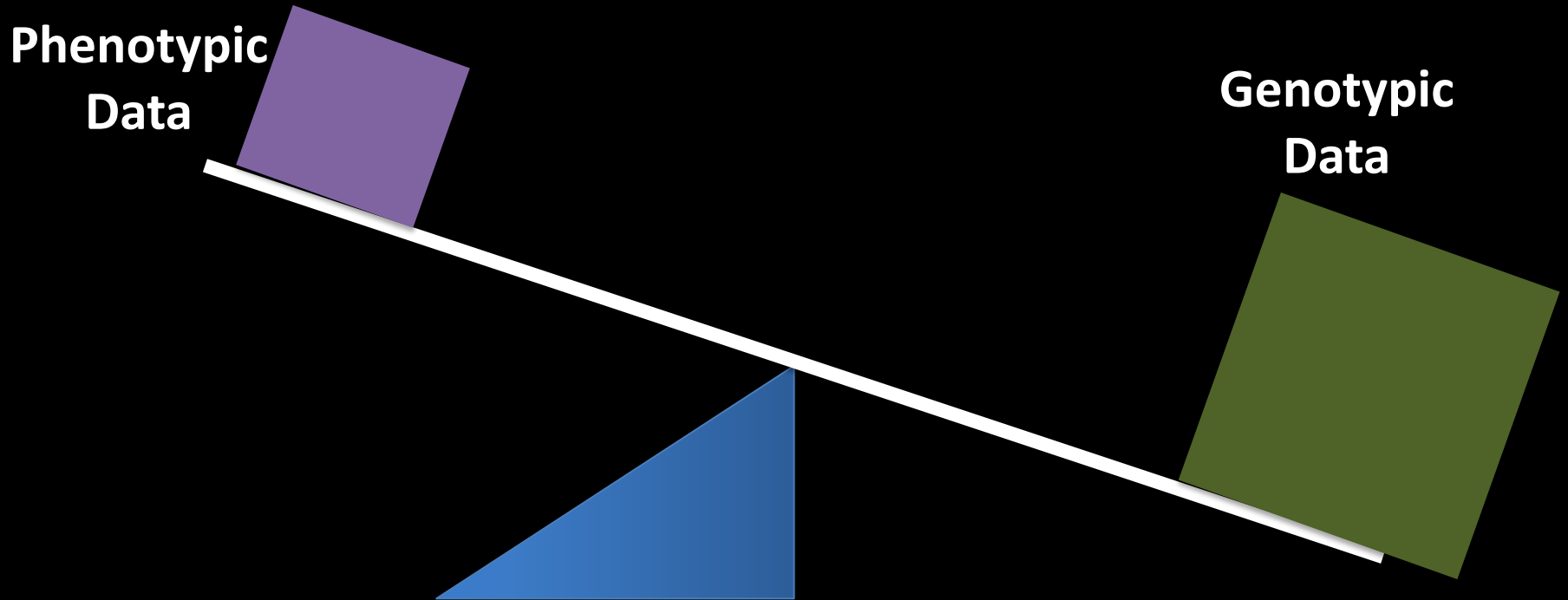
- Four prostate cancer clinical trial comparator arm data sets from Project Data Sphere (PDS) are used for the challenge.
  - 3 trials (ASCENT2, CELGENE, EFC6546) made up the training data sets
  - 1 trial (AZ) are held back for leaderboard and validation
- Homogenous patient population
  - first line metastatic Castration Resistant Prostate Cancer (mCRPC) patients undergoing Docetaxel treatment in the control arm of trials
- Raw trial data are used to generate Challenge data





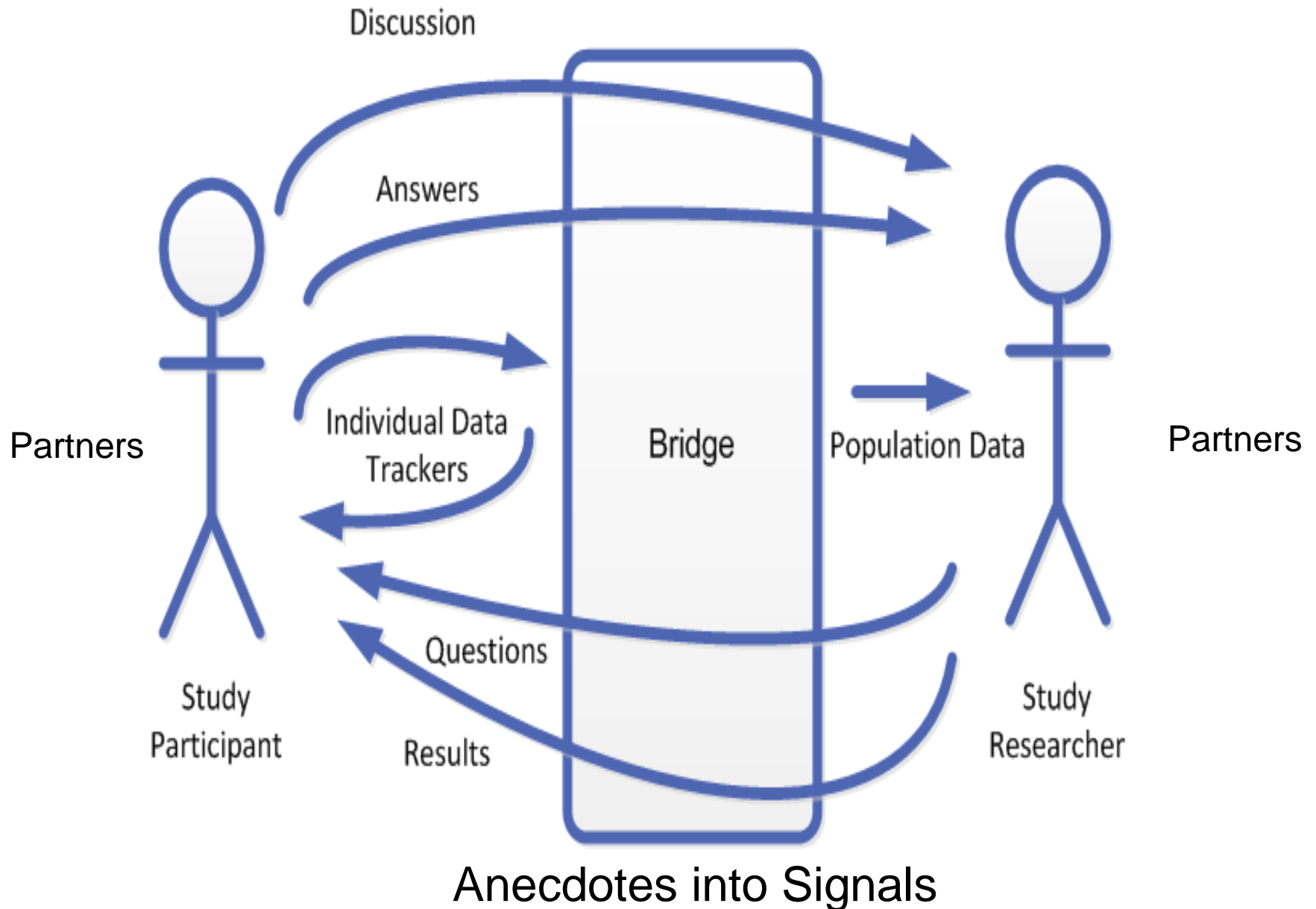
# Asymmetry of Data:

The public can help with this



Current Measures		Smartphone Measures	
Insensitive		Sensitive	
Subjective		Objective	
Episodic		Continuous	
Provider-Centered		Individual-Centered	
In Clinic		Remote	
Unidimensional		Multidimensional	
Limited Feedback		Real-time Feedback	

# Participant –Centered Research Studies with Feedback Loops

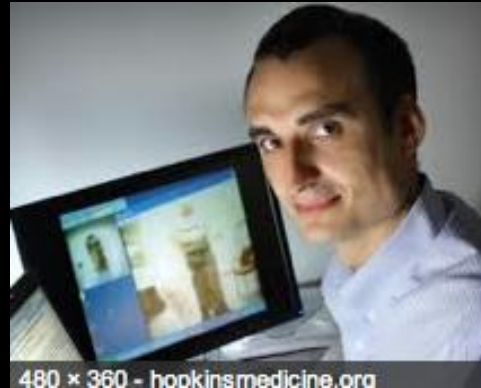


# mHealth Research Kit

Research Kit



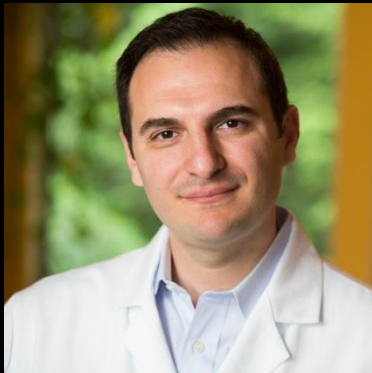
Dorsey



Klein



Trister



mPower



Kieburtz



Tanner



Kruger



Bloem



# Parkinson mPower Study App



6:25 PM



Step 3 of 5

Cancel

## Tapping Interval Test

Rest your phone on a flat surface. Then use two fingers on the same hand to alternately tap the buttons that appear. Keep tapping for 20 seconds and time your taps to be as consistent as possible.

