

#### "Autism and Hope"

Brookings Institute Washington, DC December 16, 2005



#### **History of Autism**

#### 1940's – 1960's

Age of Denial

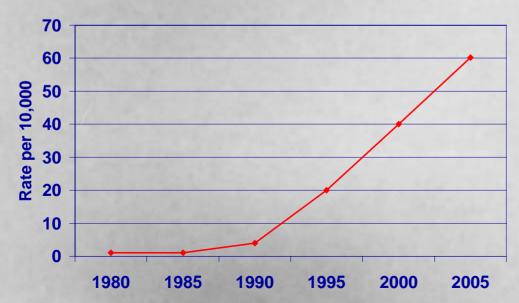
1960's – 1980's Age of Defeat

1990's – present

Age of Hope

### What Changed?

- Marked increase in prevalence
  - 1980: 1 in 10,000
  - 1990: 1 in 2,500
  - 1995: 1 in 500
  - 2000: 1 in 250
  - 2005: 1 in 166



#### CURE Autism NOW

# What Changed?

- CAN and NAAR founded in 1995
  - Built a vibrant autism research field
  - Developed resources (AGRE, ISAAC, ATP)
  - Lobbied for more government spending
    - Children's Health Act of 2000
    - Combating Autism Act of 2005
  - Awareness
  - Gave families hope



## **Autism Myths**

- Must assume intelligence
- Early identification is best treatment
- Intensive intervention leads to best outcome
- Autism is treatable
- Autism is extremely heterogeneous
- Increase in prevalence is real
- Strong evidence toward interaction between genetics and the environment



### **CAN Science**

- Find the problem
  - Identify the pathways and subtypes
- Find the children
  - Earlier dx and biomarkers
- Find the treatments
  - Clinical care centers and trail networks
- Find the resources
  - Data collection and management
  - Biomaterials



### **Autism Community**

- We're young 10 years old
- We're strong #'s increasing, passionate, smart
- We suffer from a little autism ourselves
- We will conquer this disease during our lifetime



## **Our Core Beliefs**

- Urgency Matters
  - Autism is a national emergency
  - A cure for autism will come during our children's lifetime
- Improved Quality of Life is Possible
  - Individuals with autism deserve a better QOL
  - Autism can be treated
  - Early identification leads to better outcomes
- Science is Key to Solution
  - Science can be hurried
  - Collaboration and sharing is key