Tap Get Started to begin the test.



# Parkinson mPower Study App



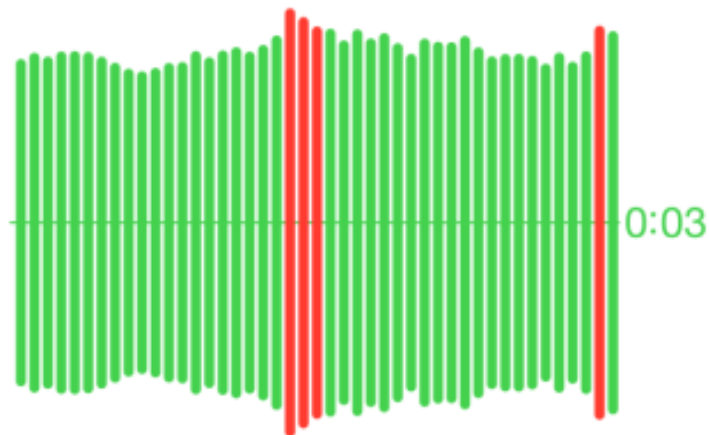
6:25 PM



Step 5 of 6

Cancel

Say “Aaaaah” into  
the microphone for  
as long as you can.



# Parkinson mPower Study App



6:26 PM

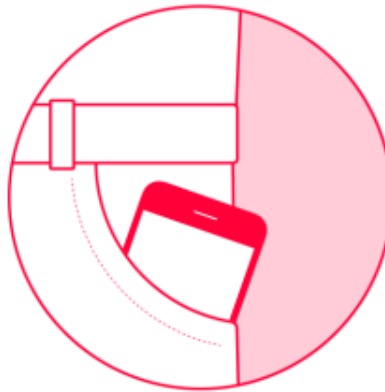


Step 1 of 6

Cancel

## Gait and Balance Test

This test measures your gait and balance as you walk and stand still. To complete this test, you'll need to put your phone in your pocket and connect headphones to follow audio instructions.



Get Started



# Parkinson mPower Study App



6:24 PM

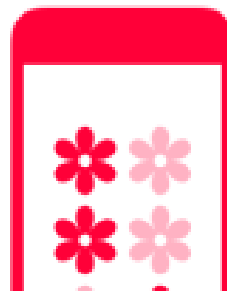


Step 1 of 4

Cancel

## Spatial Memory Test

This test measures your spatial memory by showing you patterns and asking you to recall and repeat them.



# Tracking four key symptoms of PD using Surveys - Structured Activities - Passive Measurements

	Motor Initiation	Gait/Balance	Hypophonia	Memory
Passive	GPS - Displacement Vectors	GPS - Displacement Vectors	-	-
Structured Activity	Tapping Activity	Walking Activity	Voice Activity	Memory Game
Surveys	MDS-UPDRS PDQ8	MDS-UPDRS PDQ8	MDS-UPDRS PDQ8	MDS-UPDRS PDQ8

\* All structured activities also include timing with relation to med administration

# Numbers of downloads and enrolled in mPower

- 57,200 downloads from app store
- 15,439 consented (27% of total downloads)
- 11,360 enrolled (73.5% of total consented)
- Core group of participants after 10 weeks: 500+(much larger earlier)
- 78% of those still enrolled choose to share data broadly

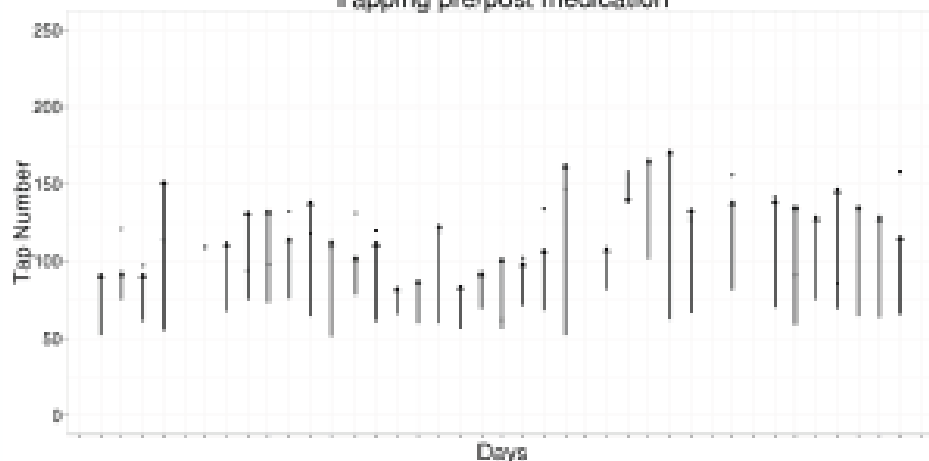
## New measures of PD:

### Benefits of unpacking the dimensions of tapping

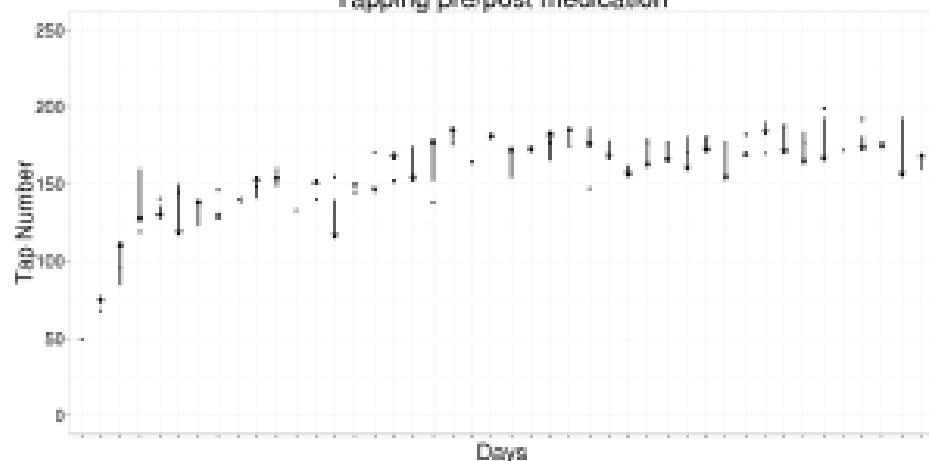
Traditional Measures	First-order Features
Number of Taps	Number of taps, Mean tapping interval, Median tapping interval, Minimum tapping interval, maximum tapping interval, Standard deviation of tapping interval, Kurtosis of tapping interval, Interquartile range of tapping interval, Interquartile range of right button X, Range right button X, Standard deviation right button X, Interquartile range of left button X, Range left button X, Standard deviation left button X, Interquartile range of right button Y, Range right button Y, Standard deviation right button Y, Interquartile range of left button Y, Range left button Y, Standard deviation left button Y, Correlation X and Y, Skew tapping interval, No-button tapping frequency

# Personalized approaches to unpacking multidimensional data from remote sensors

Tapping pre/post medication



Tapping pre/post medication



62 year old man

2009 Onset of Symptoms / Start meds

Mean change: 51 taps

Max change: 111 taps

Min change: -21 taps

67 year old woman

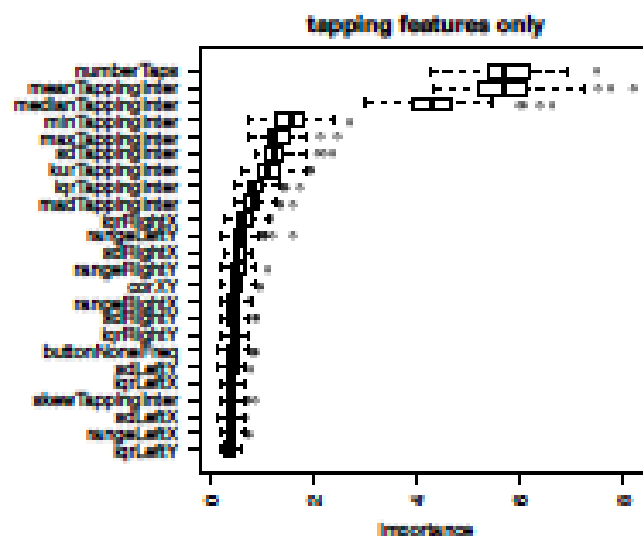
2004 Onset of Symptoms / 2009 meds

Mean change: -4 taps

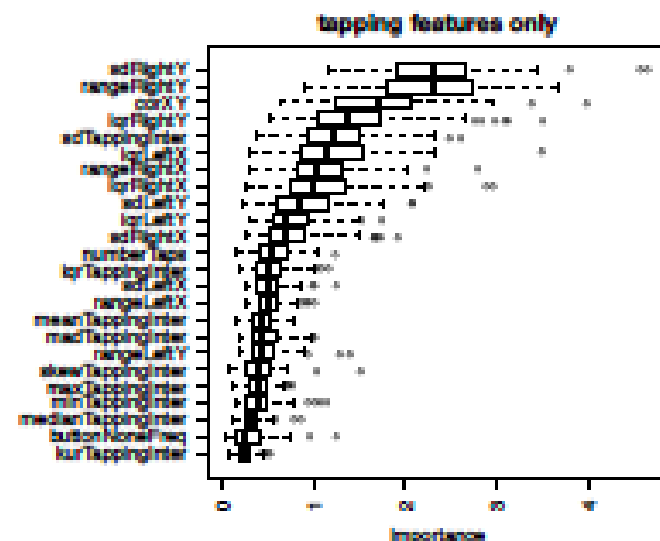
Max change: 28 taps

Min change: -38 taps

# Different features are important to predict effect of medications for different patients



Number of Taps  
Mean Tapping Interval  
Median Tapping Interval



Standard Deviation R Y  
Range Right Y  
Correlation X Y

# Is there evidence of modulators beyond medications?

- 5,192 unique participants provided 17,076 responses to questions about what made them feel better or worse on that day

## **Examples of Better:**

"I went to visit with family that made me feel better"  
"Sinemet and lying down for an hour in the afternoon."  
"Laying down"  
"The sun starting to come out in the warmth of the day because were entering spring"  
"I got some really good news about a stray cat of the nursing back to health."  
"Meetings"  
"Computer games"  
"Completing a list of tasks for daily activities"  
"Looking for furniture for my new house"  
"Practicing Zen Meditation!"

## **Examples of Worse:**

"Walking"  
"Not getting a good nights sleep the night before"  
"I don't think anyone in my family really understands what Parkinson's disease is and how it is impacting my life and my work."  
"Worrying that I not getting things done around the house"  
"Having a glass of wine"  
"Nothing"  
"Sadness regarding race relations in America!"  
"Getting comfortable sleeping. Keep moving my sleeping position which leads to restless night."

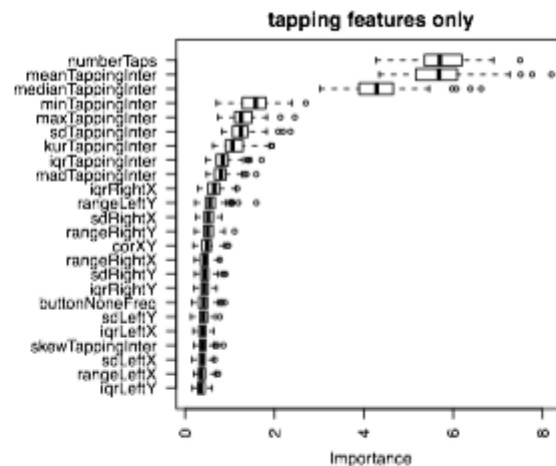
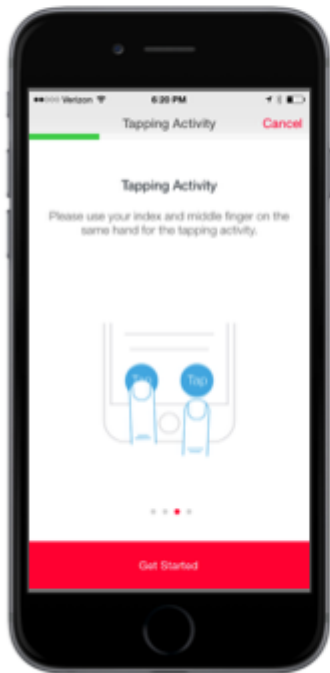
# How can mPower impact clinical practice?



Anticipating an inevitable transition that underlies  
the concept of precision medicine



# Straw man proposal for a novel scorecard that yields a sensor-based phenotype to allow for clinical tracking of features



**Diseases as clusters of specific features**

Number of taps		
Standard deviation right button Y		
Standard deviation left button Y		
Mean tapping interval		
Median tapping interval		
Minimum tapping interval		
Maximum tapping interval		
Standard deviation of tapping interval		
Kurtosis of tapping interval		
Interquartile range of tapping interval		
Skew tapping interval		
Correlation X and Y		
Interquartile range of right button X		
Range right button X		
Standard deviation right button X		
Interquartile range of left button X		
Range left button X		
Standard deviation left button X		
Interquartile range of right button Y		
Range right button Y		
Interquartile range of left button Y		
Range left button Y		

# Need for better ways to follow Dementia

Episodic  
Memory

What, Where, &  
When of an  
episode

Semantic  
Memory

Facts/  
concepts  
and their  
relationships

Visuospatial  
Processing  
Speed

Processing /  
Responding  
in a limited  
amount of  
time

Executive  
Function

- Attention
- Planning
- Working Memory
- Inhibitory Control
- Cognitive Flexibility

Global  
Cognition

Composite  
Scores

Spatial  
Navigation

Navigating  
to a goal  
from various  
starting  
points

Allocentric  
Perspective-  
taking

Reorienting  
and taking  
different  
perspectives

# Federated Approaches for Digital Phenotyping

Open Data

Open Source Code

Direct Comparisons

Diversity of Cohorts

# participant centered data from apps

benefits to understanding how to enroll  
from early trials through post-approval

benefits to the individual

( Movement Disorders, Rheumatoid Arthritis,  
Anemia, Melanoma, Cognition, Mood)

## TECHNOLOGY

# App-enabled trial participation: Tectonic shift or tepid rumble?

APPLE'S CHIEF OPERATING OFFICER, JEFF WILLIAMS, SURPRISED CROWDS AT THE spring launch when he revealed "ResearchKit," a collection of iPhone apps designed to allow individuals to collect their clinical data—and contribute to the precision medicine movement—outside the confines of hospitals and labs. But are these simply a smattering of souped-up health apps in a sea of thousands (that is, no big deal)? Are they support tools for uncontrolled clinical trials, which won't produce meaningful results (not to mention superfluous, given that patient-centered outcomes initiatives are well under way)? Or are they precursors heralding a tectonic shift in how people participate in their health management as well as in human disease research and clinical trials? The answer might depend more on human psychology than human health science.

## CLINICAL TRIAL CONUNDRUM

Much of our understanding of the effects of modulators (such as drugs) on human diseases comes from clinical studies. Today, tens of billions of dollars are spent on clinical trials that range from large longitudinal observational studies to intensive testing of potential new drugs. Trials are typically coordinated through physicians at specific institutions and primarily capture data via infrequent surveys or face-to-face transactions. The partici-

# **Improving Productivity in Pharmaceutical Research and Development: The Role of Clinical Pharmacology and Experimental Medicine**

Center for Health Policy  
The Brookings Institution

The Embassy Row Hotel • Washington, DC  
July 28, 2015

# Applications of Clinical Pharmacology to Support Demonstration of Efficacy

Robert Temple, MD  
Deputy Center Director for Clinical Science  
Center for Drug Evaluation and Research  
Food and Drug Administration

# Two Main Tasks

1. Consider how Clinical Pharmacology (taken broadly to refer to effects on biomarkers and various endpoints as well as PK-PD findings relating clinical outcome to blood levels) can help us choose doses and patients.
2. Consider whether and how some kinds of pharmacologic evidence or exposure-response information can provide the “confirmatory evidence” that would support reliance on a single trial.



# Dosing

There is a long history of inadequate dose finding, sometimes with severe consequences. In some cases at least, this represented failure to even look at D/R.

Classic case is thiazide diuretics. Probably based on effects on Na clearance, the standard chlorthalidone dose was 100 mg, but 2 studies in 1978 using a randomized fixed-dose D/R study showed that 25 mg had full effect but caused less increase in UA (1/3 of all gout was diuretic induced in those days), less hypokalemia (100 mg caused death in an NHLBI trial, MRFIT, I believe, and had to be stopped) and less glucose intolerance.

TABLE 1

## DATA OF MATERSON

Fall in blood pressure (systolic/diastolic) from baseline in erect and supine position with each of four dose levels of chlorthalidone and placebo.

---

Dose	<u>Fall in Blood Pressure (mmHg)</u>	
	<u>Supine</u>	<u>Standing</u>
Placebo	0/2	0/0
12.5 mg	5/4	6/4
25 mg	11/5	15/7
50 mg	10/6	14/5
75 mg	11/6	14/6

---

# Better Dose Response

After the chlorthalidone experience, in the advice we began to give sponsors, in ICH E-4, and in regulations at 21 CFR 314.126, we urged better dose finding using the randomized fixed-dose, dose-response study, with fair success, but there are still horrible examples, where better attention could have made a difference.

When would it?

When the D/R (or C/R curves) are steep for either effectiveness or toxicity, we should always remember that surprises turn up. Using more drug than you really need is not smart, even if there is no obvious bad effect. A good example was fluoxetine. We were prepared to approve 60-80 mg, but a good D/R showed that 20 mg was fully effective and this became top dose, avoiding a dose that would have increased side effects and persisted for weeks after D/C.

# Astemizole

Astemizole was a relatively non-sedating antihistamine with a several day half-life. To get an effect on day 1, the recommended dose was 10 mg, but the dose was then maintained at 10 mg, giving concentrations at least 3x what was needed.

A loading dose (10 mg day 1, 3 mg after) would have done as well and would NOT have caused Torsade de Pointes arrhythmias, which led to WD in 1999 (OK, nowadays with TQT study, we'd have figured it out).

# Alosetron

Alosetron was the first drug for diarrhea-type irritable bowel (women only) and the MAIN side effect was CONSTIPATION. Could that have suggested some more D/R data? Or interrupting therapy? It did not, and only 1 dose (2 mg) was studied. Ischemic colitis and surgery requiring constipation led to WD, with later return for severe cases at a 1 mg dose.

Well, we've gotten better, but it is difficult and costly to study enough doses, so we tend to see studies of very close doses that, not surprisingly, do not show D/R but could easily have missed it.

Exceptions, studying a broad range, are rare, as was done for risperidone.

# Risperidone Fixed Dose Studies (8 week BPRS change from baseline)

	Study	
Dose	024	204
Placebo (n=86)		+2.2
1 mg (n=226)	-6.7	
2 mg (n=87)		-2.9
4 mg (n=227)	-10.2	
6 mg (n=88)		-11.2
<hr/>		
8 mg (n=228)	-9.9	
10 mg (n=85)		-5.7
12 mg (n=225)	-9.0	
16 mg (n=85)		-8.5
16 mg (n=223)	-9.7	

# Risperidone ADR's

	Dose Group				
ADR	0	2	6	10	16
Parkinsonism Scores	1.2	0.9	1.8	2.4	2.6
EPS Rate	13%	13%	16%	20%	31%

	Dose Group				
ADR	1	4	8	12	16
Parkinsonism Score	0.6	1.7	2.4	2.9	4.1
EPS Rate	7%	12%	18%	18%	21%

# PK/PD – The Answer?

ICH E-4 gives moderate support to using what has now become routine – population PK data – to shed further light on D/R and as you've heard today, where the curves are steep as they are for both stroke and bleeding with dabigatran and edoxaban,

- C/R data show striking effects of concentration
- Would SEEM to provide a basis for concentration-based dose adjustment (or perhaps coagulation-measure based adjustment).

Might blood level data have suggested a relation of concentration to ischemic colitis or bad constipation with Alosetron?



# Other Clin Pharm

## Clin Pharm in Dose Selection

Note, many biomarkers have no direct relation to effect size, e.g., prognostic biomarkers and many predictive markers, so they may not help choose dose. But mechanistic markers do, e.g., sweat chloride in cystic fibrosis, perhaps RAS inhibition for ACEIs, ARBs, or BBs. [Anecdote: captopril at doses of 5 mg or so had major ACEI inhibition but doses of 600 mg were studied and caused agranulocytosis, which lower doses did not. Labeling made the drug second line because of this. D/R study was a late, not early study.]

Certainly, for platelet inhibitors and anti-coagulants pharmacologic effect are being used to choose the dose ranges. But, as you've seen, we might do even better with monitoring to optimize B/R.

It seems clear that whenever there is a measurable PD effect thought to reflect an effect on the mechanism of disease, effects on this outcome should figure prominently in dose selection.

And the place to pay most attention is when there are clear dose-related major benefits and risks.

# Contribution to Evidence of Effectiveness

In 1998 guidance “Providing Clinical Evidence of Effectiveness for Human Drug and Biologic Products,” a guidance written in response to FDAMA’s 1997 permission to rely on a single AC & W study plus “confirmatory evidence.” FDA identified a number of situations in which a single controlled trial could provide substantial evidence or effectiveness. Most were examples of other controlled trials that supported the use, but section IIC2h stated:

“When the pathophysiology of a disease and the mechanism of action of a therapy are very well understood, it may be possible to link specific pharmacologic effects to a strong likelihood of clinical effectiveness. [In some cases these effects can alone support approval as valid surrogates (blood pressure, LDL cholesterol) and if the relation to clinical benefit is less certain can support accelerated approval.] When the pharmacologic effect is not considered an acceptable effectiveness endpoint, but the linkage between it and the clinical outcome is strong, not merely on theoretical grounds but based on prior therapeutic experience or well-understood pathophysiology, a single adequate and well-controlled study can sometimes be substantiated by persuasive data from a well-controlled study or studies showing the relevant pharmacologic effect.”

# Evidence Guidance

The guidance illustrates cases where pharmacologic pathophysiologic endpoints could support a single study with some relatively obvious cases (i.e., it is cautious)

- Replacement therapy, e.g., a measure of a coagulation factor when it is clear that the disease is caused by a deficiency of that factor.
- Correction of an inborn error of metabolism

But there are others:

- We rely on a single clinical study in a particular condition (UTI intra-abdominal infection community acquired pneumonia) for many anti-infectives, at least partly because we know the drug kills the organism causing the infection.
- As we gain experience with drugs for CF, effects on sweat chloride are being considered.

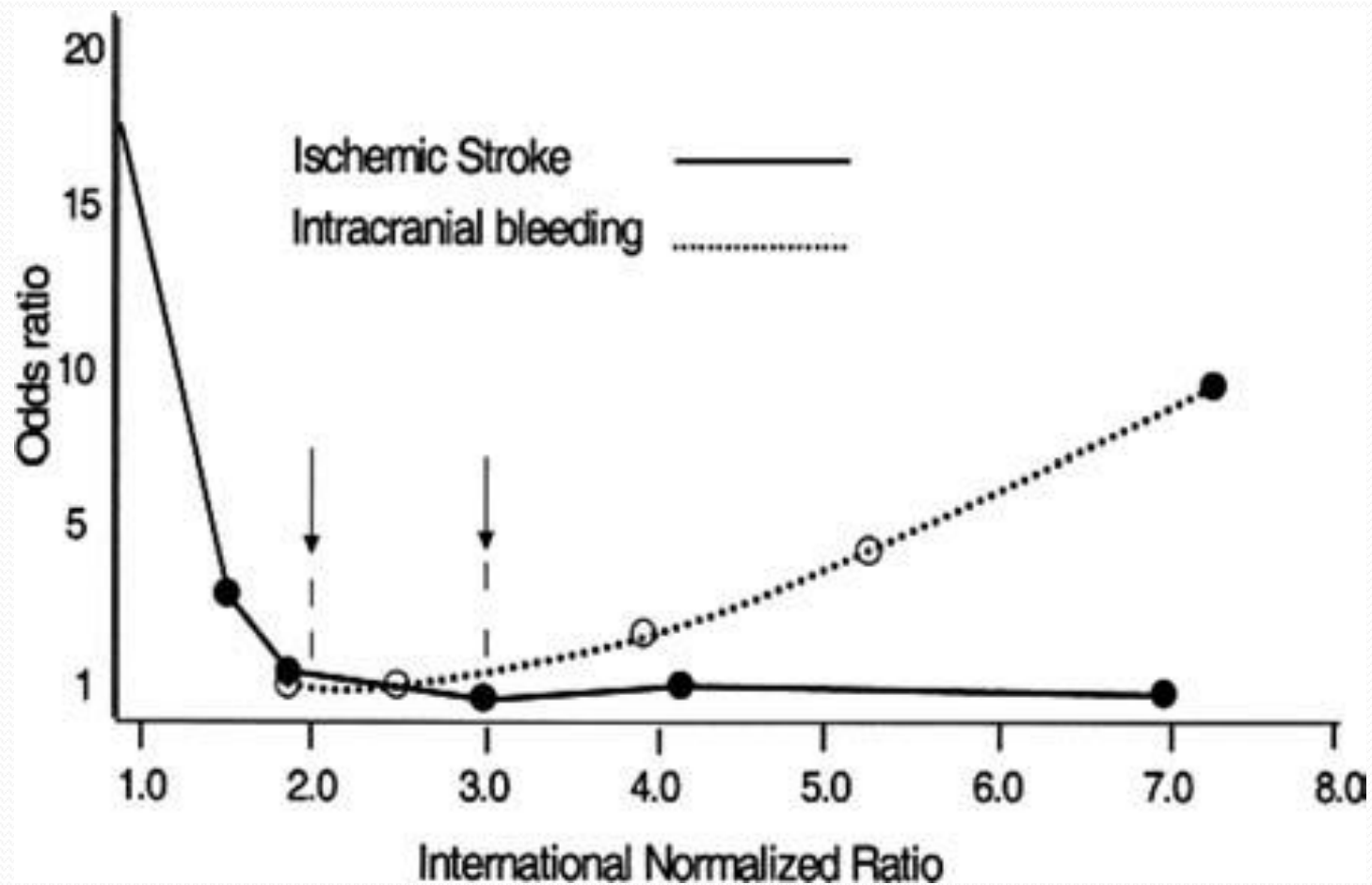
# Clin Pharm Evidence

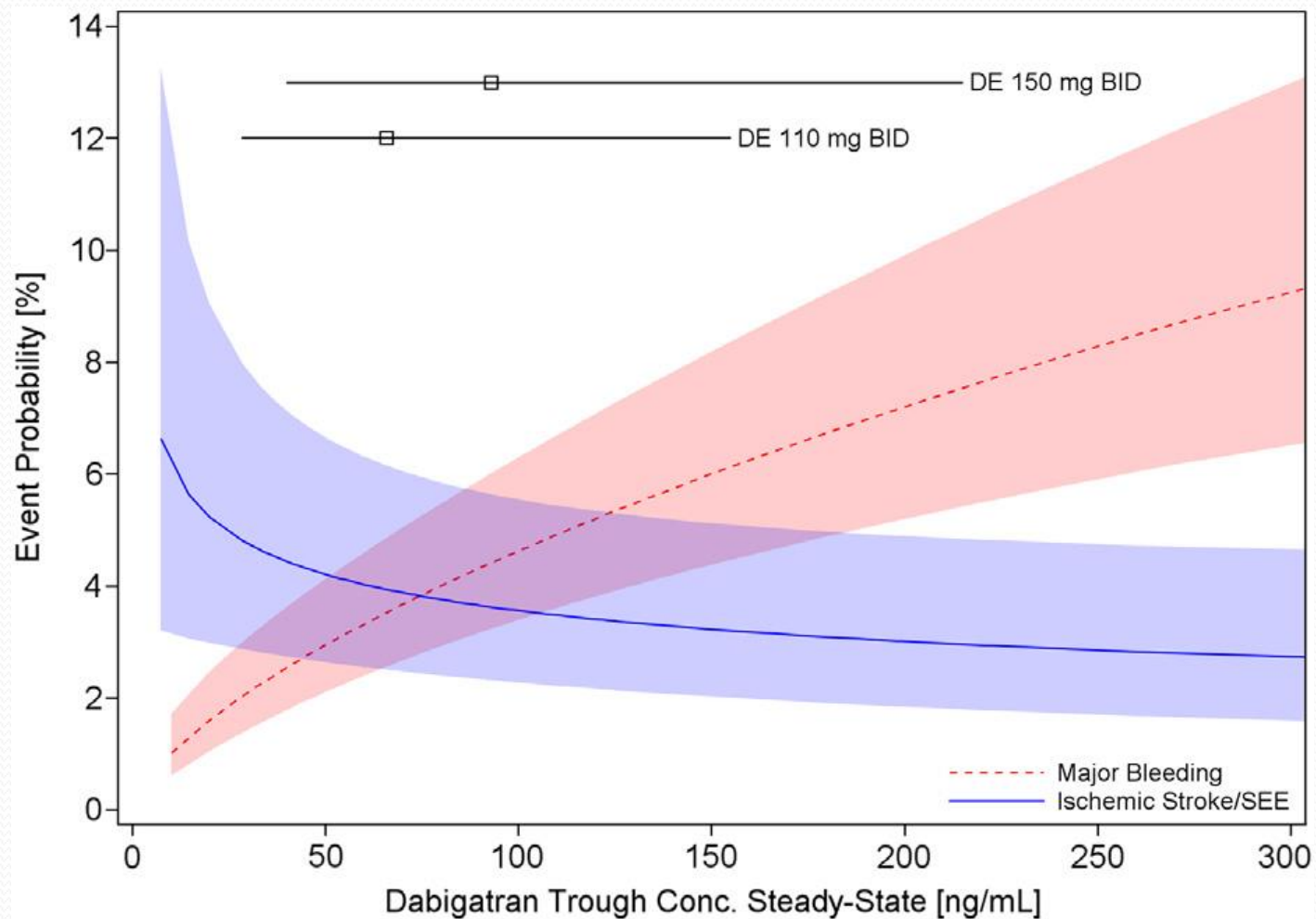
Of course, mechanistic markers CAN be the surrogate endpoints that are the basis for accelerated approval, but in this case the burden is less because there is a well-controlled study.

Apart from mechanistic confirmation, evidence of D/R either in the clinical study or for the pharmacologic effect, and especially when the C/R for both in a single trial is clearly parallel, adds to the weight of evidence.



# Additional Slides







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Center for Health Policy  
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The Embassy Row Hotel • Washington, DC  
July 28, 2015

## Session IV: Applications of Clinical Pharmacology to Support Demonstration of Efficacy

### Confirmatory Evidence – Leveraging Exposure-Response

Jack Cook  
Pfizer, Inc.

# E-R Is Fundamental to Drug Development



EUROPEAN MEDICINES AGENCY  
SCIENCE MEDICINES HEALTH

7 April 2015  
EMA/117491/2015  
Product Development Scientific Support Department

## Report from Dose Finding Workshop

European Medicines Agency, London, 04 – 05 December 2014

- “... workshop re-emphasised the importance of rigorous, scientific dose finding ... and the characterisation of D-E-R relationship for successful drug development, approval, labelling and beyond i.e. lifecycle management of the medicinal products.”

# E-R May Provide Greater Assurance of Efficacy than a Repeated Clinical Trial

## CLINICAL PHARMACOLOGY & THERAPEUTICS

VOLUME 73 NUMBER 6

JUNE 2003

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### COMMENTARY

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Hypothesis: A single clinical trial plus causal<sup>\*</sup>  
evidence of effectiveness is sufficient for  
drug approval

Carl C. Peck, MD, Donald B. Rubin, PhD, and Lewis B. Sheiner, MD *Washington, DC,  
Cambridge, Mass, and San Francisco, Calif*

# Regulatory Guidances State that E-R Can Provide Confirmatory Evidence

ICH-E4 Guideline for Industry: Dose-Response Information to Support Drug Registration (1994)

- A well-controlled dose-response study is also a study that can serve as primary evidence of effectiveness.

US FDA Guidance for Industry: Exposure-Response Relationships — Study Design, Data Analysis, and Regulatory Applications (2003):

- Represent a well-controlled clinical study, in some cases a particularly persuasive one, contributing to substantial evidence of effectiveness (where clinical endpoints or accepted surrogates are studied)
- Add to the weight of evidence supporting efficacy where mechanism of action is well understood (e.g., when an effect on a reasonably well-established biomarker/surrogate is used as an endpoint)
- Support, or in some cases provide primary evidence for, approval of different doses, dosing regimens, or dosage forms, or use of a drug in different populations, when effectiveness is already well-established in other settings and the study demonstrates a PK-PD relationship that is similar to, or different in an interpretable way from the established setting

# E-R Has Been Used as Confirmatory Evidence

Neurotin (Gabapentin) Package Insert

## 14 CLINICAL STUDIES

### 14.1 Postherpetic Neuralgia

“Pharmacokinetic/pharmacodynamic modeling provided confirmatory evidence of efficacy across all doses.”

2 trials were submitted, ... used different doses and titration regimens (2002)

# 2015!: Why Isn't E-R the “Norm” for Confirmatory Evidence in Applicable Cases?

Scientific and Regulatory Reasons for Delay and Denial of FDA Approved Initial Applications for New Drugs, 2000-2012 - Sacks et al, JAMA. 2014;311:378-384

**RESULTS** Of the 302 identified NME applications, 151 (50%) were approved when first submitted and 222 (73.5%) were ultimately approved. Seventy-one applications required 1 or more resubmissions before approval, with a median delay to approval of 435 days following the first unsuccessful submission. Of the unsuccessful first-time applications, 24 (15.9%) included uncertainties related to dose selection, 20 (13.2%) choice of study end points that failed to adequately reflect a clinically meaningful effect, 20 (13.2%) inconsistent results when different end points were tested, 17 (11.3%) inconsistent results when different trials or study sites were compared, and 20 (13.2%) poor efficacy when compared with the standard of care. The frequency of safety deficiencies was similar among never-approved drugs compared with those with delayed approval (43 of 80 never approved [53.8%] vs 37 of 71 eventually approved [52.1%]; difference, 1.7% [95% CI, -14.86% to 18.05%];  $P = .87$ ). However, efficacy deficiencies were significantly more frequent among the never-approved drugs than among those with delayed approvals (61 of 80 never approved [76.3%] vs 28 of 71 eventually approved [39.4%]; difference, 36.9% [95% CI, 20.25% to 50.86%];  $P < .001$ ).

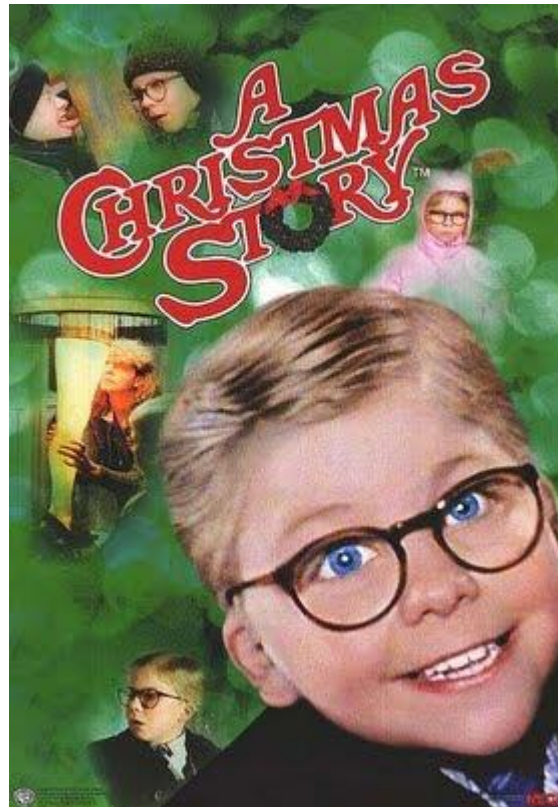
**CONCLUSIONS AND RELEVANCE** Several potentially preventable deficiencies, including failure to select optimal drug doses and suitable study end points, accounted for significant delays in the approval of new drugs. Understanding the reasons for previous failures is helpful to improve the efficiency of clinical development for new drugs.

# Challenge 1: Industry's Attitudes

- We too often **focus on maximizing efficacy** and thus we evaluate doses near the maximum tolerated dose
- We **limit the number of doses** because we try to power for **pairwise comparisons**
- We **think we know more than we actually do** about dose-response
- We believe that there is **regulatory uncertainty** with use dose response vs certainty of replicated Phase 3 trials with pairwise comparisons



# Challenge 2: Regulatory and the Ralphie Experiment



# Experiment

- Ralphie was to receive a couple of presents:
  - Provided a very specific example for the gift from his parents
    - I want a Red Ryder carbine-action, two hundred shot Range Model air rifle with a compass in the stock and this thing which tells time
  - Did not provide any examples for what he wanted from his aunt
    - It is suggested that regulatory guidances are currently a little closer to this ...

# Results - Which Approach Achieved the Desired Outcome?

**Parent's Gift**



**Aunt's Gift**



# A Potential Solution

- Need clear regulatory guidance/statement from EMA, FDA for Phase 2b dose-ranging studies
  - Specifically support regression approach for design and analysis
  - Examples/what's needed to be considered adequate confirmatory evidence
  - Support estimation approach to supplement traditional confirmatory analyses from Phase 3 trial for regulatory decisions (approval, dose recommendations)
- A concerted regulatory effort/guidance can broadly and rapidly influence whole industry
  - “Industry” can also use this to help change “industry”
- Need to generate further discussion and recommendations for next steps
  - What was done in 1994-2003 has not had the desired impact

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**Improving Productivity in Pharmaceutical Research and Development:  
The Role of Clinical Pharmacology and Experimental Medicine**

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July 28, 2015

**Session IV: Applications of Clinical Pharmacology to Support Demonstration  
of Efficacy**

**Dominant Challenges in the Rare/Ultra-rare Bio-innovation Space:  
Implications and Actions for Clinical Pharmacology**

**Steve Ryder**

**SVP, Chief Development Officer**

**Alexion Pharmaceuticals**

**Contributors**

**Alexion Clinical Pharmacology Working Group, including Yang Dai, Xiang Gao, Chetan Lathia, Megan Melch, Jonathan Monteleone, Wei-Jian Pan, Rajandra Pradha, Jian-Ping Tang, and Nancy Silliman**

## **Disclosure**

**I and all contributors are full-time employees of Alexion Pharmaceuticals  
and may hold equity interest in Alexion Pharmaceuticals**

## Understanding the disease

- **Challenges:**

- Rare/ultra-rare diseases are almost always poorly understood and poorly researched.
- This extends to both the preclinical and clinical areas

- **Actions:**

- Develop preclinical disease models that mimic disease progression to better inform physiology (including pathophysiology) and experimental pharmacology
  - Develop systems pharmacology models to understand the role of target, exposure at the target and target binding resulting in downstream activity
  - Extend to models of preclinical efficacy and toxicity
  - Translate preclinical pharmacokinetic/pharmacodynamic (Pk/Pd) data using physiologically based Pk modeling to project starting dose for First-in-Human (FIH) trials
- Deepen understanding of the clinical disease, its course, associated pathophysiology, and morbidities
  - Initiate robust and informative Natural History studies using ascertained diagnostic criteria (genomic, biochemical, clinical)
    - Requires close partnerships with caregivers, patients, patient advocacy groups, regulatory scientists and leading professionals
    - Longitudinally assess potentially relevant Pd, physiological and clinical parameters
    - These Natural History data provide the foundational basis for developing systematic models of disease progression, including the development of Bayesian Objective Performance Criteria (OPC)

➤ Both preclinical and clinical actions transcend any single treatment and jump-start future research.



## **Study Design and Assessment**

- ***Challenges:***

- Almost always there is no precedent for designing studies in the treatment of rare/ultra-rare disease. Irreversible disease morbidity/mortality may constrain design and analytical approaches
- Assessment tools are imported and logically applied – but almost never validated in the disease under study. Assigning primary and secondary status is based on understanding the continuum of the disease and logical extrapolation of assessment tools

- ***Actions:***

- Use applied Clinical Pharmacology to enhance study design and analytical strength
  - Based on preclinical Pk/Pd assessments from relevant animal models, pharmacokinetic (Pk) models from FIH trials, and disease progression models from Natural History studies, in-silico trial simulation may be used to develop and optimize alternative and innovative study designs for therapeutic trials
  - Determine optimal sampling times based on Pk/Pd models to increase likelihood of successfully collecting the most relevant data
  - Using dose/exposure-ranging response to understand onset , maintenance, offset of efficacy/safety (including immunogenicity)
  - Use data from all patients and healthy volunteers to inform dosing in various patient subsets (eg, effect of renal and hepatic function, age, gender) using the totality of information
  - Embed evaluating the effect of immunogenicity on Pk/Pd, efficacy/safety/toleration
- Thoroughly review assessment tools in alternative disease areas with relevant morbidity/functional disability and pre-apply to selected Natural History cohorts

# **Improving Productivity in Pharmaceutical Research and Development: The Role of Clinical Pharmacology and Experimental Medicine**

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July 28, 2015

# **Clinical Pharmacology, Bayesian Statistics and Substantial Evidence of Effectiveness:**

**Carl Peck**

**Adjunct Professor, UCSF**

**NDA Partners LLC**

University of California  
San Francisco



School of Pharmacy

Peck 2015



# Thesis

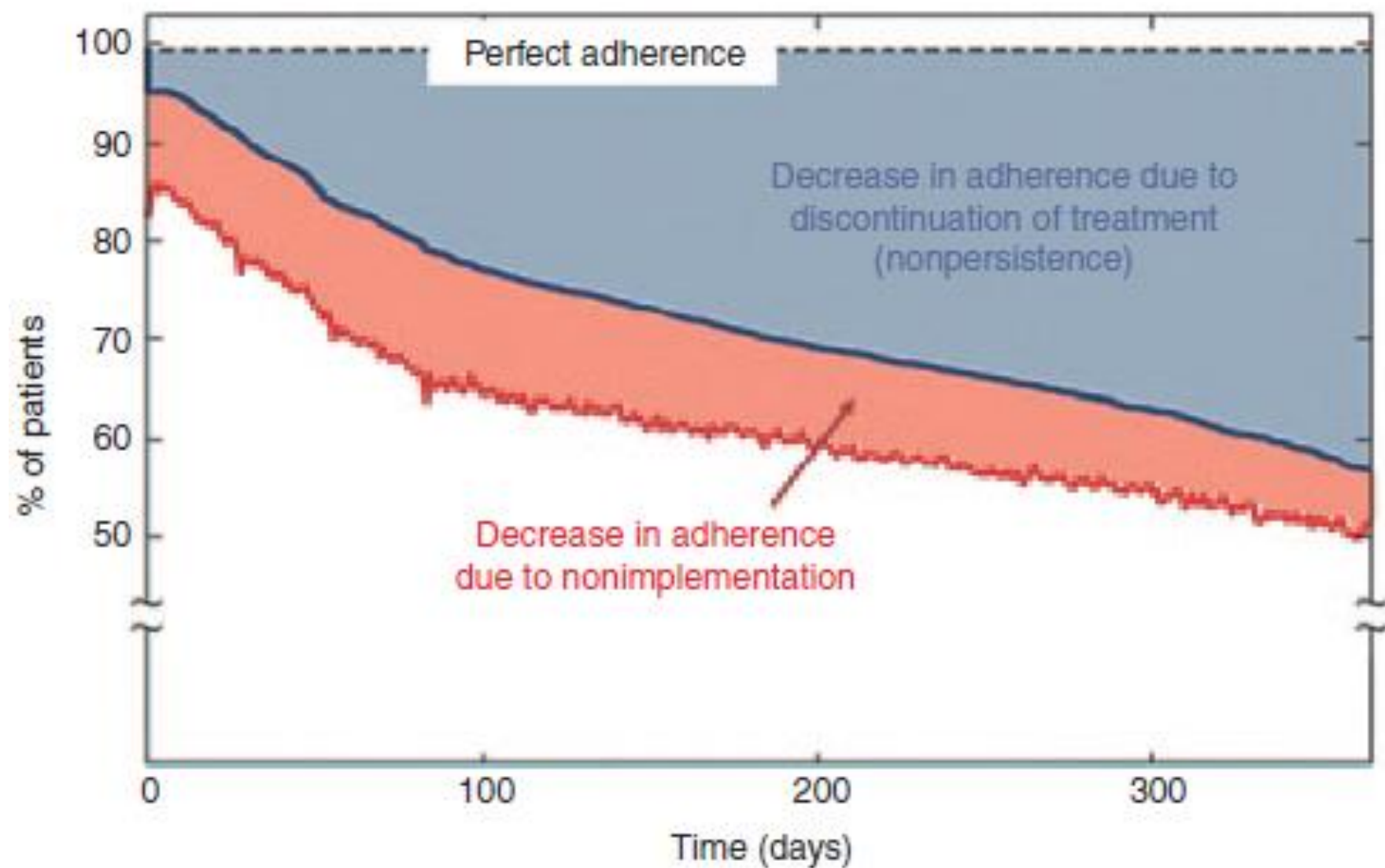
- Randomized, clinical pharmacology dose-response & exposure-response trials can yield causal evidence of effectiveness
- These data can inform the probabilities and conditions that a drug will be effective for its intended purposes and populations
- These probabilities can be employed in a combined Bayesian & Frequentist statistical framework to greatly improve efficiency and informativeness of demonstrating substantial evidence of effectiveness

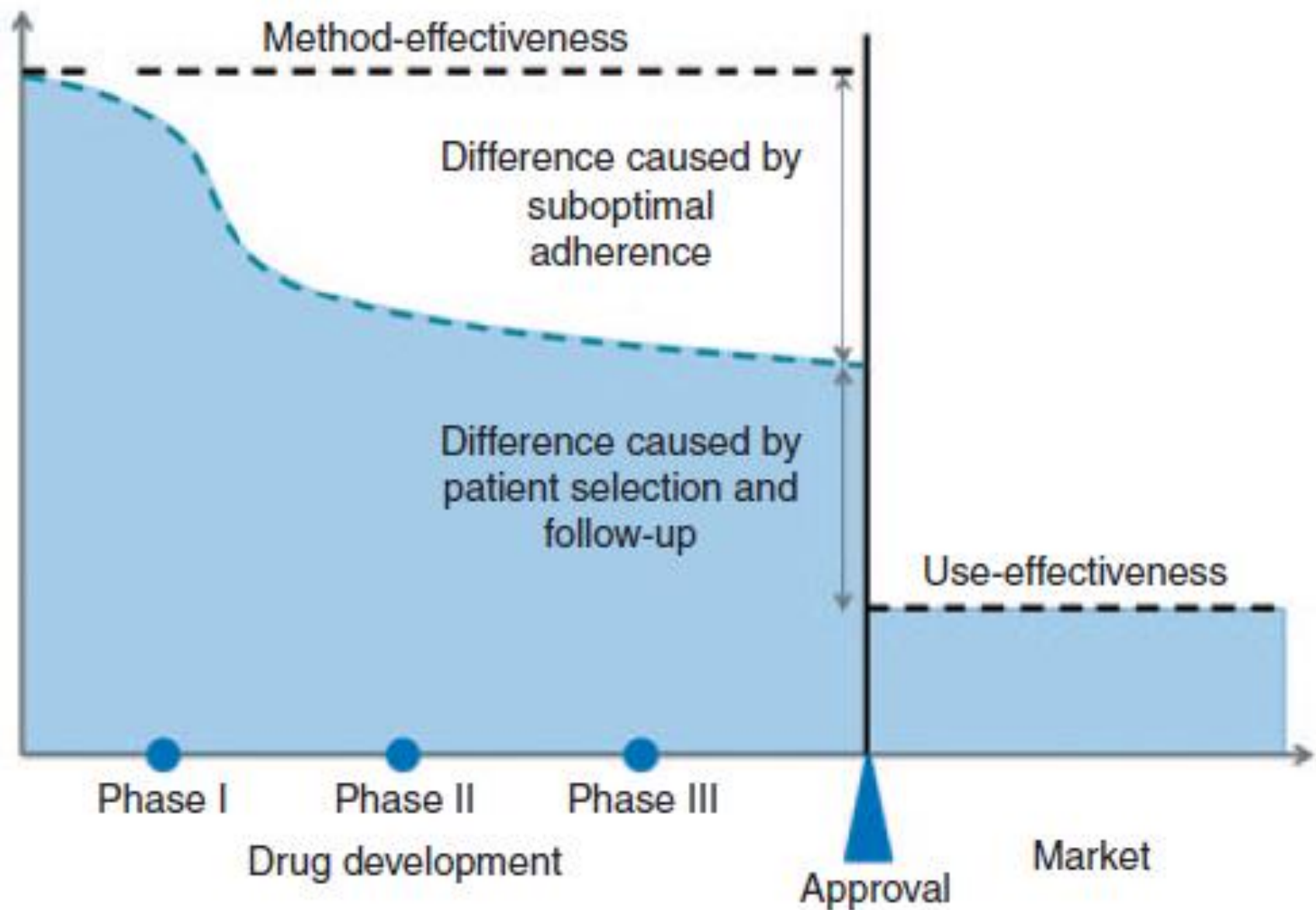
# **Improving Productivity in Pharmaceutical Research and Development: The Role of Clinical Pharmacology and Experimental Medicine**

Center for Health Policy  
The Brookings Institution

The Embassy Row Hotel • Washington, DC  
July 28, 2015

Adherence is the extent to which  
patients take their medicines as  
prescribed

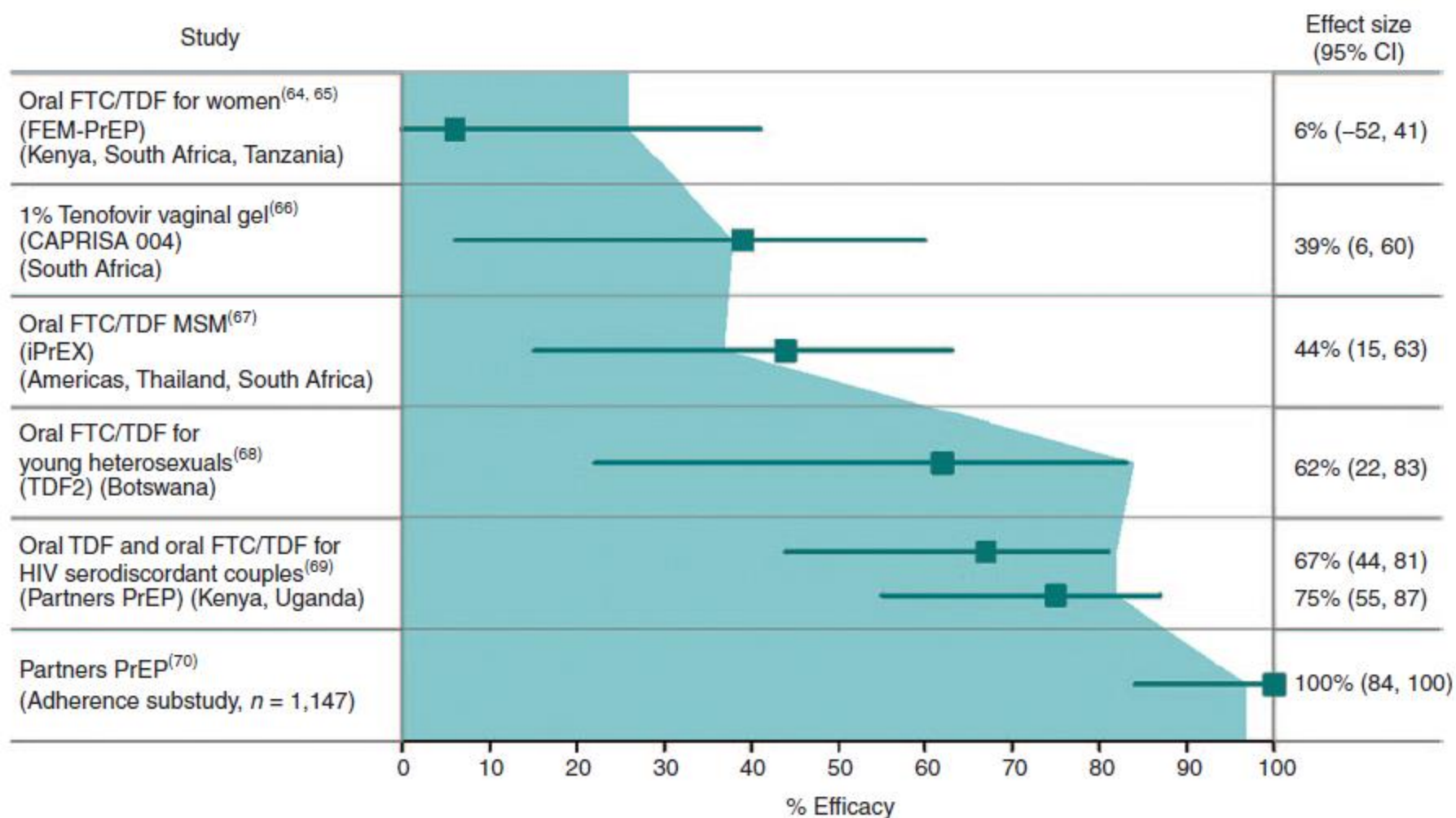






# Consequences of poor adherence in clinical trials

- Failure of a treatment
- Inappropriate dose escalation
- Overestimated dose requirements
- Emergence of drug resistant organisms
- Underestimation of dose related adverse effects
- Distorted pharmaco-economic analyses



# Methods of measuring adherence

## FLAWED

- Returned tablet counts
- Face to face interviews
- Patient diaries

## RELIABLE

- Professional drug administration
- Electronic detection of package entry
- Ingestible smart sensors
- Plasma drug levels

# Tenofovir pre-exposure HIV prophylaxis

	Oral	Gel
• Tablet count	88%	83%
• Interview	90%	90%
• Plasma drug level	29%	25%
• Vaginal swab level	-	49%

Marrazzzo J.M.et al (2015)

# Diseases where strict adherence necessary

- ALL treated with 6MP
- CML treated with imatinib
- HIV disease treated with protease inhibitors

# Good adherence –cui bono?

- Drug developers
  - stronger claims for efficacy
  - fewer trial participants
  - increased statistical power
- Regulators
  - better dosing recommendations
  - Combine ITT with adherence assessment
- Patients
  - More effective and safe medicines

Drugs don't work in patients who don't take them.

C. Everett Koop

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